



IT'S PICNIC TIME!  
(Recipes Below)

# Household News

By Eleanor Howe

Summertime is picnic time, and you pack up your troubles as you unpack your picnic kit. Perhaps one reason why a picnic is such a popular outdoor sport is because its preparations are so easy on the lady of the house... sandwiches, stuffed tomatoes (or just small whole tomatoes) with hard cooked eggs and a steaming cup of tea, are a traditional picnic lunch—and that's an easy meal if there ever was one!

No dishes to wash afterward... paper cups and plates eliminate all such labor. Carry the tea in a thermos bottle, if you like, or brew it "fisherman style" over an open fire.

One hot dish is important at a picnic; it might be stew, or chowder, baked beans, or a macaroni dish—but do have something hot!

There are picnic hints and menus that you'll like, in my cookbook, "Easy Entertaining"; there's a menu for a beach party, a hiking trip and a steak fry, too—with all the recipes you'll need for this simple form of entertaining.

**Broiled Baked Bean Sandwiches.**  
Bread, sliced  
Baked beans  
Cheese, sliced or cut in strips  
Bacon slices, cut 1/2 halves  
Arrange bread on broiler. When bread is toasted on one side, turn. Then cover the untoasted sides of the slices of bread with baked beans. Place cheese over the beans and top each sandwich with one-half slice of bacon. Place under broiler and broil until bacon is crisp and brown and cheese is melted.

**Ginger Creams.**  
(Makes 3 dozen 1 1/2-inch squares)  
1/2 cup shortening  
2 tablespoons sugar  
2 cups flour  
1/4 teaspoon soda  
1/4 teaspoon salt  
1 teaspoon ginger  
1 cup dark molasses  
1 egg (separated)  
1 cup boiling water  
Cream shortening and sugar together. Sift flour, soda, salt and ginger, and blend with the creamed mixture, using a pastry blender or a fork. Add molasses and egg yolk, and beat well. Then add boiling water, gradually, and beat well. Fold in the stiffly beaten egg white. Spread batter in greased jelly roll pan (about 11 by 16 inches) and bake in a moderately hot oven (375 degrees) for approximately 18 minutes. Cool, and frost with boiled icing or confectioners' sugar icing. Cut in squares.

**Deviled Eggs.**  
4 eggs, hard cooked  
1/4 teaspoon salt  
Dash pepper  
1 tablespoon butter, melted  
1/2 teaspoon vinegar  
1 teaspoon prepared mustard  
Cut the hard-cooked eggs in halves crosswise. Remove yolks, mash, and add salt, pepper, melted butter, vinegar and prepared mustard. Refill whites with this mixture.

**One-Dish Meal for a Picnic.**  
1 pound country style sausage  
2 medium size onions (sliced)  
1 can lima beans  
1 No. 2 can tomatoes  
1 teaspoon chili powder  
Shape sausage into flat cakes and fry with the onions until the sausage is well done. Drain off all but 1/2 cup of the fat, add remaining ingredients, and simmer for 30 minutes.

**Baked Macaroni—Creole Style.**  
(Serves 4)  
1/2 package macaroni  
2 tablespoons butter  
2 tablespoons onion (minced)  
1 green pepper (chopped)  
1 No. 2 can tomatoes  
1 tablespoon granulated sugar  
1 teaspoon salt  
1/2 pound country style sausage  
1/2 cup soft bread crumbs (buttered)  
Cook macaroni in boiling, salted water. Brown onion slightly in the

Remember the wonderful ice cream you used to love, as a child—the kind you had at parties and picnics and Sunday school socials, too? Eleanor Howe has a collection of her favorite ice cream recipes to give you, next week, and recipes for frosty drinks, as well. Watch for her column next week—and then serve one of the delicious desserts or beverages the next time you entertain.

**Raisin Drop Cookies.**  
1/4 cup butter  
1/2 cup granulated sugar  
2 eggs  
1 1/2 cups cake flour  
2 teaspoons baking powder  
1/2 teaspoon salt  
1 teaspoon cinnamon  
1 cup seedless raisins  
1 tablespoon milk  
1 teaspoon vanilla extract  
Cream butter and add sugar gradually. Add eggs, well beaten, and mix thoroughly. Mix and sift dry ingredients and add alternately with the milk and vanilla, beginning with the flour mixture. Add raisins. Drop from a teaspoon on a greased baking sheet and place a raisin on the top of each one. Bake in a moderate oven (375 degrees) for 12 to 15 minutes.

**Crazy Cake.**  
1 cup sugar  
1 egg  
1/2 cup cocoa  
1/2 cup lard  
1/2 teaspoon salt  
1/2 teaspoon baking powder  
1/2 teaspoon soda  
1 teaspoon vanilla  
1 1/2 cups flour (sifted)  
1/2 cup boiling water  
Place all of the ingredients in a bowl in the order given. Do not stir until boiling water is added. Then beat 3 minutes, using a rotary beater, or 2 minutes if an electric mixer is used. Place in greased 8-inch square pan and bake 35 to 40 minutes in a moderately hot oven (325 degrees).

**Let 'Better Baking' Solve Your Baking Problems.**  
True it is we all have baking problems. Yet, if solved correctly, we save time because fallen cakes don't have to be made over again and we save money too—because the family simply won't eat tough, chewy pastry, heavy, soggy cakes, etc.

In fact, it is to avoid just such baking failures as these (and many more) that I have compiled this cookbook, "Better Baking." "Better Baking" brings to you a whole series of baking hints, as well as a compilation of many of my own favorite baking recipes, including such unusual good-to-eat ones as a frosted nut spice cake, gumdrop cake, chocolate fudge cake, quick apple cake, and even a maraschino cherry cake.

To secure your copy of this book, simply send 10 cents in coin and please address, "Better Baking," care of Eleanor Howe, 919 North Michigan Avenue, Chicago, Illinois. (Released by Western Newspaper Union.)

**Gives It Tang**  
A little horseradish added to salad dressing or white sauce makes a piquant sauce for fish. Horseradish also may be added to whipped cream and served with baked, boiled or fried ham.

**Use Chicken Fat**  
Chicken fat may be substituted for butter in cakes and cookies or for creaming or browning foods. Beef drippings may be used for seasoning sauces, meats or fowl stuffings or meat loaves.



## IMAGINARY INTERVIEWS: UNCLE SAM AND JOHN Q. CITIZEN

John Q.—Sam, you look different all of a sudden.

Uncle Sam—I feel different. In fact, I haven't felt better in years.

John Q.—You mean to say you feel the best in years, with this war crisis and everything!

Uncle Sam—That's just it. I've suddenly shed the hypocrisy, torn off the blinders and gotten rid of the Little Lord Fauntleroy suit. I'm even beginning to look at facts and not wince. It's wonderful!

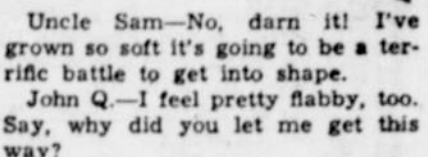
John Q.—But don't you think there are tough days ahead of you?

Uncle Sam—Sure. But I'm never at my best except in tough days. I don't want to seem boastful, but in all these years of eodding, comparative ease and comfort I haven't felt right. There were times when I hated to see myself in a mirror.

John Q.—It's strange, but I feel the same way. I've been squawking and making demands all over the lot; I've been getting sore because I had to keep the old car three seasons; I've been yelling murder because there were worms on the third green at the country club, and I've been working up a terrific peeve because of the lack of free gasoline. And now, suddenly, they all seem unimportant and trivial.

Uncle Sam—It's a swell break for us both.

John Q.—But it means plenty of trouble, I suppose. Do you feel in condition for it?



Uncle Sam—No, darn it! I've grown so soft it's going to be a terrific battle to get into shape.

John Q.—I feel pretty flabby, too. Say, why did you let me get this way?

Uncle Sam (indignantly)—How did I let YOU get this way! What I wanna know is how YOU let ME get this way.

John Q.—You're the boss; I just do as I'm told.

Uncle Sam—That's your story, and we're both stuck with it. You're the real boss.

John Q.—Who? Me?

Uncle Sam—I only reflect your wishes and opinions. And for years I got the idea all you wanted was plenty of white meat.

John Q.—Don't blame it all on me, Sam. Every time I looked at you you were busy on plans for the more abundant life. Instead of a tough, wiry old guy with his fists clenched and his sleeves rolled up, you were like a fat spendthrift, yelling that life was just a bowl of cherries and asking everybody to step up and help himself.

Uncle Sam—That was your fault. You got so you thought I was a SLOT MACHINE. And you were always looking for the jackpot.

John Q.—Why, listen, when you you should have been down to brass tacks, developing your muscles and hardening yourself for any contingency, you were behaving as if all anybody had to worry about in this world was a bigger recreation program.

Uncle Sam—There you've got yourself mixed up with me again. You were the fellow who demanded tile bathrooms, an orchid bed in every back yard, three days a week for auto trips and a guaranty against slippery roads, cold nights and sand in your lettuce.

John Q.—You babied me so much I got to like it, I admit.

Uncle Sam—All you wanted was the brass ring, caviar with the free lunch, government distribution of strawberries and cream.

John Q.—Why did you cater to me so much?

Uncle Sam—I wish I knew. Every time I thought of letting you shift for yourself you'd start wailing me for aid in every crisis, from falling hair to a leak in the radiator.

John Q.—Well, I guess it's all over now. I guess we've got to cut over the putting party and get on our own.

Uncle Sam—Waddaya mean you "GUESS"!

**THE NAME'S FAMILIAR, BUT—**  
The head of the French-German armistice enforcement board is a colonel named Stuepnagle. The Germans think of everything, don't they?

**"Brazil Will Co-operate With Us, Says Hull."—Headline.**  
Wanna bet? . . .  
As a baseball club owner Mr. Farley will at least never be in doubt about a third run being strictly okay.

## Gay Plaids and Stripes Add Zest to Smart Play Clothes

By CHERIE NICHOLAS



AN outstanding movement developing in the world of fashion during the last several seasons is the increasing attention given to the styling of play clothes. It is indeed something to reckon with, this matter of being correctly outfitted in the field of sports. This new importance attached to play clothes is proving a lively incentive to designers to turn out outfits that shall add to the picture as well as prove practical down to the last detail. There is no more fascinating endeavor than the field of costume design has to offer than this of treating play-clothes for young moderns.

It adds greatly to the pleasurable excitement that materials these days are produced so nearly perfect, not alone from the pictorial standpoint, but that they neither fade nor shrink in the wash, neither do they wrinkle or prove unseemly in the wearing. Playgrounds this season, because of the spectacular garb of fun-loving outdoor enthusiasts, burst forth in a blaze of color that fairly dazzles the eye. And of all the conspirators in the color game we know of none that are so loyally flying cheer-inspiring colorings as are the fashionable-for-play clothes plaids and stripes.

The picture shows how dramatically and picturesquely color-bright stripes and plaids are being fashioned into clothes that go golfing, tennis playing, cruising, dude-ranching and so forth wherever your wanderlust happens to take you this summer.

The very attractive outfit which you see to the right in the illustration makes one parasol-conscious at very first glance. Which is as it should be for one of the very most important events on the fashion program this summer is the come-back of parasols. Designers of beach clothes find big appeal in the para-

sol idea and whenever and wherever it is consistent to do so they introduce an eye-thrilling parasol. It worked out beautifully for the outfit pictured to add a matching parasol, and here you see it in all its glory flaunting the same gay stripes that give color to the smartly fashioned skirt. The fabric combination for this costume is a very happy one of stripe-printed celanese crepe for the skirt and parasol with sharkskin in monotone for the blouse top.

You can get such easy-to-follow patterns for play clothes nowadays, and modern sewing machines have such a vast equipment of gadgets and attachments that almost perform miracles in stitching, tucking, quilting, shirring, cording, it is a temptation to make one's own outfits. Many smart, fashion-aware women are doing just that, buying up pretty materials and making their own. It is a fact the records show that the home-sewing idea is decidedly on the increase.

Consider, in the light of being your own dressmaker, the charming gaytime sun suit which the girl seated is wearing. Just a few yards of seersucker plaided in vivid colors were required. You can make the whole outfit by spending only a couple of hours at your sewing machine even if you are a beginner at the sewing game. A little gathering attachment in your sewing machine kit will dispose of the yards of gathering at the waistline in just a few moments. You'll love the swirling ballerina skirt and the smartly fitted jacket top that furnish the styling theme for this outfit.

(Released by Western Newspaper Union.)

## It's Easy to Make And Easy to Wear

MAKE it in a few hours, and wear it day after day after day! You can see, from the small diagram sketch, how easy this dress is to put together—merely five pieces, including the sleeves, and the only detailing consists of a few simple darts at the waistline. But you can't really tell until you get it on, how easy it is to wear and work in, how unhamper-



ing and becoming. The waistline looks slim but is completely unrestraining—nothing about the dress to catch you up short when reaching into the top shelf or dusting down the stairs.

The front fastening makes it easy to get into. This is an easily tubbable dress, too. Make up design No. 1966-B in seersucker, linen, percale or gingham. Even this simple pattern includes a detailed sew chart.

Barbara Bell Pattern No. 1966-B is designed for sizes 12, 14, 16, 18, 20 and 40. Corresponding bust measurements 30, 32, 34, 36, 38 and 40. Size 14 (32) requires 3 1/2 yards of 35-inch material without nap. Send order to:

SEWING CIRCLE PATTERN DEPT.  
149 N. Montgomery Ave.  
San Francisco Call.  
Enclose 15 cents in coins for  
Pattern No. .... Size. ....  
Name .....  
Address .....

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## That Nagging Backache

May Warn of Disordered Kidney Action

Modern life with its hurry and worry; irregular habits, improper eating and drinking—its risk of exposure and infection—throws heavy strain on the work of the kidneys. They are apt to become over-taxed and fail to filter excess acid and other impurities from the life-giving blood.

You may suffer nagging backache, headache, dizziness, getting up nights, leg pains, swelling—feel constantly tired, nervous, all worn out. Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination.

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## New Handknit



Fashion experts predict an enthusiastic revival of knitted costumes with emphasis on hand-knit sweaters for fall. This pert little bolero sweater is just the thing to slip on with your summer outfits and it will prove a life-saver to bridge over midseason days. It is easily made in simple drop stitch using contrasting pastel yarns. Though the yarn gives the impression of being heavy and substantial it is in reality light as a feather.

## Patriotic Jewelry Is Latest Fashion

The latest fashion gesture is to wear a decorative piece of patriotic jewelry. Of course the American flag comes first in clips or brooches. It has jeweled stripes and stars in red white and blue. Glittering American eagle emblems eloquently bespeak patriotism and they are ever so decorative posed on suit lapel or at the neckline of your summer frocks.

## Sheer Black Hat

### Is Smart Fashion

The new hats of sheer black horsehair braid or of thin net or chiffon are registering as one of the season's outstanding successes. The smartest ones have large brims that are styled to wear far back on the head so that they halo hair and face with a mist of wispy black. They give you the dress-up look that is so important for special occasions. You'll love a hat of this type with your black and white prints and with the all-black afternoon sheer costumes that are high fashion this summer.

## Berets for Smart Summer Headwear

For chic millinery to wear now and through the fall, the beret, big, black and dramatic carries the honors. The present beret vogue is gaining momentum by leaps and bounds. One way of wearing the new beret is to pose it far back on the head. There are also dramatic profile berets that turn up picturesquely at one side. It is worth while to study up on the beret movement for as assured berets are important millinery news.

## Big Revival for Knitted Fashions

Knitwear enthusiasts here's good news for you, in that nearly every fashion report mentions the coming importance of hand-knitted costumes, capes, sweaters and three-quarter cardigans. So "attend to your knitting" so as to be ready and smartly knit clad when fall comes. A charming novelty is the sweater with a picturesque detachable matching knitted hood.