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November 24th to December 1st

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COOLIDGE ASKS NATION TO OBSERVE "GOLDEN RULE SUNDAY" ON DEC. 2

THE WHITE HOUSE
WASHINGTON

Dear Best Belief,
151 Fifth Avenue,
New York, N. Y.

Gentlemen:—

It is with a good deal of satisfaction that I commend your proposal to observe an International Golden Rule Sunday, on the second of December, 1923. I feel sure that this suggestion will meet with very widespread approval and will bring more closely to mind the charitable requirements of those who are prepared to those who are in adversity. It suggests not only a practical method for help, but the highest expression of sympathy by sharing for a time the privations of others.

Cordially yours,

Calvin Coolidge

The plans for the observance of Golden Rule Sunday call upon the people of America to serve a menu in their homes similar to that served in the orphanages in the near east, the difference in cost of the orphanage menu and the ordinary meal to be contributed to orphanage work overseas. The observance is very appropriately fixed for the Sunday following Thanksgiving. Having on Thursday partaken from well-laden tables as a token of rejoicing in the prosperity of America, it is fitting that on the following Sunday people give special consideration to the needs and distress of those who are less highly favored.

REFUGEE MEAL FOR AMERICANS

Whole Country Asked to Adopt Orphanage Menu for Just One Sunday Dinner.

RELIEF HAS SAVED MILLION

People of All Nations Will Figuratively Gather Around Same Table as Practical Sign of Sympathy With Near East Sufferers.

How many comfortably fed, clothed and housed Americans will sit down to a Sunday dinner of rice, corn grits and soup—typical orphan fare—on December 2, as a practical test of the golden rule?

The question is asked today by Charles V. Vickrey, general secretary of Near East Relief, who is in charge of the plans for the general observance throughout the United States of "Golden Rule Sunday." In an interview, Mr. Vickrey said:

"If American people will renounce for one meal the food they are accustomed to eat, and contribute the difference in cost to the support of starving children in the near east, the situation in Greece, Armenia and Palestine will become infinitely more real to them.

"I have recently returned from several months in those countries. America is a name to conjure with there. Bitter reproaches are heard against nearly every other country, but none against us. That is because people realize that Americans have gone to them with a helping hand and a square deal, rather than with the mailed fist.

"America could well have afforded to have spent every penny of her relief funds as a long-sighted, cold-blooded business proposition. The good will that has resulted from relief work in the near east is of incalculable value. When these orphans we are caring for today grow to manhood, they will become the leaders of their nations and their eyes will turn toward America.

"At least a million persons in the near east would not be alive today had it not been for American aid. Even today, 100,000 persons are being cared for day to day by the Near East Relief, mostly women and children who would probably perish in a few days or weeks if the work ceased.

"Our workers are now concentrating not only on the physical care of our 50,000 orphans, but on their industrial training as well. At the age of 16, when an orphan leaves our care, he is equipped to enter some useful trade or business. In Narazeth there are boys working in our carpenter shop a few feet from the spot where Christ toiled. In Macedonia, hundreds of Greek orphans are learning farming in the atmosphere where Paul spent many years in establishing the first European churches.

"Five dollars a month provides food and physical necessities for an orphan, and \$100 a year provides for his education as well. The observance of Golden Rule Sunday by a million American families will provide enough funds for thousands of orphans.

"When people break bread together, they become friends. On this International Golden Rule Sunday people of all nations figuratively will gather around the same table, partaking of the same food representing the menu which the unfortunate children of the near east hope, by the benevolence of the West, to eat 365 days in the year. But even this simple menu the orphans cannot have unless the rest of the world practices the Golden Rule."

FOURTEEN NATIONS SUPPORT COOLIDGE

European Countries Join American President in Backing Golden Rule as Practical Program.

Geneva, Switzerland.—Officials of relief organizations from fourteen European countries have asked their governments and peoples to join in a great international movement to save the destitute orphans and widowed mothers in those countries of the Near East that have suffered from recent wars.

Dec. 2 has been set aside as "Golden Rule Sunday." On that day people will be asked to observe the broad principle of the Golden Rule by foregoing their usual noonday meal and eating instead the frugal ration usually partaken of by the parentless children of Greece, Armenia and Palestine.

The world's people will then be asked to contribute the difference in the cost of the two meals to the principal relief organization in their country, to be administered for the needy children.

Notable people in Europe who will co-operate to give the day an international aspect are King George of Greece, Prince Carl of Sweden, ex-Premier Clemenceau of France, M. Paul Hymans and Dr. Alice Masaryk.

AMERICAN FOODS BEST SAYS FAMOUS DOCTOR

Athens.—American standard food-stuffs are the best in the world, says Dr. Mabel Elliott, famous woman physician, who for the past two years has been medical director of American orphanages in the Near East. From the standpoint of purity and high food value, she asserts that no European nation can compete with the United States, and for this reason she insists on American products in all orphanages and hospitals, in order to meet adequately the needs of undernourished children.

Dr. Elliott's annual report, summing up the results of the care of 50,000 children in orphanages as well as clinics for 50,000 additional children in refugee camps and homes, says:

"Stable American foods are now the backbone of all our menus for rebuilding children who became weak and anaemic during the refugee exodus from Asia Minor. Our menus contain, not only bread made from American flour, and corn grits in porridge and stews, but also the liberal use of corn syrup, American condensed milk and American cocoa and macaroni, thus making a balanced ration to meet all the scientific requirements as to relative food values, calories and vitamins.

The favorite orphanage pudding is composed of corn grits with cocoa, sweetened with corn syrup, and made more nutritious and palatable by adding a sauce of American condensed milk. Such a pudding has a high food value and is very economical—no other equivalent food value could be obtained from other foods at twice the cost. Moreover, it is so palatable that children eat it eagerly several times a week, and never seem to tire of it. The American people, in providing for these parentless children such pure and wholesome foods from their own tables, are certainly making a practical application of the golden rule."

Dr. Elliott has recently returned to America to arrange for the publication of a book of her experiences under the title of "Beginning Again at Ararat."

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