

AT THE CHURCHES

FREE METHODIST CHURCH
Charles E. Brown, Pastor
9:45 - Sunday School,
11:00 - Morning Worship,
6:45 - Young People,
7:30 - Evangelistic Service,
7:30 - Tuesday, Cottage Prayer meeting,
7:30 - Thursday, Prayer Meeting.

FIRST METHODIST CHURCH
Corner No. Main and Laurel Sts.
Dr. George W. Bruce, Minister
9:45 - Sunday Church School,
For the purpose of better understanding the Word of God and its application to our daily living the Sunday Church School meets.
11:00 - Morning Worship,
6:15 - The Intermediate and Senior Youth Fellowship Groups will meet for worship,
7:30 - Evening Service,
Bible Class, Thursday at 7:30.

NEIGHBORHOOD CHURCH, CONGREGATIONAL
Corner of Blvd. and Morton
9:45 - Bible School with Mrs. Glen Prescott, Superintendent,
11:00 - Worship Service
Sermon by Mr. C. F. McCall.

FIRST PRESBYTERIAN CHURCH
North Main at Helman
Rev. Howard G. Eddy, Minister
Sunday services:
Bible School, 9:45 a. m.
Morning Worship, 11:00 a. m.
(Junior Church meets at the same hour.)
Youth Meeting, 6:30 p. m.
Evening Service, 7:30 p. m.
Wednesday:
Prayer and Bible Study, 7:30 p. m.
A warm invitation is extended to all.

TRINITY EPISCOPAL CHURCH
Rev. A. N. MacDonnell, Vicar
8:00 - Holy Communion
9:30 - Church School
11:00 - Service and Sermon

CHURCH OF CHRIST
Second and B Streets
Earl F. Downing, Minister
9:45 - Bible School with E. H. McGee, Supt.
11:00 - Morning Service,
Sermon: "How's Your Temperature?"
Junior Church at 11:00. A service for the children 12 years of age and under.
6:30 - Christian Endeavor for Juniors and High School age.
7:30 - Evening Service
Midweek Service Wed. 7:30 p.m.

FIRST BAPTIST CHURCH
Gordon C. Griffin - Pastor
9:45 - Bible School, C. E. Corry, Superintendent,
11:00 - Morning Worship,
6:30 - Young People's Meeting
7:30 - Evening Service
7:30, Wednesday - Mid-week fellowship hour.

THE CHURCH OF THE BRETHREN
Ashland and Medford
Ward E. Pratt, Pastor -
10:00 - The Church School,
Graded lessons for the children,
Title: "Jesus Busy with his Ministry of Love."
11:00 - Worship Service
Worship Message: "A Bankrupt Soul." Be a Christ-sharer during January. PRAY and then WORK.
Evening service in Medford at 20 W. Jackson St. Evening worship at 8:00 P.M. Message on "Christian World Facts." The second in January Missions emphasis.

FIRST CHURCH OF CHRIST, SCIENTIST
Pioneer Ave., South
Sunday morning service at 11 o'clock.
Sunday School at 9:45 a. m.
Wednesday evening meeting, which includes testimonies of Christian Science healing, is held at 8 o'clock.
Reading Room open daily from 2 to 5 p. m., except Sundays and holidays.
The public is cordially invited to attend these services, and to use the Reading Room.

SEVENTH-DAY ADVENTIST CHURCH
Cor. 4th and C. Sts.
Sabbath School 9:30 Saturday,
Worship, 11 a. m.
Sunday evening song service, 7:45; sermon 8:00. Topic: "Temperance." Evangelist J. Z. Walker will conduct the Sunday evening service.

CATHOLIC CHURCH
Sixth and C Streets
Rev. W. J. Meagher, Pastor,
Mass Sunday morning at 9 o'clock,

BETTER COOKING WILL SAVE ACRES WORTH OF FOOD FOR THE NATION



American housewives can save the equivalent of many thousands of acres of vegetables by preparing their vegetables properly in the kitchen, said Dr. Louise Stanley, head of the U. S. Department of Agriculture's Bureau of Home Economics during a recent broadcast of "Washington Reports on Rationing," public service radio program sponsored by the Council on Candy as Food in the War Effort.
The Nation's Number One home economist explained that research studies show tremendous losses in vitamins and minerals through the improper preparation of foods, especially vegetables, and she gave home-makers the following advice for making these losses smaller: "Peel, slice, or chop vegetables for salads or cooking at the last possible minute. Use as little water as possible, and that boiling hot. Cook just long enough to make tender. Discard no juice; if you have used too much water, save it for soup or gravy. And don't cook ahead of time."
Dr. Stanley was interviewed by Ernest Lindley, newspaper columnist and Washington editor of Newsweek Magazine, who is host-commentator for the program.

On Americanism

By Ruth Taylor
The other day I had luncheon with the two Americans whose opinions I value most highly. Of different professions, different backgrounds, different faiths, they are alike however in that they give more than lip allegiance to their common country. Here are their views on Americanism:

They were in accord that he who wishes to be a good American must be that and nothing more. He may and should respect the traditions of his ancestors, but his lot is cast in America. Those who came here to escape the vicissitudes of the Old World contributed to the common pot. From that they drew not only the best of their own past, but the best of other people's traditions. As one man put it, America is mixed pickles. Everything has its own distinct flavor which adds to the general spiciness. The more perfectly the blending is done, the better the condiment. No one flavor must be predominant.

We are a heterogeneous people who are achieving homogeneity—which means that, coming from dissimilar origins we are achieving similarity because we have the common ideal of equality of opportunity, of equality of rights for all.

But they went further than this. They agreed that a good American does not classify his fellow Americans by their ancestry—whether the distinction be of color or of national origin. An American is an American and, until he proves himself to be disloyal, must be considered to be purely American—not German-American, Italian-American, Irish-American, Polish-American and so on. He who classifies his neighbor is himself withdrawing into a clique that is not American.

They condemned wholeheartedly the criticism of people by groups, pointing out that there is no group—and here is where their broad-mindedness was shown, for each picked his own group for illustration—where there are not corrupt members. They agreed that the proportion was probably the same in each group and he who condemned a group for the actions of a few was laying himself open to equal condemnation. One said he believed and would fight for any man who lived up to his beliefs, that the man he despised was the one who was not



AT THE LITHIA THEATRE
Sunday - Monday - Tuesday

Keep on
BACKING
ATTACK
with WAR BONDS

true to his own faith. He also said that if he discriminated against any man because of class, creed or color he would be denying the tenets of his own faith, for he would be denying that all men are the sons of God. The other quoted his grandfather as saying that the essence of true religion was in dealing with others as he would be dealt with—and that he had found this to be the practical way of life.
No, there isn't anything startling in this conversation. There is nothing with which you and I will not agree. It is the credo of Americanism—said by two Americans who realize not only their rights but their responsibilities in maintaining the American way of life.

Speaking of shoe rationing, the other night a guy pushed me in a doorway, pulled a gun and said, "Put up your feet."
—Henry Youngman.
Were we directed from Washington when to sow and when to reap, we should soon want bread.
—Thomas Jefferson.
Laugh and the world laughs with you,
Weep and you streak your rouge.

Noah: What's the matter with you two snakes? Don't you know all of the other animals have left Ark?
Snakes (dejectedly): Yes, but you told us to go forth and multiply on the earth, and we're adders.
TOAST
To the land we love - - and the love we land.

GIGANTIC CLEARANCE SALE OF READY-TO-WEAR CONTINUES
LOADS OF GRAND VALUES!
Any blouse reduced 10%
\$1.00 off on every Robe
25% Reduction on Bedroom Slippers
Dresses - Coats, Fur trimmed, sport and reversibles drastically reduced for CLEARANCE
Better Maternity Dresses reduced
COME IN AND SAVE
METZ 5 10 25c AND \$1 STORE

MEET MIDDLE AMERICA
Number 5 in a series on the countries of Middle America
PANAMA
THE FIRST ATLANTIC TO PACIFIC RAILROAD WAS BUILT IN PANAMA - 24 YEARS BEFORE COMPLETION OF THE FIRST TRANSCONTINENTAL RAILROAD IN THE U.S.
YOU TRAVEL EAST THROUGH THE PANAMA CANAL TO GO WEST! THE ATLANTIC END IS 22 1/2 MILES WEST OF THE PACIFIC END. IN COLON YOU CAN SEE THE SUN SET IN THE ATLANTIC.
ALTHOUGH BALBOA TRAVELED THOUSANDS OF MILES TO REACH PANAMA, HE LIVED ON THE ATLANTIC SIDE OF THE ISTHMUS 12 YEARS BEFORE CROSSING IT TO DISCOVER THE PACIFIC - ONLY 31 MILES AWAY!
THE PRESENCE OF THE PANAMA CANAL ACROSS ITS BACK IS BY NO MEANS THIS REPUBLIC'S ONLY WARTIME VALUE. WHEN THE JAPANESE OCCUPIED THE PHILIPPINES - THE PRE-WAR SOURCE FOR MOST OF THE WORLD'S HEMP-YIELDING ABACA - PANAMA, WITH A 2,000-ACRE EXPERIMENTAL SEED PLANTATION OF ABACA, BECAME THE CENTER FOR EXPANSION OF THIS VITAL CROP THROUGHOUT MIDDLE AMERICA. WITH ABOUT 30,000 ACRES ALREADY IN PRODUCTION, MIDDLE AMERICA PROMISES TO SUPPLY ALL UNITED STATES WAR NEEDS FOR HEAVY NAVY AND MERCHANT MARINE ROPE.
CLIMATE AND SOIL IN PARTS OF PANAMA MAKE POSSIBLE 4 CROPS A YEAR.
PEARL FISHING HAS ALWAYS BEEN AN ACTIVE INDUSTRY IN PANAMA. LARGEST PEARL EVER FOUND HERE WEIGHED 42 CARATS - WAS SIZE AND SHAPE OF PARTRIDGE LEG SOLD FOR \$5,000.

May... 1944 SEE OUR SHIP OF VICTORY REACH PEACEFUL WATERS!
AMERICAN ships steam over the ocean lanes of the world, bringing troops, tanks, guns and shells to strengthen the forces of Victory. American planes streak across the clouds over the universe, destroying the areas where fascism bred—clearing a new trail for the people of freedom. And America's fighting men and women join arms with the fighting strength of the United Nations in unflagging effort to shorten the war and speed the Peace. Behind those ships, those planes, those fighters—are we at home, and our responsibility is great. We must provide the materials of war—and the ships that take them to far flung fronts. And, in the crisis of war, we must guard the system of free enterprise and safeguard the way of life that made America great. We must protect America from forces within as well as without our borders. Let us remember: We can WIN the war and LOSE the peace unless we are eternally vigilant. That is, and ever will be, the price of liberty! Today, let us launch our Ship of Victory on its voyage to peaceful waters!
Happy New Year
THOSE who are associated with Copco extend to all who live in "Coppoland" most cordial wishes for a VICTORIOUS and Happy New Year. We are grateful for your goodwill and glad that we have, through the years, been privileged to serve shoulder to shoulder with you in peace and in war. Let us continue our combined efforts toward speeding Victory and building a greater post-war Southern Oregon!
The CALIFORNIA OREGON POWER CO.