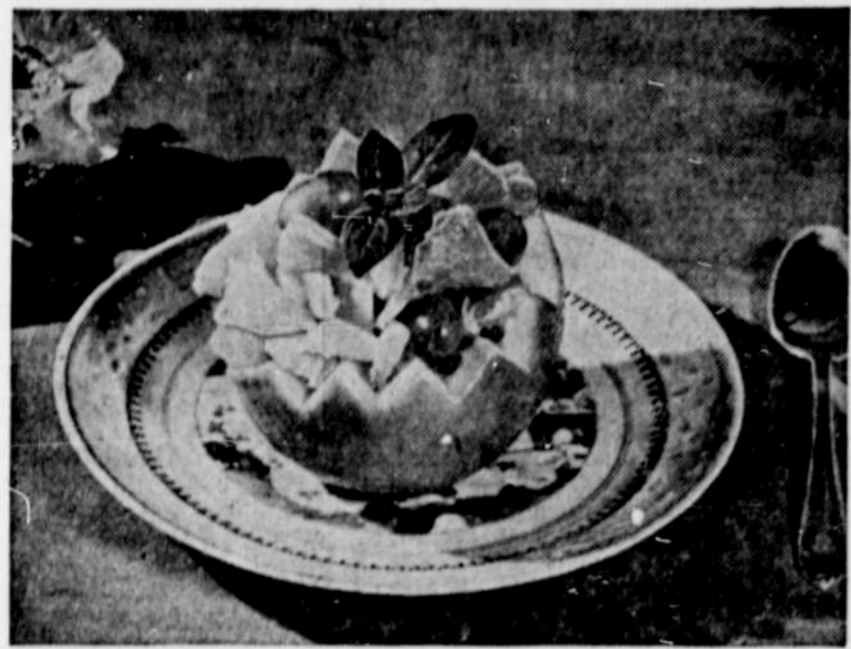


# Household News

By Eleanor Howe



FOR THAT EXTRA SPECIAL LUNCHEON  
See Recipes Below.

When your children are in school, and your husband is at work, you find little pleasure in eating a solitary meal. And when you are rushed with household duties, you are apt to grab a quick sandwich, or a steaming bowl of soup, and then continue with the tasks that are still before you.

But, you can take advantage of the days when the family is away, and the work all finished, to entertain your friends at a one-o'clock luncheon, a dessert luncheon for the bridge club, or for just a friendly get-together. A good menu and an attractive table will give you the poise and enthusiasm necessary to serve your guests easily and graciously.

Oftentimes the most easily prepared food may be the most attractively served. A fluted orange cup makes a colorful container for many fruits, which may be varied with the season. The fruit must be cut into pieces of convenient size, free from seeds and skin, except for grapes. It should be thoroughly chilled and combined so that it is a neat arrangement. If a few pieces are crushed or wilted, the whole concoction will look careless and unappetizing. Remember, an appetizer should not be too sweet, for as the name implies, the first course should sharpen the appetite.

For the rest of the menu you might like to serve mock chicken legs, baked potatoes, crisp green salad, crescent rolls, and as an unusual dessert, chocolate mint roll.

### Fluted Orange Cup.

(Serves 6)

- 3 oranges
- 1 banana
- 1 cup grapes
- 3 tablespoons sugar

With a sharp knife pierce to center of orange. Cut the orange in half, using zig-zag strokes that meet to make the points of the scallops. Separate the 2 orange halves, and remove meat from shells. Cut orange meat into pieces. Peel, and cut banana into pieces. Combine orange meat, banana and grapes. Sprinkle with sugar. Chill. Serve in well-chilled shells, garnished with a sprig of mint, if desired.

### Chocolate Mint Roll.

(Makes 1 11-inch roll)

- 6 tablespoons cake flour (sifted)
- ½ teaspoon baking powder
- ¼ teaspoon salt
- ¾ cup sugar (sifted)
- 4 egg whites (stiffly beaten)
- 4 egg yolks (beaten)
- 1 teaspoon vanilla
- 2 squares unsweetened chocolate (melted)

Sift flour, baking powder and salt together 3 times. Fold sugar gradually into egg whites. Fold in egg yolks and vanilla. Then fold in flour gradually. Add chocolate, and beat gently but thoroughly. Turn into a 16 by 11-inch pan which has been greased and lined with paper and greased again. Bake in a moderate oven (350 degrees) for 15 minutes. Cut off crisp edges and turn onto a cloth covered with powdered sugar. Remove paper, roll, and cool. Unroll and spread half of mint frosting over cake and roll again. Wrap in cloth and cool for about 5 minutes. Cover with remaining frosting. When frosting has set, cover with bitter sweet coating, made by melting 2 additional squares of unsweetened chocolate with 2 teaspoons butter.

### Mint Frosting.

- 2 egg whites (unbeaten)
  - 1½ cups sugar
  - 5 tablespoons water
  - 1½ teaspoons light corn syrup
  - Green vegetable coloring
  - ¼ teaspoon peppermint extract
- Combine egg whites, sugar, water and corn syrup in top of double boiler. Beat with a rotary egg beater until thoroughly mixed. Place over rapidly boiling water, and cook

for 7 minutes, beating constantly, until frosting stands in peaks. Add coloring gradually to hot frosting to give a delicate tint. Remove from boiling water, add flavoring and beat until thick enough to spread.

### Mock Chicken Legs.

(Serves 6 to 8)

- 1½ pounds veal steak
- 1½ pounds pork steak
- 1½ teaspoons salt
- ½ teaspoon pepper
- ¼ cup flour
- 1 egg (beaten)
- Cracker crumbs

Pound meats, after seasoning with salt, pepper and flour. Cut into 1½-inch squares, and place 6 pieces, 3 of each kind of meat, alternately on a skewer. Press together. Chill for 1 hour.

Dip in beaten egg and roll in cracker crumbs. Brown on all sides in hot fat in a skillet. Pour 1 cup water over the "legs," and cover. Bake in a moderate oven (350 degrees) for 1 hour. (The liquid will all cook away.)

### Corned Beef Souffle.

(Serves 6 to 8)

- 2 cups milk
- ½ cup celery (chopped fine)
- 2 tablespoons onion (chopped fine)
- 2 tablespoons butter
- 2 tablespoons flour
- 3 egg yolks (well beaten)
- 3 egg whites (well beaten)
- ½ cup soft bread crumbs
- ½ tablespoon paprika
- ¼ teaspoon salt
- 2 cups cold corned beef (chopped fine)

Scald milk in a double boiler with the celery and onion for about 15 minutes. Strain and cool a little. Melt butter in a saucepan, add flour, then the milk, and stir until smooth, stirring constantly. When boiling, add the bread crumbs, paprika, salt and corned beef. Remove from fire and add the beaten egg yolks. Fold in the well-beaten egg whites, and pour souffle into a greased pan. Bake in a slow oven (300 degrees) for about 45 minutes.

### Rice Butterscotch.

(Serves 5 to 6)

- 2 cups milk
- ½ cup rice
- 2 cups brown sugar
- 2 tablespoons butter
- 1 teaspoon salt

Scald the milk in a double boiler. Add the washed rice and cook until nearly tender (about 30 minutes). Meanwhile, melt the brown sugar, butter and salt, and cook for 10 minutes over low fire, until a syrup is formed, stirring constantly. Gradually turn this mixture into the rice and continue cooking until the rice is tender. Turn into wet molds and chill. Serve with cream and sugar, if desired.

### Easy Entertaining.

Everybody loves a party, from the toddling youngster to the sophisticated adult. A hostess who can entertain her guests with something new in the way of party ideas is indeed popular. You do not have to wait for a birthday to warrant a celebration, for soon there will be many holiday events to bring a group together. Miss Howe, in her book, "Easy Entertaining," gives you many new party ideas and suitable menus with tested recipes. You may secure your copy of her book by writing to "Easy Entertaining," Care of Eleanor Howe, 919 North Michigan Avenue, Chicago, Illinois, and enclosing 10 cents in coin.

(Released by Western Newspaper Union.)

## Sweaters Gain New Popularity As Formal, Informal Garment

By CHERIE NICHOLAS



IN LEAPS and bounds the sweater vogue continues to gain momentum. It does not matter whether you are going mountain climbing, skiing, skating, trailer traveling, flying to your destination, motoring, or whether you stay at home or accept a bid to a formal dinner dance. You can't mention a time, place or event, but what a sweater will help you fit into the "picture" triumphantly.

It was not always thus, for there was a time when a sweater was just a sweater, a thing of utility and that's about all. But the story of the sweater of winter 1940 bespeaks service, glamour, romance, chic, charm and versatility. In current collections sweaters are in such varied tempo they tune to every occasion, be it ever so humble or ever so ostentatious.

The collection of models illustrated herewith convey some idea of the wide range of fashion phases which the present sweater vogue encompasses. The "college seal" cardigan shown above to the left flashes big news to co-eds wherever they may be enrolled. The buttons of this classic Shetland cardigan are reproductions of the college seal, so a girl going to Smith, Vassar, University of California, Wellesley, or wherever will be properly identified by her own college seal buttons. The college seal buttons on this blue sweater pictured look like Wedgewood with their blue backgrounds and white seals.

A long-torso jerkin pictured above to the right in the group is a smart casual fashion just introduced this season. It is a woolknit simulating handknitting so perfectly that none but an expert can detect the difference. The jerkin is fashioned in flash red and the skirt in black which, worn as they are with a white silk blouse, this makes a most effective tri-color ensemble. You can

also get a long torso red jacket with long sleeves which is woolknit to simulate hand knitting and may be worn interchangeably with the jerkin or over it.

Fashioned after a man's dinner jacket, the beautifully draped and tailored evening jacket portrayed below to the left is high fashion news. It is made of flame colored tricot cord, a woolknit fabric and trimmed with gleaming jet. Worn with a black pencil silhouette skirt, it is definitely winter 1940, brought up to last-minute style standard by its long sleeves which stress the "covered up" look featured in evening costumes of latest vintage.

Almond green, one of the loveliest colors on fashion's list, imparts charm-plus to the two-piece wool and woolknit outfit pictured below to the right. Here is a tremendously smart outfit for campus or casual wear. The 12 gore skirt and the front of the long-torso jacket are woven of imported Shetland wool. The jacket back and sleeves are knitted of the same fine wool yarn to simulate "classy" hand knitting. A pair of two-tone gold clips is worn at one side of the round high neck. The identification bracelet is also of two-toned gold.

Ever so chic is the afternoon sweater-jerkin knits of fine yarn that "fit like the paper on the wall" to below the hips. Interworked are tiny glittering jet beads and jet sequins in an allover density that looks as if the glitter had been sprinkled on instead of interknit. This type is especially smart when worn over a pleated silk or sheer wool skirt. (Released by Western Newspaper Union.)

### Twin Coats, Hats



These two young moderns are wearing identical "he and she" hats. She bought hers where he bought his. Quite a fad this season to do just that. Furthermore, if you compare his coat with her tailored jacket you will discover they are almost perfect counterparts. She may have ordered it from his tailor as many women are now doing or most likely she purchased it in her usual suit department, for suits whose jackets duplicate those worn by men are really important style news. A word to the fashion-wise is sufficient!

### Costume Jewelry Sparkles Brightly

Have you seen the new jeweled sleeve clips? You will yield to their lure the moment you glimpse them. They are as fetching an innovation as has yet been devised. This glittering jewelry piece is nothing more or less than a huge clip that fastens to the wrist of your long, close-fitting sleeve. You can get matching clips to wear at your neck or on your lapel. Earrings too! Dazzling, dangling types that are ever so flattering and important looking.

Many necklaces are many-stranded. Not only are gold and silver necklaces showing this idea, but pearls festooned in several ropes are the newest.

Lots of coral, topaz and amber are being worn as their colorings tune so beautifully with the autumn browns, golden yellows and red tile woollens so fashionable this season.

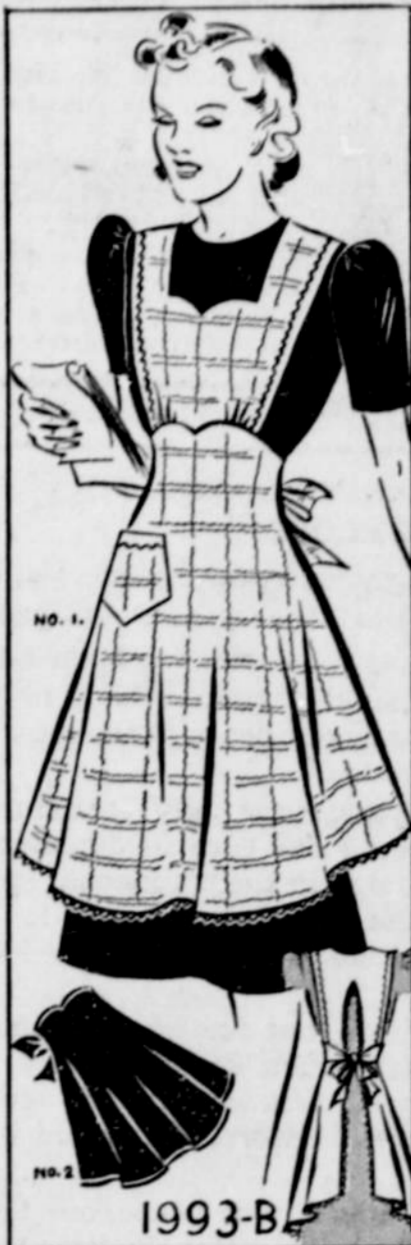
### Fur Capes Rival Jackets for Favor

The ever-popular little fur jacket has a rival in the fur cape which only this season made its appearance on the fashion stage. There is nothing newer or smarter in the way of a fur wrap than the cape. It can be either hiplength or shoulder deep, and for evening, the full length ermine seal or persian lamb cape are popular.

For casual wear the capes of spotted fur are in high favor with the young set. There is a matching muff, of course.

The fur capes for winter sports wear, ré knee-length, and are made of sporty fur that flashes a wealth of color in plaided and monotone wool linings.

## Patterns SEWING CIRCLE



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### Conscience, Honor, Credit

The World will never be in any manner of order or tranquility, until men are firmly convinced, that Conscience, Honor and Credit are all in one interest; and that without the concurrence of the former, the latter are but impositions upon ourselves and others.—Steele.

**Delicious for parties**  
and pleasure... saves cooking time and money... nourishing... order, today, from your grocer.

**Van Camp's Pork and BEANS**  
Feast-for-the-Least

**Wise Course**  
The wise course is to profit from the mistakes of others.—Terence.

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**Finds Opportunity**  
No great man ever complains of lack of opportunity.—Emerson.

**"No Harsh Laxatives For Me"**  
ADLERIKA gives me proper action, is pleasant and easy. Used ADLERIKA past 10 years for spells of constipation. (A. W. Vt.) ADLERIKA usually clears bowels quickly and relieves gas pains. Get it TODAY.  
AT YOUR DRUG STORE

**Secret With One**  
A secret is seldom safe in more than one breast.—Swift.

### Strange Facts

**Jap Bride's Pledge 'Buries' Characters**  
Gigantic Sun Trap

Almost every Japanese bride wears, at her wedding, a silk sash over her forehead called a suno kakushi, or horn concealer, which is a symbol of her pledge to refrain forevermore from jealousy, animosity and disobedience.

A writer of detective, gangster and wild-west stories maintains a unique cemetery on his ranch near Oceanside, Calif. It contains the "graves," with appropriate tombstones, of the scores of characters whom he has killed in his novels.

The Chinese tell fortunes by the lines in the feet, impose and collect taxes 10 years in advance, have five directions—north, south, east, west and center—and make losers of games pay for their bad luck by taking a drink of liquor.

Still standing in a high pass of the Peruvian Andes is a monument to one of man's oldest and most incredible beliefs. It consists of two towers, built on opposite peaks, between which, many centuries ago, a primitive tribe hung a gigantic net and tried to catch the sun.—Collier's.

### Haunts of Happiness

The haunts of happiness are varied, but I have more often found her among little children, home firesides, and country homes than anywhere else.—Sydney Smith.

**DON'T BARK**

...don't cough! Get pleasant relief from a cough due to a cold with Smith Brothers Cough Drops—Black or Menthol-56.

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