

Give him a break!

Evening is about his only chance to telephone home. He can get through easier if the wires aren't crowded — and his calls mean so much to him and the home folks. So please don't call Long Distance between 7 P.M. and 10 P.M. unless your calls are really necessary.... Many thanks. Buy War Bonds for Victory



THE PACIFIC TELEPHONE AND TELEGRAPH COMPANY

'CARE AND USE BOOKLET FREE

What if the refrigerator won't stay cold, oven won't heat, iron overheats, lamps won't light, vacuum doesn't clean properly, or the toaster smokes?

To help wartime homemakers prevent those and myriad other appliance ailments—and to cope with them when they do occur—the just-published wartime edition of "The Care and Use of Electric Appliances in the Home" covers proper care and minor repair of 16 electric appliances most commonly in use, regardless of make.

The 52-page, illustrated booklet, with an 18-page "fix-it" section, was prepared by Mrs. Julia Klene, director of the Westinghouse Home Economics Institute, in collaboration with Westinghouse engineers and service technicians. It is in answer to the lack of new appliances and the increasing shortage of expert appliance repairmen.

The booklet is convenient to use. The "care and use" and "fix-it" sections are divided into chapters, one for each appliance, and the particulars about each appliance follow the same general pattern, namely: How to use the appliance in question, how to make it last longer, how to diagnose trouble, how to make simple repairs and, in some cases, how to keep it running until professional help, if needed, can arrive.

Included also in the manual are 10 "do's" and "don'ts" applicable to all appliances, innumerable time and money savers and a detailed index.

As a contribution to the war effort, single copies of the booklet are available without charge from Westinghouse retailers or from the Westinghouse Electric and Manufacturing Company, Mansfield, Ohio.

LIVED ON SNAILS, ANTS

Lt. Richard R. Amerine, a Marine Corps pilot, lived on red ants and snails when he was lost in a Solomon Island jungle.

WHY WERE THE SAINTS, SAINTS?

By Ruth Taylor

Over my desk I have a motto which is to me a daily reminder of what is needed in these trying times. Let me share it with you:

"Why were the saints, saints? Because they were cheerful when it was difficult to be cheerful; patient when it was difficult to be patient, and because they pushed on when they wanted to stand still, and kept silent when they wanted to be disagreeable. That was all. It was quite simple and always will be."

The days of the saints are not past. The need for saintly people was never greater. The tragedy of defeat brings its own courage for moments of crisis, but the road upward to victory is honeycombed with pitfalls for the unwary. We need now and will need even more when we face the great problems ahead of us before peace is established, leaders and followers who are alike moved by unselfish devotion to the highest ideals.

We will have need of cheerful people, those who can be cheerful when it is difficult to be so, who are more interested in bringing happiness and prosperity to others than in getting what they themselves want.

We will have need of patient people, those who can wait under difficulties, who do not need to rush through to the end, who must have everything happen at once as they want it, and who must live now as they think they should.

We will have need of persevering people, those who will push on when they are so tired they want to stand still, who will carry through the task before them even when heart and body fail, who do not give up under fire of criticism or complaint.

We will have need of thoughtful people as well as those who know when to talk and when to be still. We will have need of agreeable people, tempted to be disagreeable. We will have need of self-controlled people, those who will not fall into the traps of hatred toward any group, whether it be of class or creed or color.

Call them saints if you will, it is those kind of people we will need, that we do need today, and it is the kind of sainthood that is within reach of every one of us. It is a daily task, a daily problem. Try it for one day, and the next, and the next. You may fail every now and then. I do. We all do—but, if we keep on trying, the effort will become a habit and we will find our problems solving themselves.

Why were the saints, saints? Because they kept on living what they believed. It was quite simple and it always will be.

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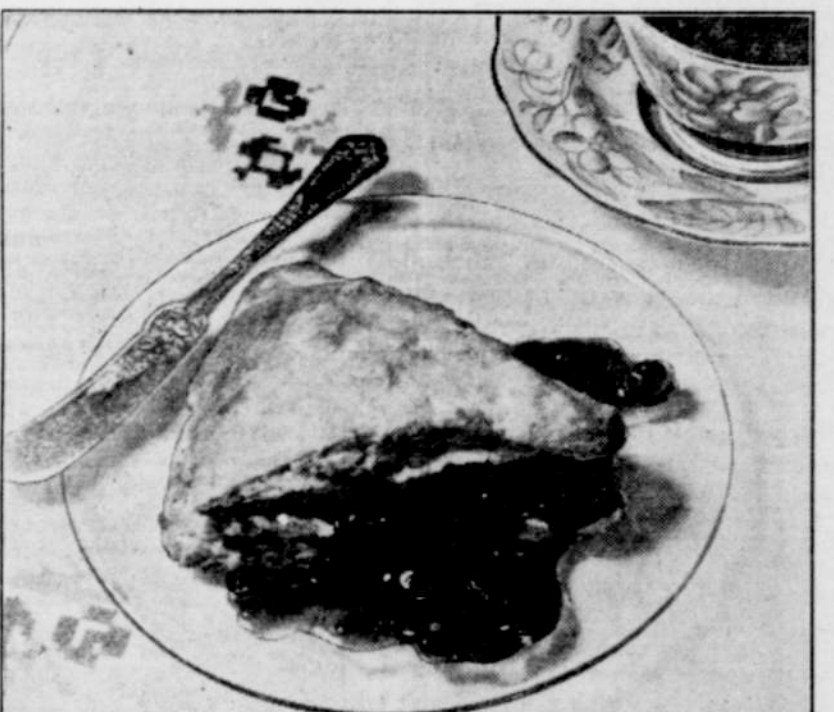
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Dessert Scone with Jam

Jam Scones offer the perfect dessert at a meal that contains few starches and is not too hearty. Or they will top off the simple but nutritiously satisfying repast that substitutes for supper but is served at an earlier hour, thus leaving the evening free. "Sit-down" teas they call these late afternoon meals which wartime has revived and revised as a means of bringing busy people together that they may relax and refuel while they organize and discuss affairs of current interest. The "sit-down" tea, as you may know, is as old as the old-fashioned quilting party.

1/2 cup blended shortening 2 tablespoons sugar
2 cups sifted flour 1 egg
3 teaspoons baking powder 1/2 cup milk
1/2 teaspoon salt 2 tablespoons milk
Sift flour, baking powder, salt and sugar together. Cut blended shortening into flour mixture until the consistency of cornmeal. Beat egg and add milk. Add to flour and fat mixture stirring just to blend. Place on floured board. Knead lightly 10 times. Roll out 1/2 inch thick. Cut into square or triangles. Brush with milk. Bake on cookie sheet in a 450°F. oven for 12 to 15 minutes. Serve with jam or jelly.

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