

SUMMER SALADS
(Recipes Below.)

Household News

By Eleanor Howe

Salads, in summer, are as important as swimming or tennis, or golf! Nothing tastes quite so good as a cool, crisp mixture of fresh greens, or fruits, or vegetables, served with just the proper dressing. The very word is refreshing—like a drink of cold, sparkling spring water after a long and dusty hike.

Very light salads may be served as an appetizer first course, if desired. Dinner salads, too, are light; they may be served as a separate course, or with the main course of the meal. For luncheon, salads may be somewhat heavier, because the main luncheon dish is likely to be light. Many times, a luncheon salad is a whole meal in itself, served with bread or crisp rolls, a beverage, and dessert. And there are many times in informal luncheons and dinners, when salads do duty for dessert.

What makes a good salad? Plenty of crisp, fresh greens, a blend of fruits or vegetables or fish, a zesty dressing and a dash of color, say the experts. To make salads appetizing and refreshing, as they should be, everything must be fresh, crisp, and well chilled. Greens are freshened in ice water for half an hour, well drained in a salad basket or bag, and left in the refrigerator to chill. To prepare head lettuce for salads, cut out the core or stem with a pointed knife, and let cold water from the faucet run into this opening. The water forces the leaves apart and cleans them.

Use other greens besides lettuce for garnishing salads, and in mixed green salads, as well. Watercress, tender inside leaves of raw spinach, endive, escarole and romaine are good for variety.

Add cubed, leftover meats to green salad, for a hearty main dish. And for hot days, plan fruit salad plates for lunch or supper.

Peeled oranges, sliced and served with fresh, whole berries, with lettuce, watercress or endive for a garnish, make an attractive and refreshing meal.

Crab Apple Salads.

- (Serves 6)
6 eggs
Pink pure food color
12 cloves
6 tiny sprigs of green
1 head lettuce
½ cup mayonnaise

Place eggs in saucepan, cover with boiling water and simmer gently until eggs are hard cooked (about 15 minutes). Remove shells while eggs are very hot, then while holding egg under hot water, flatten both ends of the egg until it takes on the shape of a small crab apple. Paint a tint of pink on each egg with pink liquid color; place a clove at the stem end of the egg and another at the blossom end. Add a tiny sprig of green at the stem end and the "crab apple" will be complete. Arrange lettuce cups on individual salad plates; place one egg on each plate and serve with mayonnaise.

Fruit Salad.

Toss lightly together in salad bowl one cup watermelon balls, one cup muskmelon balls, one cup honey dew melon balls, 1 cup seeded red cherries, and 1 cup diced celery. Add french dressing in sufficient quantity to thoroughly coat all fruits. Serve in bowl lined with chilled greens.

Golden Fruit Salad.

- (Serves 6)
1 tablespoon gelatin
2 tablespoons cold water
1 cup juice from canned pineapple (hot)
¼ cup sugar
Few grains salt
¼ cup orange juice
¼ cup vinegar
1 orange (cut in pieces)
1 cup raw carrot (coarsely grated)
1½ cup crushed pineapple
Soak gelatin in cold water and dissolve in hot pineapple juice. Add sugar, salt, orange juice and vinegar. Cool, and when beginning to

If you're planning a picnic for a crowd, be sure to read Eleanor Howe's column next week. You'll find in it Miss Howe's own tested recipes for picnic foods—a recipe for a chocolate cake to serve 25 hungry picnickers; directions for making barbecue sandwiches or meat loaf for the same size crowd; and a recipe for a gallon of inexpensive chocolate chip ice cream.

stiffen, add remaining ingredients. Turn into wet mold and chill until firm. Unmold on lettuce. Serve with mayonnaise or fruit salad dressing.

Fruit Salad Dressing.

- 2 egg yolks
½ cup strained honey
Juice 1 lemon
Dash salt
1 cup whipping cream

Place egg yolks, honey, lemon juice and salt in top of double boiler and cook ½ hour. Remove from flame, beat with dover egg beater and cool. Whip cream and then pour the chilled honey mixture into the whipped cream—beating entire mixture with dover egg beater. Serve with any kind of fruit salad.

Appetizers.

Cut the crusts from slices of very fresh bread. Spread bread with cream cheese generously mixed with paprika. Roll as for a jelly roll and slice in very thin slices. Brush with melted butter, toast lightly, and serve immediately.

French Dressing.

- (Makes 1½ cups)
½ clove garlic (grated)
4 lumps sugar
1 tablespoon salt
1 tablespoon paprika
1 cup oil
½ cup vinegar
Grate garlic on lump sugar, and

let stand before using, for several hours. When ready to mix, place all ingredients in order listed in jar. Shake vigorously and serve.

Tomato Jelly Rings With Salmon.

(Serves 5 to 6)

- 1 tablespoon gelatin (unflavored)
¼ cup cold water
2 cups tomato juice
1 tablespoon sugar
½ teaspoon salt
Dash pepper
1 bay leaf
1 teaspoon onion (minced)
½ cup celery (chopped)
2 teaspoons lemon juice
1 pound can salmon
Watercress or lettuce
Salad dressing

Soak gelatin in cold water. Combine tomato juice, sugar, salt, pepper and bay leaf, and bring to a boil. Strain. Dissolve softened gelatin in the hot liquid. Allow to cool until the mixture begins to thicken. Fold in onion, celery and lemon juice and pour into individual ring molds. Chill until firm; just before serving unroll on beds of watercress or lettuce. Fill centers of salad rings with large flakes of salmon. Serve with salad dressing.

Have you ever realized that every single one of us includes, in our daily routine, several hundred homely, household tasks? And have you ever discovered by accident some simplified, easy, and practical way of doing one of these tasks? Then you know how valuable a book would be that contained several hundred just such helpful hints on homemaking.

Send 10 cents in coin to "Household Hints," care Eleanor Howe, 919 N. Michigan Avenue, Chicago, and you'll receive your copy of this helpful booklet, promptly.
(Released by Western Newspaper Union.)

Tasty Cases

Green peppers, cut in halves and simmered for 10 minutes, make tasty cases for creamed or scalloped fish. After the peppers have been filled put them in the oven for five minutes or so to brown the tops.

Clothes Space

For additional clothes space in the closet fasten a bird-cage hook to the top of the closet door. This will hold six or eight hangers and will keep long dresses up from the floor.

The Washington MERRY-GO-ROUND

DREW PEARSON & ROBERT ALLEN

Washington, D. C.

GENERAL PERSHING

General Pershing's solemn warning that unless aid is given the British fleet to resist Hitler, the United States faces certain attack, was not a reply to the appeasement broadcast of Colonel Lindbergh. When the A. E. F. commander decided, after a study of confidential military reports, to come out of retirement and speak to the nation, he did not know that the flyer also planned to talk.

Also, Pershing wrote his speech without any knowledge of what Lindbergh would say. However, Pershing did tune in on the latter's broadcast. But it was only for a few minutes.

The General of the Armies became so incensed at Lindbergh's views that he turned off the radio and snapped, "That's outrageous. I'm saying nothing about that young man in my talk tonight, but I shall make it my business to do so on another occasion."

TENANT FARMERS

Despite all the good intentions of Henry Wallace regarding the sharecropper and tenant farmer, the inside fact is that both have been increasing in numbers and decreasing in security, year by year. For anybody who wants to write another "Grapes of Wrath," there is more abundant material than ever.

It is not being shouted from the housetops, but between 1930 and 1935, the number of farm tenants increased at the rate of 40,000 a year to reach the staggering total of 2,865,000. The 1940 census, when the figures are out, is expected to show a still higher figure.

Privately agriculture department officials admit that they are just about licked, and have almost abandoned their drive to reduce tenantry.

There are three reasons for the increase in tenant farming:

1. Increased mechanization. Best index of this is the mounting sale of tractors. Technological unemployment, which long ago hit the factory, has now come to the farm.

2. Reduced acreage. To prevent price-depressing surpluses, AAA contracts with farmers to plant less. This means fewer tenants are needed to plant, tend and harvest the crops. Meantime, the rested land next year gives higher yield, necessitates further reduction of acreage.

3. In spite of AAA efforts, however, tenants and sharecroppers are not getting proportional benefits of AAA payments. The money goes to the landlords, many of whom are insurance companies and absentee owners. AAA officials, headed by Cully Cobb, have insisted they can't make an issue of this or they will lose landlords' compliance.

Sharecropper Security.

Economists in the department are now making a drive for security for tenants. This represents a radical shift of direction. For until recently, the drive was to convert tenants to owners, with government aid.

Instead, realizing that many tenants are incapable of owning and operating a farm, AAA planners are not trying to decrease the number of tenants but to increase their income and security. It is pointed out that tenantry in England is much higher than in the United States (80 per cent against 42) but that the English farm tenants have a degree of protection unknown here.

First step in this direction is to formalize and legalize the relation between farmer and tenant by bringing in a simple, uniform lease to bind the relation between them. Over 80 per cent of all tenants and sharecroppers have only verbal agreements with their landlords.

Conferences in the agriculture department are preparing for such a drive. Preliminary material has been drawn up, under Economist Dover P. Trent. The country will soon hear about the "flexible farm lease."

Approximately a million tenant families (5,000,000 persons) move every year. Benefit payments, poured out by the billions, never touch them. They are the big unsolved problem of the New Deal's agricultural reform.

MERRY-GO-ROUND

Rep. Joe Martin, new G. O. P. national chairman, has added to his staff Dave Ingalls, campaign manager of Sen. Bob Taft.

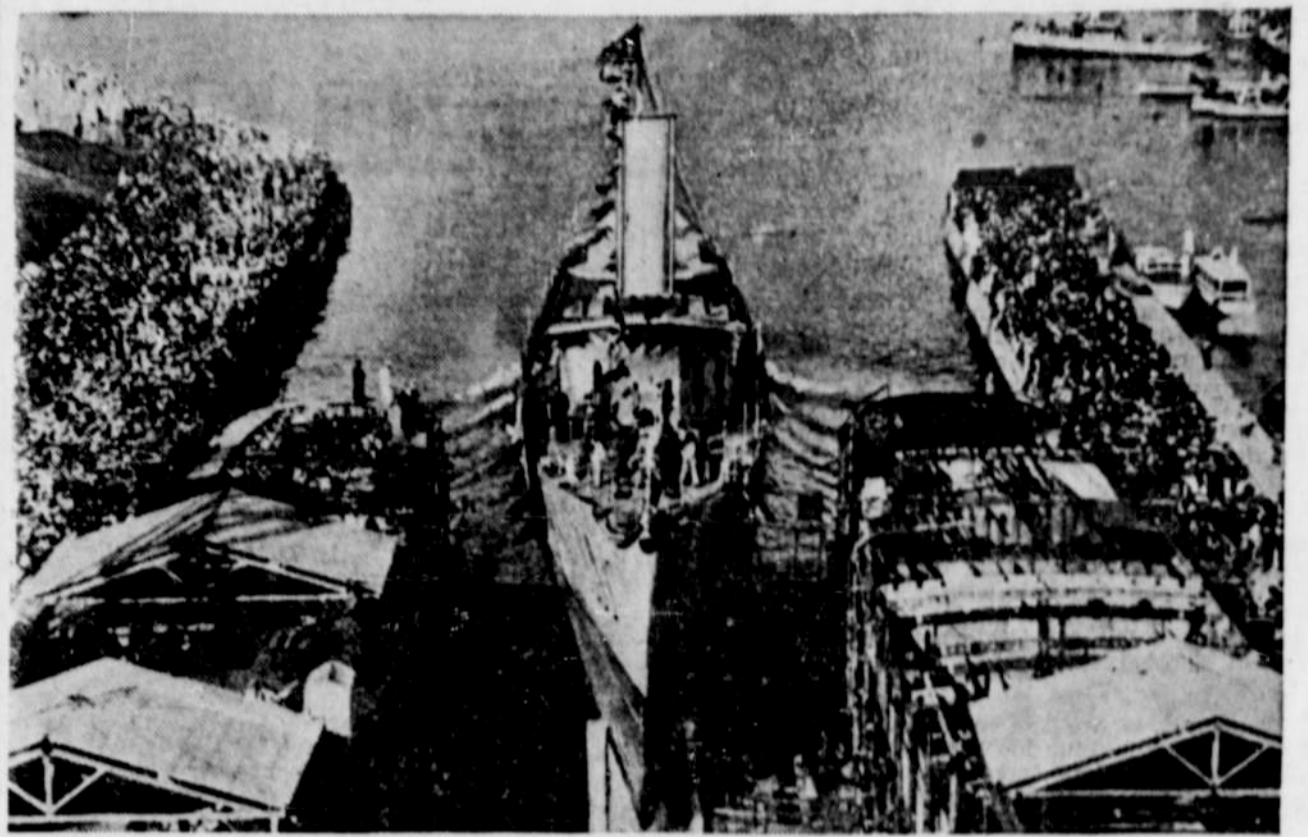
The famed Indiana Two Per Cent club is virtually broke and practically defunct. Harsh blow was the new Hatch act. This is costing the club hundreds of "dues" paying members.

G. O. P. TROUBLES

The campaign organizing difficulties of the faction-scattered Democrats have been widely advertised. Little has been said about it. But the Republicans are having their troubles too.

Real reason for that gathering of party chiefs at Colorado Springs last week was to clear away a batch of inside snags which have caused the Republican machine, after more than a month of activity, to be less than one-third organized.

Brazil Launches 'Good Neighbor' Warship



Putting teeth into the declaration of Pan-American unity in defending the Monroe Doctrine, Brazil leads the parade of South American nations in speeding preparedness by launching a new destroyer, the Marcellio Dias, at Rio De Janeiro, one of the six class "A" destroyers being rushed to completion. Mrs. Getulio Vargas, wife of Brazil's president, christened the vessel.

Southwest Indians Join in Tribal Ceremonies



Seven thousand Indians representing 30 tribes of the Southwest will give demonstrations of chants, games, races and ceremonial dances at a celebration which opened at Gallup, N. M., August 14, to continue for three days. The celebration marks the twentieth annual Inter-Tribal ceremonial. Sixty different types of Indian dances will be exemplified. Above are shown typical scenes from the ceremonial.

'East Side, West Side' Takes a Walk



Former Gov. Alfred E. Smith of New York, who announced his intention of supporting Wendell L. Willkie for President, is shown at the piano after acting as judge in the Barber Shop Quartet contest at the New York World's fair. The Happy Warrior made a quintet by joining the winners in "The Sidewalks of New York," his campaign song in the Presidential race of 1928.

Coffee Queen



This is 18-year-old Peggy Van Vliet of Glen Ridge, N. J. What is Peggy doing? She's drinking iced coffee. So what? Just as a symbol of coffee, "the drink of Western hemisphere friendship."

Girl Scouts Sponsor Hemisphere Ties



Inter-American friendship will be the slogan of the annual international encampment of Girl Scouts and Girl Guides from 15 countries in the Western hemisphere which opened at Camp Andree, N. Y., on August 14, to continue for two weeks. Girl Scouts are shown en route to the camp grounds. Mrs. Eleanor Roosevelt, honorary president of the Girl Scouts, is shown in inset.

V. E. W. Convention



Joseph C. Menendez of New Orleans is expected to be elected commander-in-chief of the Veterans of Foreign Wars at its forty-first annual convention opening at Los Angeles, Calif., on August 25.