H. JEFFRIES, Publisher

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Life Span is Not Longer

Many readers of this paper are under the impression that the life span of man has increased within the recent century. The fact is, however, that this is not true and the capacity of man to live a longer life is no salt and celery salt. Add milk and better than that of his ancestors ..

The confusion arises out of the application of sani-the crumbs. tary science in the past century, which has brought more people through the hitherto dangerous period of infancy, dish, pour over some waite sauce, permitting them to survive into childhood, early adult life and maturity. For this reason, the "expectation of of egg, sauce, cheese and asparagus line and rubbing lightly over the life" is eightqen years more than it was a century ago until all are used. Sprinkle top with windshield and windows, then polishbut the individual capacity to live more years has not paprika and remainder of crumbs ing with a dry cloth. increased.

To explain this, one should remember that the expectation of life is based on the average death age of individuals. It is obvious that this average age will advance if the lives of infants and young children are saved, jecting bones and skin. Roll in regardless of the fact that old men and women continue seasoned flour, brown lightly in a to die, at the appointed three score years and ten.

Should Distribute Jobs

The average American will subscribe to the doctrine paragus which has been cut in inch that if there should be a shortage of food in this country the supply should be distributed among the people in or- a beaten egg yolk has been added der that all, by sparing use, might live.

The American Federation of Labor is urging that rapidly while doing this prevent pickles, sweet pickles and mixed if there is a shortage of jobs in the country, they be up- toast on each of which is laid a portioned so that all workers might have a chance to tiny cube of bright jelly. earn a living.

The Federation is right. If the so-called machine age has permanently taken from American workers the opportunity for all to find employment, then a five-day asparagus, both salted. Add two week is in order at once so that the work can be divided tablespoons of butter. Heap on Mack, Jackson county home demonstrations. among the workers.

It may be that the shortage of jobs is temporary. over all just sefore serving, two numerous calls for Experiment Status of thin white sauce with which tion bulletin No. 283 "Baking of Even so, while the condition exists there is no reason has been mixed a diced hard boiled why a five-day week should not be set in motion in egg. Garnish with toast points and some of the key industries in order that employment may serve hot. be afforded as many men as possible.

Carefully Store Firearms

Parents of this county should carefully place pistols They add interest, color and flavor, ance, texture and flavor of the guns, and other weapons out of the reach of children.

Almost every day some child is killed in the United are used in 11 ter d recipes assem-States through the handling of a firearm by another bled in a mimeographed leaflet just underfoot at the Clackamas county child who usually "finds it" where the parents "thought" released at the home economics ex- fair rounds, at least, not any of it was safely hidden.

Grandfather sagely remarks that the car is the real food specialists, add piquancy to a sion committee, who personally reason of so much comment on modern youth. Maybe meal. The ingredients and the meth-checked the grounds to make sure. so, Grandad, but you can't wrap the steering wheel od for making green tomato picalilli Consequently, Mrs. Amrine and otharound the whip stock at that!

Before passing around any criticisms of your home town, it is appropriate to examine your home place, and gether with 1 cup salt and let them pes using milk and milk products make sure its appearance does not warrant any unfavor- stand overnight. Drain, add 3 pints were received by fair visitors who able comment.

When people and things become important, they are 2 pounds sugar, 1 tablespoon whole The Portland telephone directors mentioned in the newspapers. If business is to seem cloves, 1/2 cup ground mustard, 2 has the largest circulation of any important, it should be mentioned in the advertising.

FEEDING METHODS TESTED ON O. S. C. PULLET FLOCK hoppers.

just as well on laying rations as on and feed cost.

Now that 500 have been raised one came from the incubator. way and 500 the other, these two Two other reed stu-es being untreatment and will be in the same on the texture of egg shells. environment except that each of the four pens in each group will be fed differently.

the fourth pens in each group will the first time.

One thousand white leghorn pullets in the laying pens at the poul- experiment station is constantly in try department of Oregon State coi- receipt of many requests with relege are serving to reveal the com- gard to their relative merits," say. parative value or several methods of A. G. Lunn, head of the poultry de- ant, but it's just a bit irksome to reeding from time of hatching to partment. "Field tests by poultry- have the mutt that knocks our paper full production. These puliets nave men have also indicated that good and fails to pay up his subscription already gone through the first part pullets can be raised by using reguof the experiment, which was to lar laying rations, and if this is, corpose of a little free advertising. show whether they could be raised rect it will greatly reduce the labor There's nothing to the report that

chick feeds. Results of this phase that the two batches of pullets are old and touchy and while we will of the experiment are now being the same in heredity even to the valiantly strive to keep our homopoint of dividing each batch as it

groups have again been divided, dertaken are aimed to determine each into four pens of 125 each. the amount of alfalfa meal that can Throughout the coming winter they be substituted safely for succulent

OREGON CITY-Members of the The two No. 1 pens will get hand are planning to improve both the Estacada Berry Growers' association fed grain in the litter with hopper quality and quantity of next year's fed mash. No. 2 pens will get both crop. They recently purchased 23 hopper fed grain and hopper fed mash tons of commercial fertilizer recom-The third pens will be given cube mended by J. J. Inskeep, county agent and many of them will use cover feed or "pellets" in hoppers, while crops between the berry rows for

Sarah Anne's Cooking Class

not and well buttered."

deed! But there are other arrange- funnel to the bottom of the pump \$.50 ments and combinations that are so cylinder. Give them a tr.al.

Eggs and Asparagus Au Gratin

- 5 hard boiled eggs,
- 2 tablespoons butter, 2 tablespoons flour,
- 1-2 teaspoon salt,
- 1-2 teaspoon celery sait,
- 1 1-3 cup milk, 1-3 cup breadcrumbs,
- Asparagus tips cooked or canned. 1-2 cup grated cheese.

Slice eggs. Make a cream sauce by melting butter, stirring in flour,

Place a layer of egg in bottom of sprinkle with grated cheese, then a brown in oven 350 degrees.

Chicken Smothered in Asparagus

Cook a hen until very tender and divide into pieces for serving re- the order of the day for many Multfrying pan in hot drippings. Make good sized rounds of toast, butter, and mailbag requests for directions place in a shallow serving dish, lay a piece of chicken on each round and surround with hot cooked aslengths. Pour over all a liberal amount of hot white sauce to which just after taking from the ure, stir curdling. Garnish with points of pickles are contained in this publi-

Peas and Asparagus with Egg

Combine lightly two cups each of

Use Tomatoes Freely

and save the surplus for winter, is ings, baking time, cookin utensil the suggestion of the diet specialist, and age of pear upon the appearto low-cost meals

Tomatoes green and tomatoes red tension office in Corvallis. Spicy- those tested and approved and given smelling concoctions such as chut- away at the home economics exhibit ney, mock mincement and tomato says Mrs. Carson Amrine, member mangoes are included and these, say of the county home economics extenare given as follows:

Green Tomato Picalilli: Chop 1/2 onions, 6 green peppers, and 2 and ice cream dishes they have pound cabbage finely. Mix them to- never had before. Hundreds of reciof vinegar and boil for 30 minutes, spun the dairy wheel. Drain off the vinegar. Then mix together the following ingrediants: quarts vinegar, 1 tablespoon whole Oregon publication except newsallspice, 1 tablespoon pepper-corns papers. and 2 cups grated horse-radish. get an "all mash" ration from Heat the mixture to a boiling point, Add the chopped mixture and bring "All four of these methods are in again to the boiling point. Seal in

We really don't like to be intolerwe came here on account of killing the more complicated and expensive Every precaution was taken to see a man in Brazil, but we're getting cidal tendencies in check, we ask that you keep in mind that adver-

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Car Owner's Scrap Book How to Make a Grease Gun

A very servicable grease gun can be constructed from an old single cylinder foot pump. The lower end The other day I heard this re- of the pump is sawed off just above mark: I..ere is nothing better than the foot piece. Then take a fairly plain, perfectly cooked asparagus large sized funnel (one that is made of heavy gauge metal) and cut it Seemingly there isn't. A feast in- off just above the spout. Solder the

> can be drawn into the gun by put- visit everybody has a fit. The first ting the end into the oil or grease thing she does, when she reaches and pulling on the handle. To fill Mary Jane's house-Mrs. J is her with heavy grease, unscrew the cap sister-in-law-is to broadcast the fact and remove the plunger; fill the gun that now she has come they will with grease, then replace the plun- have some delicious cake. She tells ger and cap.

When the Engine Stops Suddenly

the engine will stop suddenly with- does go into the satchen and makes out apparent cause. It is probably a perfectly delicious cake. cook until thick. Sprinkle bottom broken. Electric circuit disconnected of greased baking dish with half at some point. A broken wire. A loose terminal. Timer trouble.

To Clean the Glass

layer of asparagus. Repeat layers Try dipping a clean cloth in gaso-

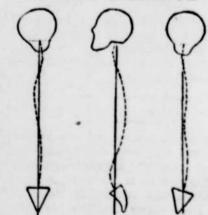
IN OREGON HOMES

GRESHAM-Sauerkraut-making nomah county housewives, reports Frances C....ton, county nome defor making sauerkraut and pickling cucumbers and other vegetables are numerous she says, and she answers the majority of them by sending out Farmers' Bulletin 1438, "Making Fermented Pickles." Detailed directions for making sauerkraut, dill from any home demonstration agent or from Corvains, upon request.

McDFORD-Recent pear baking experiments carried out at the State college of home economics are of cooked peas and inch long pieces of particular interest in this leading toast in a serving dish and pour stration agent. Mrs. Mack reports Pears" prepared by Agnes Kolshorn, assistant professor of foods and nutrition. The bulletin reports baking experiments with Bosc, Comice and D'Anjou pears. It notes the effect Use all the tomatoes you can now of sugar, water, audition of seasonbaked product.

ers of her committee are certain that Clackamas county homes are bushel green tomatoes, 6 large wate enjoying milk, cheese, butter, cream,

DEFECTS OF SPINAL BALANCE



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Louisa's Letter

did cook and very smart. But when good it would be a pity to lose them Oil or light transmission grease Mrs. T. says she is coming on a M. J.-who is a notoriously bad cook and poor housekeeper-just exactly what is wrong with the one she is eating and the exasperating thing Sometimes when out on the road, about the whole affair is that she

> everything, fixes flowers and brightens things up in general. She ad- is doing the best thing after all. rens clothes, and tackles the darn-children because of such a temper." ing with a disapproving eye.

guest and one that her folks would sense." she did not insist in sho ... ag how critic again. han anybody else does.

ance is just about as arritating in another way. Instead of parading her virtues she exhibits her faults.

She tells how little she paid a poor I know a woman who is a splen- man for eggs and how ashamed she she lets her temper get away with her and slapped the c...ldren for nothing. Sae says that she babies her children too much and quotes incidents that are silly beyond words

If she did these things and remained quiet about it it would be bat enough but it is absolutely trying to have to listen to such tales without telling her exactly what one thinks. Sne expects you to say that she is not to blame for paying the man too little-that is his look out and as far as slapping the children she is not to blame, for being overdue to one of the following troubles | She then proceeds to get the house wrought and that it is just mother No gasoline supply. Spark plug in order-has regular places for love that prompts her to make her children dependent and probably she

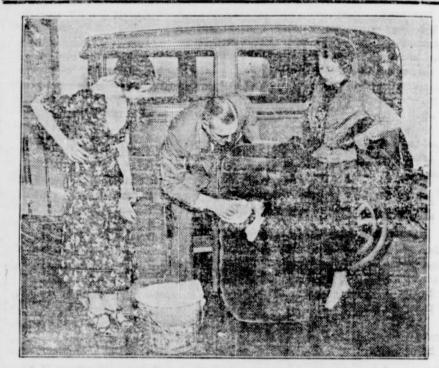
monishes Mary J about the thin I suppose she would drop dead it places in the tablecloth, wants to one would say instead, "Why, how know why the blankets haven't been could be so dishonest" and "You put away, sews buttons on the child- should be as amed to punish the and "how can you do such silly She could be a perfectly wonderful things-you ought to have more

vie with each other to entertain if I doubt if she would speak to her

much better she does everything It is really a toss up as to which is the more annoying, the parader Another woman of my acquaint- of virtues or the parader of faults.

Yours.

Soap and Water Best Mohair Cleaner



Summertime is motoring time-but it is also the time when scenes like this are common-soap and water is best to clean mohair or velmo up-

Easy to Clean-It Makes Expensive Slip Covers Unnecessary.

An increasing preference for mohair velvet upholstery in automobiles is being manifested by buyers throughout the Middle West, according to reports to the Mohair Institute from a questionnaire sent to 5,000 dealers. While the survey did not seek the detailed reasons for this preference, one of the chief reasons, previous surveys has shown, is that mohair is preferred in the summer because it is cooler than flat fabrics, it is easier to keep clean and the buyer does not need to go to the extra expense of purchasing slipcovers. No slip covers are necessary with mohair velvet or velmo.

The Mohair Institute is authority for many practical bints for taking care of mohair velvet upholstery in case it becomes soiled. The fabric requires comparatively little attention aside from a thorough brushing with a stiff whisk broom occasionally.

Ordinary grease spots and soiling from constant use can be removed from mohair velvet with warm water and any good laundry or toilet soap, If this operation is not sufficient, any of the reputable dry cleaning com-

pounds are practical for the purpose, but under no circumstances should any ammonia solutions be used, as ammonia is destructive to the color in any fabric.

Ink spots may be removed with a saturated solution of oxalic acid. Soak the stain for a few seconds with this solution, then rinse in clear water to which a few drops of ammonia have been added. Perhaps a better method, eliminating the use of ammonia, is a solution of potassium acid oxalic which is salts of lemon or salts of sorrell.

Soak the stain in this solution in the proportion of two and one-half teaspoonful of the salts dissolved in one-half pint of water, leaving the fabric in the solution several hours if necessary, after which apply soapsuds on the spot, allowing the suds to soak well into the fiber, then rinse with cold water. This will neutralize any of the acid which may be left in the goods.

Sometimes after severe use, mohair upholstery takes a kind of set in spots, he pile being laid slightly, giving the goods a mottled color effect. This can e removed by wringing out a cloth in hot water and laying it over the parts affected. Leave the wet cloth on the mohair velvet until the cloth dries. If the velvet has not been wholly restored, repeat the operation with the result that the pile which is laid down will come back to its original position and the fabric will have its original plump appearance, not showing any signs of wear. It is never necessary to cover any mohair velvet upholstery with slip covers, particularly when used at home or in an automobile

SICO, COO PREMIUMS (CC 21st Annual Exposition combines Pure-bred Livestock Show; Fat Stock Show; Dairy, Manufacturers' and Land Products Shows; Wool and Mohair Show; Poultry and Rabbit Show; Industrial Exhibits; Boys'-Girls' Club Work Exhibits; Wild He Danibits; "Truth-in-Meats" Exhibits; and speciacular Horse Show. Heven neres under one roof. Parking space for 5,000 autos. Paved roads direct to entrance. Reduced fares on all transportation lines.

Pertland, Oregon October 24-31