

CLASSIFIED ADVERTISING

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A LINE
PER TIME

INSTRUCTIONS

TEN CENTS a line per issue. Count five words to the line. Then count your profits. Cash should accompany the order. When a statement is required the charge is 15c per line, minimum 50c.

These Classified Ads appear in 4 newspapers: Beaverton Enterprise, Tigard Sentinel, Multnomah Press, Aloha News.

Classified ads produce results, use them.

AUCTION SALES

WILSON'S Auction House. Auction sales every Monday, Wednesday, Friday, 10 a. m. 721-729 2nd ave, near Morrison

SCHOOLS—BEAUTY

PACIFIC SCHOOL OF BEAUTY CULTURE

225 Morgan Bldg. BE. 0643

BEAUTY PARLORS

If your hair "won't take" a permanent, you're wanted at the Christy Beauty Shop. They simply "glory" in giving glorious permanents on stubborn hair that "won't take" and with every permanent free order of high grade face powder blended right there to suit your complexion. 705 Raleigh bldg., above Fahey Brock man. AT. 7893.

FREE MANICURE — Given with Shampoo and Finger Wave. Yes, that's right—a fine, thorough shampoo and lovely finger wave for only 75c, with a smart manicure included absolutely free—that's the thrilling special at ESTHER REED'S BEAUTY SHOP Columbia Bldg., ATwater 4573

CLOCK & WATCH REPAIRING

B. W. COBB—Expert in fine watches Spring and Electric clocks. 15 Years in Gerlinger Bldg., 2d and Alder, 2d floor. AT. 5032.

FOR SALE

TRADE—Ford ton Truck, T model or Wesco shallow well, electric, water system for cream separator. Tigard 0826.

WE BUY OR SELL USED CARS—Agency for Nash, Hudson and Terraplane cars. Used Car Exchange Phone Hillsboro 2641.

FOR SALE—R I Red Hatching Eggs at 50c a setting. Capt. G. H. Bailey, Tigard, Oregon, R 1, Bx 398, Tigard 1361.

PERSONAL

HAWAIIAN Instruments, piano and harmony Free guitar. Bessie Andrews, 309 Alisky Bldg. BR. 1082.

BATHS Naturopath, electro-therapy; diseases of women a specialty. Dr. Ellen DuBoise, 210 Panama Bldg., ATwater 0916.

USE GOLDSTAUB SALVE

For Boils, Carbuncles, Athlete's Foot, Inflamed Varicose Veins, Felons, Abscess, Pus Formations, prevents Lancing—Leaves No Scar. This Salve is Invaluable For Sale at Owl Drug Stores, Meier & Frank, Fred Meyers, or write 3322 Vancouver Ave., Inclosing \$1.00

DRUGLESS HEALTH INSTITUTE Steam Baths, Massage, Violet Ray Treatments for Colds, Rheumatism and Constipation. Consultation Free Dr. Elina A. Sorenson, N. D., 418 Swetland Bldg., AT 0403.

LADIES! Don't let your large abdomen and double chin mar your figure; trial treatment 1/4 price. BE. 9339, 1014 S. W. Jefferson St., between 10th and 11th, Portland, Ore.

SCHOOLS

MOLER Barber College—This International System is the scientific way; some pay; 3 teachers. Write or call 227 S. W. 3d ave., Portland.

OREGON AND MODERN BARBER COLLEGE Pays you while learning —N. R. A. creating demand for barbers. Master Barbers agree to employ our students. Write or call 1038 S. W. -1st Ave., cor. Main or 135 Madison St., Portland, Ore.

More fires of suspicious nature occur in the United States than in any other country. Every minute, day or night, pyromaniacs take approximately \$300 from the pockets of American home owners.

This paper is a legal paper and eligible to publish legal notices. Have your attorney send your legal to the home paper.

Send \$1. for the next 5 months of

THE

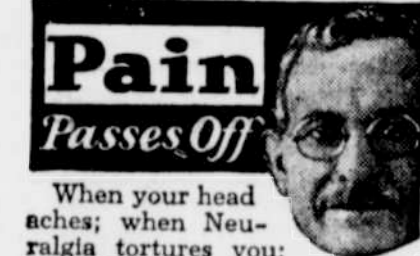
ATLANTIC MONTHLY

MAKE the most of your reading hours. Enjoy the wit, the wisdom, the companionship, the charm that have made the ATLANTIC, for seventy-five years, America's most quoted and most cherished magazine.

Send \$1. (mentioning this ad)...

to

The Atlantic Monthly, 8 Arlington St Boston



Pain Passes Off
When your head aches; when Neuralgia tortures you; when Muscular Pains make you miserable—take a Dr. Miles' Anti-Pain Pill.

Mr. Smith is one of millions who have found this easy way to prompt relief. He says:—

"I keep Dr. Miles' Anti-Pain Pills in my pocket and when I get a dull heavy feeling in my head, I take a Dr. Miles' Anti-Pain Pill and the pain passes off."

DR. MILES' ANTI-PAIN PILLS

HOW WOMEN CAN WIN MEN AND MEN WIN

The Favor of Other Men

Unless two pints of bile juice flow daily from your liver into your bowels, your food decays in your bowels. This poisons your whole body. Movements get hard, you are constipated. You get yellow tongue, you low skin, pimples, dull eyes, bad breath and taste, gas, distention, headache. You have become an ugly-looking, foul-smelling, sour-thinking person. You have lost your personal charm. Everybody wants to run from you.

But don't take salts, mineral waters or laxative pills, laxative candies or chewing gums and expect them to get rid of this poison that destroys your personal charm. They can't do it, for they only move out the tail end of your bowels and that doesn't take away enough of the decayed poison. Cosmetics won't help at all.

Only a free flow of your bile juice will stop this decay poison in your bowels. This free flow of your bile juice is Carter's Little Liver Pills. No calomel, mercury, in Carter's. Only fine, mild vegetable extracts. If you would bring back your personal charm to win men, start taking Carter's Little Liver Pills according to directions today. 25c at drug stores.

Refuse "something just as good"; for it may gripe, loosen teeth or scald rectum. Ask for Carter's Little Liver Pills by name and get what you ask for. © 1933, C. M. Co

HITEON NEWS

Mr. and Mrs. Duhrkoop of Sylvan were visiting Mrs. Duhrkoop's sister Mrs. H. L. Robinson last week.

Mr. and Mrs. Wm. F. Campbell and son Ralph spent last week in Washington on business.

Mrs. E. D. Hite accompanied Mr. and Mrs. G. Hite of Sherwood to Aberdeen, Wash., Thursday to attend the funeral of little Robert Blake who was choked on a peanut.

Rebekah club ladies attended club last Wednesday at Mrs. Leslie Erickson's near Bonita.

Mrs. Sophia Olson and Miss Mable Olson left Tuesday by boat for San Francisco. They shipped their auto down and will tour California for three months.

Mrs. C. W. Struthers Kenneth and Elizabeth Struthers attended a reception at the Church of Christ Friday evening.

A large crowd from here attended the depositors meeting at the Beaverton High school Thursday night.

Maurice Willoughby left Vancouver Tuesday for Medford where he will be employed in CCC work.

Mr. and Mrs. E. D. Officer of Portland were callers Monday at the Hays home.

Miss Elizabeth Struthers spent the week end with friends at Rockaway beach.

HAZELDALE NEWS

Election of officers will take place at the Community club meeting on Friday, April 27. Last Thursday evening the entertainment was put on by the Public Speaking class of Beaverton high school, under direction of E. G. Webb. The program included a humorous debate, "Resolved: That it is better to have rubber plates than China plates. The affirmative team was composed of LaMerne Dean, Delbert Burke and Bob Denny. The negative was upheld by Evelyn Alex-

J. O. Johnson

ATTORNEY AT LAW

Johnson Bldg., Tigard, Oregon
Hours 2-5 on Wednesdays & Saturdays
Tigard Phones 52 or 0351

FENCE YOUR YARD NOW

for greater enjoyment of privacy as well as beauty. We furnish red-cut materials or build fences, trellises, window boxes, etc., ready to use.
CARLTON LUMBER COMPANY
Interstate & Tillamook St. TR. 3015

The BEST of FOODS

25c LUNCHES, 35c DINNERS as well as 50c and 75c DINNERS
Largest Jumbo Glass of Beer for 10c

HIGHLAND TAVERN

RESTAURANT

815 S. W. Broadway Op Journal bldg

TEACHERS

You can earn several hundred dollars this summer, and you can secure a better position and a larger salary for the coming year. Complete information will be mailed on receipt of a three cent stamp. Send for it today.

Rural Schools and City Schools

Summer Work and School Year Positions

CONTINENTAL TEACHERS AGENCY, INC.

1850 Downing St. Denver, Colo.

Covers the ENTIRE United States

"Thanks for sending me so many good positions to apply for, over 30 during the first five days I enrolled.—An Illinois Teacher.

SCHOOL OFFICIALS:—We can put you in touch with the very finest teachers. Our service is free to you.

HI-WAYS TO HEALTH

by ADA R. MAYNE

OREGON DAIRY COUNCIL

THE CURE FOR SPRING ILLS

The old spring tonic of our grandmother's day—sulphur and molasses, is in our present modern day, decidedly out of fashion. It was supposed to be a sure cure for that worn-out feeling that people experienced following a long house-confining winter. With little energy to face the many household tasks that confront the homemaker in the spring it is little wonder that a remedy of some sort was resorted to.

It was thought that daily doses of sulphur and molasses taken in the spring would rid the blood of its impurities. But rather than purifying the blood, it served more as a blood reinforcer—that is supplying the blood something it was lacking.

The modern homemaker knows that most of the body deficiencies are caused by a lack of certain dietary elements. She knows for instance that resistance to various types of infection is lowered when our daily supply of vitamin A is low. She knows too, that dairy products, cream, milk and butter, are the most dependable sources of this important food element along with foods of green or yellow color. The modern homemaker is careful to plan her menu so that an abundance of natural food sources of vitamin A are included in the meal she plans for her family.

Food scientists recommend a basic diet to include, daily, in addition to the potatoes, bread and cereals that are used, one quart of milk, 2 tablespoons of butter, one serving of meat or fish, one orange or tomato, one additional fruit, one serving leafy vegetable, one serving of other vegetable. If this diet is followed, all during the year, there would be no necessity of turning to the old molasses and sulphur type of spring tonic.

Part of the daily quart of milk can be drunk as a beverage and part of it used in cooking. It is easy enough to use milk in puddings, custards, cream soups, cream for vegetables, fish and left-over meats, cereals cooked in milk, milk toast, cocoa and other milk drinks.

The remainder of the daily formula is easy to follow. The fruits can be supplemented with fresh rhubarb, dandelion and other salad greens, fresh asparagus and other spring vegetables which are really 'spring tonics' in themselves.

And what is more, supplying the proper building and protective elements through food, during the entire year is much more pleasant than the traditional sulphur and molasses treatment of grandmother's day!

Fruit Aids

Trim Figure

HOW would you like to have to keep your weight down to one hundred and eighteen pounds? Fruit, either canned or fresh, according to American Airways' stewardesses is an ideal breakfast for accomplishing that object.

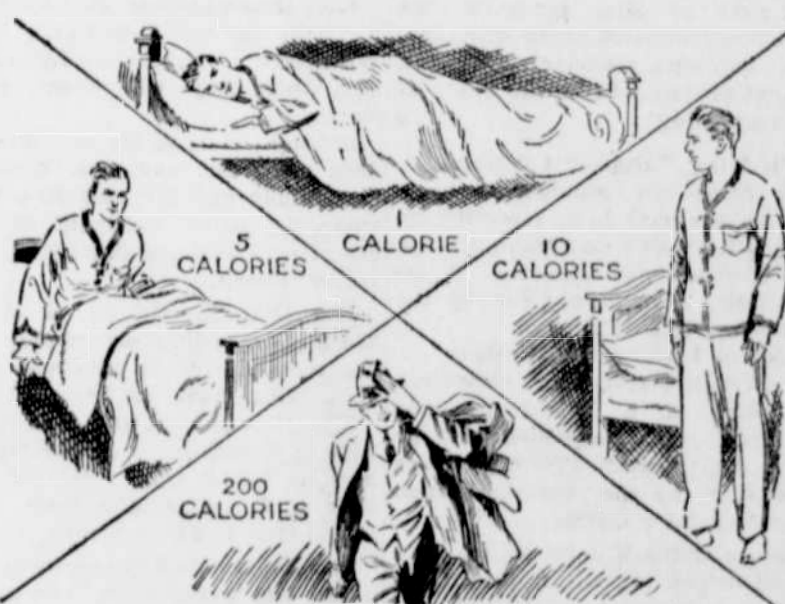
For two reasons, these modern young women are recognized authorities on the subjects of diet and weight control. First: because of the fact that their duties are aloft, on giant fifteen-passenger planes on the air lines' New York-Buffalo-Detroit-Chicago and Southern Transcontinental routes, and they are required to maintain their weight at or under this prescribed maximum of one hundred and eighteen pounds. Secondly: because all of them are registered nurses, and acquired dietetic knowledge in the course of their training.

Makes Dieting Easy

The stewardess shown above thrives on a breakfast diet solely of fruit. She says it permits her to indulge as she pleases at luncheon and dinner, without fear of gaining weight. For the morning meal she particularly recommends pineapple, grapefruit, pears, peaches, prunes, figs or tomato juice. In her opinion, canned fruit is equal in nutritive value to fresh.

The duties of an air line stewardess are to answer passengers' questions, aid them in securing maximum pleasure from the flight, and to serve delicious full-course meals aloft. American Airways' menus, arranged by competent dietitians, include tomato juice, orange juice or steaming bouillon; chicken, olive-nut, cheese or egg salad; baked ham, roast beef, tongue, veal or turkey sandwiches; fruit salad, including canned and fresh varieties; olives and pickles; wafers and cake; coffee, and mints.*

Better Breakfasts



DR. FRANCIS G. BENEDICT of the Carnegie Institution of Washington recently found that a man lying in bed before breakfast produces barely enough energy to keep an average sized candle burning—about one calorie a minute. But when a man gets out of bed and goes to work his heat energy production rises tremendously, and so do his food requirements. When he begins to move about the costs (in calories) mount rapidly. Just sitting up increases the cost 5 per cent, standing up 10 per cent, and a brisk walk will increase it by 200 per cent.

All of which is an excellent scientific reason for providing a man with a breakfast containing enough calories to keep him comfortable until lunch. The average sedentary worker, according to Dr. Benedict, needs about 2500 calories a day; farmers, on the

average 3500 calories; and Maine lumberjacks 7000 calories. Here is a suggestion for such a breakfast.

Tomato Juice Cocktail Cereal with Cream Breakfast Sandwich Coffee

Breakfast Sandwich: Season three-fourths pound chopped round steak with salt and pepper, form into six patties, and pan fry. Place six slices of canned pineapple and six large mushrooms, peeled and stemmed, on broiler rack, brush the pineapple with butter, put a small piece of butter in each mushroom cap, and sprinkle with salt and pepper. Broil, turning pineapple over to brown both sides. Place a meat patty on a round of hot pineapple, cover with a slice of pineapple, top with a mushroom. Serves six.*

SNOODLES



BY CY HUNGERFORD