

The Woman's Corner

By Mary Grace

Dear Mary Grace: I like soufflé dishes, partly because my family likes eggs so well, and also because I find them so easy to prepare. Would you have a soufflé recipe suitable as the main dish for dinner? Thank you Mrs. G. F.

Dear Mrs. G. F.: A well prepared soufflé is a delight to look upon and dine on. They are simple to prepare, that may be true, but require patience as well as skill. As you know, eggs are an excellent protein food and because of this can easily be the main dish of a meal. The chicken in this recipe may be substituted with ham or veal. COMBINATION SOUFFLE:

Ingredients for 4 or 5: Melt butter in skillet, blend in flour, stir until smooth. Keep heat low, add milk combined with the asparagus liquid. Stir constantly until sauce thickens. Stir in chicken and mashed asparagus tips. Remove pan from heat. Beat egg yolks well with seasonings, mix with the chicken in pan, mix well. Into this fold the stiffly beaten egg whites. Pour mixture into greased baking dish, bake in moderate oven 20 minutes or until firm through-out like omelet. Remove from oven. Serve at once.

Did you know that paprika is one of the few condiments having vitamins? It is a source of vitamin C.

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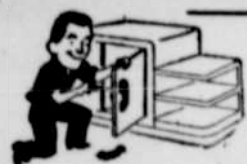
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FARM QUESTION BOX

by **ED W. MITCHELL**
Farm Advisor

General Electric Station WGY



Q. The previous owners of our country home used the garage for chickens. We plan to use it for our car and would like to know what to use to alkalize the ammonia. We have been told that it will remove the finish from our car if this condition prevails. It has a dirt floor and we don't feel it is worth a cement floor since it will be used only for this winter and a new one built in the spring.

A. Clean out the place as thoroughly as seems practical; get a bag of hydrated lime at the building supply dealer's, and make a thin white wash and spray or paint the walls and sprinkle on the floor. The lime will liberate the ammonia, and good ventilation will carry it away.

Q. Please advise me about our lawn. It slopes toward a brook. There are no trees near and our recent fill of sand is being carried toward the brook. We will sow grass seed as soon as the topsoil is spread. What fruit trees or bushes would grow well there in order to stop the erosion? A part of the lawn will be in garden next season.

A. Grade and seed the lawn as soon as you can after the topsoil is in place. Use rye as a "nurse" crop, because it comes up quickly, is rugged and will help prevent erosion. Keep the new lawn mowed, next spring, so the rye does not grow too tall. Trees and bushes will not be much help in preventing erosion and you can grow any fruit trees, bushes or vines that you wish.

Q. Please advise me as to treatment for preventing beans from becoming buggy. Is treatment harmful in any way, that is to edibility or germination of beans?

A. Neither fumigate, freeze or heat your beans shortly after they are

harvested. This kills the weevil and weevil eggs in them before they have time to hatch, grow and infest all the beans. The heating may hurt the germination, but none of these treatments hurt the beans for use as food, and fumigation or freezing does not hurt the germ.

Q. Last fall we noticed a very small insect infesting our house inside and out on the unseasonable warm days of the late fall. I took a number of these "pin-head" size insects to the State Entomologist and he informed me they were known as clover mites. It was likely I received them in some clover seed I had purchased for the lawn. He suggested fighting them with ten per cent DDT and in spring they would disappear. This all happened, but now they are beginning to reappear on the siding of the house and a few on the inside baseboards. How would you advise a war on these little insects? The ten per cent DDT only seems to stem them and the remaining residue does not hamper their movements. How do I prevent them from getting into the house and what should I do to get rid of them?

A. These doubtless are the "clover mite" and they may come from clover in your lawn or from fields some distance away. These, and some other insects, multiply at a tremendous rate at certain periods, and if conditions are favorable collect in big swarms in some locations. It is hopeless to try to kill enough of them with spray or dust to abate the nuisance, and about all one can do is sweep them out with the broom or vacuum cleaner and pray for frost to come and kill them. Frankly, there is nothing you can do about it. Fortunately, they feed only on clover and related plants and do no harm to house furnishings.

Chamber Seeks To Double Cash Farm Earnings

The present \$172,000,000 annual cash farm income in Oregon can be doubled, possibly trebled, according to the Portland chamber of commerce which has announced its backing of a region-wide grass program aimed at restoring balance to the region's agriculture and revolutionizing the area's livestock industry.

Portland chamber president, Edgar W. Smith, stated that the grass program is the most far reaching single project undertaken by the chamber since the completion of Bonneville dam, emphasizing the immense opportunity open to Pacific Northwest farmers and stockmen to adopt the new methods and greatly increase their meat production from any given number of acres. He adds that the program would mean much to farm equipment dealers, bankers, in fact all those who have any dealing with the farm and ranch trade.

A wheat and cattle rancher on a large scale in eastern Washington, Smith points to excellent results in restoring fertility to the soil and saving what otherwise might soon become eroded land from too long single-crop use.

Thousands of animals can be added to present herds by spreading the use of a number of relatively new grasses. Some of the grasses now in actual use and showing excellent results include: crested wheatgrass on sage and eroded wheat lands of the Cascades; sub-clover, alta fescue and other grasses west of the Cascades; lotus on sour and acid lands; ladino clover on irrigated land, and meadow foxtail where the soil is wet.

One aspect of the program is aimed at reclaiming sagebrush land for more productive use. One-fourth of the land area in Oregon, or a total of more than 15 million acres, is now occupied by sagebrush.

Now producing from two to three pounds of meat per acre, much of this practically wasteland can be profitably improved to a point where it will produce from 10 to 20 pounds per acre, according to the chamber's study.

Opportunities for improvement in western Oregon and Washington are just as dramatic as the sagebrush removal program to the east. Grasses now available can be used to reseed natural pasture, which with proper fertilization and management, can easily be doubled in carrying capacity. Cutover timber lands also offer some large opportunities.

Walter Holt, manager of the Pacific International Livestock Exposition, maintains, "Grass has always been basic to our economy and we're just rediscovering that fact in this area and beginning to do something about improving our grass land. Growing numbers of farmers are beginning to study the possibilities for improvement. You hear it talked all over the West."

A "grassman of the year" contest is definitely planned with a substantial prize to be awarded to the winner. A committee is now at work to determine the method of scoring which will be a difficult problem because of the diversity of the program in various areas.

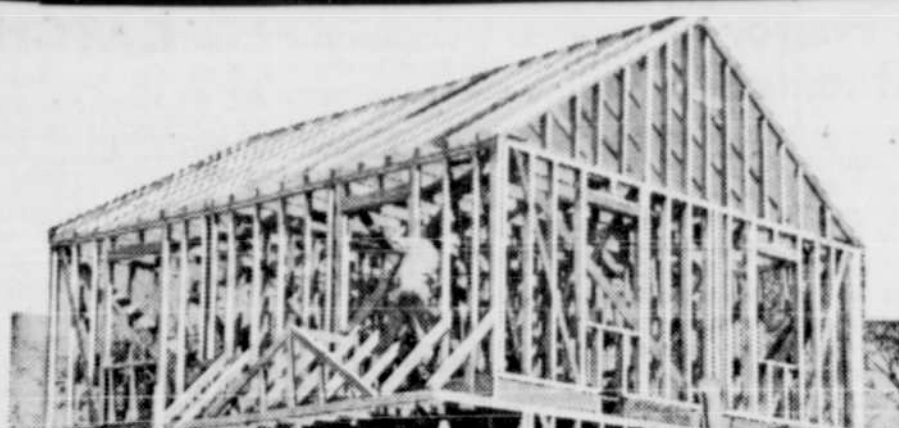
The greatest production and at present probably the greatest opportunities for livestock increase in the Pacific Northwest lie in open range, with permanent pasture improvement offering a close

Potato Program Provides Goals And Filing Fee

The Oregon State Production and Marketing Administration Committee has established Sept. 15, 1950 as the final date when potato growers may apply for Certificates of Eligibility for late potatoes under the 1950 potato price support program. This date also applies to dealers who wish to participate in the price support program.

For a potato grower to become eligible, he must, before Sept. 15, contact the PMA office in the Court House, Hillsboro, and pay the eligibility fee of 1 cent per hundred weight times the normal yield, times the number of acres with a minimum of \$3.00. The normal potato yield for Washington County has been established as 140 hundredweight per acre. Eligibility is also dependent upon compliance with potato goals which were established earlier this year.

second. Important though somewhat less in productiveness is the forest range.



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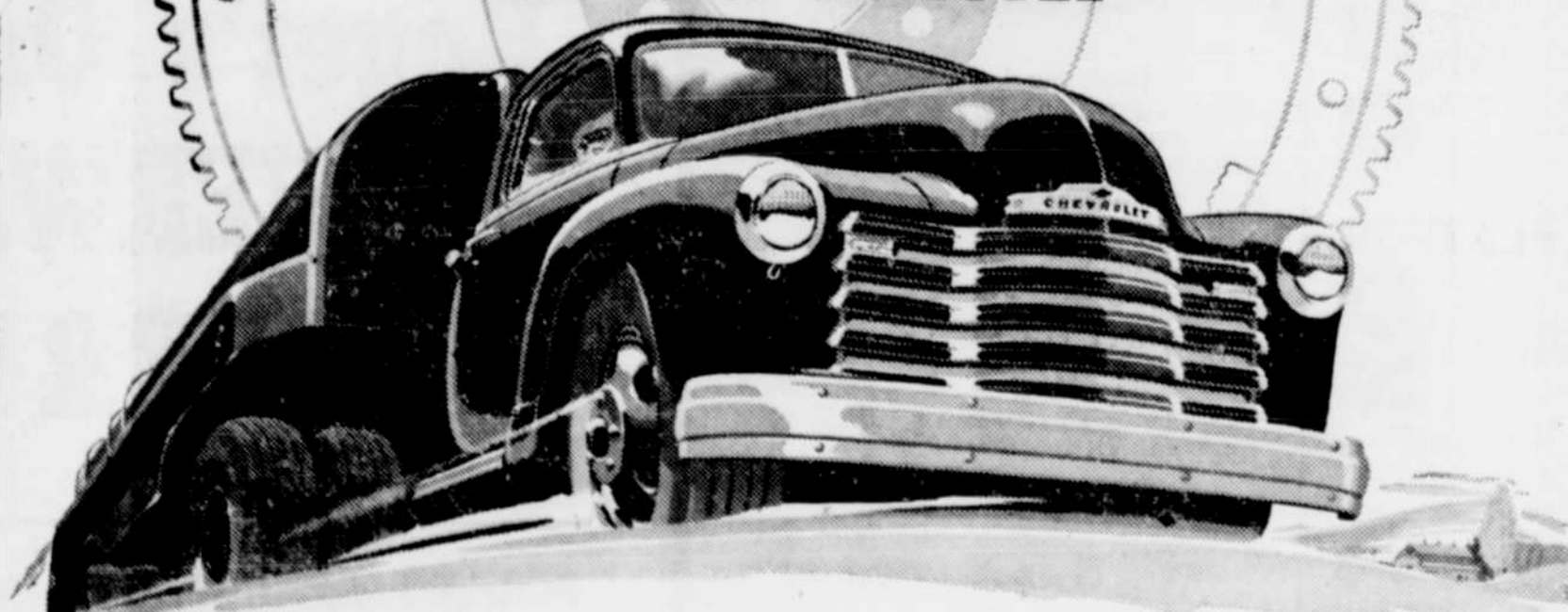
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