

The Woman's Corner

By Mary Grace

Dear Mary Grace: Could you give me a dessert recipe using prunes, which my family enjoys very much? I know they are good for the children no matter how they are cooked, but I would like to serve them differently. I stew them mostly, Mrs. T. C.

Dear Mrs. T. C.: Prunes are a good source of iron, vitamins A, B and C, so they are very important to the diet, of children especially. For variety, prunes may be added to fruit salads, raisin pie, muffins or fruit cake. This recipe is delicious and easy to prepare. If you wish, serve it with a custard sauce for a special treat. **PRUNE FLIP:**

Ingredients for 6:
4 egg whites beaten stiff
1 1/2 cups prune pulp (36 cooked prunes)
1 1/2 tsp. lemon rind grated
pinch salt—3/4 thsp. sugar
1 1/2 thsp. lemon juice

Method:
Put prune pulp into a bowl, add lemon rind and lemon juice, salt and sugar. Mix well. Fold the stiffly beaten egg whites into the mixture. Pour the mixture into 6 well buttered baking dishes. Place the dishes in warm water and bake in moderate oven around 25 minutes. Serve hot with chilled sauce or serve cold and plain.

Did you know that a good seasoning for bland meats is powdered ginger? Rubbing a leg of lamb with ginger powder gives it extra flavor and also helps in the digestion.



Northwest Gardens

By JOHN H. HANLEY, Ph. D.

WHEN WINTER COMES. . . . trees and shrubs must be ready for it. Of course, it is difficult or even impossible to prepare them for such extremes of weather as characterized last season, but everything that can be done should be done. The margin between life and death from cold is oftentimes very narrow. The properly prepared plant may have only a very slight edge over its fellows, but that's enough, in many cases.

The summer and early fall program of hardening off trees and shrubs is based largely on (1) avoiding over-feeding with nitrogen; (2) fertilizing more with phosphorus and potash mixtures; (3) making certain that each plant has its share of the vital mineral elements; and (4) avoiding over-watering.

If you have done all of these things, you have but one other factor to consider, namely, making sure that every shrub and tree will have enough water around the roots to help them through any lengthy freezing period. Though plants do not look as though they needed any water in the dead of winter, they are actually living and functioning then in the same ways, though at a slower rate, as they are in summer.

There is continual movement of water from the soil into the roots all winter long. There MUST be such movement, because there is a continual loss of moisture from the branches and, on evergreens, from the leaves as well.

Freezing is basically a "drying out" action. If moisture can be sent quickly from the roots up into frozen parts as they begin to thaw, the danger of death is measurably lessened. Therefore, immediately before trees and shrubs go into the winter, one should soak the soil thoroughly around them. Watch particularly those which stand up against the foundation of the house.

Soils in such a location are often want to be excessively dry, especially on the sides away from the weather. Sometimes between now and mid-October we should make this task one of major importance.

HOUSE PLANTS COME IN. . . . most anytime now. They have stood outdoors all summer, regularly fed and watered to build up the reserves of food within them. These reserves will now begin to be translated into more

luxuriant leaves and flowers, to brighten many a home all winter long. Further feeding of the plants after they come inside will be determined largely by the plants themselves.

If the indoor window garden is light and sunny, and if the plants are not types which cease all growth and go into a period of dormancy for most of the winter, one can continue regular fertilizing with a complete mixture plus the minor elements. If the plant is inclined to be a soft-stemmed, succulent-leaved type like African Violet, it would be wise to cut down on the amount of nitrogen it gets.

Phosphorus, potash and the minor elements will strengthen it, but the nitrogen may make it too soft, especially under conditions of poor light. Generally, with the majority of house plants, one had better ease off markedly on the amounts of nitrogen they get as we go farther along into the dark days of winter.

INSIDIOUS DISEASES. . . . uncontrollable to a large extent, may be found attacking some of our favorite plants. The root rots which raise havoc with some of the Port Orford cedar varieties; the crown rot fungi which have laid low so many of our beautiful natives like dogwoods and madonnas; similarly acting diseases which overtake favorite clumps of delphiniums during the cold months just ahead of us; these are typical of the kinds of diseases referred to.

With the crown rots of delphiniums and other perennial plants, it would be safest to (1) avoid piling heavy mulches OVERTOP of the clumps, to (2) drench the area around the crown with liquid lime sulphur spray during the early part of the coming winter and to (3) make sure that drainage is good.

The situation among our dogwoods and madonnas is something else again. About the only recourse one has to keep away the soil-borne fungus, which, working gradually up and around the trunk, finally strangles the tree, killing it completely, is to avoid damaging the lower trunk and the roots. A break in the bark anywhere in that zone will permit the disease to enter.

Once it has started its work, it will be necessary to cut away all the diseased parts, apply a blowtorch lightly, and cover the wound with a good tree-type paint. Small foliage, a thinned-out canopy of leaves, and premature coloring of the foliage at this time of year are often the symptoms of the disease. Examine your trees with care if any of these symptoms have developed.

The dogwood disease has also been found on Douglas fir, maple, magnolia, and is suspected on flowering cherry and lilac.

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Skit Lampoons Nat'l Convention At BPW Dinner

The Business and Professional Women club of Beaverton held its first fall dinner meeting at Kiwanis Hall Thursday evening, September 28, 1950, with a large crowd in attendance.

Following the dinner, a business meeting was conducted by the president, Marjorie Soholm.

The legislative committee was in charge of the dinner and program. The co-chairman, Aletha Graf, arranged for the dinner and entertainment due to the illness of Auga Goslin, Chairman. Other committee members were: Bernice Conley, Martha Bernadini, Edna Weed, and Charlene McGeorge.

A take-off of the National BPW convention in San Francisco was given by four high school students, depicting the antics of the various members while attending the convention. These girls were Ellen Smith, Mary Jo Cornell, Shirley Styverson and Joan Kramer.

The speaker of the evening was Irene Taylor, who informed the group on the highlights of each bill to be placed before the people at the forthcoming November election.

The surprise of the evening was the presence at the dinner of the BPW State President, Mrs. Florence Barton of Coquille, Oregon. The second State Vice-President, Natalie Burns, of Toledo, Oregon, was also present.

Navy Graduates Air Apprentice To Av. Machinist

Steven L. Benham, airman apprentice, USN, of Route 1, Box 542, Beaverton, Ore., was recently graduated from the Aviation Machinist's Mate School, U. S. Naval Air Technical Training Center, Memphis, Tenn.

Benham entered the Naval service Dec. 11, 1949, and received his recruit training at the U. S. Naval Training Center, San Diego, Calif.

Hall-Van Kleeek Live In Vernonia; Wed on Sept. 29

Miss Edith Marion Van Kleeek, daughter of Mr. and Mrs. Fred Marion Van Kleeek of Beaverton, was married to William Ray Hall at an evening ceremony at All Saints' Episcopal church, Hillsboro, Oregon, Friday, September 29, with Rev. O. Steen Whiteside, vicar, performing the ceremony. Mr. Hall is the son of Mr. and Mrs. A. B. Killingberg of Vernonia, Oregon.

The bride, given in marriage by her father, wore a white dress with lace bodice and nylon marquisette skirt over white satin and white marquisette mitts. Her English tulle veil was of fingertip length and was held in place by a band of pearls and net. She carried a white prayer book with an orchid.

Maid of honor was her sister Miss Marjorie Ann Van Kleeek who wore a blue dress with rayon fallie bodice and net overskirt with matching mitts and head-band.

Bridesmaids were her sisters, Mrs. Charles E. Moffit, Jr. and Miss Irene Jane Van Kleeek who wore pink and yellow frocks identical to the maid of honor's.

Joyce Ann Carrick, niece of the bridegroom, was flower girl and her escort was her brother, Leland. Glenn Rainwater was best man for his brother-in-law, and ushers were Charles E. Moffit, Jr., Clifford Carrick, H. Lealon White, and John Herrold.

The bride's mother wore a navy blue suit and white nylon blouse and the bridegroom's mother wore a black dress with matching accessories.

A reception was held in the parish hall immediately following the ceremony. Mrs. Clifford Carrick of Stayton, sister of the bridegroom, served the wedding cake and Mrs. J. James Richards, aunt of the bride, assisted. Presiding at the coffee table was Mrs. D. J. Ward, great-aunt of the bride, and Miss Helen Van Kleeek, the bride's aunt, served at the punch bowl.

Mrs. Glenn Rainwater of Vernonia, sister of the bridegroom, assisted with the gifts and Mrs. Frank Heintz of Albany, cousin of the bride, was in charge of the guest book.

For going-away, the bride chose a royal blue suit with white accessories and orchid corsage. After a short trip the couple will be at home in Vernonia where the bridegroom is employed.

Mr. Hall is a graduate of Vernonia high school and Mrs. Hall graduated from Beaverton high school and was employed at Pacific Metal company in Portland.

Mariner Girls Revive Name Of "Star of Oregon"

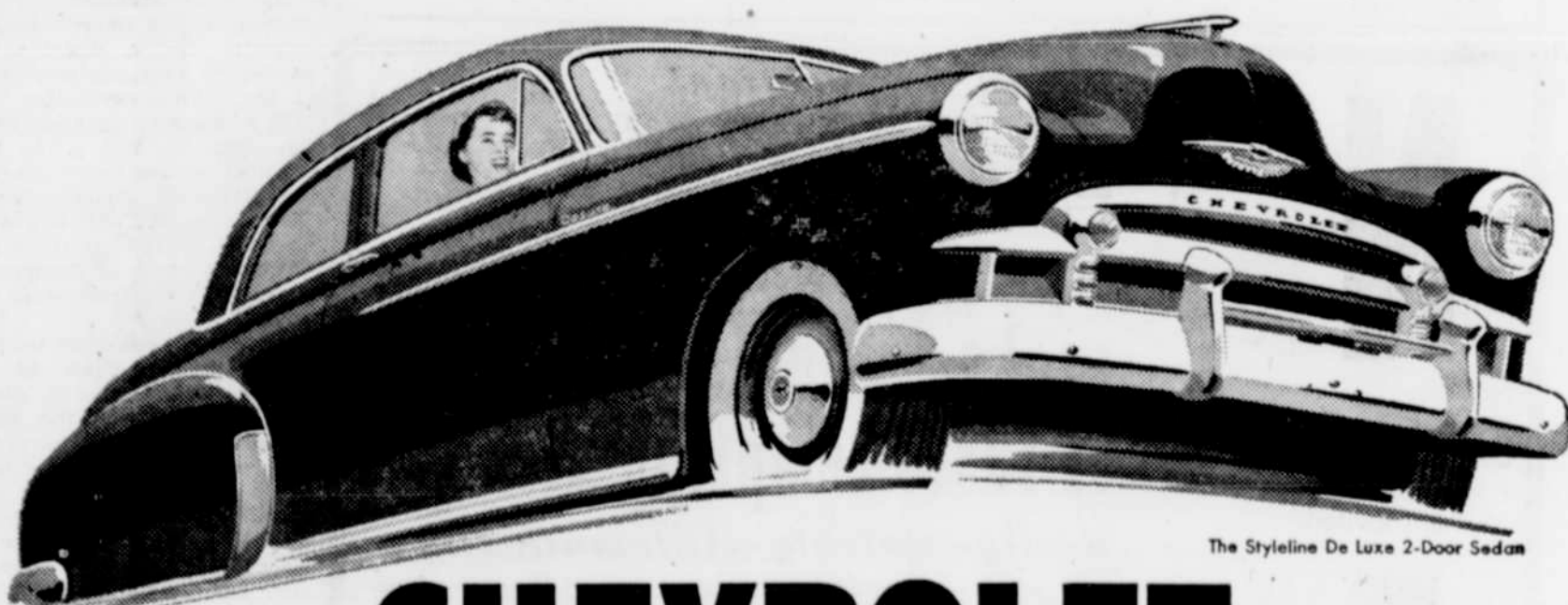
The proud name of "Star of Oregon", which graced the first sailing ship launched at Fort Vancouver in 1841 by a group of transportation-minded pioneers to meet the pressing needs of supplying the hurly-burly territory of California with farm and forest products of Oregon, revived in Beaverton on October 2 when the newly formed Mariner Ship adopted the name for its dryland organization.

During the first of September, the Mariners organized at Beaverton high school, a girl counterpart of the Sea Scouts. Open to all girls who like to swim and be either in or upon the water, the group plans future cruises, community services and certain social activities for the winter season ahead.

GUEST IN SEATTLE

Ray Rossi of Broadway avenue was a guest of relatives at Seattle, Washington, a few days last week.

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