

The Woman's Corner

By Mary Grace

Dear Mary Grace: My husband has been on a strict diet because of illness. The lack of variety in his menus is causing him to lose interest in eating. I'd like to pep up his meals with something special. Do you have a dessert low in roughage, high in calories and easy on the digestion and the budget? Sincerely, Mrs. G. W.

Dear Mrs. G.W.: Strict diets can indeed prove trying if indulged in over a period of time. However knowledge that the ordeal may soon be over should be cheering to the patient. In the meantime here is a recipe that is good to look at and delicious too. It fulfills all your demands and, in addition, furnishes a good supply of vitamin C. BANANA SURPRISE:

Ingredients for four: 3 bananas, 3 1/2 tbsps. lemon juice, 1/4 cup sugar plus 1 tbsps., 1 cup whipping cream, dash salt. Method: Mash peeled bananas in large bowl, add lemon juice, then sugar, mix. Into another bowl pour chilled cream, add salt. Whip cream until it stands in soft peaks. Fold banana mixture into the cream. Spoon into individual serving dishes, garnish with a sprinkling of chopped nuts. Serve at once.

Did you know that a good substitute for pineapple in recipes calling for this fruit is freshly grated carrot? Did you know that the enzymes in fruit and vegetables break up the acids in meats and eggs and turn them into energy?

CAPACITY CROWD DISCUSSES SCHOOL BUILDING PROBLEMS

RALEIGH HILLS — A capacity crowd of local residents were present at the Raleigh Hills PTA and school board meeting on Tuesday evening of last week, when the problem of expansion of the building to include a new wing, housing a gymnasium and auditorium, and three new classrooms was discussed.

Mr. Roehr, of Church, Roehr and Newberry, architects, was present, and showed plans of the proposed construction.

The bond issue to cover the expenses of the project was delayed until another discussion meeting is held. Arthur Porter is chairman of the school board.

Election of officers for the Raleigh Hills PTA was held in conjunction with the Tuesday evening meeting, and the following received offices: Mrs. Van Nelson, president; Mrs. Arthur Fox, vice president; Mrs. J. McClung, secretary; and Mr. W. A. Brooks, treasurer.

Raleigh Garden Club Announces May 20th Show

Raleigh Garden Club announces its Spring Flower Show, Saturday, May 20, in the Valley Community Church, Brentwood and Laurelwood Aves.

Mrs. Charles Hunter, show chairman, has appointed the following club members to assist her in carrying out plans for the show: Mrs. W. A. Fealey, schedules; Mrs. Lowell Ganger, registration; Mrs. F. B. Messing, clerk; Mrs. Olaf Anstret, refreshments; Mrs. Harold Schultz, staging; Mrs. C. W. Allen, publicity; Mrs. Sam Lawrence, classification; Mrs. W. J. Mallen, hospitality; Mrs. Thomas Georges, children's division; and Mrs. MacDonald Griffith, clean-up.

Local garden clubs have been invited to submit arrangements for a Spring tea table, with an award to be given the most outstanding.

The public is most cordially invited to attend between the hours of 3 and 8 p. m.

FOR AFTERNOON TEA

Mrs. Roland Davis was hostess at an afternoon tea on Monday to honor Mrs. John Orr who is moving to Beaverton.

The Orr property has been sold to a Portland purchaser, who will move in, shortly.

PAINTFUL ANKLE
Mrs. Orrin Hamlin is recovering from an ankle injury received Thursday when she fell in her back yard. At first it was feared that the ankle was broken, but X-rays proved it a severe strain with two ruptured blood vessels.

MISS RECOVERS
Eighteen months old Sandra Saxton, who was badly scalded by boiling water at her home last week, is recovering well from burns on face, chest, and arm.

TO PALM BEACH
Mr. and Mrs. Newman Ward, recently returned from a combined business and pleasure trip to Mexico, are leaving next Monday for a week at Palm Beach, Florida.

Broadmoor Club Elects Officers; Adds 3 Members
WEST SLOPE — Members of the Broadmoor Women's Club, meeting at Gabel school on Thursday afternoon of last week, held an afternoon of business and pleasure, with Mrs. Roland Davis, vice president of the group in charge.

An interesting and instructive item on the program was a flower arrangement made by Mrs. Roy K. Smith, while the members looked on. Mrs. Smith demonstrated new ideas in flower grouping for table, mantel and general use, and talked on container types.

Mr. and Mrs. Lowell Ganger were introduced. Mr. Ganger whose candidacy for county judge is backed by the club talked briefly on campaign issues.

Founder members of the club were honored and presented with corsages. Three new members received into membership were Shirley Durkheimer, Margaret Stein, and Kay Kerr. Plans were also made for a spring luncheon and installation meeting, to be held at Nendels on May 4.

Election of officers was held at the meeting, with those placed in office, Mrs. Jessie Orr, president; Mrs. Greta Taylor, first vice president and program chairman; Mrs. Dolores Atiyeh, second vice president and social chairman; Mrs. Myers, recording secretary; and Mrs. Rita Bauman, treasurer.

Mrs. James Mosser was tea chairman for the meeting, assisted by Mrs. Charles Paxson and Mrs. John Taylor.

McKAY MEN MASTER MUSIC; WAYSIDE WARBLERS WANTED

McKAY — PROGRESS — The McKay community is starting a male glee club. The first meeting will be April 24, 8 p. m. at the school house.

Any man, high school age or over is invited to join. A complete leader will direct.

McKay PTA Dads Nite was Friday April 14. Husbands of the officers took over the business meeting. Mrs. Scott Horney gave the names of the candidates selected by the nominating committee.

They were elected unanimously. Incoming officers will be: president, Mrs. Shirlee Richards; first vice president, Mrs. Hildred Altenhofen; second vice president, Mrs. Verda Chadwick; secretary, Mrs. Durfee; treasurer, Mrs. Ira Neher. Following the business meeting the men presented a minstrel show.

Members of the cast were: End men, Harold Richards and Harris Hansen; interlocutor, Jim Farmer. Chorus, Harry Carlsen, Warren Whytenberg, Scott Horney, Melvin Ness, Ronald Payne, Lester Lucas, John Altenhofen, Walter Payne, Sven Dahlen, Jim Boothe, and Dudley Scott.

Soloists were Harold Richards, "Lucky Old Sun" and "Lazy Bones" with Jim Boothe on the second chorus; Harris Hansen, "Robert E. Lee" and "Life Gets Tedious"; Harry Carlsen, "Old Man River"; Jim Farmer, "Lovely Bunch of Coconuts".

Ronald Payne and Lester Lucas gave a banjo duet.

Refreshments of pie and coffee were served by Bernard Blethen.

Herbert Horst, Leonard McKee and R. C. Heard.

CRAFT SHOW PLANS

The Can Ka Ki Ya girls met April 7 to complete plans for the Art and Craft show given at PTA meeting.

Here the girls displayed the many completed items made, included were peace pipes, kneeling mats, crocheted hot dish mats, scrap book, ming trees, picnic plates.

SPONGE CAKE SAMPLES

The girls in the "Cookettes" 4-H cooking I met April 4. Each brought samples of their sponge cake. Judging teams placed the cakes. There were ties in both first and second places.

The girls have been working hard to earn enough money to send one of the girls to summer school. They are now busy with plans for a "Mothers Tea".

The McKay Beaver Rabbit Club met April 10 at the home of Bob Sanders. Donald Coates became a member. They studied the measurements of rabbits and how these aid in good judging.

Maurine Vincent and Harris Hansen furnished refreshments. The Full Pail Dairy Club met Wednesday at the home of James Blethen. Reports were given on their visit to the Aloha Dairy. All members were present. John Harms, and Philip Cunningham furnished cookies and ice cream.

Two units of Camp Cooking met on Thursday. They were to learn to build a bonfire suitable for outdoor cooking but the weather prevented suitable lessons. Mrs. Keffer's group built a bed of boughs.

Meeting was followed with a marshmallow roast.

AT EIGHTH YEAR

Shella Richards was hostess at a party honoring her eighth year. Neighborhood guests were: Ronnie and Jimmy Brown, Lois Reetz, Melvin and Janet Schell, Eddie Reetz, Teddy Heard, and Patsy Blethen, Rickie and Sara Richard.

WELL-BABY CLINIC

A well baby clinic for all children under school age will be held May 22, 1 to 4 p. m. at McKay school house. The clinic conducted by the County Health Office will give pre-school examinations and vaccinations.

Music Recitals Add Variety To Area Enjoyment

WEST SLOPE — The music recital given by Mrs. Norton Peck and Mrs. Ruthann McKenzie, piano and violin teachers, respectively, at Merle Davies school on Thursday evening, was attended by more than 100 persons, who enjoyed the varied program of selections played by both students and teachers.

A major part of the program was classical, but a "jam session" of jazz and popular numbers by a few students, took its share of the applause.

Mrs. Joyce Enright, teacher of violin, also gave a recital at the school on Saturday evening, presenting a group from among her 40 pupils.

TNT MAY BASKETS

Members of the TNT club will meet at the home of Mrs. H. Mattson on May 3. The theme of the evening will be May baskets. The last meeting of the group was at the Alvah Graham home.

WEDDING ANNIVERSARY

Mr. and Mrs. Hal Laman celebrated their eighth wedding anniversary Friday, entertaining several friends at dinner and a social evening.

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