

CLASSIFIED ADVERTISING

BUY AND SELL

10 CENTS
A LINE
PER TIME

INSTRUCTIONS

TEN CENTS a line per issue. Count five words to the line. Then count your profits. Cash should accompany the order. When a statement is required the charge is 15c per line, minimum 50c.

These Classified Ads appear in 4 newspapers: Beaverton Enterprise, Rigard Sentinel, Multnomah Press, Aloha News.

Classified ads produce results, use them.

BEAUTY PARLORS

Wanted: 50 Women Whose Hair Won't Take a Permanent

If you've been disappointed, time and again with a permanent that "won't take" . . . then this is your special news. . . The Christy Beauty Parlor specializes in just such difficult cases. . . Christy's Scientific Conditioning Treatment given just before the permanent assures you a beautiful permanent with deep, lasting waves. . . and the price is very small, 505 Raleigh Bldg., AT. 7893.

WHEN IN PORTLAND

come to the Esther Reed Beauty Shop where cordial and courteous service awaits you. Best of materials used. Lovely permanents given with cut over head machine. Special attention given to each customer and remember

ESTHER REED BEAUTY SHOP
205 Columbia Bldg.
Between Park and West Park, on Washington or AT. 4573 for appt.

FOR SALE

FOR SALE—Hollys, all grafted stock from 2 to 5 ft sizes, free roses, best varieties, strawberries, nursery stock, and grape vines. All to be sold for less than half price. A. Weber, Portland, R5, Bx 371, Garden Home road.

CONCORD GRAPES—2c lb, John Rohrback, 1 mi N Huber Station.

REMINGTON TYPEWRITER—Late model, splendid condition, \$12.50. Trinity 4269.

WILL TRADE—Vellie sedan for furniture, Multnomah Furniture Ex. change, near P. O.

APPLES 25c Bx, bring box, U pick 1 m S Beaverton Bnk Watson St. Dave Pitt

FOR SALE—Twenty heavy pullets ready to lay G. F. Gordon Beaverton

PATENT ATTORNEY

For U.S. and Foreign
PATENTS
Trademarks & Copyrights

See
SAMUEL JACOBSON
Interviews Without Obligation
Free Booklet on Request
805 Yeon Bldg., BE. 1424
Portland, Oregon

PERSONAL

HEALTH can be established through right eating habits, and our nature cure system, when all others fail. Satisfaction guaranteed. Dr. Cora V. Getty, Naturopath & Chiropractor, 602 Times Bldg., Cor. 4th & Wash. Portland. Phone BE 3665.

DRUGLESS HEALTH INSTITUTE
Steam Baths, Massage, Violet Ray Treatments for Colds, Rheumatism and Constipation. Consultation Free. Dr. Elma A. Sorenson, N. D., 418 Swetland Bldg., AT 0403.

SCIENTIFIC HEALTH BUILDER
Nervous and Chronic Diseases
DR. D. E. CHRISTIANSEN
Chiropractor Physician
210 Times Bldg., 4th and Wash. St.
Portland Phone ATwater 5931
Residence Phone STafford 0254

Colds and influenza respond to Chiropractic wonderfully. Don't hesitate to see Dr. Redmond. Consultation Free.
705 Dekum Bldg., Portland 2-10-34

BESSIE V. HAYES
When tired or suffering from Rheumatism, take a mineral steam bath for rest and health. 705 Dekum Bldg., BE. 2614.

LADIES! Don't let your large abdomen and double chin mar your figure; trial treatment 1/2 price. BE. 9339, 1014 S. W. Jefferson St., between 10th and 11th, Portland, Ore.

SCHOOLS

MOLER BARBER COLLEGE Students earn big money, some pay while learning. Master Barbers employ Graduates. Nation Wide System 227 S. W. 3rd Ave. Portland

OREGON AND MODERN BARBER COLLEGE Pays you while learning—N. R. A. creating demand for barbers. Master Barbers agree to employ our students. Write or call 1038 S. W. 1st Ave., cor. Main or 135 Madison St., Portland, Ore.

STAMPS

STAMPS Do you Collect Stamps? We have the Largest Stock of Stamps, Albums, and Supplies in Portland. Mail Orders Filled Promptly. 1000 all different \$1 Postpaid. 1000 mixed (on paper) 25c. JOHN C. ADAMS, 5128 W. Broadway, Portland, Oregon.

WANTED

WANTED—Old newspapers and magazines .15c a hundred pounds, tied in bundles. Delivered at Mac's Transfer, Multnomah, between 3 and 6 p. m.

WOOD WANTED—At Beaverton Enterprise office, exchange for advertising, printing or subscription. Beaverton 7503.

WATCH REPAIRING

\$1 WATCH REPAIRING
Cleaned and Oiled or New Mainpring
Fancy shaped unbreakable crystals 50c
HARRY DEPP
261 Alder St., near Third, Portland

Go shopping in an easy chair! !
Read the news, big news found there
—Read the Ads—

Get Up Nights? Make This 25c Test

Use this easy bladder physic to drive out impurities and excess acids which cause irritation that results in leg pains, backache, burning and getting up nights. BU-KETS, the bladder physic, containing buchu, juniper oil, etc., works on the bladder pleasantly and effectively, similar to castor oil on the bowels. Get a 25c box (5 grain size) from your druggist. After four days, if not relieved of getting up nights go back and get your money. You are bound to feel better after this cleansing and you get your regular sleep.
Sold by

DEANS DRUG STORE
Beaverton, Oregon

Wake Up Your Liver Bile —Without Calomel

**And You'll Jump Out of Bed
in the Morning Rarin' to Go**

If you feel sour and sunk and the world looks punk, don't swallow a lot of salts, mineral water, oil, laxative candy or chewing gum and expect them to make you suddenly sweet and buoyant and full of sunshine.

For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas builds up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in pimples. Your head aches and you feel down and out. Your whole system is poisoned.

It takes those good, old CARTER'S LITTLE LIVER PILLS to get these two pounds of bile flowing freely and make you feel "up and up." They contain wonderful, harmless, gentle vegetable extracts, amazing when it comes to making the bile flow freely.

But don't ask for liver pills. Ask for Carter's Little Liver Pills. Look for the name Carter's Little Liver Pills on the red label. Resent a substitute. 25¢ at drug stores.
©1931 C. M. Co.

HI-WAYS TO HEALTH

by ADA R. MAYNE

OREGON DAIRY COUNCIL

OVEN MEALS

Now that cool days have come again, a fire in the cooking range is welcomed by all members of the family. It is well to take advantage of this and to consider the oven in planning menus for fall days. Oven meals are usually time-savers. They are as nutritious, of course, as the combination of foods in them. They offer a wider range of possibilities in their use of milk, cheese, vegetables, eggs and meat.

Suggestions for oven meal dinner menus

Oven Meal Dinner Menus

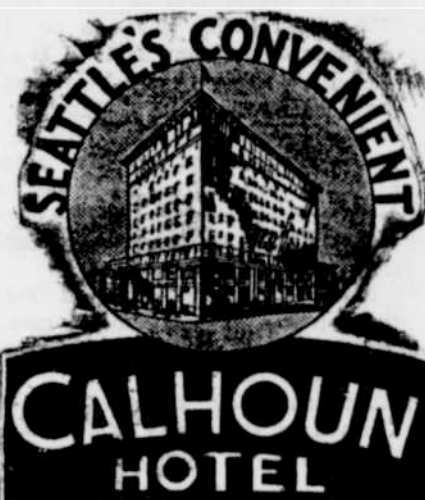
Head Lettuce Salad
* Cape Cod Pie
French Dressing
Peach Cobbler—Cream
Milk to drink

* Lima Bean Loaf
Spinach Casserole
Baking Powder Biscuits
Apricot Marmalade
Cabbage & Apple Salad
Baked Pears, Cream
Milk to drink

Flank Steak Casserole
Baked Potatoes, butter
Baked Green Beans
Wholewheat bread, butter
Grape & Orange Salad
Baked Chocolate Custard
Milk to drink

Cape Cod Pie

6 medium potatoes
1 lb turnip
1 lb cod fish
Salt to taste
3 tbsp. butter



To enjoy Seattle's Hospitality, most you should stay at the Calhoun—
Comfortable spacious lobby, restful rooms, all outside with marine view within five minutes of all shops, stores and attractions—also

NEW COFFEE SHOP
—good food at low cost.
"The Friendly Hotel to the Traveler"
FREE Garage Included.
2nd and Virginia Sts.

White sauce:

2 cups milk
2 tbsp flour
1 tbsp butter
3 tbsp grated cheese
Soak cod fish about 1/2 hours. Pour off water. Cook for 1/2 hour in unsalted water. Drain and add white sauce. Cook potatoes and turnips & mash separately. Combine, add butter, and use 1/2 of this for lining a greased baking pan, saving other half for the top. Fill lined baking pan with creamed codfish and cover top with remainder of mashed potatoes and turnips. Bake in oven until a light brown.

Lima Bean Loaf

2 cups of cooked lima beans
1 cup of strained tomatoes
3 eggs beaten
1 cup bread crumbs
1 onion chopped
1/2 tsp Worcestershire sauce.
Salt, pepper
2 cups grated American cheese.
Drain beans and mash with fork. Mix well with remaining ingredients. Pour into a greased loaf pan and

bake about one hour in moderate oven—350 F.

Flank Steak Casserole

1 flank steak
3 slices bacon
1/2 cup butter
1 cup rich milk
Stuffing
2 cups bread crumbs
1/2 tsp sage
1/2 tsp chopped celery
1/2 tsp salt
1-8 tsp pepper
4 tbsp butter
2 tbsp chopped onion
Milk.

To make stuffing combine bread crumbs with seasonings, melted butter, enough milk to pack easily. Place stuffing on steak and roll lengthwise and fasten with toothpicks. Place in covered casserole with hot milk. Cook in a slow oven for about 2 hours. Lay strips of bacon across after browning for garnish.



My wife keeps her eyes closed until I get up and shut off the alarm mornings.—H. J. L.

WHAT DOES YOUR WIFE DO?

Flax Does Well in Klamath

KLAMATH FALLS—Several of the flax trials in which Klamath county farmers cooperated with County Agent C. A. Henderson came through the season in good shape, especially those on the L. C. Tillotson place at Tule Lake, the H. J. Beardsley farm at Merrill and the H. G. Bunch farm at Henley. The Tillotson and Beardsley crops will be threshed to determine the yield, although the heads on the Tillotson plot failed to fill out completely due to frost.

Club Members Grow Corn

HILLSBORO—Fifty-seven 4-H club members of Washington county have each grown an acre of corn this year and are planning to exhibit in the fourth annual club corn show to be held by the Commercial National Bank of Hillsboro on November 4. This will be an increase of nearly 50 per cent over the number of entries last year, according to W. F. Cyrus, county agent. The seed is furnished the clubbers by the bank, or they may secure other local seed if they desire, provided only that it be Minnesota 13 corn and that the boy or girl plants and cares for it personally.

Harbin Lespedeza Given Trial

THE DALLES—A small patch of harbin lespedeza planted on the Frank Haverly farm as a demonstration trial in cooperation with the county agent was checked recently and found to be making satisfactory growth. It will be watched now for its winter hardiness and growing habits.

—Read the Ads—

THE RED CROSS HELPS



THE American Red Cross is probably the most practical organization in the world. It comes to the rescue quickly and efficiently in times of flood, famine, earthquake or any other disaster. The most important word in that last sentence is "efficiently." It's easy to be quick and willing, but it's a mighty hard thing to be efficient.

Here is an example of its every day efficiency. Tons of Red Cross flour have been released to welfare agencies over the length and breadth of the land. Thousands of cases of evaporated milk are being distributed to relief clients. How can these two important foods—the flour and the milk—be brought together in nourishing, appetizing dishes? The Baltimore Red Cross Chapter decided to furnish the answer to this question, and the result was a compact, practical booklet from which we are quoting the following:

What Is Evaporated Milk?

"Evaporated milk is pure, whole cow's milk with half the water taken out, and nothing added. Just as it comes from the can, it's twice as rich as the milk the cow gave.

"For drinking, mix evaporated milk with an equal amount of water, and serve (hot or cold) plain, or with a dash of nutmeg, cinnamon, or salt. It makes smooth, delicious fruit drinks, too.

"For sour milk, add one tablespoon of vinegar to half a cup

of evaporated milk, mixed with the same amount of water. For sour 'cream' use one tablespoon of vinegar to a cup of the milk as it comes from the can. In baking use one-half teaspoon of soda for every cup of sour milk or 'cream'.

For All Cooking

"Wherever milk is needed, evaporated milk gives foods the finest flavor and texture. Use it as it pours from the can. In coffee for adults, in soups, in custards to save eggs, in sauces to save butter, and on cereals.

"Mix it with an equal amount of water to cook cereals, to cream vegetables, fish or meat, and to prepare puddings and other desserts. Instead of water, you can often add the liquid from cooked or canned vegetables, fruits, fish or meat.

"And certainly for baking, evaporated milk is the right choice. With it, all the good old recipes, from bread to cake, are more nourishing, taste better, and stay fresh longer. The flour gives fuel to keep our bodies warm and to make them 'go.' The milk gives building material for bones, teeth and muscle, and vitamins that protect our health."

Tested Recipes

The booklet does not stop there with its practicality, but goes on to give eighteen tested, low cost recipes for baked things in which evaporated milk is used. And all of the recipes were required to pass rigid taste and appearance

tests, too, before they were included.

These recipes are for making biscuit, griddle cakes, plain muffins, bread, oatmeal bread, hot apple dumplings, sauce for hot apple dumplings, crumb cake, cottage pudding, vanilla sauce, gingerbread, plain cake, pie crust, soft ginger cookies, oatmeal cookies, peanut cookies, chocolate blane mange and cream filling for pie.

We have not space to quote all of these recipes, but here is a sample to show what they are like:

Pie Crust

4 cups flour
2 teaspoons salt
1 cup fat
1/3 cup evaporated milk
and
1/3 cup water, mixed

All ingredients should be cold. Sift flour, then measure. Resift with salt. Work fat quickly into flour. The pastry will be flakier if fat and flour are not too thoroughly blended. Add liquid all at once, and stir with a fork quickly but thoroughly into the flour mixture. Some flours absorb more liquid than others. Add only sufficient diluted milk to make dough soft enough to roll out. Yield: four single crusts, or two double crust pies.

A copy of this booklet can be obtained by writing to the Evaporated Milk Association in Chicago, which collaborated in its preparation.*

SNOODLES

YOU MAY NOT BELIEVE IN EVOLUTION BUT WHO CAN DENY THE FACT THAT A MONKEY MAKES A WONDERFUL TRAVELLING COMPANION—SAILOR SAM'S PET MONKEY PETE" AND SNOODLES ARE EXPLORING AN ISLAND CAVE.



By CY HUNGERFORD

CONTINUED