

State Granting Aid to Veterans

One thousand Oregon veterans of World War II are receiving educational aid grants from the state to attend high schools, colleges and universities. Director George E. Sandy of the Department of Veterans' Affairs reported to Gov. Earl Snell this week.

The thousandth man to be approved for the state grant of \$35 a month for a maximum of 36 school months was Donald Arthur Palm of Portland, who will use the benefits to attend night classes at Lincoln high school in that city, according to Sandy.

Five hundred grants were made in the past three months, as many as had been made in the previous year of the department's existence. Any veteran who was a resident of Oregon for one year immediately prior to his entry into service, and who served 90 days or more and was honorably discharged is entitled to the state benefits for 36 school months, but he cannot receive state and GI school aid at the same time, Sandy explained, but can take either

one first and then the other.

The state school aid was approved by the 1945 session of the state legislature, upon the recommendation of Governor Snell. The thousand students now receiving aid are enrolled in 67 active schools in Oregon, and eight out-of-state schools. The state law permits out-of-state grants in exceptional cases when the veteran is desirous of some particular specialized training. Oregon men in out-of-state schools are attending Johns Hopkins university and Harvard, and one, A. Julius Rumburg of Canby, is studying at the University of Copenhagen in Denmark.

A total of about \$500,000 already has been pledged from Department of Veterans' funds to assist these veterans in obtaining their education, Sandy said.

Feeding The Baby

Milk — especially breast milk — contains almost everything that a young baby needs for nourishment. Very early in his life, a newborn baby can be given foods that will supply the other things he needs.

When a baby is two weeks old he can be given citrus juices and tomato juice to help him grow and keep well. These juices contain vitamin C, an element neces-

sary for health and normal growth. Freshly squeezed, unsweetened orange or grapefruit juice, which has not been left standing, contains the most vitamin C. Tomato juice is just as good for a baby as orange juice and is sometimes easier to get. But remember that it takes twice as much tomato juice as orange juice to get the same amounts of vitamin C.

Most doctors recommend a teaspoonful of orange juice every day at two weeks old. A suggested schedule, if your doctor agrees, is to give one teaspoonful daily at two weeks; two tablespoonfuls (one ounce) at four weeks; two ounces daily at six weeks, and three ounces daily at eight weeks.

Another vital food given to the baby at two weeks is some sort of fish liver oil recommended by your doctor. Fish liver oil supply vitamins A and D. These vitamins will help your baby to rest well, form hard bones, grow strong and tall, form straight legs and a well developed chest.

The amount you give your baby will depend upon your doctor's advice and the kind of oil you are to use. Doctors usually suggest starting with a few drops and working up to the full dosage they prescribe.

Sunshine is also a source of vitamin D. Ask your doctor about sun baths for your baby. Fish liver oils should be continued thru the summer months, even if the baby does take sunbaths, under the direction of the doctor. It is advisable to give the oil alone, rather than mix it with other foods, so that the baby can learn to like the taste.

Milk, plus these two important additions, will give the baby the food he needs until the doctor says to give the baby strained, pureed and chopped solid foods, sometime between the third and fourth months.

In the next article, tuberculosis testing as an aid in diagnosing TB will be discussed.

This column is sponsored, in the interest of better health, by the Washington County Public Health Association, Zola F. Morgan, executive secretary.

Beaver Theater

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THE GENTLEMAN from TEXAS

Babson Further Discusses Investing Money

EUREKA, KANSAS, November 1. — October is my month for travelling. The first half I spent in New York, where due to the trucking strike I couldn't get a glass of milk; in Boston, where due to its narrow streets I couldn't park a car within two miles of the place I wanted to visit; in dirty and windy Chicago, with its rum-shops, vice and foul entertainments; in Kansas City, noted for its rotten politics; and in St. Louis, which seems to me to be the coldest city in the winter and the hottest city in the summer. The Real America.

Although the ten largest cities of the United States have 30,000,000 people, or nearly 20% of the entire population, yet they do not represent the American people. The true Americans are found in the small cities of the farming and cattle sections which I so love to visit. Here, the people create the real wealth which is sucked into the sewer holes of these ten largest cities and flows away to the sea.

It certainly is inspiring to look from a train window and see the golden fields of wheat, corn and other products. Yes, fine dairy cattle, steers, hogs and poultry are here galore. Last night I had the juiciest steak that I have ever eaten. Whether it is due to the bad movies, or radio news, or love magazines, I do not know; but certainly the big cities are featured far too much. The little cities should band together and do some advertising.

This does not mean that readers should now come out here and buy farms. Big commercial farms are "big business" like steel plants, shoe factories or department stores. Moreover, I think that next year will see a break in the price of many farm products which should react in lower prices for commercial farms. I do, however, look upon the small sustenance farm, where the owner has an outside source of income, as the finest insurance that the world offers.

I especially recommend good business property in small rural cities. Even though much of this is now selling higher than before the War, I still believe it is among the safest investments if kept well maintained and properly insured. If you do not want the care of such property, you can loan on a mortgage thereon and get 4% interest safely. Of course, you should select a section of the country which will be free from bombing attacks in World War III.

Investing Money
Readers who cannot conveniently buy such property, can secure the same protection which such rural communities offer by buying the stocks of certain companies whose assets are mostly located in such interior cities.

Just before leaving home my secretary asked me about the investment of \$5,000 which she had heretofore refrained from investing because of the high prices of the past year. Now, due to the recent drop, she feels it is a good time to dip in. Shall I advise her to buy securities of companies with their plants in big cities? Not much.

I am now suggesting that she buy these ten stocks: General Foods, Kruger Grocery, and Pet Milk as representing the food group; J. C. Penney Company and McLellan Stores, as representing the merchandizing group; Diamond Match and Deere & Company as representing building materials and machinery; Corn Products and Quaker Oats as representing the feed industry. For good measure I included St. Joseph Lead, where she can hide her money underground in a metal which actually is more valuable than gold. The assets of these companies are not in big cities but are distributed throughout the great agricultural districts in use-kind. Not much.

More Suggestions
The above ten stocks will take all the spare money which my secretary has, but while on this trip I have decided to add to my Safe List: the beet sugar stocks and Greyhound Bus stock. Also the bonds of the Kansas City &

Nancy Holmes SUGGESTS



TIME was when pears were a summer and early fall delicacy, but now—thanks to improved storage and transportation facilities—we can munch on this juicy, delicious fruit most any time we please. However, most people will agree that pears are tastiest this time of year when they're tree ripened and hurried to market. Furthermore, the prices suit the purse better than later on when they step into the luxury class.

Bees pears are plentiful now. Nancy Holmes of the Best Foods kitchens suggests that you serve them often. But she hastens to add that variety must be introduced into their preparation to avoid monotony. For instance, stewed pears cooked in orange juice and corn syrup, then flavored with grated orange rind and chopped mint, when available, are something to smack your lips over.

For another tempting dish, Nancy pulled out the old bean pot and baked her pears in it with brown sugar, a pinch of ginger, a couple of lemon slices and just enough water to start them to steaming. And did you know that cinnamon pears, baked in the same style as apples, are good, too?

Then for a quick and easy dessert, Nancy offers Fresh Pear Salad.

Fresh Pear Salad
1/2 cup real mayonnaise
1/4 cup shredded sharp cheese
2 large pears
2 large blue plums, cut in rings
6 whole walnut meats

Toss together real mayonnaise and shredded cheese. Peel, halve and core pears. Dip in lemon juice to prevent discoloration. Place a plum ring in the center of each half and then a spoonful of the mayonnaise mixture. Top each salad with a whole nut meat. Arrange on a lettuce leaf and serve with additional cheese-mayonnaise mixture. Yield: 6 servings.

Southern R. R. Co. and of the Western Union Telegraph Co. Again, I urge diversification. Never put more than 10% of your money in any one industry or more than 5% of your money in any one company. All the above securities are listed on the New York Stock Exchange and can be bought through your local bank.

Donaugh Last Tour Thru County Huber Demo Rally

The Washington County Democratic committee held a meeting at the Huber hall Monday evening. Mr. Al Kemmer called the meeting to order and presented Mr. Carl Donaugh, Democratic candidate for Governor, who stressed greater need for state planning to enable the State of Oregon to participate to a greater extent in the power produced by the Bonneville and Grand Coulee hydro-electric plants.

Lyman Ross, Democratic candidate for Congress, pointed out the need for development of the Columbia River Basin, and early completion of the Willamette River Valley Flood Control Project, to protect our farms and industries from the heavy losses resulting from seasonal floods, and pledged his support of legislation with that in view.

Other Democratic candidates spoke briefly on subjects pertaining to their particular offices. All felt that the Democratic party offered a constructive platform, which deserved support from the voters.

Refreshments were served by the ladies.

Old Time Cowboy Hits Town Again

F. W. Allen and son Donald of Cornelius were in Portland Tuesday buying a couple of truck tires for their lumber truck. Times have changed — Two truck tires cost \$117, while in earlier days a blacksmith shod Allen's horse on all fours for \$3. Which reminds your correspondent that in former days Allen and Hertzog were some cow boys rounding up cattle for eastern Washington county meat markets when beefsteak sold for 10 cents a pound! In 1912 Allen acted as Grand Marshal of the Day at the big Fourth of July celebration held at Beaverton, riding his favorite horse, "Pinta," up ahead of the parade.

He still likes to re-visit the old home town.

Trout Hatcheries To Be Built

The Oregon State Game Commission plans the construction of six additional trout hatcheries and a large refrigeration plant as soon as materials and labor are available, it is announced by F. B. Wire, state game supervisor. At present the commission has 14 hatcheries under operation but greater production capacity is deemed necessary to take care of the constantly increasing stress on sports fishing in the state.

Two of the fish hatchery sites that have been under investigation for some time are Wizard Falls on the Metolius river in Jefferson county and Ana Springs in Lake county. Development of the Wizard Falls location will take around \$100,000 and the one at Ana Springs about \$75,000.

The commission also expects to locate three more hatcheries along the coast although definite sites have not yet been selected. These will cost approximately \$50,000 each. The sixth hatchery will be located in northeastern Oregon and cost is estimated at \$75,000.

A large refrigeration plant will be built in north Portland to provide facilities for the storage of fish food in sufficient quantities to take care of the hatchery demands. The estimated expenditure for this project is from \$100,000 to \$125,000.

A Real Need For Sidewalks

Last year, close to a third of the 17,000 deaths along rural roads were pedestrians run down by motor vehicles. This appalling figure suggests the sweet reasonable need of sidewalks along roads that have pedestrian traffic. There are still many times in the country when people want to go from place to place on foot, but the edge of a road with cars whizzing by at high speeds does not offer an attractive pathway to the cautious.

Oregon has developed an economical type of rural sidewalk to serve residents of suburban communities who are condemned to use the highway some of the time. It is an asphaltic mix two inches thick on a light gravel base and can be put down for \$2,000 to \$3,000 a mile. It offers an excellent year round surface.

Such sidewalks must be financed by the communities themselves as there are no appropriations, federal or otherwise, for the purpose. However, with the rapidly mounting highway death toll, any move that will save lives is worth serious consideration.

The Canyon Road at West Slope and Beaverton needs sidewalks. Let's not add any of us to the 17,000.

George caused his teacher so much trouble that she wrote to his mother:

"Your son is one of the brightest boys in school, but also one of the worst behaved. What shall I do with him?"
The mother's reply said:
"Do whatever you think best. I'm having my own troubles with his father."

Success is nothing but a good idea coupled with hard work.—Balzac.



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