

STANDARDIZE RECIPES FOR BREADS

The following basic table for quick doughs is suggested to save time in looking up recipes. It is indorsed by the United States Department of Agriculture. Any recipe may be varied by the addition of nuts, raisins, dates, prunes, cherries, or other fruits, seasonings or spices, but the proportions of liquid, flour, and baking powder do not vary greatly. The measurements are all level.

	Flour	Baking Powder	Liquid	Shortening	Sugar	Eggs	Salt
Giddle Cakes	2 Cups	2 Tsp.	2 Cups	2 Tbsp.	1 Tbsp.	1 or 2	1/4 Tsp.
Muffins (plain)	2 Cups	2 Tsp.	1 Cup	1 Tbsp.	1 Tbsp.	1	1/4 Tsp.
Muffins (richer)	2 Cups	2 Tsp.	3/4 Cup	2 or 4 T.	1/4 Cup	1 or 2	1/4 Tsp.
Cake (plain)	2 1/2 Cups	2 1/2 Tsp.	1 Cup	4 Tbsp.	1/4 Cup	1	1/4 Tsp.
Cake (rich)	2 1/2 Cups	2 1/2 Tsp.	1 Cup	1/2 Cup	1 Cup	2	few gr.
Doughnuts	2 Cups	2 Tsp.	1 1/2 to 1 3/4 C.	1 Tbsp.	1/4 Cup	1	1/4 Tsp.
Cookies (rolled crisp)	2 to 2 1/4 Cups	2 Tsp.	1 Tbsp.	1/4 Cup	1 Cup	1	1/4 Tsp.
Tea Biscuit (rolled)	2 Cups	4 Tsp.	2 1/2 to 3 C.	3 Tbsp.	1/4 Cup	1	1/4 Tsp.
Shortcake (rolled)	2 Cups	4 Tsp.	2 1/2 to 3 C.	4 Tbsp.	1/4 Cup	1	1/4 Tsp.
Pastry	2 Cups		1/4 C. or less	8 Tbsp.			1/4 Tsp.

Clips of wool, estimated to be of a total weight of 125,000 pounds, changed hands at Pendleton when wool growers of the Pilot Rock and Butter creek country sold to J. W. Beymer of Heppner. Prices reported on the majority of the clips was 42 1/2 cents a pound.

Production for the 138 mills reporting to the West Coast Lumbermen's association for the week ended March 24 was 16 per cent above normal, according to a report issued. New business was 4 per cent above normal and shipments were 10 per cent above new business.

Owners of property in the burned area of Astoria have reached an agreement as to the type of construction they desire in the rebuilding of the streets. They have asked the council to call for bids on a fill with reinforced concrete retaining walls only, thus eliminating the talked-of fill with stepped bulkheads. The estimated cost of this proposed improvement is about \$600,000.

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MAKING GARMENTS FOR CHILDREN



One Pattern Used to Make Five Different Dresses.

(Prepared by the United States Department of Agriculture.)

Clothing for children should be of the simplest kind, says the United States Department of Agriculture. It should permit absolute freedom of movement, hanging chiefly from the shoulders, and permitting the child to bend over freely, squat on the ground, kick, run, climb, or otherwise indulge in the activity natural to a growing boy or girl. Rompers for very little children, and bloomer dresses or separate knickers and blouses for those a little older are, as a rule, the most practical from the standpoint of the child's comfort and appearance, and a minimum amount of laundering. Elaborate designs are unsuitable at any time for active young children. Children should not be conscious of their clothing either from a sense of discomfort, or from vanity or embarrassment.

Washable materials are preferable for children's clothing, until they are old enough to take some responsibility for keeping their clothes clean. Where extra warmth is necessary, washable woolen materials may be selected, such as serge, flannel, or challis, but most mothers find that it pays best to use woolen underwear and cotton or linen dresses, with sweaters and leggings for extra warmth when the children go out. A set of cover-all aprons made on the "kimono" pattern will be found very practical for use when children are playing in the house or yard either after school or when they are too little to go to school. Old cloth or rubber bibs for very little children can be easily made and will lessen the number of garments to be washed.

Garments Made at Home.
A large part of the clothing for girls can always be made at home, and many garments may be made for boys as long as they wear washable clothes. Boys' knickers for play,

blouses, pajamas, underwear, and even mackinaws, which are unlined, may be successfully made from patterns at home by most mothers, but as a rule the work involved in making a boy's suit or lined overcoat is such that it pays to get these garments ready-made and economize in some other way. At times it happens, however, that a man's suit has such good material in it that it is worth while to make it over for a boy. Women's garments may be cut over much more easily to fit the girls of the family. There is always the possibility of combining two materials when there is not enough of one, or of adding just enough new contrasting material to make the result seem like a new dress.

One Pattern Sufficient.

In the illustration one pattern was used to make five different dresses. Variety was obtained by making the decorations entirely different and using different materials in each dress, and gumpie. Even with dresses for older persons it is frequently possible to vary a simple foundation pattern by means of trimming, various styles of collars or cuffs, or a different way of opening, so as to have the results seem totally different. A glance at any pattern book will show how the same foundation pattern can be made up to give various effects. The advantages of using one pattern for a number of garments in this way are that with repeated use one is able to handle the pattern more easily and consequently to work more rapidly, and no time is lost measuring and laying out several different kinds of patterns. The simpler the pattern the easier it is to cut and make, and the more likelihood there is of being able to use it for cutting over a limited amount of material, as in the case of making over an old dress.

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