

**TALENT NOTES**

The Methodist Youth Fellowship held a Halloween party at the home of Miss Beulah Balderstone Saturday evening. Refreshments of sandwiches, pumpkin pies and cocoa were served in keeping with Halloween occasion.

Glen Logan, Jack Morris and Hollis Aisen are among those who will be inducted into the service within the next few days.

Mrs. Mabel Stone of Syracuse, Kansas and Mrs. John Webster were dinner guests at the home of Mr. and Mrs. Ben Webster Friday.

An exciting time was experienced by the citizens of Talent and nearby vicinity Thursday evening shortly after 10 P.M., when some of the Halloween pranksters turned on the fire siren which blew for five minutes. Many turned out to learn where the fire was. To date the culprits have not been comprehended.

Mr. and Mrs. Charles Skeeters and Mrs. Bill Henry made a business trip to Prospect Monday.

Mrs. Tillie Balstead left Thursday for Portland to visit her sister who is ill. Mrs. Balstead is a nurse and was called there to care for her sister.

Private Clyde Purvis, formerly of Talent who joined the Army several months ago, is now with the military police, has been transferred from Palm Beach to Miami, Florida.

Mr. and Mrs. Ralph Gillette of Twin Falls, Idaho, who have been visiting at the home of Mr. and Mrs. Ben Webster for the past week, returned to their home Thursday.

Mrs. George Pfeifer was a business caller in Medford Friday.

Mrs. Joah Blackwell of the Hyatt sawmill visited relatives in Talent Sunday.

The Talent school carnival held Friday night, was enjoyed by a well filled house. A program of short skits and music by the band began at 8 o'clock. Many useful articles were awarded. Marjorie Gleins was crowned the Queen of the carnival. A large sum of money was taken in that will be used for various school purposes.

Mr. and Mrs. Charles Estes of Crescent City arrived in the valley Monday to visit for several days with relatives and friends. They are former residents of Talent and vicinity.

Mrs. Glen Brown and son Donald of Tionesta, California are spending a few days here on business and visiting relatives and friends.

Mrs. V. Bullon of Arcata, Calif., was a Talent caller Monday afternoon.

**BELLVIEW NOTES**

Mr. and Mrs. Fred Nichol and daughter of Seattle spent last week at the home of Mr. and Mrs. Jim Tucker. Mr. Nichol is a son of Mrs. Tucker.

Miss Aileen Inlow, who is teaching in the Cottage Grove schools, spent the week end with her parents Mr. and Mrs. Val Inlow.

Mr. John Heilmeyer spent last week visiting relatives at Wamic and The Dalles, Oregon.

Rev. and Mrs. Edward Miller of Bandon, Oregon were dinner guests last Thursday evening of Mrs. Allen Miller and Mrs. R. E. Bell. Mr. Miller is the pastor of the Full Gospel Church of Bandon and a brother of Allen Miller.

Mrs. Mary Husher, who has spent the past several months with her daughter Mrs. Clarice

Anderson, left for her home in Santa Rosa, California last Wednesday.

Mr. and Mrs. Lloyd Hahn and daughter Martha spent last week with Mr. and Mrs. Chas. Axel. Mr. Hahn is a brother of Mrs. Axel's.

Mr. S. C. Jones from Oakland, California spent last week with Mr. and Mrs. Walter Hash. Mr. Jones is an uncle of Mr. Hash.

A committee composed of members from the Extension Unit, the Grange and the Upper Valley Community club will entertain a group of soldiers at the Grange Hall next Saturday evening. Mrs. Va Inlow, Mrs. John Heilmeyer, Mrs. F. F. Koble, Mrs. Mary Hash, Mrs. Archie Kincaid, Mrs. R. D. Reynold and H. B. Carter will all work on the dinner and entertainment committee.

Mr. James Metcalf, who underwent a major operation at the Community Hospital two weeks ago, is recovering very satisfactorily at his home.

Mr. and Mrs. Tom Frazier of Dunsmuir and Harold Frazier of Roseville, California, spent a few days last week with their aunt and uncle Mr. and Mrs. J. Z. Walker.

Miss Alice Wright gave a lecture last week at Medford at a meeting of Medford P. E. O.

The Jackson County Juniors' Association met recently at the Bellview school for an afternoon meeting. Mr. Walker was highly complimented for the condition he had the school building in.

Mr. and Mrs. Henry Stenrud entertained a group of friends Saturday evening at a Halloween party. Those enjoying the evening with them and Mrs. Sorenson, were Mr. and Mrs. Walter Davis, Mr. and Mrs. Archie Kincaid, Mrs. Beth Hamaker, Mrs. Lewis Pankey and Miss Marie Walker.

Mrs. Mark True was hostess to her birthday club last Saturday evening entertaining the group with a 6:30 o'clock dinner in honor of the birthday anniversary of Mrs. Howard Gearhart. Those enjoying the dinner and evening with the honoree and hostess were Mrs. Mike Tucker, Mrs. Claij Scott, Mrs. W. D. Jackson, Mrs. Virgil Jackson and small son, Mrs. Roseco Owen and daughter Sandra.

Mrs. Allen Miller left Monday for a few days visit with relatives at Seattle, Washington.

**One-Arm Book Carry**

**M menace to Health**

The one-arm method used by American youth in transporting books to and from school was said today by a member of the National Chiropractic Association to be a contributing factor in the poor health and posture of countless adults in this nation.

"And it is time," declared Dr. Morris Marsh, of Baltimore, Md., "that we do something about it." What to do?

Immediately nationalize a movement among our youngsters to carry their school books on their backs instead of under either arm. Dr. Marsh contends that this simple solution to problems of postural defects stemming from book loads will be acceptable not only to parents, teachers and physical education directors, but to the children themselves.

The most common results of the one-arm carry are strains, stresses, round shoulders and humped backs, but other more serious defects are general over-developed one-sidedness in the back and shoulder muscles of the youngsters results in cramped livers and

lungs, creating in the latter case a tendency toward shallow breathing and poor resistance to colds, Dr. Marsh declared.

Too many people think of posture as a boon to personal appearance rather than to health, he added, explaining that postural defects are largely to blame for disease since they cause unnatural pressure on the nervous system and thus reduce the supply of nerve energy needed by various organs, muscles and tissues of the body for healthful functioning.

It is proposed that the straps on book bags be altered so the students can carry them like knapsacks. It would be a simple matter for manufacturers to add two shoulder straps to school bags and brief cases.

Dr. Marsh admits that the idea is not original. High school and university students in many of the European countries for years have carried their books, lunches, etc., strapped to their backs in military fashion.

This method not only prevents the curvatures and one-sided development we see in many of our children, but it actually tends toward better posture and improved chest development.

Dr. L. M. Rogers, executive secretary of the National Chiropractic Association, announced that Dr. Marsh's idea has been endorsed and adopted by the organization.

"The National Chiropractic Association will do all in its power to popularize the new posture program," Dr. Rogers declared, "but the success of the movement to raise the health standards of our youth depends largely on the co-operation of parents, teachers and stylists."

**SIGNAL TROUBLE**

Trick bicycle accidents are beginning to occur. Mrs. Colombo Fanucchi, 43, of Stockton, Calif., extended her arm to give a left turn signal stuck it into the window of a passing automobile, suffered a compound fracture.

**"MINUTE SERMON"**

BY Rev. Karl O. Bayer

**REVERENCE**

Eternal is . . . Prov. 1:7. remarked, "If you examine the bump of reverence on the modern head you will find it to be a dent." Well what do we mean by reverence. It is suggestive to note that the old translation for this passage was "The fear of the Lord is. . ." Our grand-parents spoke a great deal about godly fear. Not a craven fear, mind you, a fear that cringed and knuckled down in abject terror. But a godly fear, which, to them, was the highest form of reverence for God.

Shall we let the dictionary help us just here? It suggests as synonyms such words as veneration, awe, adoration, and worship. This helps us to understand something of the meaning of reverence, but the meaning of our abbreviated text suggests remains unanswered. . . . what?

For one thing it is the being-in-knowledge." One might justly write a beatitude in this regard and make it to read "Blessed is he that has learned to recognize his own littleness and God's greatness and so learned to revere Him." And why do we instinctively resent blasphemy and cursing? Isn't it because cursing reveals an abysmal ignorance, a woeful lack of wisdom and knowledge. By the use of it a man proclaims that he has nothing of reverence within him, and with sure insight we recognize that as ignorance. For reverence for God is the beginning of knowledge and wisdom.

And more! The fertile book of Proverbs with its ancient wisdom suggests again. "To reverence the Eternal is to hate evil; pride, arrogance, and evil life, and lying lips." The inference here is strong. Reverence is much more than passive adoration and praise. It is active campaign against all that God is against. To give God our lip service is to be guilty of a subtle form of blasphemy. This campaign against evil will not be a futile, lonely campaign for, (this is Proverbs again) he who shows reverence for (or fear of,—it means the same) God "has strong ground for confidence." To be able to walk unafraid through these terrifying days is our supreme need. Above all else we want to walk confidently, with sure step, knowing that there is meaning and purpose in what we do. To feel, then, that in the midst of evil we can yet accomplish lasting good, that even our smallest effort will count for something in the eternal scheme of things, that it does matter whether we worship rightly, these things, we say, represent our need for today. And the ancient wisdom speaks across centuries as the very voice of forgotten truth "the reverence of God is the foundation of the confident step, the inner assurance that walks unafraid into any tomorrow."

**At the Churches**

"Blessed be the Lord God of Israel; He hath visited and redeemed His people, . . . that we being delivered out of the hand of our enemies might serve Him without fear." LUKE 1:68-74.

**FIRST PRESBYTERIAN CHURCH**  
Howard G. Eddy, Minister

**FIRST CHURCH OF CHRIST SCIENTIST**  
Pioneer Ave., South Bible school at 9:45 a. m., Wirt M. Wright, superintendent. Sunday morning service at 11 o'clock. Subject: "Adams and Fallen Man". Sunday School at 9:45 A.M. Wednesday evening meeting, which includes testimonies of Christian Science healing, is held at 8 o'clock. Reading Room open daily from 2 to 5 P.M. except Sundays and Holidays. The public is cordially invited to attend these services, and to use the Reading Room.

**FIRST METHODIST CHURCH**  
Cor. N. Main and Laurel Sts. Dr. George W. Bruce, Minister Sunday Church school 9:45 a. m. Morning worship 11 o'clock. Evening Service 7:30 P. M. Midweek Bible study hour and praise service is Wednesday evening at 7:30.

**FULL GOSPEL TEMPLE**  
E. Main and Siskiyou Blvd. L. P. Furman, Pastor Sunday school 9:45 a. m. Morning worship 11 o'clock. C. A. service 6:45 Sunday evening. Evangelistic service to follow at 7:30 o'clock. C. A. service and choir practice 7:30 Tuesday evening. Bible study and prayer meeting 7:30 Friday evening. Everybody is cordially invited to all services.

**FREE METHODIST CHURCH**  
East Main Street Charles E. Brown, Pastor Sunday School: 9:45 a. m. Mrs. Mary Cresse, Supt. Morning worship: 11 a. m. Young People's Service: 6:45 p. m. Edgar Cresse, president. Junior Missionary Service: 6:45 p. m. Mrs. Cora Brown, Supt. Evangelistic Service: 8 p. m., preceded by a half-hour of gospel song and worship. Mid-week prayer meeting: Wednesday 7:30 p. m. at the parsonage. Young People's Cottage prayer meeting at 7:30 p. m. Friday evening. They will all meet at the parsonage 20 minutes before this hour.

**TRINITY EPISCOPAL CHURCH**  
Rev. A. H. MacDonnell, Vicar November 8—Octave of All Saints'. 8:00 A.M. Holy Communion. 9:30 A.M.—Church School 11:00 A.M.—Morning Prayer and Sermon. Wednesday, 9:30 A.M.—Holy Communion.

**NEIGHBORHOOD CONGREGATIONAL CHURCH**  
717 Siskiyou Blvd. Clarence F. McCall, Minister 9:45 A.M. Church School, Mrs. Glen Prescott, superintendent. 11:00 A.M. Worship service with sermon.

**CATHOLIC CHURCH**  
Rev. W. J. Meagher, Pastor Mass at 9 a. m. Sunday.

**CHURCH OF THE NAZARENE**  
Bertrand F. Peterson, Pastor Fourth and C Streets Church school 9:45 a. m. Morning worship, 11 o'clock. Departmental meetings at 6:30: Junior, Young People, Adults. Evangelistic service, 7:30. Prayer meeting 7:30 p. m. Wednesday evening.

**FIRST BAPTIST CHURCH**  
J. B. Turnbull, Minister Bible school 9:45 a. m., C. E. Corry, superintendent. Morning worship, 11:00 a. m. Young People's Union 7 p. m. Prayer, praise and Bible study hour, 7:30 p. m. Wednesday.

**CHURCH OF CHRIST**  
Second and B Streets Earl F. Downing, Minister Bible School 9:45 A.M. Morning Service 11:00 A.M. Sermon subject "Bringing Up The Family For Christ." Christian Endeavor 6:30 P.M. Junior, High School, and Young People's groups. Evening Service 7:30 P.M. Rev. D. D. Randall of the American Snday School Union will speak and show pictures of the work of the Union. Cottage Prayer Meeting Wednesday 7:30 P.M. Earl F. Downing, Minister.

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**PRACTICAL HEALTH HINTS**

By Dr. James A. Tobey

**BLOOD PLASMA SAVES SOLDIERS' LIVES**  
In the peaceful days of early December, 1941, there appeared in this column a story about the blood banks of the American Red



Dr. J. A. Tobey

Cross. Then came the sudden, treacherous attack on Pearl Harbor. Blood Plasma promptly saved the lives of many valiant Americans. Plasma, that part of the blood remaining after removal of the red cells and white cells, has since helped to restore health to soldiers and sailors wounded in numerous battles. It will save many more lives in our armed forces.

More than 300,000 persons have donated blood for the production of this precious plasma. Among this legion of patriotic donors no fatalities and no serious accidents have occurred. Only about 8 per cent of those offering blood have been found to be unsuited as donors.

After careful testing, the blood plasma is dried and placed in sterile containers. It is then ready for use in transfusions to control shock and loss of blood in wounded or injured men.

Great as has been the response to the plea for blood for our military and naval forces, and for our fighting galleys, even more is needed. Any healthy person between the ages of 21 and 60 can donate blood for this purpose.

Giving of a pint or so of blood is a simple and harmless process, supervised by a corps of competent doctors and nurses. There is no pain, and the whole procedure takes less than half an hour.

After giving blood, the donor rests a while, and generally is fed on sandwiches made of enriched bread and butter. Normal persons rarely have any reaction, and many even feel better.

The healthy body promptly restores its blood, although the donor is not permitted to contribute again for at least eight weeks. This natural restoration process is aided, however, by eating iron-rich foods, such as eggs, liver, dried fruits, lean meats, whole grain products, and enriched white bread.

American Red Cross blood donor services are located in Boston, New York, Philadelphia, Baltimore, Washington, Buffalo, Rochester, Pittsburg Indianapolis, Cincinnati, Cleveland, Chicago, St. Louis, Detroit, Milwaukee, San Francisco and Los Angeles.

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**Records of U.S. to Be Filmed To Insure Loss**

U.O., Eugene, November 5—Valuable university documents, including academic and personnel records of graduates, soon will be photographed on fire-resistant microfilm as an insurance against loss or damage. Dr. Earl M. Pallett, registrar, announced this week. When completed the microfilm duplicates will be stored in vaults here or at some other safe place designated by the state board of higher education.

The entire history of a graduating class, including both sides of the academic and personnel records and photographs, will go on a roll of microfilm which can be put in the hip pocket. It will be possible to store 1600 records in a space 4 inches square and 1½ inches deep, the university registrar said.

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