

COOKING MOST DRIED FRUITS

Most Important Point to Be Observed
Is Not to Soak or Cook in Too
Much Water.

Dried fruits are usually given a long, slow cooking in water below the boiling point. They may be soaked for a few hours, or they may simply be washed and put directly into the warm water for cooking. The important point to be observed, says the United States Department of Agriculture, is not to soak or cook in too much water. The dried product cannot be expected to have as much flavor as does the fresh, so pains must be taken to dilute that flavor as little as possible.

Most recipes for cooking dried prunes and apricots direct that two cupsful of water be used to one cupful of fruit; but a better-flavored product will result if equal measures of water and fruit be used, and the cooking is done slowly in a tightly covered vessel, so that little of the steam escapes.

Dried fruits may be sweetened slightly with sugar, or with any sort of sirup. They usually contain a good deal of sugar themselves. They are to be used for sauce, in puddings, fruit cakes and cookies, compotes, whips, souffles, and even salads, much as fresh fruits are used.

Household Questions

Rub the mud stains from clothing with a raw potato.

Use a red-hot iron for softening the putty to be removed.

Wipe out the bathtub occasionally with a cloth dipped in kerosene.

Spinach and carrots are iron-building vegetables. Don't neglect them.

A crust of stale bread boiled with the cabbage will absorb the disagreeable odor.

If a small piece of soap is added to the stove blackening it will make it stick to the stove.

Beat a pinch of soda into a custard cooked a moment too long and it will entirely change its consistency.

A few slices of raw potato added to soup that is too salty will make it just right. After the soup has been boiled a few minutes remove them.

METHODS OF HOME DAIRYING

Farm Women Are Reported as Having Made 3,300,000 Pounds of Butter During War.

As a result of 12,000 demonstrations in improved methods of home dairying given by extension agents, farm women are reported to the United States Department of Agriculture as having made according to demonstrated methods 3,300,000 pounds of butter during the year, 1,550,000 of which were sold, and in addition they sold 750,000 gallons of cream.

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LEFT-OVER RICE FOR MAKING HOT MUFFINS

Easiest Ways for Disposing of Waste Material.

(Prepared by the United States Department of Agriculture.)
One of the easiest and most palatable ways of disposing of a small amount of left-over cooked rice is to use it for hot muffins or waffles in combination with corn meal or wheat flour, suggests the United States Department of Agriculture.

Rice Waffles.
1 cupful cooked rice. 1/4 cupful sweet 1 cupful wheat flour. milk.
1 teaspoonful salt. 3 eggs.
1 1/2 teaspoonfuls bak- 1 teaspoonful but-
ing powder. ter, drippings, or
other fat.

Press the rice through a coarse sieve. Sift the flour, the salt, and the baking powder together, then add the milk, the yolks of eggs, the rice, and the melted fat, and finally fold in the beaten whites of eggs. Have the waffle iron hot and well greased. This recipe may also be used for rice fritters by adding one tablespoonful of sugar and frying in deep fat. If preferred, the grains of rice may be left whole.

Rice and Corn Muffins.
2 cupfuls corn meal. 1 cupful cooked 2 cupfuls rice.
1 tablespoonful sug-
ar. 2 cupfuls
1/4 teaspoonful salt. milk.
1/2 teaspoonfuls bak- 1 egg.
ing powder. 1 tablespoonful fat.

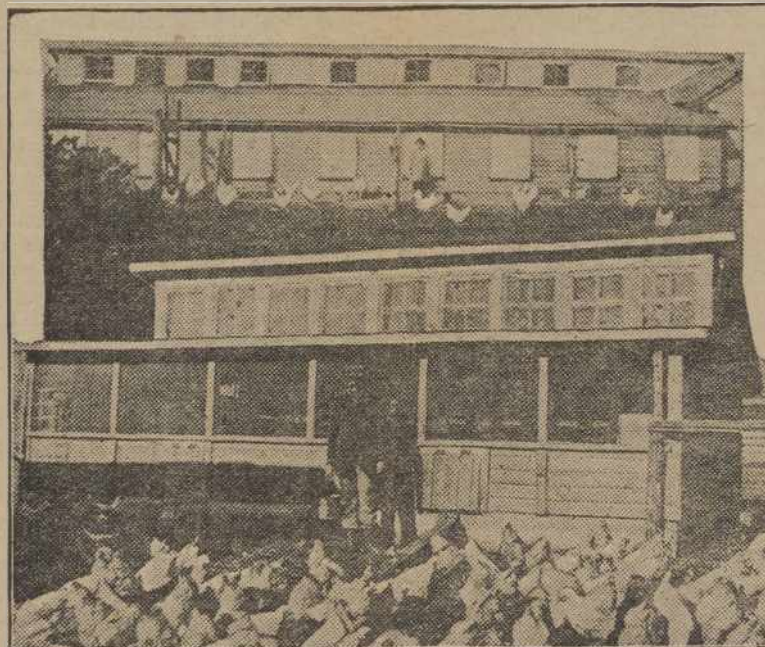
Sift the meal, the sugar, the salt, and the baking powder together. Mix the rice, the milk, the well-beaten egg, and the melted fat; then add the meal and other dry ingredients. Bake the mixture in well-greased muffin pans. This will make 14 to 18 average muffins.

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POULTRY HOUSE PAID FOR BY WELL CULLED FLOCK OF HENS



Poultry House 22 by 60, Which Will Hold 330 Fowls—It Was Built by Mrs. Kruse of Clinton County, Iowa, the Receipts From Her Flock Paying for It in One Year—Below Is Shown a House 22 by 24.

(Prepared by the United States Department of Agriculture.)

The results obtained by Mrs. F. L. Kruse of Clinton county, Iowa, through poultry culling under the direction of the county extension agent should be an encouragement to anyone who may have hesitated to cull the home flock to get rid of "boarder" hens.

In July, 1921, when Mrs. Kruse had 210 hens, she called in the extension agent and with her assistance took out 80 "loafers," which were sold while the price was good. A number of neighbors attended the culling demonstration. The egg production was not cut down after the culling. The

culls were watched for four days, but laid no eggs.

Mrs. Kruse kept a record of eggs produced and sold during the year, but did not include those used in the home, which amounted to a good many dozens. The flock has more than paid for a new poultry house built last fall, from plans furnished by the extension agent. Eggs sold during the year brought \$477.59, the old hens sold for \$77.80. Several cockerels were sold for breeding purposes, and the rest were marketed while young, bringing in considerable additional money. Three neighbors who saw Mr. Kruse's poultry house borrowed the plans and built similar ones.

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