

## The Woman's Corner

By Mary Grace

Dear Mary Grace: I would like a list of the food values found in sweet potatoes. Are they a good food for the elderly? I would also like to know if they are easily digested. U.R.

Dear U.R.: Sweet potatoes are a splendid source of vitamins A and B, good in vitamin C and are a valuable vegetable-protein. This vegetable is easily digested and is, because of this, excellent for serving to the elderly. There are two varieties of sweets, the dry which is yellow, and the red which is moist—both are nutritious. A delicious recipe, especially suited for the holiday season and one that will please the whole family, is this vitamin rich HOLIDAY SWEETS:

Ingredients for 6:  
6 medium sweet potatoes  
1 cup orange juice  
1 tsp. grated orange rind  
1 tsp. grated lemon rind  
pinch salt—dash cinnamon  
½ cup brown sugar  
6 marshmallows—3 tbs. butter  
½ cup white sugar  
1 tbs. chopped nuts

Method:  
Boil potatoes in skins until done. Drain. Peel and cut in half lengthwise. Arrange in lightly greased baking pan and sprinkle with nuts. Combine rest of ingredients in sauce pan and cook, stirring, until the sugar melts and mixture is a little thickened. Pour mixture over the potatoes and bake in moderate oven about 15 minutes. Uncover and bake around 15 minutes longer.

Did you know that Bacon is not a substitute for meat? Bacon is considered a fat and not a protein.

## FRIENDS GATHER TO SURPRISE COUPLE WITH HOUSEWARMING

By Mrs. Helen Hanson  
BONNY SLOPE

Fifty-two friends gathered at the Adolph Batke home on Saturday, November 18, surprising them with a house warming in their new home.

The evening was spent playing cards, dancing and singing. The Batkes were presented with a large mirror and cash.

Refreshments of cake, sandwiches, coffee and punch were served.

### GUESTS FOR MONTH

Mr. and Mrs. Fred J. Carlon of Pine City, Wis., are house guests for a month at the home of their son and daughter-in-law, Mr. and Mrs. Charles Carlon.

### HIP INJURY MENDES

James Tracy, has returned back to his work at a service station in Portland after being hospitalized at Emanuel hospital for three days and confined at his home for a week after he fell at work and injured his right hip.

### PINK AND BLUE EVENT

Mrs. Raymond Didier was guest of honor at a pink and blue shower at the home of the hostess Mrs. Rosemary Cartwright, on McDaniel road, on Friday, Nov. 10. The room was beautifully decorated

ated with a huge stork and bouquets of chrysanthemums.

There were twelve guests present and the prize winner in the game that was played was Mrs. Ray Lewis.

### SCHOOL BECKONS AGAIN

Little Billie Koppel, son of Mrs. Lillian Koppel has returned to school again after being ill for two weeks.

### HOBBLES VIA CAST

Ed Harvey, Vanport college football player, received a badly injured foot that is now in a cast, when he played in the Oregon College of Education-Vanport game about two weeks ago.

### SKIPS NAVY CHOW

Dan Fulton, U. S. Navy, Oakland, Calif., spent the Thanksgiving holidays with his parents Mr. and Mrs. Steve Fulton of Hiller Lane.

## DHIA Puts New Tester In Field; Bilyeu Resigns

Dairy Herd Improvement association of Washington county announces the employment of a new tester, taking over the territory of Joe Bilyeu, who resigned and moved to Salem. The new cream tester is A. Griffin, Route 4, Portland.

Griffin had charge of a cream receiving station in the Dakotas, where he previously resided, and he is familiar with all phases of the Babcock method, reports Palmer Torvend, county agent.

At the time of his appointment, last week, the association had room for three more herds in the testing program. For these, two had already applied.

Dairymen not served by this testing process and who are interested in the keeping of accurate production records to aid them in closer herd management may contact Torvend, at the county courthouse, for information on joining the DHIA.

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## GRADE SCHOOLERS STAND BY AT WEDDING OF RELATIVES

SCHOOL DIST. 57JL. — Sharon Hollandworth's family adopted two baby kittens. Sharon says her daddy calls them "Peanuts" and "Popcorn".

John Buddenhagen attended the wedding of his sister, Barbara, Friday Nov. 24. Several relatives came for the occasion, including John's grandfather from South Dakota.

Mike Dragla accompanied his parents on a motor trip along the Oregon coast Sunday.

Michael Cusick's uncle was married Saturday. Mike was present at the wedding.

### GREYHOUNDS MAMMY

Ellen Dahberg reports one of their greyhounds, Cindy, became the mother of 6 puppies last Friday.

### TURKEY-DAY CASULTY?

Monte Loomis was absent from school this Monday. Too much turkey, perhaps?

### BEEN A LONG TIME

Mr. and Mrs. Vern Hoaglin were married 20 years, Sunday, Nov. 26. THANKSGIVING TRIPS

Leslie Bruschke in the 3-a class spent the Thanksgiving vacation in Salt Lake City with her grand parents. Fred Felter went to Yakima to see his grandparents, and Sharon King went to Walla Walla, her old home town, to visit with relatives and friends.

### BIRTHDAY CAKE

Gary Chumbley had a birthday party at school Monday afternoon. The 3-a room mother, Mrs. Charles Farah, was in charge, and served ice cream and cake in the lunch room, which Mrs. Chumbley had sent.

### BOAT WITH FLU

Katharine Conaway is back in school after a bout with the flu. The entire 3-a room was present on Monday morning, which had not been the case for over a month.

### CHRISTMAS CAROLS YET!

Mrs. Burt the new music supervisor visits Barnes every Monday. She taught the 4-b class a new Christmas carol.

### NEW STUDENTS

Michael Norris left the 4-b Wednesday for a school in Portland.

A new pupil, Joanne Allen entered Mrs. Stevens' room from the Glenhaven school Monday.

The 4-b's are learning to write complete sentences in language study.

### BIRTHDAY OCCASION

The 3-b class was included in a birthday party given for Johnny Thompson by his mother and Mrs. George. Johnny is the only one having a birthday in November.

### THREE COMEDY SHOWS

It was a gay pre-holiday event for the children to see three "Our Gang" comedies last Wednesday afternoon.

The class was much interested in hearing the story of the pilgrims and their first Thanksgiving celebrated with the Indians.

### EVERYBODY RETURNS

The Barnes school second grade had everyone present at school Monday morning. The children all enjoyed the Thanksgiving holidays in traditional dinner.

William Huddleston is a new enrollee this Monday. His parents have moved into a home on Walker road.

### FIRST GARDEN PARTY

Wednesday afternoon a party was given in the first grade room by the mothers. Mothers present were Mrs. Hanson, Mrs. Critser, Mrs. Kilby, Mrs. Kisor and Mrs. Gardner.

### NEW BICYCLIST

Michael Kalhoff learned to ride his bicycle during vacation.

### VACATION TRIP

Susan Gault made a trip to Olympia for her vacation.

Many of the children saw the Fairlyland Parade in Portland Friday, including Sharon Lee Schalkawlsky, Mary Ann Critcher, Eddie Verlysteke, Bryant Berg, Billy Nelson, Jimmy Gardner, Michael Stevens, Michael Kalhoff and Vicki Jean Oliver. Denice Peer heard the parade over the radio.

### TRIP TO WALLA WALLA

Gary King spent his vacation at Walla Walla, Washington.

### READING PROGRESS

Group three has completed their first readers and is starting the second book. The pupils are reading from charts too.

Group one readers are now in the Mac and Muff reader.

### NEW CLASS OFFICERS

In the 2nd grade at Tualatin View Dick Girt has been elected president and Jan Prince, vice president to serve for the next two weeks. They have appointed many helpers to assist about the rooms and the playground.

The 2nd graders had a happy surprise one morning last week when one of the fathers, Mr. Roger, came to visit school. He and Mrs. Roger, Bobbie's parents, expressed interest in the class work.

### THANKSGIVING PARTY

On Tuesday afternoon, several mothers prepared a Thanksgiving party. By mistake, the audubon pictures went to Tualatin, but the children had a good time anyway, and were delighted when cookies and dixie cups were passed around. While they were eating, Mrs. Rockwood read the favorite fairy tale, "The Traveling Musicians".

The mothers who gave the party were Mrs. Lewis, Mrs. Lash, Mrs. Pettit, Mrs. Babcock, Mrs. Cornelson and Mrs. Davis. The children have written "Thank You" letters to them.

## BIRTHDAYS OF THE MONTH

Birthdays celebrated during the month of November were those of Vicki Lewis, Ronny Boylan, Nancy Barney, and Terry Lash. Terry's mother surprised the children by bringing two large trays of cupcakes, each one having an animal candle holder and candle in its center. Terry couldn't put out all the candles with one "blow" but his classmates hope he gets his wish, anyway!

Nancy Barney had a birthday party at her home for all the girls of her room and the teachers, Mrs. Beattie and Mrs. Tucker.

## Berean Class At Church of Christ Purchases Cross

On Friday evening, November 17th, the Berean Class of the Beaverton Church of Christ held their potluck buffet dinner and class meeting at the home of Mrs. Elmer Walters on Lombard St.

It was previously scheduled to be held at the Morrison's home, but due to illness in the family, the committee, Arlene Morrison and Arleta Peterson, acted as hostesses at the Walters' home. Eighteen were present.

After a buffet supper, the hostesses led the group in games. At the close of the evening a class meeting was held. Plans were made to purchase a lighted cross for a Christmas present to the Church. A guest book will also be given to the church.

As a Christmas project, each family in the class will fill a small box for patients in the Beaverton Rest and Nursing Homes, and also the Washington County Home. The meeting was closed with devotion and benediction.

### PNG REGULAR SESSION

The Past Noble Grands club will hold regular meeting following a six-thirty potluck supper and Christmas party at the IOOF hall on Thursday, Dec. 14.

## Girl Scouts of Raleigh Display Crafts on Dec. 1

RALEIGH—December 1, 7:30 p. m., in the Fellowship hall of the Valley Community church in West Slope, will be the occasion of the Raleigh school Girl Scout Night, to which all interested parents and friends of the area are cordially invited, announces Mrs. McDonald Griffith, youth chairman for the Raleigh PTA.

Girls and leaders of the four Brownie and two intermediate scout troops of the school plan an entertainment and handicraft exhibit to explain their work and scouting activities.

Mrs. Helen Cantline, West side scouting supervisor, will help to describe the overall program of the group and will show pictures of the Wind Mountain Girl Scout camp, where most of the girls have experienced the adventures of camping.

Refreshments will be served by the PTA and will encourage closer acquaintanceship of parents and friends with the girls and leaders.

Leaders for the six troops are: Brownie troops: second grade, Mrs. Lynn Jones, leader, assisted by Mrs. Clifford Stine; second grade, Mrs. Lee Epplert, leader, Mrs. Bruce Miller, assistant; third grade, Mrs. Ben Wayne, leader, Mrs. L. W. Jackson, assistant; fourth grade, Mrs. Dean Ridley, leader, Mrs. Gene Pelletier, assistant; intermediate scout troops of 5th and 6th grades, Mrs. George Clarke, leader, Mrs. Keith Smalley, 5th grade assistant, Mrs. William Tears, 6th grade assistant.

### VISITS IOOF MEETINGS

C. J. Stevens, of Hillcrest, Multnomah, was a guest Nov. 20 and 21 at the L. L. Humburg home on Franklin street and attended the Odd Fellow and Rebekah lodges here.

### MOVES FAMILY

Albert Kemmer of Cooper Mt., who purchased the McCloskey residence on Second street several months ago to remodel and decorate it, has moved his family there.

## Military And Civilian Need Ups Blood Plea

To meet its blood quotas, both military and civilian, the Portland region of the national blood program must have 10,000 potential donors with the remainder of the year, Dr. Bernard P. Harpole, chairman of the medical supervisory committee of the Portland regional blood center, has reported.

The quota of blood to be processed into plasma for the armed forces before the first of the year has been set at 26,000 pints for the western states, according to American Red Cross authorities. For this purpose alone the Portland region must collect 2000 blood donations. This is in addition to the

present quota of whole blood being collected for immediate shipment overseas, Dr. Harpole reports.

The plasma is required by the defense department as a reserve to emergencies. To meet this future need, as well as present requirements, whole blood is sent to commercial laboratories for processing into dried plasma which can be preserved for an indefinite period.

Dr. Harpole urges every healthy person between the ages of 21 and 60 to donate blood for the armed forces. He said, "We must provide this greatly needed blood for treatment of war casualties," and added, "Quotas for the armed forces are over and above the normal civilian needs for blood."

Potential donors can make appointments by calling Red Cross, ATwater 8561.

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From where I sit... by Joe Marsh

I Have A "Close Squeak"!

Spent last Saturday morning wandering all over the house. Wherever I went—upstairs or down—I kept hearing a "squeak." Couldn't find out where it was coming from until noon-time when the missus came home from her weekly shopping.

"Listen," I says to her, "hear that squeak?" I started walking real quiet-like across the kitchen and there it went again! "Joe Marsh," she laughs, "that is nothing but your suspender clips rubbing back and forth when you walk!" And darned if it wasn't! From where I sit, I'd been let-

ting a little thing become a serious problem. Like some little difference of opinion or taste will start off a great big argument. I may prefer a temperate glass of beer with my dinner—while the missus likes tea—but we figure that no two people have exactly the same likes and dislikes. So, why get all "het up" about it?

The moral is, check your suspenders—and check your temper when it comes to little things.

*Joe Marsh*

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