

FIGURE IT OUT YOURSELF



U. S. Treasury Department

USO ACKNOWLEDGES RECEIVING GIFTS

Mrs. Jewell Lockhart, assistant director at the Ashland USO, reports the following contributions received at the Ashland center during the past week.

Coat hangers from Mrs. Gladys Gale. Magazines from Stephen Boyer, Mrs. P. S. Provost, Mr. Maxwell, Mrs. A. W. Thomas, Dr. Arthur S. Taylor, Mrs. Paul Travis. Cakes from the Hospital Auxiliary represented by Mesdames Paul Finell, A. C. DeMer, W. C. Lindsey, and Roger Bath. Cookies from Mrs. Frank Culp representing the Junior League, and from the Plymouth Guild of the Congregational Church.

Two lugs of apricots from Mrs. E. C. Gardner, Jams, pickles and fruit juices from Mrs. Ruth Dewa, Mrs. Mabel Hazelwood, Mrs. Malcolm Cady. Cash from Mesdames Larkin Grubb, Ernest Cassel, Earl Leever, W. H. Parker, Rose Weinert, and Ella Leonard.

SEND CHRISTMAS MAIL SOON

The period between September 15 and October 31 has been set as the time for mailing Christmas packages to member of the U. S. Navy, Marine Corps and Coast Guard who are serving overseas, the Navy Department has announced.

Mrs. Charles M. Giffen and daughter, Ann Marie, returned home Sunday evening from a visit with Mrs. Giffen's parents Mr. and Mrs. H. W. Savin at Cozad, Nebraska.

FDR says:

I hope Americans will figure out for themselves additional payroll savings.



KISER-JENKINS NUPTIALS

Miss Dorothy Irene Kiser of Ashland and William C. Jenkins of Camp White were married Saturday evening at the home of the bride's parents, Mr. and Mrs. Wm. Kiser. The Rev. L. D. Smith, pastor of the Nazarene Church read the marriage lines.

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SEND US YOUR LAUNDRY BUNDLE AND RELAX THESE HOT DAYS.

You can save fuel and physical energy by sending your clothes to the laundry. We do the job efficiently and cheap too! Try our Rough Dry Service You'll be Pleased

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Besides being patriotic and essential to the war effort you'll find driving a Greyhound bus pleasant, interesting, healthful and profitable. Here are some of the many advantages:

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APPLY IN PERSON IMMEDIATELY TO AGENT:

PACIFIC GREYHOUND LINES

101 EAST MAIN ST., ASHLAND

SERVE AMERICA NOW ... SO YOU CAN SEE AMERICA LATER

LOOK Lady

with JOSEPHINE HUDDLESTON

When it comes to color, Joseph's coat had nothing on the multi-colored patchwork designs created by the case-making clothes moth when it spins the portable case in which it spends practically all its larval life.

"Prolonged study of the habits of this case-making clothes moth reveals it to be a first class dress-maker, being able to enlarge its case by the insertion of little gores as it becomes plump on our bright sweaters or fine furs.

"Without leaving its case the larva makes a slit halfway down one side and inserts a triangular gore of new material, possibly from little Johnny's red sweater. A similar insertion is made on the opposite side. If the larva is restless and moves from Johnny's red sweater to your yellow one, this gore will be a different color. Still without leaving its case, the larva reverses itself and makes corresponding slits and additions in the other half. The case is lengthened by successive additions to either end."



The case-making clothes moth doesn't actually do its tailoring with needle and thread. But, left where it can nibble on them, it will use threads from your precious woolsens for making the cocoon or portable case in which it spends most of its larval life.

All of which reminds us of some facts about the safe storage properties of cedar chests—and a misconception about "moth-killing."

1) Cedar chests do not kill adult moths. However, moths don't like the odor of cedar and it's practically impossible to get them into a cedar chest!

2) Moths don't eat fabrics. Instead, it is the moth larvae, or moth children in their early stages, that cause fabric damage.

It is to prevent even a minimum larvae-grazing period after hatching that cedar chest manufacturers urge that all garments and articles be cleaned or brushed thoroughly and aired before being stored in cedar chests.

Once freed from all eggs or larvae—and placed in a cedar chest before being exposed to egg deposits again—such things are safe! \*Facts taken from Farmer's Bulletin 1353.

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Hot Off the Griddle!



Golden French Toast Bars are one of the interesting new things you can make with vitamin-enriched white bread. Good? Just try them for breakfast, lunch or supper! They're a real ration-stretcher, too.

by Kathrine Wellingbrook

YOUR family will "eat hearty" when French Toast Bars come to the table, even though the rest of the menu is ration-slim. Chiffon-tender, inside a crispy coat, French Toast Bars are so good everybody will want to eat and eat. . . .

Let 'em! French Toast is a good supplier of proteins, the body's "building blocks". Two ordinary slices (or three bars, as shown in the picture) supply as much protein as half a pork chop.

That's why French Toast, in bars or slices, makes an excellent main dish. Serve it with fresh green and yellow vegetables—and for an extra dash of flavor, add a bit of bacon, sausage, or fried salt pork cubes.

Vitamins, Too

French Toast is usually made from white bread, and now all white bread is enriched with important vitamins and minerals.

This means that French Toast for breakfast, lunch or supper, will help step up your daily intake of vitamin B-1, other B-vitamins, and the food-mineral iron, needed for good red blood.

Enriched white bread is such a good source of vitamin B-1 that two slices at every meal gives you 38% of your daily requirement.

How To Make It

Whether you're making French Toast Bars or serving it in the form of slices, dip the bread in the following mixture then fry it to a golden brown in hot fat:

- 1 or 2 eggs, beaten slightly
- 1 cup milk
- 1/4 teaspoon salt

To make Bars . . . cut a loaf of enriched white bread into 1/2 inch-thick slices, allowing one slice for each serving. Remove crusts and cut each slice into thirds. Soak in egg-and-milk mixture. Deep-fry in hot fat; or pan-fry, turning each bar so that it browns beautifully on all four sides.

For Dessert . . . or for breakfast . . . serve the hot toast with honey, maple or corn syrup, molasses, sorghum, preserves, or tart jelly. Spices may be added to the egg-and-milk mixture: 1/2-teaspoon cinnamon 1/4-teaspoon allspice, nutmeg or mace.

Fluhrer's BREAD THE NON-FATTENING Energy FOOD