

PROCLAMATION

Citizens of Oregon, Greetings

WHEREAS, Woodrow Wilson, President of the United States and President of the American Red Cross, again has called upon the people of the United States to support the great institution of Red Cross, and

WHEREAS, he has proclaimed the week of May 20 to May 27 for the purpose of soliciting gifts;

NOW, THEREFORE, I, James Withycombe, Governor of generous Oregon, call upon all citizens of this State to set aside this week to the holy purpose of serving in this humane cause; and I urge all private citizens, if called upon, to serve as workers; and to let no private occupation hold them back.

When citizens of Oregon are asked for their gifts let them remember they are helping suffering humanity.

Oregon never fails. Let her lead again!

Given under my hand this 15th day of May, 1918.

Signed: JAMES WITHYCOMBE,
Governor of Oregon.

David H. Looney of Jefferson is one of the candidates for representatives that the voters of this section can support, secure in the confidence that he will represent the county honestly and faithfully and in the interests of the people alone. He will give every section a fair deal. His whole career affords evidence of his ability and his integrity. He is not a chronic office seeker, he is not a professional or a would be politician. He has held the appointive office of president of the state board of Agriculture, but did not seek it. His administration of that office is proof of his ability and of his grasp of public affairs. His private life and character are unimpeachable. No elector can make any mistake in casting his vote for David H. Looney for representative.

During this whole primary campaign not a word of criticism has been heard of Louis Lachmund, candidate for state senator. Even his opponents all have only the most complimentary things to say of him—because there is nothing else to be said. No man has been a candidate for this office for several years in Marion County who is so well qualified for the place. No one could be ashamed of Louis Lachmund as this great county's representative on the floor of the Oregon Senate. An able, honest, loyal American, commanding the respect of everyone who knows him, Lachmund will make an ideal member of the state senate, and this county cannot afford to not elect him. The bigger the vote given him, the more the county should be congratulated.

The Safest Place for Your Money

The paper money of the United States is a promise to pay. It is the agreement of the United States to "pay to bearer" a certain sum. W. S. S. are also a promise to pay.

War Savings Stamps Are as Good as Money and Pay You 4% Compounded Quarterly

Both the money and the stamps are guaranteed by the richest nation in the world.

Suppose we were to lose the war? What good would money be?

None at all. It would be a mere memento of the past. And if we bought our freedom back, by indemnity, it would be at a price so colossal as to wipe out our savings and mortgage our earnings for generations.

The safest place for all your money is in War Savings Stamps, because the money saved and raised by War Savings Stamps will win the war, and thus insure the preservation and solvency of our Government and the safety of our homes and families forever.



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THE AURORA OBSERVER

W. A. DIMICK



Candidate
For State Senator
From Clackamas County

THERE IS NO GERMANY.

Very often we hear it said: "Germany has created Mitteleuropa." This is another mistake. Geographically speaking, Mitteleuropa includes only Central Europe, and Germany's domination is infinitely farther flung, extending as it does from the west front in France to the British front before Baghdad. If we wish to see things in the light of reality, we must say, for the present, at least, "There is no longer any Germany; instead, there is Pan-Germany." This is an essential assumption if we are to reason justly. The map of Pan-Germany at the beginning of 1917 shows clearly the essential, but all too little known, elements of the present situation, which is characterized by the fact that 73 million Germans, aided by 21 million vassals—Magyars, Slavs and Turks—have reduced to slavery 82 millions of Latins, Slavs and Semites, belonging to 13 different nationalities. Pan-Germany, which has now almost completely reached the limits set by the Pan-German plan of 1911, consists, therefore, of one vast territory containing about 176 million inhabitants and natural resources of the greatest variety.

L. J. ADAMS



For County Judge

ALLIED FOOD SHIPMENTS REACH LARGE TOTAL

A general idea of the quantity of food sent to European allies by the United States from July 1, 1914, to January 1, 1918, is given by figures just announced by the U. S. Food Administration. In that period the United States has furnished complete rations for 57,100,933 people. In addition there was enough extra protein to supply this portion of the diet for 22,194,570 additional men.

The total export of wheat and wheat flour to the three principal allies is equivalent to about 384,000,000 bushels. Pork exports for the 3½ years amounted to almost 2,000,000,000 pounds. Exports of fresh beef totaled 443,484,444 pounds. The amount of food exported to Russia is negligible compared with that sent to the western allies.

* ONLY AMERICA CAN HELP.
* "On your side are boundless supplies of men, food, and material; on this side a boundless demand for their help."
* "Our men are war-weary and their nerves have been strained by more than three years of hard, relentless toil."
* "Our position is critical, particularly until the next harvest, but the United States can save us."
* "You Americans have the men, the skill, and the material to save the allied cause."
* SIR JOSEPH MACLAY,
* British Shipping Controller.

Feed Grinding on Saturdays only during the summer months at the Ziegler Warehouse. 10-2p.

PEOPLE ASKED FOR FLOUR DONATIONS

Freewill Offering of Excess Stocks Is Requested.

MEN OVERSEAS NEED GRAIN

Plan Devised to Save Transportation and Time—Local Donations to Be Resold Locally But Release Equal Amount at Atlantic Seaboard For Immediate Shipment to Allies and Troops.

Opportunity is now offered, through Federal Food Administrator W. B. Ayer, for Oregon families and manufacturing firms using wheat flour, to make a voluntary personal sacrifice for the benefit of Uncle Sam's boys in the Army and Navy. Mr. Ayer has announced that any family, public eating place, or factory using wheat flour, such as bakeries and cracker factories, now has the privilege of directly contributing to the flour bins of the Army and Navy by turning back to the government, at the market price, such portion of their wheat flour allowance as they will patriotically refrain from consuming themselves.

Such gifts of wheat flour, while not going directly to France for the boys overseas, will be turned into the government commissary at the nearest point, and will release an equal quantity of wheat flour on the Atlantic seaboard for immediate shipment "over there." Under this novel plan when a patriotic Oregon family goes on a wheatless diet for a week or a month, or longer period, the wheat flour they save and turn back to the government actually represents an equivalent of wheat flour three thousand miles away, which immediately starts to move forward to the fighting forces. This arrangement has been made in order to save transportation across the continent.

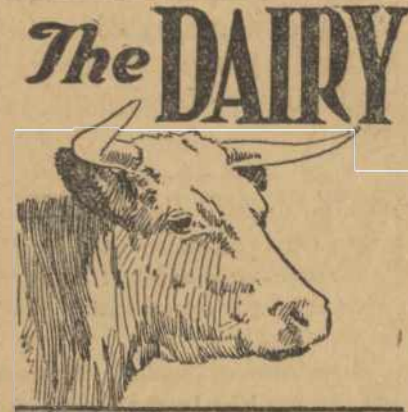
"I am hoping for a splendid wheat-saving record in Oregon," said Mr. Ayer the other day, "For I believe when Oregon families and public eating places in the state know that the flour they save will go direct to the boys of the Army and Navy they will not hesitate to respond in the usual patriotic Oregon way. I had a telegram from Mr. Hoover today in which he asked me for an estimate on what I thought Oregon could be relied upon to save under the new plan. I wished to be conservative, and I replied that my estimate would be 30 to 35 per cent of the normal wheat flour consumption. This is a much lower estimate than other states had made, and I realize that it will probably be unsatisfactory at Washington. I am hoping that the people of the state will exceed this estimate by a generous margin. The county administrators have in hand the full details of the plan for saving wheat in this way for the needs of our fighting men, and any one wishing to personally contribute wheat flour should get in touch at once with the Food Administrator of the county in which he or she lives."

The wheat-saving plan announced by Mr. Ayer is a national one, and it is now operative in all the states. The states of Washington, Idaho and Oregon are now co-operating in an effort to make a big wheat-saving record for the Northwest. Federal Food Administrators R. E. Bicknell of

JAS. P. FELLER



For County Commissioner



BREEDING AGE FOR HEIFERS

Time Depends Largely on Development and Season of Year—Cool Season Is Favored.

The age at which heifers should freshen depends largely upon their development and the season when it is desired to have most of the cows freshen. Although the larger breeds do not mature at so early an age as the smaller ones, in most cases it is possible by liberal feeding to obtain sufficient growth so that heifers may profitably be bred to freshen at two years of age. It is seldom desirable for a heifer to freshen at an earlier age.



Splendid Dairy Heifer.

In deciding upon the time to breed, the size and development should be given greater consideration than the age, since it is important that the heifer have good growth by the time she freshens. However, if allowed to become too mature before breeding, especially in the case of animals that are heavily fed, there is sometimes difficulty in getting the heifers in calf.

It is undesirable to have cows freshen during the latter part of the summer, because their milk production will be seriously hindered by hot weather, flies, and dried-up pastures. Rather than have heifers freshen during the summer months, it is advisable to postpone their breeding so that they will freshen during the cooler season.

ADDING VARIETY TO RATION

Feeding Alfalfa Hay Before Cattle Run on Pasture Is Especially Good in Avoiding Bloat.

(By R. H. WILLIAMS, Animal Husbandman, Arizona Experiment Station.)

Stockmen have proved to their own satisfaction that it pays to have some alfalfa hay before cattle run on alfalfa pasture. This is especially beneficial in avoiding bloat and adding variety to the ration. The animals seem to get tired of succulent feed and wish a variety. On this account it is always wise to have a feed rack either in the lane or in the field where the animals may receive the dry feed. Dairy cows especially will relish a few bites of the hay night and morning. It is a simple matter to keep this hay in the dry lot adjacent to the barn where the cows may eat before and after milking. Better gains will be made in the young stock and also cows will yield more milk and do better if allowed alfalfa hay while on pasture.

CAUSE OF DISEASED UDDERS

Bitter Taste and Rancid Smell in Milk Traced to One Cow in Herd—Cases of Sore Throat.

Dairymen have occasionally been puzzled by a bitter taste and rancid smell in milk, produced under sanitary conditions. It has been found that such conditions can arise from one cow in the herd with a diseased udder and a bacterium has been isolated as the immediate cause in the milk. The bacterium credited as the disturbing factor is said to belong to the group lactis aerogenes. On a farm in Wisconsin they found three cows affected with mastitis to which was traced the cause of 200 cases of severe sore throat among the persons using milk from the herd.

USE POTATOES INSTEAD OF BREAD

Bread Must Be Saved—Potatoes Contain the Same Nutriments.

How many potatoes are you eating? This is a question the Food Administration wants every loyal American to ask himself or herself. Strange as it may seem, the eating of potatoes at this time is a practical war service, according to a recent Food Administration bulletin, which points out that this nation now has a large potato surplus on hand and that this valuable food, unless eaten within the next two months, will be lost through sprouting and rotting. By eating of potatoes liberally, every family can save a substantial amount of other food, particularly of wheat. By eating up the surplus of potatoes the nation will also prevent serious loss to the potato producer, who needs to be encouraged to grow maximum crops during the coming year.

"Domestic science experts have figured that: One ordinary baked potato equals in nourishment one thick slice of wheat bread."

"Potatoes at one and one-half to two cents a pound have more food value than bread at ten cents a loaf."

"Potatoes are healthful. They improve the general tone of the system by their wholesome action on the digestive organs. They are easiest on the stomach of all vegetable foods. They are easy on the kidneys because of the minimum of nitrogen they contain. They are easy on the intestines because of the tenderness and small proportion of their cellulose and the fine division of starch."

"Potatoes are valuable in the diet of the sick. They can be eaten with benefit by people suffering from dyspepsia, anemia, diabetes, Bright's disease, cardiac affections, intestinal troubles, constipation, hyperacidity, arthritis, gout, liver complaints, etc."

"Always serve potatoes with meat," concludes the Food Administration bulletin. "Never serve bread and potatoes."



By Mrs. Robt. J. Burdette.

The firing line is now in your kitchen.

Knock out the breadline at your table.

It has been said that the Revolutionary War was won by men fed on hardy pudding, in other words, corn meal mush. Let it be written in history that the winning of the present war was made possible by the United States eating potatoes.

The manner of eating, the time of eating and even the kind of foodstuffs eaten are largely a matter of habit. We do not desire to break ourselves entirely of the habit of eating or life would not prove worth living, but it can be made to prove better worth living if we change some of the habits. Suppose we cure ourselves of the hand-eating habit and see if we do not consume less bread. If you were to put your bread and butter on your plate and eat it with a knife and fork it would reduce the amount of bread eaten at once. In some of the Oriental countries men carry strings of bright red wooden beads that are known as "Conversation beads," and they seem unable to talk unless they have them in their hands to play with and pass from one hand to the other. We seem to need something in our hands at table or we feel the meal is incomplete and that something is usually bread. Forget this habit and save wheat. If you must continue the hand-eating habit, hold a hot potato.

How to Increase World's Bread Ration

With famine creeping through Europe, and every nation struggling to produce enough food to sustain life, the American farmer has a duty that he can not shirk. America must ship food to Europe for our soldiers. America must supply bread to starving peoples. No matter what other crops are raised, more acres should be devoted to bread grains. "Do your bit, Mr. Farmer," says a Food Administration bulletin. "Success depends upon you in this world war."

West Point is on a food-conservation basis, and the health of the cadet corps is better than ever. All bread used is composed of 45 per cent wheat flour, 45 rye, and 10 per cent white bolted grain flour; and many cadets consider it superior to the former white bread. Sugar consumption has been cut down, meatless days and meals are rigidly observed, and the reduced amount of meat has been beneficial to health. A lesson from a reliable source.

Taking It From Babies.

"Every ounce of wheat products in excess of six pounds per month that you eat, Mr. American Citizen, is that much literally taken from the mouths of the starving women and children of France," says a Food Administration bulletin. "The armed allies may go without wheat, but these innocents will actually die unless we give them of ours in generous proportion."

Victory bread is received with hearty approval. But don't be satisfied to use it on a wheatless day or at a wheatless meal, because it isn't wheatless.