

BEAVERTON ENTERPRISE

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SHOULD DEBATE ISSUES

The governors of a number of states have just completed the annual Conference of Governors at French Lick, Ind. During the session an interesting discussion was raised by Governor Ritchie of Maryland, who criticized the policy of the Conference in "avoiding discussion of controversial subjects," such as the tariff, prohibition, public utilities, and the relationship between capital and labor.

We rather agree with the attitude of the Maryland Governor that such problems should be discussed. To avoid consideration of controversial subjects may make the annual conference a nicer social affair but it prevents it from becoming a constructive factor in the nation's life. As Governor Ritchie said: "The States are the governmental laboratories of the Nation. They are the agencies for political trial and experiment. Yet we, the representatives of the States, refrain from debating these questions which are the realities of our national life."

THIS JAZZY AGE

This is called the age of jazz. People are said to be looking for incessant excitement, so that they have no time for quiet rest and thought, for family life and simple diversions.

Ten noisy folks, of course, make themselves more conspicuous than 100 quiet ones. Many millions of people are too tired at night for any jazz doings. But the jazz spirit reaches out to most places. Even in many country towns, there are constantly card parties, church suppers, society doings, etc., so that it is hard to find a free evening. And many people everywhere cherish the illusion that they can rest up from hard day's work, by constantly sitting up late at night.

Formerly in this nice spring weather, the people were out grubbing in the gardens in which colorful flowers and juicy vegetables would soon flourish. Now many of these same folks are joyriding, while the garden has grown up into a weed nursery.

People used to sit out quietly on their porches on summer evenings, exchanging the news about Mr. Smith's housepainting job and Mrs. Jones' new automobile, or listening to the melodies of the songbirds. In many towns now, the houses are mostly built without porches, as people have no time for sitting around.

At least the jazz age keeps people awake. They no longer go to bed when it is dark under the table. It keeps them keenly alive to improve their own opportunities, and they are interested in home town progress. But human nature needs much quiet rest. Every other evening at home would be a fine motto.

The simple diversions, gardening,

home music, the nice new radio, repair the wastes of toil. Let us not push modern life so fast, that the doctor has to exceed the speed limit, hurrying to relieve us from acute nervous prostration.

The Need for a Philosophy of Life

The architect cannot build a beautiful structure without visualizing the plan and its details in advance. He must commit this to paper in forms of detailed drawings and definite specifications. Any architect that attempted to build an edifice without these preliminaries would arrive at ridiculous results and would be held up to scorn both by the laity and the profession.

A man cannot build a great and enduring business structure without having certain plans as to his ultimate purpose, sound methods of procedure, and a mastery of the economic principles involved. With these factors he formulates a plan in which his daily conduct of the business is largely governed.

So it is with a great character, a great personality, or a great career. These will not build themselves. No amount of personal ambition can accomplish them except through the formulation of sound plans by which definite policies are chosen, definite values recognized, and those habits of thought and life that will make genuine contribution to the realization of these plans are definitely formulated in the blueprints of life. This requires a philosophy of life, dealing with ultimate objectives, ultimate values and the plans by which one governs his daily life and makes his decisions. If one has no such philosophy, one cannot claim an honest and intelligent purpose to achieve a worth while career.—Dr. Arnold Bennett Hall, president University of Oregon.

Many a man talks to other people about himself so long and favorably that he ends up believing he is really an exceptional specimen of the human race.

Even the Farm Board couldn't buy enough wheat and cotton to hold the price very high, but maybe it would have been worse if the board hadn't purchased.

Making war unpopular is simply a matter of making patriotism cost everybody real money, including munitions makers, industrial establishments and manufacturers, as well as buck privates.

If talking could solve economic problems the many predictions that we have "turned the corner" would make it easier for everybody.

It won't be long now before the male of the household will be forgetting to water the flowers while the head of the house is off on her vacation.

Health and Beauty

DR. SOPHIA BRUNSON

KINDNESS AND SELF COUNTRUL

The first homicide of which we have a record, was the slaying of Abel by his brother Cain. Anger and jealousy, intensified by the lack of self control was the cause. Through all ages, want of self control has continued to bring down sorrow and suffering upon this sad old world. Men are no nearer self-mastery today than they were five thousand years ago. You cannot glance over the newspaper but you find many records of brutal, unjustifiable killings.

He who lacks self control easily poisons into a passion, which generates poison in his system so rapidly that his judgment is warped, as completely for the time being, as though he were under the influence of alcohol or some other equally pernicious and powerful drug.

Prof. Gates performed many experiments to discover the effect of anger upon the body. He found that the perspiration of any angry man on being treated with a chemical reagent, showed a certain color; that of a man in grief another. All these experiments indicated that each mental state, always gave the same

color reaction. They proved that emotions affect the blood and hence the whole body.

Gates condensed the breath of different individuals. From angry persons a brownish precipitate was obtained which he administered to men and animals. It caused great stimulation and excitement, even killing small guinea pigs. He says that "every emotion of a false and disagreeable nature produces poisons in the blood and cell tissues."

In an old medical book, it is related, that a strong, vigorous, well developed young mother, rather of the bovine type, had a baby that was quite as healthful as herself. Something occurred that threw the mother into a violent fit of rage. Shortly after, she nursed her hungry infant. The child was thrown into convulsions and died within a few hours.

The highest authorities asserted that the milk killed the child. The poisons generated in her blood, by her fit of anger, were secreted in her milk. Similar circumstances have been observed even among animals.

Men little realize what a force for good or evil thought is. "As a man thinketh in his heart so is he." Want of self control, anger, and disagreeable emotions poison and injure the body and mind.

If children were taught that it is disgraceful to give way to temper, much regret and sorrow in after life would be avoided. Teach them that kind thoughts give rise to kind

deeds. If they are taught to love their fellow men, and the helpless defenseless animals, it would incline them toward gentleness and justice. Few things are more conducive to self-control, than real kindness of heart. If boys and girls could experience the joys of hunting the birds and wild, shy things with cameras, instead of guns we would see less crime and fewer killings in our country. A new era of peace on earth, good will to all of God's creatures would be ushered in. The would grow away from many of the savage instincts that persist in spite of mere literary education.

What the human race needs is a baptism of kindness and self-control. Peace, love and goodness would reign in the earth instead of hate, misery and discontent.

Helpful Home Hints

(By U. S. Dept. of Agriculture)

A double fold of oil cloth or rubberized raincoat material placed under sliding metal fasteners on children's play suits and other clothes prevents the inside garment from catching and keeps out the moisture.

The surest way to keep the house free from ants is to leave no food around on shelves or in open places. Food such as cake, bread, sugar, and meat is especially attractive to ants.

When a housewife finds a can of beans labeled "Oven Baked Beans" she has a right to expect beans which have undergone their entire cooking process in open or loosely covered containers in dry-heated ovens, with only enough subsequent canning and processing to sterilize the food.

Some of the foods one plans in the menus may be cooked in quantities and kept in the refrigerator for a day or two, to save extra work and heating of the stove.

Prunes, apricots, and other dried fruits, cocoa slurrp; French mayonnaise or cooked salad dressing; some desserts; and roasts of meat are some of the foods which may be handled in this way.

A lamb roast for example, may be served hot at first, then as cold sliced meat, and finally in a casserole with some of its own gravy. Prunes may be first stewed for breakfast. Later in the week they may appear as prune salad, prune pie, or prune whip.

The Advertisements in this paper have been passed by the highest authority—the buying public.

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Small quantities of vegetables may be put in small baking dishes or in a flat, baking dish with partitions, covered with buttered crumbs, and warmed in the oven.

THE CAR OWNER'S SCRAP BOOK

Locating Knocks

An instrument for locating knocks can be made from an old telephone receiver and an iron rod. Procure a discarded telephone receiver, remove the magnet and insert an iron rod about two or three feet long. Thread three-quarters of an inch of the end of the rod and screw a small nut on the end of the rod to hold the fibre securely. The fibre should be of sufficient diameter to hold the rod snugly in place. A fairly heavy brass spring should now be placed on the end of the rod and secured with a nut.

When the fibre and spring have been fastened in place, insert them into the receiver in the position formerly held by the magnet. Cover with tape the hole at the other end of the receiver, where the rod passes through. Next replace the diaphragm and ear-piece on the receiver and be sure that the diaphragm presses firmly against the brass spring.

Now by taking soundings at different parts of the motor with the receiver to the ear and the other end of the rod resting on the motor, the knocks in the motor will be magnified making it very easy to locate the source of the trouble.

Repairing Cracks in Engines

Small cracks or holes in the water jackets of an engine may be closed by applying a paste composed of glycerine and litharge. Mix to a consistency slightly thinner than putty and work into the opening while the engine is warm and the cooling system is drained. The engine should not be used for a few days, until the mixture has thoroughly hardened.

For parts which are exposed to intense heat, such as the exhaust manifold, the following mixture should be used: Fine iron filings, 40 parts; flowers of sulphur, 10 parts; sal-ammoniac, 1 part; Portland cement, 20 parts. Then add water to form a fairly heavy paste. After mixing this paste, allow it to stand for a few hours and then apply. In about two days this mixture hardens, forming a substance greatly resembling cast iron.

GOOD JUDGMENT SAID BEST ASSET OF MODERN HOUSEWIFE

Time was when a woman's ability as a housewife was judged by the texture of her cakes, the size of her stitches and the spotlessness of her kitchen—but these days are past. The chief attribute of the successful housewife of modern days is good judgment. Her test is the ability to manage her household in an efficient manner, and to make wise decisions and choices for her family in the face of the increasingly complicated social and economic order. Fewer and fewer articles for family consumption are made in the home, and the problem nowadays is to choose between the countless brands and makes of commodities advertised.

This situation, according to Miss Jane Hinkley, federal agent for home economic education in the western states, is responsible for the new trend in home economics education, which is toward greater emphasis on family life and relationships and less on skill in such tasks

as cooking and sewing. Miss Hinkley was in charge of an intensive short course just concluded at Oregon State college, in which 45 home economics teachers from several states took part.

"Home economics courses," said Miss Hinkley during one of her lectures, "have been broadened to include not just the study of food and clothing, but the care and training of children, the maintaining of desirable social relationships in and between families, the wise use of money, time and effort, and the maintenance of the family health."

During the 11 years that John Anderson has been the official annihilator for the city of Vancouver, B. C., he has killed more than 500,000 of the rodents.

A total of 203 stitches were required to close the razor slash suffered by Porthos Allen, at Boston, Mass.

While the sun shone bright in a cloudless sky a heavy snow storm swept over Newark, N. J., recently.

Louisa's Letter

A FEW HINTS FOR GIRLS SEEKING POPULARITY

Dear Girls:

Almost all girls would choose popularity before other things if they are accorded one gift of the gods but only a chosen few have discovered that it is not so much a gift as it is a cultivated art.

To begin with, the popular girl has to be friendly and kind—not just surface kindness, but she must learn to enjoy being kind to other people. Sometimes the folks we think least important will be the means of great happiness to us later on in some unforeseen manner, and for selfish reasons, if no other, it pays to be friendly with everybody.

The popular girl will not consider herself the center of the universe and dwell on the subject of "what I said" and "what I did." She will be a good listener and be able to draw her friends out about things in which they are interested.

The popular girl will be a good sport but will know the difference between that and a person whom no one respects for our popular girl.

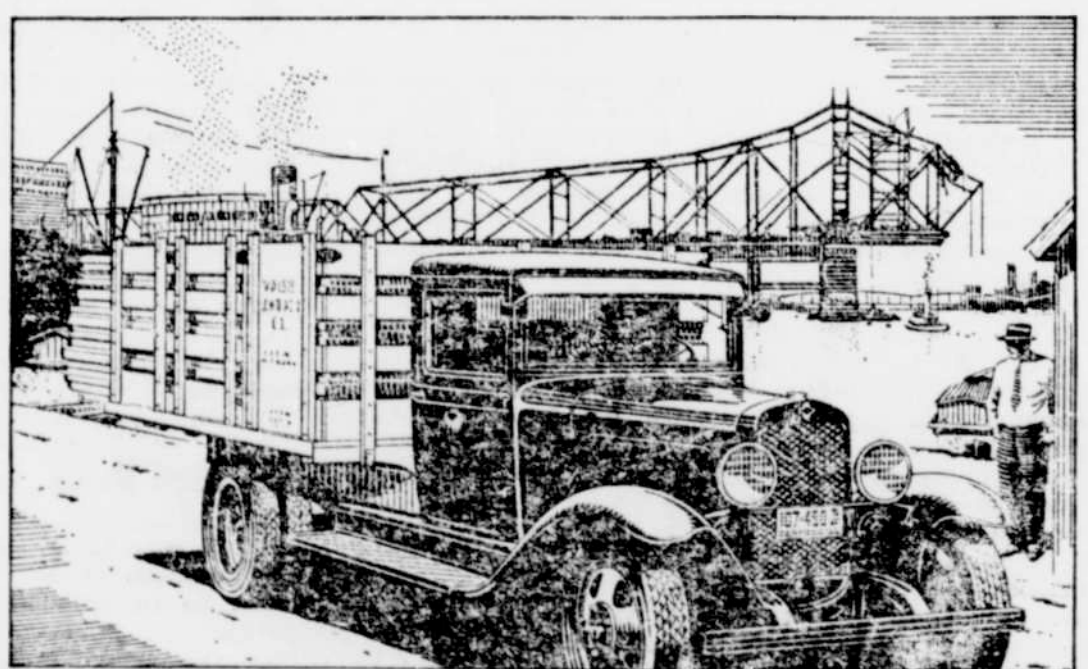
wants continued popularity and not the temporary kind which is afforded to the one who knows no limit and is ready to pay any price for a few dates and good times.

The popular girl will be healthy. This sounds peculiar but the girl who is not strong certainly is handicapped in this race for favors. The healthy one can stand the changes of the weather without interference to her plans. She can keep up with her companions in the water, on the dance floor, on the golf links, the tennis courts, and in the pursuit of other sports.

She does not have to be brilliant but she must be intelligent and alert. I have yet to see one of these young creatures overwhelmed with invitations.

But, for goodness sakes, don't be one of these senseless chatterers who make the effort to appear vivacious. Of all pathetic creatures, the one with the artificial smile, and the incessant conversation which means nothing is the worst. Such a habit is one of the surest means of nipping in the bud the any sprouting germs of popularity. Yours,

LOUISA



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