

BEAVERTON ENTERPRISE

H. H. JEFFRIES, Publisher

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Business Improves Slowly

The signs multiply that conditions are beginning to improve, and the seasonal fall increase in business is beginning to be felt. This in itself is a good omen, because last year, and in 1930, the downward tendencies completely nullified the usual autumn pick-up.

The recent announcement that the government controlled stocks of wheat and cotton would be kept off the market for some time is expected to help the farmers get a better price. This is the hope of the nation, because normal business depends upon restoration of the purchasing power of the agriculturalists. Better prices for wheat and cotton will mean more business for factories and business houses generally this fall.

The public which has the stock market advances in mind, is apt to pay too much attention to this phase of activity. The recent rises have not been justified by any new earnings of the major companies, although they are justified by the knowledge that stock values dropped far below their intrinsic worth during the pell-mell rush of the public to sell everything.

There are signs that justify optimism at this time. However, the reader should not jump to the conclusion that the country is about to get out of its depression. The contrary seems to be true. Evidence exists to indicate that there is much room for improvement, notably in the automobile industry, the steel plants and railway car loadings, still far below average, indicate only a slow return to normal.

Progress Without Expense

Community progress is not always a matter of expense.

In flush times we easily got the habit of appraising a civic undertaking's worth by the amount of money it cost. Nothing could be more foolish.

Civilization is a question of living. Whatever makes life more pleasant, convenient and cultured is a distinct advantage to the people of any city or town. There are many social activities that could be developed here that would add much to our community life without adding to the cost of our daily existence.

Civic leaders, in looking for something to do to improve our town should not overlook the boys and girls who are growing up in our midst. To add to the joy of their young lives is a worthy object. It can be done without involving great expenditures if a score or more adults will give some of their time to the purpose.

There are undoubtedly additional facilities to be developed for the benefit of adults. These do not have to cost money. Numerous clubs, associations and organizations, for cultural educational, spiritual purposes, are not represented here. To develop and round out the lives of some of our adult citizens they should be.

If the present depression could force us to look to our own inherent capacities for some of the things we have been accustomed to buy the people here might find out that they have rare talent in their midst and unsuspected powers along many lines.

A Police Offensive

London reports a spectacular offensive against motor bandits. Some two thousand policemen were dispatched to strategic points to maintain cordons across all important roads and every public vehicle was halted and searched. Everywhere police cars and motorcycles waited with their engines running to chase anyone breaking through the lines.

The check-up on motor vehicles was part of a special campaign directed on rapidly growing gang crimes. It was undertaken because of the activity of motor bandits which have been terrorizing the countryside.

The automobile has undoubtedly furnished criminals in every country with an instrument specially effective in their enterprises. To make a quick visit to the scene of the crime and to escape to other regions is the aim of all bandit gangs. Using high-powered motor cars, they have been able to elude the possibility of capture, making their get-away before a pursuit can be organized or news of the crime flashed throughout contiguous territory.

Every state has this problem to meet and must find some method to cope with these criminals before such activities can be discouraged. The use of radio-equipped police cars has been extremely effective but a thorough and systematic inspection of automobiles using the public highways, at frequent intervals, should be a deterrent to crime. There is no reason why highway patrolmen and other peace officers in this state should not emulate the example of London, and at times, stop and search all vehicles using the roads.

World peace is an ideal worth the attention of mankind, but it won't come just because some of us wish for it.

About the hardest job that we have is to keep our desk looking like it ought to look in an office of efficiency

Finds New Values In Worn-out Shoes

Chemist Recovers Valuable Products From Old Footwear

A gold mine does not always mean that one must sink shafts into the earth to bring out the valuable metal.

In the entire life of this town its citizens have had within their very midst a veritable gold mine, and were never conscious of it.

Recent experiments by a young Pennsylvania chemist have disclosed the existence of many valuable materials in almost unsuspecting places, and the folks here have for years been kicking these things around as worthless.

Carbon, gases, chemicals, dye and a multitude of other things, some of which are very valuable, have been found in old, castaway shoes.

The closet corners in every home here have, since the beginning of the town, had their accumulation of old worn out shoes. Finally they were dumped into the ash can, and hauled to the garbage pile.

The young chemist has found that an enormous amount of real money has been thrown away in these old worn out shoes, and all because nobody ever suspected that there was anything of value in them.

The young experimenter got his idea from the thousands of pounds of leather which are annually wasted around the shoe manufacturing plants of the country.

Prior to his experiments some of this scrap leather went into the manufacture of a fertilizer. Some of it, however, due to the process of tanning, was of no value for this purpose.

After some years of research, this scrap leather was found to contain many valuable elements. Most of them have already been isolated, and there seems to be others of considerable value.

The dye obtained is of the most permanent green known to this industry. A base for some of the most valuable perfumes has been obtained. Valuable chemicals, drugs and gasses have been found.

Old hats are now being rescued from the dump heap and converted into new head pieces. Now then it will not be long before the ash man will be just as careful to select from the garbage can the old shoes as he has been in the past in saving old hats.

Hunches Come To Busy Minds

There are many people who lay great stress upon "hunches" or intuitive flashes of genius. They have it seems, some basis to justify their belief.

Sometime ago Prof. Ross A. Baker submitted a questionnaire to 1,500 research workers to ascertain their opinion of such "inspiration." Their answers showed that hunches came to many of them while walking to work, bathing, dreaming or relaxing after dinner. Organic chemists, particularly, were given to relying upon a kind of instinct rather than upon cold logic in selecting promising vistas for further pursuit.

However, let no lazy reader of this paper get the wrong idea. Such flashes do not illuminate darkened minds. Rather do they come only after deep concentration. It seems that the mental powers continue to work on problems after the conscious mind has put them aside, and, occasionally, the earnest student is happily surprised by a sudden "Eureka" to the brain.

Labor Deserves Praise

Declaring that "the most recent reports from industrial centers show that unemployment has steadily increased and that at present 11,400,000 men and women are idle and unable to secure work" William Green, president of the American Federation of Labor insists "that the aid which the government has extended to business banks and corporations has not had any perceptible effect upon the unemployment

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situation." Calling attention to the fact that this nation faces its worst winter of unemployment and that the suffering and distress which millions have undergone have lowered their morale and weakened their confidence in our social and political institutions, the Labor leader admits that trade unionism has passed through a trying experience which has subjected its soundness, its stability and its principles to a most severe and trying test.

The average American citizen should realize the debt of gratitude that it owes to the responsible leaders of Labor in this country. As a general rule they have approached the problems of the present era with statesmanship, patriotism and an apparent desire to work heartily for the common good. There can be little doubt but that in some instances employers have taken advantage of the present economic stress to put into effect wage cuts with the hope of making the new scale permanent. Neither can there be any doubt, after reading the Labor Day speech of Mr. Green that organized labor will eventually undertake the task of restoring higher wages and that, if necessary it will not hesitate to use the full strength of its organization to accomplish this end.

If Meteors Hit the Earth

Residents here who have often wondered what would happen to the earth if it would collide with an enormous meteor have heard that a mass of this size, hitting the earth, would instantly be dissipated into vapor. The view is maintained upon high scientific authority but, nevertheless is doubted by some astronomers.

Sometime ago, an effort was made to locate a large mass, believed to have caused the meteor crater in Arizona. Two drill holes had reached large masses and it was believed that some extraneous material had been located.

Further study of the Arizona crater and of locales in Siberia and the Sahara Desert are now being urged by scientists. Great meteors are believed to have fallen in these locations and it is hoped that some exploration will relocate the meteorites and enable scientists to make a complete study of them.

Somewhere in the Western part of the Sahara Desert, it is believed that the Adrar meteor is buried. While its size is not exactly known, Dr. Charles P. Olivier, of the University of Pennsylvania, says it is about 328 feet long by 130 feet wide and 140 feet deep.

The average citizen may wonder why it is that scientists are so anxious to understand the composition of a mass of this kind. The same people were perplexed at the great furor created in scientific circles by the eclipse of last month. Many of them do not know that from a study of the sun's corona was discovered the gas helium, which was later located in the earth and now floats our largest dirigibles.

It seldom proves wise to poke fun at the scientists, however impractical he may be in the matter of making money. To them the average citizen owes many of the comforts and conveniences of present day living, and without them

Louisa's Letter

Why Do Some Women Talk About Their Lils

Of all the bores in existence the worst is the one whose whole topic of conversation is the state of health.

I have in mind as an example, an attractive appearing young woman who moved into our neighborhood some time ago. I first talked with her at a party and her text for the afternoon was the terrible condition of her stomach.

She told in detail her symptoms and the treatments, how many doctors she had seen, and the different diets she had been on. She told it with evident relish and I could see that she was thoroughly enjoying herself.

So then the day came when a neighbor and I called on Mrs. S. "At least," I said to my neighbor, "I've heard all about the stomach and she will hardly have the nerve

to tell me about it again."

However, we were scarcely seated when she brought the subject around to her color and the rest of the afternoon was spent hearing about intestinal inflammation, etc.

How silly for a woman of her age, or any age, for that matter, to be interested in nothing but her own imaginary or real lils. I doubt seriously if there is anything the matter with Mrs. S. In fact she looked strong and healthy. But even if there were, how much better for herself and everybody else it would be if she never mentioned it.

Such talk is a sure cure for popularity. It is guaranteed to run off new acquaintances and cool the ardor of old friends. And no matter how devoted a husband might be, it seems to me that a steady talk diet of ulcerated stomachs and inflamed colons, would have a depressing effect on romance.

Yours,
 LOUISA

much of the industrial progress of the world would come to a halt.

HEALTH

There is no such thing as perfect health. A person although comparatively healthy has some slight illness. There are 406 recognized diseases that a human suffers from. How to keep healthy and prevent most of these is the object of Abbott's articles.

Let us begin with the mind an unknown quantity, many of our great philosophers and scientists have devoted their entire lives to this question. With sickness some people are given to thinking themselves sick and they go around with a long face indulging in self pity forming disease concepts, until these concepts express themselves openly in a form of disease. The way to cure this form of disease is to immediately take hold of your habit of thinking. Evil is the result of thoughts uncontrolled, another prerequisite to health is regular sleeping, proper hygienic methods and a proper diet. All within a mans hand grasp if he will only accept them.

Proper food is very essential and on this subject the human race needs an education as to the classification of foods. There exists two large groups of mineral substances in our foods: Those elements, phosphorus, sulphur and chlorine, whose combustion results in the formation of acid; metal elements, potassium-sodium calcium, magnesium, iron and etc., form alkaline. The alkaline goods are required in regular feeding in order to counteract the acid. After the acid has performed its function. So Dr. Edward Leonard of Harvard tells us, uncontrolled lactic acid is the true cause of Diabetes, sugar in the kidneys.

Briefly I will outline a safe and sound diet. Begin the morning meal with fresh fruit or berries, a

cereal or some wholewheat product with raw milk and cream, one or two poached eggs, a little crisp bacon, toast, coffee, no sugar. Lunch, a vegetable soup, whole wheat bread rye or corn bread. Always plenty of green fresh vegetables, raw or carefully cooked.

If meat is required for dinner roast oven baked beef, mutton or chicken in good, with baked potatoes and either green corn, beans, peas, tomatoes, celery, spinach, lettuce, beets, or turnips. Either raw or made into salad, or cooked well. A dessert of either tapioca pudding, custard pie, pumpkin pie or squash pie with only one crust. A side dish of whole wheat macaroni and cheese in place of meat is also good. No vinegar food condiments or heavily spiced foods.

Last, but not least essential thing to observe is a proper elimination. No person can ever expect to approach health, suffering from chronic constipation. Nutrition elimination and proper thinking cannot be had without the other. Time and money are wasted trying to cure disease, with the system clogged with waste material. Drugs such as pills and salts merely give temporary relief. Dr. H. M. Abbott's Elimination Food, which is free from drugs brings about a regular elimination. See article in classified ads in this paper being run for Dr. Abbott.

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