



Cleaning Up A Second Time
Wife—Are the burglars going?
Husband—(who has peered out)—
I think so. They are having a wash
and a shave in the bathroom.—Hu-
morist.

And That's That
"Have you seen the grocer's bill,
dear?" asked the bank teller.
"I sent it back to him, darling,
marked 'insufficient funds.'"

Lucky to Have Taken At All
"Does your wife ever take your
advice?"
"Only as a joke."—Boston Tran-
script.

Located
Where is my wandering boy tonight?
No more the parents wonder.
They know he's out in the family car
Hitting it up like thunder.
—Florida Times-Union

Wanted No Slip Up
Lover (eloping with his adored)
—How much is the fare?
Taxi driver—That's all right sir.
The young lady's father settled all
that.—Exchange.

He'll Get The Cream
"I'm engaged in the dairy busi-
ness at present," remarked the
lawyer.
"You don't say!" exclaimed his
friend, the doctor.
"Fact," rejoined the legal light.
"I'm milking an estate."—Boston
Transcript.

The Frau's Footwork
"Somehow I get more kick out
of bridge when I play opposite my
wife."
"So do I," said the other man as
he rubbed his shin.—Boston Tran-
script.

Couldn't Keep That
"I never forget anything when it
is once in my head."
"Well, old man, how about that
\$25 I lent you some time back?"
"Of course that's different. I put
that in my pocket."—Answers.

Too Restrictive
"Why don't you advertise?"
"Look here! I know my business
"Sure! But how about letting
other people know it?"—Boston
Transcript.

Heard At A Party
"How old would you say Madge
Decolletay is?"
"She says she's twenty-six, but for new auto speed."

Baked Beans Fine Substitute For Meat on Lenten Menus



By JOSEPHINE GIBSON
Director, Heinz Food Institute

BECAUSE they are rich in protein, Baked Beans may take the place of meat in the menu. The food iron and other minerals in Baked Beans make them worthy of the high position they receive in the food world. Nutritionists advise us to include more Baked Beans in the week's menus, as they recognize Baked Beans an economical source of many valuable food elements. We are urged to serve beans that have been thoroughly baked, since long slow baking makes them tender and meaty.

In the Lenten season when many meals are served without meat, recipes for preparing this valuable food in easily-made dishes are especially interesting. Here are some recipes for all homemakers planning appetizing meals without meat.

Oven Baked Beans in Green Pepper Cases: Wash four large green peppers, cut in half lengthwise and remove seeds. Place in boiling water and allow to stand for five minutes to remove sting from the peppers. Fill with Oven Baked Beans (1 medium can) sprinkle with buttered Rice Flakes or crumbs, place in a deep baking dish, add ¼ cup water and bake in a moderate oven until peppers are tender and the crumbs brown. Serves 4.

Tomato Welsh Rarebit With Kidney Beans: Melt 1 tablespoon butter in a saucepan, remove from fire and mix with 4 tablespoons flour. Scald 2 cups milk and stir into the butter and flour. Season with ½ teaspoon salt and dash of pepper. Cook in a double boiler until the mixture thickens, stirring constantly. Best in 1½ cups grated American cheese, and when the cheese melts, add ½ cup Tomato Ketchup and drained Oven Baked Red Kidney Beans (1 medium can) and allow beans to heat through. Serve on slices of hot toast or biscuit. Serves 6.

New England Roast With Tomato Sauce: Wash 1 medium can Oven

I imagine the age she gives is like her gowns, cut as low as possible."

Otherwise Perfect
Plumber (with dignity, to a housewife who has entered bathroom where he is at work)—Afore you speak, mum, I'll tell you I know all the jokes concernin' my profession I've got all me tools here—remains till I've located the leakage—I ain't goin' back for nothin' and I ain't got no mate.

Lady—But there's nothing the matter here. You've come to the wrong house.—Punch.

BRIEF: VERY BRIEF

Ocean travel now offered on the installment plan.

Manoeuvre orders concentrating whole navy in Pacific.

Gold holdings here decline to 38 per cent of the world's total.

Sixty railroads show 66.9 per cent drop in January operating income.

Federal Council of Churches endorses boycott as last resort.

Green estimates Feb. 1 unemployed at 8,300,000.

State's governing costs rose 342 per cent in thirteen years.

World's idle tonnage rose 31 per cent last year.

Thomas calls Hoover's relief program proof of class rule.

Hoover signs bank credits bill; lauds both parties.

Treasury urges early filing of income tax returns.

Henry Ford plans to build 1,500,000 cars this year.

Alfonso asks Spain to restore throne, denounces republic.

Japanese bankers warn of difficulty in financing conflict.

Reconstruction loans noticeably improve bank conditions.

Stalin regime is tottering in Russia, Trotsky declares.

Mercantile agencies report slight increase in business.

Japan alarmed by feeling here; says boycott would mean war.

Senator Borah refuses to head third party against Hoover.

Hoover opposes curtailing of funds for schools.

Commons passes British ten per cent general tariff.

Speaker Garner will avoid entering primary contests.

Origin of horses in Egypt and Palestine is discovered.

Campbell speeds 253 miles an hour.

"She says she's twenty-six, but for new auto speed."

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PERSONAL

ANY GIRL in need of a friend, write Elsie H. Allemann, the Salvation Army White Shield Home, 565 Mayfair Avenue, Portland.

MISCELLANEOUS

FOR SALE—Sand, gravel, crushed rock and road gravel. P. E. Hagg.

FIRST DRIVE FATAL

Seattle, Wash. — Jerry O'Connell drove his new car for the first time swerved in the path of a heavy oil truck and was fatally injured.

DOG GUARDS DEAD OWNER

Lusk, Wyo. — A little mongrel dog maintained a death vigil for one week over the body of Mauritz Aronstein, 75, mining prospector, who died of heart failure.

PRINT CANADIAN EDITIONS

Ottawa, Ont. — To avoid the Canadian tariff duties, 47 fiction magazines, formerly printed in the United States, are printing their Canadian editions in Canada.

BREAK FOR TEACHERS

Butte, Mont. — School teachers got a break when the court permitted Anton Hudobivnik, 9, to change his name to Anton Hud.

Sarah Anne's Cooking Class

The salad has come to take a very important place in the daily menu. Supper, dinner and party refreshments, all need the right salad touch. One virtue of the salad is that it is often an economy. There is hardly a day when your refrigerator does not contain bits of cold meat, fish vegetables or fruits—bits of food should not and need not be wasted. They are just the thing for a salad. In serving the salad, always have the ingredients cold, the greens dry and crisp. Meats, vegetables or other ingredients cut in shapely pieces. A fresh green should be the garnish for the salad.

Tuna Fish Salad

1 lb can tuna fish
1 cup diced celery
2 shredded pimientos
Chili mayonnaise
1-3 cup French dressing
2 hard cooked eggs, chopped
Flake the fish, add the celery, eggs, pimientos and French dressing. Chill for 20 minutes. Then stir in chili mayonnaise. Serve on lettuce.

Chili Mayonnaise

To one cup of mayonnaise add 2 tablespoons of highly seasoned chili sauce and stir until thoroughly mixed.

Apple, Celery and Raisin Salad

1 cup diced apples
1 cup diced celery
Lettuce
1-3 cup raisins
1-2 cup French dressing
Combine the raisins and French dressing, let stand for 1-2 hour, then pour this over the apple and celery. Chill for 10 minutes and arrange in salad bowl with lettuce.

Cheese and Vegetable Salad

1 cup cold boiled green beans
1-2 cup cooked peas
1-2 cup Swiss cheese grated
6 tablespoons salad oil
2 tablespoons lemon juice
1-2 teaspoon each, salt, pepper, paprika, and dry mustard
1 tablespoon chopped parsley and olives

Make salad dressing by mixing oil, lemon juice and seasoning. Add chopped parsley and olives. Mix vegetables and cheese thoroughly and marinate with dressing. Serve on crisp lettuce.

HITEON NEWS

Hiteon club met Wednesday, March 3 at the home of Mrs. Lou Payton at Tigard. There were twelve members and six visitors present and roll call was their own choice. Numbers on the club quilt were given members to sell and at some time in the spring an entertainment will be given at the school house and the lucky number drawn. The next meeting place is at Mrs. Oscar Sealander near Beaverton March 16 and all are asked to have an Irish joke for roll call. Mrs. Gladys Meyer will give a paper "An Oregon Indian Legend."

Miss Ethel North who was operated on for appendicitis at Emanuel hospital last Wednesday is recovering and expects to come home this week.

Mr. and Mrs. Roy Lietz of St. Johns spent the week end with Mrs. Lietz parents, Mr. and Mrs. J. L. Haggerty.

The other old farm horse died on the Handy place and they purchased a new team Friday near Forest Grove.
Mrs. Sophia Olson and Miss Ma-



Learn About

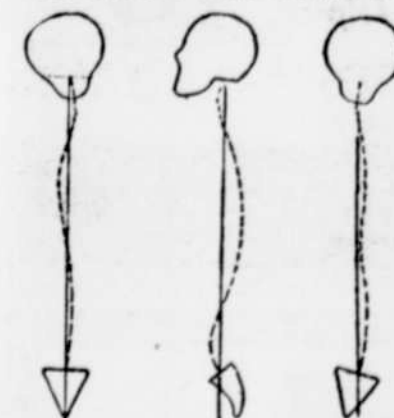
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A. Hardman, Lake road, Beaverton

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Co., Multnomah.

APPLES 25c box, bring boxes, also
cider. Hildebrandt Tigard Heights
6-month old kittens want a good
home, phone Beaverton 7004.

ble Olson of Portland spent Friday
with Mrs. Jenny Davies.

Mrs. Parker Downing, Mrs. Chas.
Van Kleek and Mrs. E. D. Hite at-
tended the Rebekah convention at
Gaston Monday.

Mrs. A. Zweiner of Tigard who
was operated on for goitre at Dr.
Coffey's hospital last week is re-
ported improving. Her many friends

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