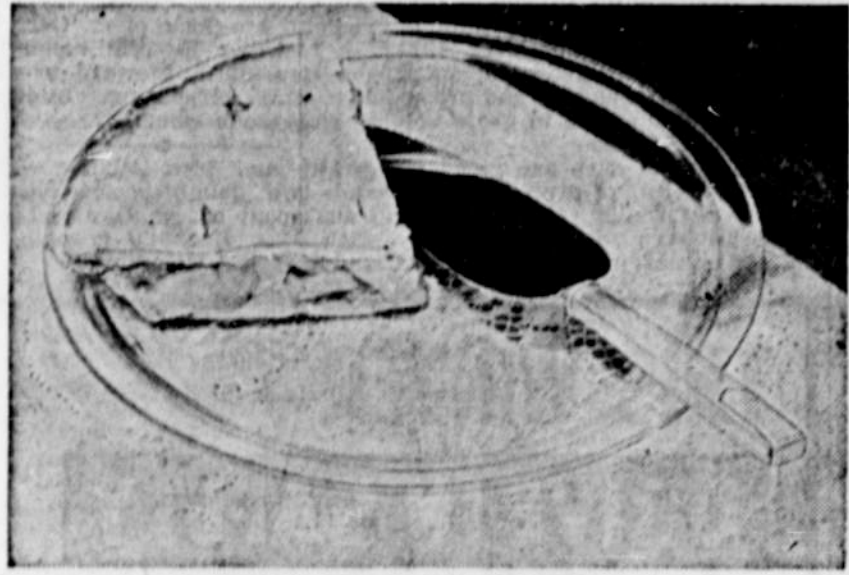


# Household News

By Eleanor Howe



LET'S SWING INTO FALL  
(See Recipes Below)

Three cheers! It's fall again! Now is the time to perk up your home a bit, to scan through Dame Fashion's news notes, and to dress up your table a bit with new and old-time favorites.

As each season comes we always heed its call by planning foods suitable for serving at that particular time of the year. We try to rush spring by setting forth very crisp, cool, and fresh vegetable salads. Throughout the summer, when appetites wane, cooling beverages and light foods are most popular.

But with cooler weather just around the corner, appetites pick up, and the family is more than ready to discard their favorite lighter meals for something more substantial that will provide new energy for school and fall activities.

Many of the foods we serve are those that your mother served, and her mother before that time, but we can give new flavor to them, new and attractive ways of serving, and a 1940 style.

A tiny sprinkling of ginger over roast beef gives it a yummy flavor. Meat loaf may be baked in a ring mold and served with parsley potato balls in the center.

Pour a bottle of gingerale over ham for baking, and baste occasionally.

When using jelly or jam as a filling for layer cake, spread each layer very thinly with soft or creamed butter first. This keeps the jelly or jam from soaking into the cake.

If you add a few drops of mint extract to whipped cream it makes a delicious topping for chocolate cake.

### Apple Pie.

1/2 cup shortening  
1/4 cup boiling water  
1 1/2 cups flour  
1 teaspoon salt  
1/4 teaspoon baking powder  
4 to 5 tart apples (peeled and sliced)  
1/2 cup sugar  
Dash cinnamon or nutmeg

Place shortening in a warm bowl, pour boiling water over it and cream thoroughly with a fork. Place flour, salt and baking powder in flour sieve and sift gradually into the creamed shortening and water mixture. Mix thoroughly. Make up into a dough ball and chill.

To make apple pie, divide pastry, roll out and line pie plate with first half. Peel and slice the apples, arrange in alternate layers with sugar and cinnamon, or nutmeg. Top with pastry and bake in a hot oven (450 degrees) for 10 minutes; then reduce oven heat to 350 degrees and bake approximately 35 minutes longer. Serve warm with a wedge of cheese.

### Golden Carrot Ring.

(Serves 5-6)  
1 tablespoon onion (minced)  
3 tablespoons butter  
1 cup soft bread crumbs  
2 eggs (well beaten)  
1 1/2 cups milk  
2 cups raw carrots (grated)  
1 teaspoon salt  
Dash pepper

Brown the onion in the butter. Remove from fire, and add crumbs. Place in a mixing bowl, and add well-beaten eggs. Mix well. Add milk, carrots, salt and pepper. Pour into well greased ring mold and bake in a moderate oven (350 degrees) for about 40 minutes. Turn onto heated platter and serve immediately.

### Stuffed Ham Steak.

(Serves 5-6)  
2 cups soft bread crumbs  
1/2 cup seeded raisins (chopped)  
1/2 cup walnut meats (broken)  
1/4 cup brown sugar  
1/2 teaspoon dry mustard  
1/4 cup butter (melted)  
2 large slices smoked ham (1/2 inch thick)

Combine the crumbs, raisins, nuts, sugar, mustard, and butter to form a dressing. Place one slice of ham in a shallow baking pan, and spread dressing on the ham. Place a second slice of ham on top. Stick whole cloves into the fat. Bake in

a slow oven (300 degrees) for about 1 hour.

### Dutch Cream Cookies.

(Makes 4 dozen)  
1/2 cup butter  
1/2 cup sugar  
1 egg  
1/4 cup sour cream  
1/4 teaspoon soda  
3 cups flour  
1 teaspoon lemon extract

Cream butter and add sugar. Add egg and beat thoroughly. Dissolve soda in cream and add to mixture. Add flour to make a dough which can be easily handled. Chill over night. When firm, slice into thin slices. Bake in a moderate oven (350 degrees) for 10 to 12 minutes.

### Date Butterscotch Pudding.

(Serves 5-6)  
2 cups brown sugar (light)  
3 tablespoons cornstarch  
1/4 teaspoon salt  
1/2 cup cold water  
1 cup boiling water  
1 egg  
3 tablespoons butter  
1/2 cup dates (chopped)

Combine brown sugar, cornstarch, salt, and cold water. Add boiling water and cook until thickened, stirring constantly. Remove from range and pour over slightly beaten egg. Cook about a minute longer. Add butter and dates. Pour into sherbet glasses and chill before serving. Serve plain or garnished with whipped cream.

### Cinnamon Apple Salad.

(Serves 5)  
2 cups granulated sugar  
2 teaspoons cinnamon  
1 1/2 cups water  
Red vegetable coloring  
5 medium sized apples (peeled and cored)

Bring sugar, cinnamon, and water to the boiling point and add sufficient vegetable coloring to tint mixture bright red color. Drop apples (peeled and cored) into boiling syrup and cook until apples are tender but firm. Remove and chill.

Serve on bed of water cress and fill core of apple with diced celery and chopped nuts. Serve with Roquefort dressing.

### Scrambled Eggs and Mushrooms.

(Serves 5)  
2 tablespoons butter  
6 eggs (slightly beaten)  
1/2 cup milk or mushroom liquor  
1 cup canned mushrooms (sliced)  
1/4 teaspoon salt  
Dash pepper

Heat butter in frying pan over low burner. Combine eggs, milk or mushroom liquor, sliced mushrooms and seasonings, and pour into frying pan. As mixture cooks, stir with a spatula, forming creamy flakes. Cook for about 5 minutes, or until eggs are firm but tender.

### Bacon Baked Spaghetti.

(Serves 6-8)  
1/2 package spaghetti  
6 slices bacon  
1/2 cup raw onion (cut fine)  
2 1/2 cups tomatoes  
1 cup cheese (grated)  
1/2 teaspoon salt  
1/4 teaspoon pepper

Boil spaghetti until tender in boiling salted water. Drain. Cut bacon in small pieces and fry until light brown in color. Butter casserole, and place alternate layers of spaghetti, bacon, onion, tomatoes, and cheese in the casserole. Season each layer with salt and pepper, cover top layer with grated cheese and dot with butter. Bake approximately 30 minutes in a moderately slow oven (325 degrees).

### Household Hints.

Have you ever stopped to realize that every single one of us includes several hundred ordinary, homely household tasks in our daily routine? Miss Howe has just given you a few of her time-savers and hints; but she also wants to share her favorite home-making trade secrets with you. All you have to do is write to Eleanor Howe, 919 North Michigan Avenue, Chicago, Illinois, for her book, "Household Hints," and enclose 10 cents in coin. (Released by Western Newspaper Union.)

## FARM TOPICS

### GRAZE CONTROL RETARDS EROSION

#### Over-Used Pastures Thin Rapidly in Drouth.

By RALPH O. LEWIS  
(Member, Soil Conservation Service)  
Grazing control is a basic practice in any successful effort to control erosion on range or pasture lands.

Light grazing promotes a vigorous grass growth which helps to slow up run-off, increases moisture penetration into the soil, and often prevents gullying. Grass eaten down to the surface of the ground does not have a chance to maintain a vigorous root system and thus outquicker under drouth conditions.

Whether it is gullying, sheet erosion, or wind erosion that has been affecting the land, it is practically always aggravated by close, heavy grazing.

Contour furrows, gully control check dams, and shrub and tree plantings in gullied areas are good erosion control practices in many instances, but their value is practically always increased by proper grazing management. The use of temporary supplementary pastures such as Sudan grass, sweet clover, and other adapted grazing plants is recommended as a means of lightening the grazing load on the native pastures.

Lands that have been retired from cultivation and are being regrassed should be completely protected from grazing until the grass stands become firmly established, after which they can serve as additional pasture.

#### Farmers Watch World

##### Affairs, Survey Reveals

American farmers today are just as deeply concerned with what's going on in steel mills and shoe factories and grocery stores, and in the war abroad, as they are in whether they're going to have good "growing weather" this season.

This was discovered by the board of experts who wrestled with the nation's agricultural problems at Fortune magazine's seventh "round table," results of which are reported in that magazine. The discussion brought together dirt farmers and a minority array of industrialists, distributors and labor representatives from many sections of the country.

Particular emphasis was laid on the tie-up between renewed farm prosperity on the one hand, and, on the other, industrial recovery, a strengthening of the nation's export market, and further co-ordination of farm production and marketing.

"Farm income today remains lower than in 1929, because the farmer has lost part of his former market on account of the industrial depression and the international situation. The loss of such markets, unaccompanied by a proportionate reduction in output, explains why farm prices remain comparatively low. Government can administer temporary aid, but the farm population as a whole cannot materially increase its income until industry provides a much greater degree of full employment," it was pointed out.

Defining the marketing problem, members noted that "agriculture suffers from a structural defect. Divided up into about 7,000,000 farm units, American farmers have not devised methods of organization enabling them to adjust production and marketing in relation to price as effectively as do industry and organized labor."

Forum members also pointed out that farm co-operatives working with grower associations and food chains are making progress in reducing the cost of distribution, an element in increasing returns to farmers.

#### Rural Briefs

Low-producing hens lay most of their eggs in the spring and do not add much to the fall production.

Tests show that more than 75 per cent of the pressure gauges in use on potato spray rigs are inaccurate.

Steers fed on ground ear corn tend to bloat less when on legume pasture than animals getting shelled corn.

An Australian breeder is reported to have successfully crossed a guinea hen with a White Leghorn cock. The chicks are said to resemble Leghorns, and are called guinelegs.

Records of hundreds of farm accidents in the files of the federal department of agriculture show that most of them were caused by carelessness, haste, use of makeshift repairs, taking chances, and using machinery without safety guards in place.

All the soybeans in the United States 60 years ago were a handful brought from China by a missionary. In 1939, 10,000 carloads of soybeans rolled into one city for processing.



#### Throw-Outs

At the magnate's palatial new house a package arrived by registered post. The magnate opened it, and went into his wife's boudoir.

"Look here, Ethel," he said. "The town council have returned these diamonds. They say they were found in our dustbin."

"Yes," yawned the wife. "I threw them away. I'd worn them twice."

#### Her Idea

"What is more beautiful than having the three little words, 'I love you!' whispered in your ear?" "Having them in writing, dearie."

#### Fair Question

Minister—You should always let bygones be bygones, my boy.

Elmer—Then why do they make us kids learn history?

"Even a worm will turn." But what's the use, it's the same at both ends.

#### Change Necessary

"Can you change this dollar bill for me, please?"

"Why do you want it changed?" "Cause Mother thinks it's a bad one."

#### Clever Ruse

A Negro who had achieved some success in the handling of mules was asked how he managed the difficult creatures.

"Well, sah," he replied, "when I see plowin' and the mule stops, ah just picks up some soil an' puts it in his mouth to taste. Den he goes right along."

"What makes you think that affects him?" continued the questioner.

"I suah don't know," was the reply, "but I specs it makes him forget what he was thinkin' about."

#### After That?

Patron (posing for photo)—What will these pictures cost me?

Photographer—They're \$30 a dozen. Now look pleasant!

#### Either Way

"What's your name, boy?"

"Jimmy, sir."

"No, I mean your full name?"

"It's Jimmy, full or empty."

## PATTERN DEPARTMENT



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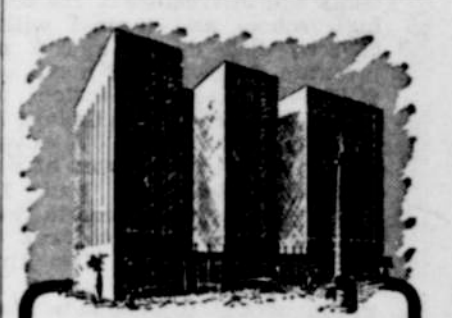
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Hasten slowly, and without losing heart put your work twenty times upon the anvil.—Boileau



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Effects of Praise  
Praise makes good men better and bad men worse.—Thomas Fuller.

## ASK ME ANOTHER ?

A Quiz With Answers Offering Information on Various Subjects

#### The Questions

1. What term is applied to two places on opposite sides of the earth?
2. During which war was the U. S. secret service established?
3. What is a misanthrope?
4. How long does something that is ephemeral last?
5. Which is nearest the center of the earth, the equator or the North pole?
6. The President of the United States may make treaties with

other nations provided how many senators concur?

7. "Don't tread on me" was a slogan inscribed on what?
8. On what date did the present century begin?
9. What would you be unable to do if you lacked lachrymal glands?
10. Is Spanish the official language of Brazil?

#### The Answers

1. Antipodes.
2. Civil war (July 2, 1864).
3. A hater of mankind.
4. One day.
5. The North pole. (The earth is slightly flattened at the pole.)
6. One half of senators present when treaty is considered.
7. Early American naval flags.
8. January 1, 1901.
9. Shed tears.
10. No. Portuguese is the official language. Brazil, the largest state in South America, began as a colony of Portugal. It is the only nation in the Western hemisphere in which Portuguese is the prevailing language.

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