

Baked Ham an Ideal Dish for Easter Entertaining



A delectable baked ham holds the center of interest on the buffet supper table glaucous in the picture above. The ham is a wise selection because it is always sure to please. It is a joy to the hostess, because it is easily prepared.

Easter week is a time when considerable attention is given to entertaining. There is the usual number of Easter brides to be feted; the young people are home from school and college. An invitation to a buffet supper will be greeted with delight. The bridegroom will know that all their guests will be present and the young people will welcome the gray informality which goes with this type of party.

And baked ham, a half ham or a whole one, lends itself to "dressing up" and goes with all the lovely linens, silver, and china, which you will use to make the buffet table attractive—for a baked ham is a thing of beauty. It is probably less trouble to prepare, too, than any main dish you could select, according to Faez S. Wilson, prominent home economist. Practically all you need do is to put it in the oven at 300 deg. F. (a moderate oven) and let it cook until it is nearly done; then it is decorated according to taste and put back in the oven to brown.

Buffet Supper Menu
Assorted Hors d'Oeuvres
Stuffed Olives Wrapped with Bacon and Boiled
Caviar on Rye Crisp
Deviled Eggs
Anchovy Curls on Toast
Pickles
Jelly
Baked Ham
Au Gratin Potatoes
Hot Buttered Rolls
Jellied Fruit Salad
Ice Cream in Molds
Little Cakes
Coffee

The hors d'oeuvres offer all kinds of possibilities to concoct a lovely platter which may be placed at one end of the table to balance the ham platter at the other end, where an expert carver presides to serve the delicate pink slices to each guest.

One hot dish is always acceptable and au gratin potatoes offer a good choice, because they will stay good and hot in a casserole. Perhaps you will need two casseroles. Spaghetti may be used instead of potatoes for the hot dish, and, if you like, you may serve a hot vegetable also. New peas

are a nice accompaniment for ham, and the first ones are always a treat.

Standard Method for Baking Ham

Place a well-scrubbed ham in an uncovered pan with the fat side up. Cook until done or until the meat thermometer registers 160 deg. F. Allow 25 minutes per pound for 10-12 pound hams, 30 minutes per pound for large hams. About 45 minutes before the ham is done, remove from the oven and carefully take off the rind, leaving a "collar" around the shank end. Mark fat in squares with a sharp knife. This ham is now ready for the final decorative touch and it is here that the hostess may rise to culinary glory.

Suggestions for Decorating Ham

1. After the ham fat has been scored carefully into squares or diamonds, outline the squares with finely chopped maraschino cherries. Place a slice of pineapple in the center with four of the cherries put equidistant at the outer edges of the pineapple slice. Put back into oven for a few minutes.

2. Rub ham with very fine bread crumbs. Pour over entire ham a mixture of 1 cup warm honey mixed with one cup chopped maraschino cherries. Return to a moderate oven and bake until ham is done and crust is lightly browned.

3. Stick cloves into the center of each square, put on a paste of moistened brown sugar and dry mustard. Lift the collar a little and place half slices of lemon just under the edge, or they may be held in place with toothpicks. Place a slice of stuffed olive in the center of each piece of lemon.

4. Sections of orange may be arranged in a flower form in the center of the ham. This is very appropriate decoration for the spring season, because it will tie in with the centerpiece which will probably be of spring flowers.

Dessert Part of Decoration

The ice cream may be had in individual molds selected to suit the occasion. These are easy to serve and may be brought to the table on one large platter after the main part of the meal is cleared away. With the coffee urns bubbling and plates of little cakes to accompany the ice cream, the buffet supper becomes a happy memory of a happy occasion.

Use More Breads and Cereals If Food Budget Is Small

Many homemakers have literally ground out the golden grain these last three years. Breads and cereals are our cheapest energy foods. If they are made from whole grains, they also furnish iron and Vitamin B.

The other day I was served a delicious dish of fresh, yellow, grated feed corn cooked like mush, which I was told was a common dish in Ohio years ago. Many women have used whole wheat grains intended for feed, put them through meat grinders, and cooked them for a long time. For their babies and children they have put this cereal through a sieve to take out some of the coarse, scratchy bran. By such laborious homemaker methods to give their families wholesome whole grains at a very low cost.

A Simple Balanced Diet

Dr. Lydia Roberts of Chicago tells us we could get a fairly well balanced diet if we ate milk, whole grain cereals, and raw cabbage for Vitamin C. Some heroes have actually lived on such a diet and kept healthy, though bored at meal times. Dr. Hazel Stiebling, food economist in the Bureau of Home Economics, shows how the cheapest meal plans must be made up of much cereals and breads; rather liberal plans furnish more fruits, vegetables and eggs and less cereals.

Will the amount of grains in the market meet our demands this year? The Agricultural Department tells us there is a shortage of feed for animals but plenty of wheat to feed people. This Department encourages us by saying that bread prices should go up no higher after last summer's increase.

Use Whole Grain Breads

Homemakers will continue to buy more breads and cereals if their pocketbooks are slim; less if their pocketbooks are stout. Active children need plenty of fuel. The wise homemaker will encourage her family, by good cooking and other arts, to eat at least half of their breads and cereals in the form of whole grain breads like entire wheat and rye and whole grain cereals like oatmeal and the various brands of whole wheat. The shift in the grain section of the "measuring stick" will probably be in the amount of breads and cereals bought but in the greater amount of the whole grain cereals and breads.

Tydings Pleads for Sanity

Certainly there is no element of political partisanship involved when a "regular" Democrat like Senator Tydings of Maryland stands up and pleads with the Administration to cease experimenting with "alphabetical monstrosities" and the "philosophy of scarcity." That is what the Maryland Senator did, and his appeal commanded instant attention.

Industry is suffering from these uncertainties Senator Tydings said, and he predicted that "unless we do an about-face and get back to sanity, we are going to rue the day of these experiments."

Justified criticism of all this interference with private industry is not confined to any political party. Sentiment is mounting against present experiments and against undertaking any new ones, such as the 30-hour week, the Wagner Labor Disputes bill, and other threats to the American system of individual and industrial freedom.

FRIDAY CONCORD DAY

Friday, April 19th is Concord and Lexington Day, a holiday in Massachusetts. The battle was fought between the Red Coats and Patriots at the Concord bridge. This was the place "the shot was heard around the World" and was the start of independence for the colonies.

The Indian River, in Florida, not only receives its supply of water from the Atlantic Ocean, at Daytona, but discharges it into the Atlantic, near Ft. Pierce.

Blood transfusion was practiced first in Paris, France, in 1667.

Gaston vs Aloha on Home Grounds Sunday

The Aloha baseball team of the new Washington county league will play its first game Sunday on the home grounds with Gaston. Lineup for the game is Doty P, Rosebraugh 1B, Brandt 2B, Saxton 3B, Barnum SS, Homrich RF, Wells CF, Fugely LF. The umpire has not been selected. The public is invited to enjoy the game.

Candy for Easter

Candy! Everyone welcomes candy as an Easter remembrance. Preiser's specializes on chocolates for Easter, offering the public many delicious confections as well. Chocolate creams at any of the three Preiser stores for only 25c a pound. See their ad.

A modern girl told a real estate agent that she did not need a home. Being born in a hospital, educated in a college, courted in an automobile, married in a church, living on delicatessen in paper bags, spending mornings on the golf course, afternoons at bridge and evenings at the movies. When she dies she will be buried from the mortician's; hence no use for a home; only a garage.

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Those who have never tried the products from the Blue Bell Potato Chip Co. are missing one of the accompaniments of the perfect meal as hosts of people are praising the products of this concern.

Any business to be permanently successful must be founded on principle, honesty, fair dealing and full value for the price asked. From these there can be no deviation regardless of economic or any other conditions.

In such a period as the one through which we are passing, manufacturers and merchants are confronted with many problems. In seeking the solution there is often strong provocation to resort to expedients that in normal times never would be considered. One cause of this temptation is the appearance on the market of sub-standard products put out to create so-called "price-competition."

Every successful business in America the ones that have endured year after year, started from a small

beginning and are built on an ideal. That ideal has always included a self-imposed obligation to keep faith with the public by maintaining quality and service the year around regardless of conditions.

The Blue Bell Potato Chip Co. started with an ideal. Through good times and bad that ideal has never been violated. To it, all subsequent success must be credited.

Here the public has at its disposal the services of men who possess the know-how and who observed their modern business education in the school of practical experience. From the inception of the enterprise, quality has been the aim and the standard has been maintained from the beginning.

The Blue Bell Potato Chip Co. is a local concern under the competent management of F. V. Sabin, a man interested in local development and its substantial and well merited progress is a matter of actual fact well known to the public. The products manufactured by this

concern are recognized by the trade as the very best. They are sold all over the country and users have always been well satisfied and demand their products when buying again.

In making this review of the progress of Portland and vicinity we are glad to call the attention of the people to the advantages accruing to the public by the location of this industry here, the high quality of the products, and the commanding position they occupy in the industrial world, by determinedly living up to their original ideal—to furnish the public with the finest products at a fair price—they have won and retained the respect and confidence of the dealers and their many satisfied customers.

We wish to state here that they have bought the largest part of their potatoes from this district and we should support them. They are now in the market for 3 or 4 thousand sacks of potatoes and would like to have 10 pound lots brought in as samples.

Aloha Wins Opener Defeats Gaston 7 to 1

Aloha started the 1935 baseball season with a 7 to 1 win over Gaston on the local field Sunday. The game was featured by Smith's pitching, keeping the visitors well in hand and allowing 5 scattered hits.

Gaston opened the scoring in the second when Allyn singled to left and went to third on a wild throw after being trapped between first and second. He scored on a single by Davis, followed by a double from Bohson, leaving men on second and third with none out. Willmott and Gravely struck out and Neuswander fled out to end the danger.

Aloha came back in their half of the inning to score three runs on doubles by Lake and Smith, and singles by W. Cloyes and McGreen. The lead was further strengthened in the third when B. Cloyes tripled to left followed by singles by Baeron, Lake, and W. Cloyes, netting two runs.

The game was well played through out and greatly enjoyed by the crowd of fans who turned out in spite of threatening weather. Next Sunday Aloha plays Hillsboro.

Umpires Epping and Ewer, time two hours.
Gaston
Eppling L 4 0 0 0
Vinton M 4 0 0 0
Boyd S 4 0 0 0
Allyn 3 4 1 1 0
Davis 2 3 2 0 0
Bohson 1 4 1 0 0
Willmott C 3 0 0 0
Gravely R 3 1 0 0
Neuswander P 3 0 0 0

Aloha
Saindon C 32 5 1 0
Rosebraugh M 4 1 1 0
B. Cloyes S 5 2 0 1
Barron R 4 1 1 0
Lake 3 3 2 0
W. Cloyes 1 4 3 1 0
McGreen 2 4 1 1 0

Swedish Massage-Bath
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McLean L.	1	1	0	0
	37	16	7	1

The personnel of the Silver Springs (N. Y.) fire department is composed of women only.

50th Anniversary of Telephone Company to Be Observed Over Radio

To celebrate the 50th anniversary of the American Telephone and Telegraph company a unique radio program will be presented from 3 to 4 p. m., Pacific Coast time, Sunday, April 28, according to word received by I. D. Winslow, manager here for the Pacific Telephone and Telegraph company. The full hour presentation will be heard by many millions of listeners throughout the country over the world's largest network, the nationwide chain of 93 stations of the WABC-Columbia network. The program can be heard locally over KOIN station.

The anniversary broadcast will be of particular interest to the 250,000

Have Your Easter Dinner With Us
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A PERSONAL MESSAGE TO OUR PATRONS

In furtherance of our desire to satisfactorily serve your transportation needs, and effective APRIL 20th, 1935, we are establishing approximately

THIRTY MINUTE SERVICE between ALOHA and PORTLAND

Please secure a new time schedule from your local agent or driver. Constructive suggestions tending to improve our service will always be gratefully received by.

Yours very truly,
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