

Teeth and Your Health

THE PORTLAND DENTAL CLINIC

Dr. George M. Hoffman, D. M. D., President

Our Teeth in many instances are the Fundamental Causes of Both Good and Bad Health. Well Cared for Teeth Promotes Better Health in the Entire System. Teeth that are Decayed and Infected with Pus are a Menace to Health and always Affect Some other Organ of the Human Body, Interfering with their Correct Functioning and Presages a Run Down Condition or More Specifically a Serious Ailment, Resulting in many Cases Fatally. Clean, Healthy Teeth are Essential to Good Health. By Joining the Portland Dental Clinic, Your Teeth are Examined Twice a Year without Cost, or Offener, if Necessary. You are Assured Perfect Health Resulting from Teeth that are Perfect.

In every branch of business the co-operative movement having been given a trial has been accepted, resulting in more efficient workmanship, and superior accomplishments. It has been proved, that substantial savings can be made with the initiation of group buying.

The Portland Dental Clinic is just such a co-operative organization and renders its clients expert, economical service. Established nineteen years ago, and through the succeeding generations having practiced high quality, ethical dentistry always, the Portland Dental Clinic is now a recognized and permanent institution.

It is erroneous to think of the Portland Dental Clinic as a college for the instruction of students in the dental profession. Only graduate dentists who have proven themselves efficient in their chosen profession during at least fourteen years actual service, are on the staff at the Clinic.

The equipment is the most modern that dental science has been able to produce, or that money can buy. This is also available to you at the Portland Dental Clinic without additional cost. This equipment, coupled with experience, makes it possible to give you the best plate and bridge work in the State of Oregon. All other dental work of the same high quality.

The Clinic is open Mondays and Thursdays until nine at night, but appointments may be made for any night or on Sundays. This makes it possible to give your teeth the care and attention they need, at the time they need it, and allows you to have the work done without loss of time from your work. To cite just one phase of the remarkable success the Clinic has made in promoting mouth-cleanness, we might mention that it is an accepted fact that four out of five have pyorrhea. It is equally true that ninety-five per cent of pyorrhea cases treated by the Portland Dental Clinic during their nineteen years practice have been permanently cured, so do not permit anybody to tell you that pyorrhea cannot be cured, because the Portland Dental Clinic have cured hundreds.

Dental Services that you would pay thirty dollars for, if contracted for individually, you may get at the Portland Dental Clinic for only twelve dollars. This unique service is designated "INDUSTRIAL DENTISTRY" and is available to the man or woman who is regularly employed and their families.

An initial deposit of one dollar entitles you to the following services: X-rays are taken of your teeth, extractions and treatments completed without additional cost two prophylactic which is additional safeguard against pyorrhea, trench mouth and halitosis) cleanings a year are given at no extra cost. Payments of one dollar a month follow for eleven months. You are also entitled to 25% discount from industrial prices on all types of dental work. City and County Scrip is accepted as payment, which is just another evidence of the co-operation rendered by the Clinic.

We suggest that our readers visit this organization, which reflects in such large measure community spirit in its finest and most constructive form. The Portland Dental Clinic is conveniently located in the Broadway Building, North West Corner of Broadway and Morrison, just around the corner from H. Liebes and Charles F. Berg and across the street from the Knight Shoe Store. Easy to find, and well worth looking for, and the telephone number is BRoadway 1525.

Dr. Charles Mayo has made the following statement: "Neuritis, Arthritis, Anemia, Asthenia, Ulceration of the Stomach, Gastritis, Colitis, High Blood Pressure, Auto Intoxication Colds, Bronchial Infections and many other Systemic Infections result from infected teeth and three fourths of the abdominal cases operated on at Mayo Clinic are the consequential result of infection arising from the teeth"

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11 YOUNG BARRED ROCK Hens & Rooster, trade for good bureau or chest with mirror, W. Peets, cor Main and 7th, Beaverton

CABINET MODEL PHILCO \$32.50 make terms. Multnomah Furniture Exchange

MUCKLE WRECKING CO., East 9th and Lincoln sts., Portland. Used doors 50 cents each; sash 75 cents each; paint \$1.50 gallon.

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HOTELS

COMMERCIAL HOTEL Under new management, offers homeless people clean rooms, home cooking, Mrs. Weir, Beaverton.

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PERSONAL

RURAL DISTRICTS

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Specializing in Corrective and Balanced Diet Sanitarium in Connection 818 Dekum Bldg., Third & Washington Telephone ATwater 8875

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DRUGLESS HEALTH INSTITUTE Steam Baths, Massage, Violet Ray Treatments for Colds, Rheumatism and Constipation. Consultation Free Dr. Elma A. Sorenson, N. D., 418 Sweetland Bldg., AT 0403.

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DR. CLARENCE W. HINKLEY
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DR. E. ALBERTA SACRY, Chiropract. Both feet treated \$1.00. Instant painless relief. Steam massage \$1. Open evenings, 607 Raleigh Bldg., BEacon 5676, Portland.

HEALTH can be established through right eating habits, and our nature cure system, when all others fail. Satisfaction guaranteed. Dr. Cora V. Getty, Naturopath & Chiropractor, 602 Times Bldg., Cor. 4th & Wash. Portland. Phone BE 3665.

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Colds and Influenza respond to Chiropractic wonderfully. Don't hesitate to see Dr. Redmond. Consultation Free.
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MOLER BARBER COLLEGE Students earn big Money, some Pay while Learning. Master Barbers employ Graduates. Nation Wide System. 71 3rd. Street, Portland.

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OREGON SCHOOL OF MASSAGE offers a 4 weeks course with DIPLOMA. Graduates from a reliable school always in demand No State Examination. Call or write Dr. Ella Herman, 612 Dekum Bldg., Portland, Oregon.

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\$1 WATCH REPAIRING WATCHES Cleaned and Oiled or New Mainpring Fancy shaped unbreakable crystals 50c
HARRY DEPP
261 Alder St., near Third, Portland

WANTED EMPLOYMENT

SPADING or Other Garden Work, Laborer 25c hour, \$1.50 a day, Gerald Chinn 3rd near Lombard, Can call Beaverton 4325.

MICKIE SAYS—

DON'T BE TOO MODEST TO PHONE IN LIL ITEMS ABOUT WHAT YOU AND YOUR FAMILY ARE DOING, BECAZ YER FRIENDS WILL ALL BE INTERESTED AND IT HELPS US GET OUT A NEWSY PAPER.



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OUR PARAMOUNT ISSUE



Pioneer Publishing Co.

An Old but Busy Port
The town of Saloniki, in the Balkans on the Aegean sea, has existed for 2,300 years and during that time it has been the scene of many revolutionary changes and other disturbances, including a number of earthquakes. It has a very considerable population. After Greece was proclaimed a republic a human deluge of Greek refugees left Turkey for their homeland and Saloniki census takers added about 60,000 Greeks to the city's population. The free port district of Saloniki is utilized by the Balkan states that have no suitable sea outlet. Over the Saloniki quays pass for export grain and flour, silk cocoons, chrome, manganese and iron, live stock and their products, opium and tobacco from Greek and Balkan sources.

Roman Names

A surname, in the derivation of the word, is an "extra name," and the general use of surnames as family names did not develop until the Thirteenth century. The Roman "cognomen," however, was equivalent to the modern surname or family name. A Roman of social position ordinarily had three names, the last being his cognomen and the name by which his family was known. Thus, in Marcus Tullius Cicero, the first name is the praenomen, or personal name; the second the nomen, or name of the gens or clan; and the third the cognomen, the name of the family or branch of the gens. This system of names long antedated Christian times.

Descendants of King Henry V

Henry V and Katherine of Valois had but one son, who succeeded as Henry VI. He was murdered in the Tower of London, and his only son, Edward, prince of Wales, was killed in battle. After the death of Henry V his widow married a Welshman named Owen Tudor who was remotely descended on his mother's side from one of the Swineford sons of John of Gaunt. By this second marriage Katherine of Valois became the grandmother of King Henry VII and ancestress of all subsequent English monarchs.

When Most Ex-Presidents Lived
This was between March 4, 1861, when Abraham Lincoln became President, and January 18, 1892, when John Tyler died. At that time there were five living ex-Presidents of the United States. They were: Martin Van Buren, John Tyler, Millard Fillmore, Franklin Pierce and James Buchanan. This number was largely a result of the fact that no President elected between the years 1836 and 1860 served for a longer period than four years.

Appreciated Gall Stone Cure

Recesswind, king of the Visigoths, visited the Cerrato baths in north central Spain in 612 and was cured of gall stones. As a mark of his gratitude he built the small basilica of San Juan Bautista. It has been restored from time to time but it still stands as one of the most interesting architectural remains of the darkest part of the Dark ages.

King Solomon's Wealth

Under the reign of Solomon, Israel developed into a commercial nation. Foreign alliances which he made formed the basis of trading relations abroad. He joined in maritime commerce with the Phoenicians, and once in three years sent a fleet from his port at the head of the gulf of Akaba to trade with Ophir, presumably on the eastern coast of Arabia, and places on the way. These expeditions brought back gold and oriental riches and vastly expanded the royal coffers.

"Between Devil and Deep Sea"

Erasmus, who lived from 1465 to 1536 quotes the phrase from the Greek in "Adagia." It means that there is not much to choose between two courses, one being about as bad as the other, and that the person is at a loss as to what to do. The phrase has since been used, with several slight variations, by many writers.

Coldest Place, Between Hudson Bay and Alaska

The coldest part of North America is the tract between Hudson bay and Alaska. In the neighborhood of the Mackenzie river the temperature probably falls at times to 75 degrees below zero, states the author of "Climates of the Continents."

The 1926 government weather report of lowest temperature shows a drop of 76 degrees below zero in January, 1886, at Tanana, Alaska, and at Eagle, Alaska, during the same month, a drop in the temperature to 75 degrees below zero. There is no record of the temperature falling as low as 80 degrees below zero in Alaska, but undoubtedly the temperature frequently drops to more than 80 degrees below zero in parts of Siberia.

The lowest temperature ever authentically recorded in the United States was 65 degrees below zero, which occurred at Fort Keough, near Miles City, Mont., in January, 1888.

KLINGBEIL AND OETINGER

MACHINE WORKS

In Portland at 233 East Water. Telephone EA. 2905 are prepared to Render a General Maintenance on All Farm Equipment and Machinery—Specializing on Gas Engine Repair Work. Are in a position to be of the Most Valued Assistance to Manufacturers as Well as to Automobile Owners, Garage men, Farmers and the General Public.

Under the direction of the management and assistants who are experts in this line.

They have regular factory equipment to do their work. One-of the firms to whom we refer readers of this issue.

Equipped with the latest and best mechanical device for all classes of machine shop work.

This is a modern machine shop and has a reputation for turning out work of class, for the reasonableness of its charges, and for getting it done when promised. Upon these lines they have built up the business to its present high standard.

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with modern heavy machinery and is under the operation of experts of wide experience in this work. It has proved a valued addition to the business organizations of this section because such complete equipment and experienced men are able to turn out the highest grade of work. In fact, the business of this department has grown to large proportions and has merited the wide popularity attained.

This shop is equipped to turn out all classes of machine work. No matter what may be your needs in this line they are able to take care of them. They are machinists of ability and repute and are able in an instant to tell you exactly what is wrong, what the

probable cost will be. If it will not pay to fix the particular part they will promptly tell you so.

They are continually adding to the place as new inventions come out so that the place is kept at all times strictly up to the minute. In the employ of the Klingbeil Oetinger Machine Works are men who understand what they are about and as a consequence the accuracy and efficiency with which the work is completed is the admiration and comment of customers from far and wide who patronize the place.

Klingbeil & Oetinger Machine Works can be reached by calling EA 2905.