

CLASSIFIED ADVERTISING

BUY AND SELL

HI-WAYS TO HEALTH

by ADA R. MAYNE

OREGON DAIRY COUNCIL

10 CENTS
A LINE
PER TIME

INSTRUCTIONS

TEN CENTS a line per issue. Count five words to the line. Then count your profits. Cash should accompany the order. When a statement is required the charge is 15c per line, minimum 50c.

These Classified Ads appear in 4 newspapers: Beaverton Enterprise, Tigard Sentinel, Multnomah Press, Aloha News.

Classified ads produce results, use them.

AUCTION SALES

WILSON'S Auction House. Auction sales every Monday, Wednesday, Friday, 10 a. m. 721-729 2nd ave, near Morrison

SCHOOLS—BEAUTY

PACIFIC SCHOOL OF BEAUTY CULTURE
225 Morgan Bldg. BE. 0643

BEAUTY PARLORS

If your hair "won't take" a permanent, you're wanted at the Christy Beauty Shop. They simply "glory" in giving glorious permanents on stubborn hair that "won't take" and with every permanent free order of high grade face powder blended right there to suit your complexion. 505 Raleigh bldg., above Fahey Brockman. AT. 7893.

FREE MANICURE—Given with Shampoo and Finger Wave. Yes, that's right—a fine, thorough shampoo and lovely finger wave for only 75c, with a smart manicure included absolutely free—that's the thrilling special at ESTHER REED'S BEAUTY SHOP Columbia Bldg., ATwater 4573

CLOCK & WATCH REPAIRING
E. W. COBB—Expert in fine watches Spring and Electric clocks. 15 Years in Gerlinger Bldg., 2d and Alder, 2d floor. AT. 5032.

FOR RENT

FOR RENT—Cabins \$10 month. Hub Auto Camp Highway Canyon Road. Beaverton.

FOR SALE

GOOD GUITAR—My method of playing and singing guarantee to teach, and try you over the air. Cash or what have you to trade, want pony. Carl Christensen, bx 362, Beaverton Radio Singer

WEANING PIGS For Sale—Geo. F. Davies, R 1 Beaverton, Beaverton 7018.

WE BUY OR SELL USED CARS—Agency for Nash, Hudson and Terraplane cars. Used Car Exchange Phone Hillsboro 2641.

PERSONAL

HAWAIIAN Instruments, piano and harmony Free guitar. Bessie Andrews, 309 Alisky Bldg. BR. 1082.

BATHS Naturopath, electro-therapy; diseases of women a specialty. Dr. Ellen DuBoise, 210 Panama Bldg., ATwater 0916.

USE GOLDSTAUB SALVE

For Boils, Carbuncles, Athlete's Foot, Inflamed Varicose Veins, Felons, Abscess, Pus Formations, prevents Lancing—Leaves No Scar This Salve is Invaluable For Sale at Owl Drug Stores, Meier & Frank, Fred Meyers, or write 3322 Vancouver Ave., Inclosing \$1.00

DRUGLESS HEALTH INSTITUTE Steam Baths, Massage, Violet Ray Treatments for Colds, Rheumatism and Constipation. Consultation Free Dr. Elma A. Sorenson, N. D., 418 Swetland Bldg., AT 0403.

LADIES! Don't let your large abdomen and double chin mar your figure; trial treatment 1/2 price. BE. 9339, 1014 S. W. Jefferson St., between 10th and 11th, Portland, Ore.

SCHOOLS

MOLER Barber College—This International System is the scientific way; some pay, 3 teachers. Write or call 227 S. W. 3d ave., Portland.

OREGON AND MODERN BARBER COLLEGE Pays you while learning—N. R. A. creating demand for barbers. Master Barbers agree to employ our students. Write or call 1033 S. W. 1st Ave., cor. Main or 135 Madison St., Portland, Ore.

"CALIFORNIA MAID"



Miss May Betteridge was selected as Princess May of the twenty-fourth annual national orange show in San Bernardino, Calif., and given the title of "California Maid."

The people of Paris, France, eat approximately 80,000,000 snails every winter.

FENCE YOUR YARD NOW

For greater enjoyment of privacy as well as beauty. We furnish red-wood materials or build fences, tele-phones, window boxes, etc., ready to use.

CARLTON LUMBER COMPANY Interstate & Tillamook St. TR. 3015

HOW WOMEN CAN WIN MEN AND MEN WIN

The Favor of Other Men

Unless two pints of bile juice flow daily from your liver into your bowels, your food decays in your bowels. This poison your whole body. Stomachs get hard and constipated. You get yellow tongue, yellow skin, pimples, dull eyes, bad breath, bad taste, gas, dizziness, headache. You have become an ugly-looking, foul-smelling, sour-thinking person. You have lost your personal charm. Everybody wants to run from you.

But don't take salts, mineral waters, oils, laxative pills, laxative candies or chewing gums and expect them to get rid of this poison that destroys your personal charm. They can't do it, for they only move out the tail end of your bowels and that doesn't take away enough of the decayed poison. Cosmetics won't help at all.

Only a free flow of your bile juice will stop this decay poison in your bowels. Get one mild vegetable medicine which starts a free flow of your bile juice. It's Carter's Little Liver Pills. No calomel, mercury, or other drugs. Only mild vegetable extracts. If you would bring back your personal charm to win men, start taking Carter's Little Liver Pills according to directions today. 24¢ at drug stores.

Refuse "something just as good," for it may gripe, loosen teeth or scald rectum. Ask for Carter's Little Liver Pills by name and get what you ask for. ©1933, C. M. Co

OREGON HOLSTEINS ON NATIONAL HONOR LIST

Three Oregon breeders of registered Holstein-Friesian cattle own six cows which appear in the Honor List of high producers recently published by the Holstein-Friesian association of America, Madison, Wisconsin.

Three cows in the Mount Angel College herd at Mt. Angel made honor records in Class B work ranking 13th, 27th, and 28th. Glenciff M. B. B. Pontiac Aagle, a senior 3-year-old, made 706.1 lbs fat and 21,012.7 lbs milk in a year to place 13th. A junior 2-year-old, M. A. C. Inka Ann, was tested in the 10-months division and made 498.7 lbs. fat to rank 27th. Colantha Mos Segis Kornadyke made 819.6 lbs fat to rank 27th. Colantha Hos Segis Kornadyke made 819.6 lbs fat and 19,724.3 lbs. milk in a year as a 9-year-old and ranked 28th in a group of 295 competing cows.

The J. A. Lindow & Sons herd at Portland had two honor record cows in Class B in the 10-months division. The senior 3-year-old Lone Fir Inka Lou, made 563.5 lbs. fat and 15,563.2 lbs. milk to rank 12th. The 7-year-old, Lone Fir Madam, made 698.4 lbs. fat and 18,726.5 lbs. milk to place 15th.

Bess Ocmbsy Homestead Aster, a senior 2-year-old owned by the East Oregon State Hospital at Pendleton, made a Class B yearly record of 644.6 lbs fat and 21,002.4 lbs milk to rank 9th in a group of 150 competing heifers.

At Lawrence, Mass., in the Essex County Court House, a 75 year old clock has one face to tell the time of day and another to tell the day of the month. Automatically, the clock starts the new month on time, whether the preceding month had 28, 29, 30 or 31 days.

The BEST of FOODS

25c LUNCHES, 35c DINNERS as well as 50c and 75c DINNERS Largest Jumbo Glass of Beer for 10c

HIGHLAND TAVERN RESTAURANT

815 S. W. Broadway Op Journal bldg

Pain Passes Off

When your head aches; when Neuralgia tortures you; when Muscular Pains make you miserable—take a Dr. Miles' Anti-Pain Pill.

Mr. Smith is one of millions who have found this easy way to prompt relief. He says:—"I keep Dr. Miles' Anti-Pain Pills in my pocket and when I get a dull heavy feeling in my head, I take a Dr. Miles' Anti-Pain Pill and the pain passes off."

DR. MILES' ANTI-PAIN PILLS

HITEON NEWS

This community was shocked Saturday by the sudden death of Rawleigh S. Robinson, "Grandpa Robinson" as he was known by young and old, was born on the Robinson farm where he has spent his seventy-six years of active life. He always took an interest in community affairs, and will be greatly missed by his neighbors and friends. Deepest sympathy is extended to his family who are a son Harry, a daughter Mrs. Ora Sylvester of Halsey, Oregon, two sisters, Mrs. Agnes Walker, and Florence Robinson, also six grandchildren.

Hiteon ladies attended a Rebekah club meeting last Wednesday at the home of Mrs. Luella Flint at Scholls.

Miss Dorothea Struthers is spending the week with Mrs. Leo Murphy in Portland.

Miss Grace Workman of Corvallis, was calling on old friends here a week ago. Miss Workman is a senior at O. S. C.

Mrs. Dorothy Willoughby and Marlene spent the week end with relatives in Portland.

Another meeting was held Friday evening at the school house to discuss organizing a Farmers Union. On Friday evening, May 11 another meeting will be held. Anyone interested is welcome.

Mr. and Mrs. Antona Peterson of Portland were Friday callers at the Struthers home.

Mrs. Carl Olson and son Bobby left Friday for Oak Ridge to visit Mrs. Olson's parents.

The following Hiteon club ladies attended the County Federation meeting at Gaston Thursday. Mrs. Sarah Van Kleek, Mrs. Ida Hite, Mrs. Emily Peterson, Mrs. Evelyn Holland, Mrs. Zell Struthers, Mrs. Gladys Meyer, Mrs. Bessie Summers, Miss Margaret Summers, Miss Flora Leedy and Miss Elsie Caldwell. Mrs. Gladys Meyers was re-elected president of the Washington County Federation.

Mr. and Mrs. Frank Bacon of Sandy, and Mr. and Mrs. M. Hannon of Portland, were Sunday visitors at the C. W. Struthers farm.

Hiteon pupils are working on a program to be given near the close of school, the date will be announced later. Hiteon is losing their teacher Miss Esther Schrader who will be on the teaching staff of the Beaverton school. Her sister Miss Emma Schrader, has been engaged to teach here next year.

Miss Elizabeth Struthers was an over-night guest of Miss Blanche Haines in Portland Friday.

A canary bird that has been trained to eat food from its owners' mouth and roll over and play dead at command is the unusual pet possessed by Jane C. Furman, of San Francisco, Calif.

The U. S. Post Office Department has authorized the issuance of a special stamp for Mother's Day which will be observed Sunday, May 13.



FOR CAPABLE CONSCIENTIOUS SERVICE IN CONGRESS VOTE 12 X

J. M. DEVERS

REPUBLICAN PRIMARIES

Paid Adv.

DIET FOR SOUND TEETH

Dental caries (tooth decay) is a disease among people in all parts of the world, in the city and in the country; among young and old, rich and poor. Studies made of school children show that tooth decay is found to be prevalent in the majority of children in the various groups that were studied.

Tooth building is a life-long process which begins before the child is born and continues until early adult life, when the last tooth has emerged from the jaw. Teeth are a living part of the body, and therefore, even in adult life, must be sustained and protected.

The two mineral salts—calcium and phosphorus—are the tooth-building materials. These materials must be deposited in proper amounts and in correct proportions if the teeth are to be firm and strong. Any deficiency in the supply of these two minerals leads to faulty tooth construction, which in turn leads to decay.

Milk is richer than any other food in calcium, and is an excellent source of phosphorus. The fact that these two minerals appear together in milk in so nearly ideal proportions for tooth-building is an added advantage. Milk has been found by food scientists, after years of research, to be an important food for all ages of life and to be particularly necessary in the diet during the tooth building period. In addition to the calcium and

phosphorus, it is considered desirable to provide adequate quantities of vitamin C daily, in the form of raw fruits and vegetables and liberal amounts of vitamin D from one of its several sources. Butter fat and egg yolk contain some vitamin D, although cod liver oil and concentrates are the most potent of the natural source of this vitamin. An adequate diet then, built around milk, eggs, fruits, and vegetables is the best safeguard against dental caries. Milk should be used liberally in cooking, in combination with eggs and vegetables or with fruits in order to assure adequate quantities of it for all members of the family. The following recipe combines all these essential foods mentioned in one dish:

Escalloped Spinach

2 cups cooked spinach
2 tbs minced onion
1/2 tsp salt
Pepper
1 egg slightly beaten
1/2 cup milk
2 tbs butter melted
1/2 cup bread crumbs

Put the spinach through a sieve, and then add all the other ingredients, except butter and bread crumbs. Place in a buttered baking dish. Mix the butter and bread crumbs together and sprinkle over the top of the spinach. Bake in a moderate oven until the crumbs are nicely browned. This will take about 15 minutes.

Lobsters Speedy in Water

Propelled chiefly by action of its tail the lobster, which swims backward, can make remarkable speed in the water. One of them has been observed to swim 25 feet in less than one second. But land traveling is quite another matter with the crustaceans. Owing to their weight and relatively weak legs, they are almost helpless when placed on the ground.

Morro Castle

Symbolizing the pompous power of old Spain which ruled over Cuba for centuries, Morro castle still stands a grim sentinel at the entrance of Havana harbor. Spain, with its Blanco and its boastful Weyler, is gone from Cuba, but the island retains its propensity for trouble.

Words From Anglo-Saxon Verb
The words witty, wise, wizard, witch, willing, witness and wits, all developed in course of time from the radical Anglo-Saxon verb "witan," meaning "to know," still preserved in the abbreviated form employed in legal writing, "to wit."

Distilled Water

It is generally regarded on the whole that distilled water is not to be recommended for drinking purposes for the reason that distillation removes certain mineral substances which are necessary for the proper health of the body.

Relics Embedded in Salt Block

A half-crown, a shilling, a sixpence, a gold ring, and a manicule knife were found embedded in a block of salt. The discovery was made when a Liverpool dealer was cutting a block of salt into slices for a customer.



A. M. JANNSEN
MEMBER 1931 SESSION

Candidate for Republican Nomination

State Representative

Lower Taxes Whenever Possible
Fewer Laws, better enforcement of those on statute books.

Paid Adv.

This paper is a legal paper and eligible to publish legal notices. Have your attorney send you legals to the home paper.



Bean Combinations

SOME people just can't leave beans alone. That's natural, because they are very good alone, but they are also delicious in combination with other vegetables. Here, for instance, is a way to combine:

Kidney Beans with Fresh Tomatoes: Put alternate layers of the contents of a 10½-ounce can of kidney beans and of sliced tomatoes (you will need four ripe ones) in a buttered baking dish, seasoning each layer of tomatoes with salt and pepper. Cover top with buttered crumbs, and lay three long slices of bacon, cut in halves, on top. Bake in a medium oven until the tomatoes are done, the crumbs brown and the bacon crisp. Serves six.

Lima Bean Liaisons

Lima Beans and Cabbage en Casserole: Boil two cups shredded cabbage for about twelve minutes, or until tender, in salted water, and then drain. Also drain the contents of an 8-ounce can of lima beans. Put alternate layers of the vegetables in a buttered baking dish, and pour over one cup of highly seasoned white sauce. Cover with buttered crumbs, and bake in a moderate oven for from fifteen to twenty minutes. Serves six.

Lima Beans and Celery with Mock Hollandaise Sauce: Heat the contents of a No. 2 can of lima beans in their own liquor, and then drain. Boil one-fourth cup of diced celery until tender, and drain. Combine the two vegetables, and keep them hot. Melt two tablespoons butter, and add two tablespoons lemon juice. Beat one egg yolk, add the hot bean liquor, and then add the butter and lemon juice, and cook gently until the sauce is creamy, being careful not to boil. Pour over the hot vegetables, and serve at once. Serves eight.

SNOODLES

By CY HUNGERFORD

