









Arteriosclerosis Old Stuff;

Bothered Ancient Egyptians

The foe of life expectancy is no longer without, but within, and the problem of conquest is an entirely different one from that presented by the infectious diseases. The problem now is that of arterial degeneration, which is called arteriosclerosis. This is not a new condition, Dr. R. W. Scott says in Hygeia in "Forty Years Old-or Forty Years Young?" for arteriosclerosis is found in Egyptian mummles of the first dynasties and one may assume that it also took its toll of prehistoric adults.

Week's Supply of Postum Free Read the offer made by the Postum Company in another part of this paper. They will send a full week's supply of health giving Postum free to anyone who writes for it.-Adv.

Right: Fight If one has rights, one has always to be in a fight with some one.

DOCTORS KNOW

Mothers read this:

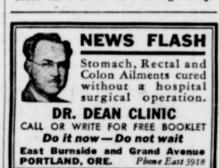


Why do people come home from a hospital with bowels working like a well-regulated watch?

The answer is simple, and it's the answer to all your bowel worries if you will only realize it: many doctors and hospitals use liquid laxatives.

If you knew what a doctor knows, you would use only the liquid form. A liquid can always be taken in gradually reduced doses. Reduced dosage is the secret of any real relief from constipation.

Ask a doctor about this. Ask your druggist how very popular liquid laxatives have become. They give the right kind of help, and right amount of help. The liquid laxative generally used is Dr. Caldwell's Syrup Pepsin. It contains senna and cascara - both natural laxatives that can form no habit, even in children. So, try Syrup Pepsin. You just take regulated doses till Nature restores regularity.





hair soft and fluffy, 50 cents by mail or at drug-gists, Hiscox Chemical Works, Patchogue, N. Y.



No Need to Suffer 'Morning Sickness'

"Morning sickness"—is caused by an acid condition. To avoid it, acid must be offset by alkalis - such as magnesia.

Why Physicians Recommend Milnesia Wafers

These mint-flavored, candy-like wafers are pure milk of magnesia in solid formthe most pleasant way to take it. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia. Chewed thoroughly, then swallowed, they correct acidity in the mouth and throughout the digestive system and insure quick, complete elimination of the waste matters that cause gas, headaches, bloated feelings and a dozen other discomforts.

Milnesia Wafers come in bottles of 20 and 48, at 35c and 60c respectively, and in convenient tins for your handbag containing 12 at 20c. Each wafer is approximately one adult dose of milk of magnesia. All good drug stores sell and recommend them.

Start using these delicious, effective anti-acid, gently laxative wafers today Professional samples sent free to registered physicians or dentists if request is made on professional letterhead. Select Products, Inc., 4402 23rd St., Long Island City, N. Y.



The Original Milk of Magnesia Wafers

Find

From Your Doctor if the "Pain" Remedy You Take Is Safe.

Don't Entrust Your Own or Your Family's Well - Being to Unknown Preparations

BEFORE you take any prepara-tion you don't know all about, for the relief of headaches; or the pains of rheumatism, neuritis or neuralgia, ask your doctor what he thinks about it - in comparison with Genuine Bayer Aspirin.

We say this because, before the discovery of Bayer Aspirin, most so-called "pain" remedies were ad-vised against by physicians as being bad for the stomach; or, often, for the heart. And the discovery of Bayer Aspirin largely changed medical practice.

Countless thousands of people who have taken Bayer Aspirin year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: Genuine Bayer Aspirin is rated among the fastest methods yet discovered for the relief of headaches and all common pains and safe for the average person to take regularly.

You can get real Bayer Aspirin at any drug store — simply by never asking for it by the name "aspirin" alone, but always saying BAYER ASPIRIN when you buy.

Bayer Aspirin



If some people would pay off the mortgages on their character, they would be bankrupt.



Much in Little It is in the perfect poem that its writer knows when to stop.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have falled, don't be discouraged, your druggist is authorized to guarantee

druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

Need for It A man who paddles his own canoa soon wants a larger craft.

CONSTIPATED **30 YEARS**



Sometimes I did not go for four or five days. I also had awful gas bloating, headaches and pain in the back. Adlerika helped right away. Now I eat sausage, bananas, pie, anything I want and never felt better. I sleep soundly all night and enjoy life." - Mrs. Mabel Schott.

If you are suffering from constipation, sleeplessness, sour stomach, and gas bloating, there is quick relief for you in Adlerika. Many report action in 30 minutes after taking just one dose. Adlerika gives complete action, cleaning your bowel tract where ordinary laxatives do not even reach.

Dr. H. L. Shoub, New York, reports: "In addition to intestinal cleansing, Adlerika checks the growth of intestinal bacteria and colon bacilli."

Give your stomach and bowels a rea cleansing with Adlerika and see how good you feel. Just one spoonful relieves GAS and chronic constipation. Sold by all druggists and drug departments.

WEAK WOMEN



Mrs. John Wright of 4th and Cedar Sts., Junction City, Ore., said: "A few years ago I had headaches and pains in my side, back and limbs. I started taking Dr. Pierce's Favorite Prescription and noticed a big change, my food seemed to be ng me more good. I soon felt strong and again." Buy now!