or thing to do. We do not understand
the lost art of doing nothing. We
cainhot, we dare not, fust sit and think.

##  Three times on the run between Worthing and Shoreham the beautiful prima donna's nearly new car had broken down. Ultimately coaxing it to enter Brighton, the fair lady re celved in tre hotel porch the solch- tude of a sister artiste who had passs ed her on the road. "Much trouble ed her on the road. "Much trouble with my car, dear?" she echoed, bit- terly. Why, I couldn't have mare trouble if I was married to the blessed machine!"-Grortine Simes.  If the nursery window is not pro tected by outside bars, hammer a large serew or nall into the groove ot the lower sash, so that the window cannot be raised more than six inches If the top sash is drawn down, this is quite enough for ventilation, and no matter how ingenious or venturesome vriggle through the smaia <br>  <br> RHEUMATISM

| pains in the legs, arms, back, stif or orswollen folnts. Contains no morphine opium, cocaline or drugs to deaden the pain. It rhentranizes roisons from the sys Womi Write Prof, arinyon, s3d and Jentterson Sts., Phila.., Pa., for medical ad rice, absolutely free. |
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"Why ts the public


CRESCENT CHEMICAL CO

Life Without Food.
How long Is it possible to live with out food? We have all read of a case
not many years stince, where some French miners were entombed for
(wenty-one days, and rescued allve ong after everyone thought they nust be dead; of course they were
in a very weakened condition, and re quired the utmost care before they were out of danger. This, however,
is by no means the longest time that humated without food, and in a recent to sue of the British Medical Journal,
there ts the record of a woman sut. ering from cancer, who could take yet she existed in that conditlon for
fifty-six days, and was, moreover quite consclous till her death. In In fia the fakirs Include among their from food for a very long period, but
when they do this they put themselves into a condition closely resem.
bling sleep, and, of course, during that time the body is called on to
perform none of its usual functions, perform none of its usual functions,
and wasting of tissue is reduced to
minimum.



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## TITIC BADEGERTANID IITS LIANTIS

 their only large carnivorous, genuiney wild animal; the fox, the only other
wild beast of any size, is in many, perhaps 1 ought to say most in many, so carefully preserved that it owes
its existence to man, instead of, like
the bedger, existing in spite of man
Then, too "the brock". is Then, too, the brock is hardly ever
seen alive and free, but comes and
goes mystertously In the deld of night,
 or clay and rock, and run in every di-
rection for hundreds of feet. There rection for hundreds of feet. There
are only two visible entrances, which are inconspicuous holes, without even being situated at the top of one of the sides of a very steep and deep val-
ley, or dingle, as they are locally called, the soil all rolls
stream below, where away. In fact, the sole intimations of
badgers are the pathways formed by their always taking the same road in
their nightly wanderings MADE DOCKSTADER FAMOUS Negro Minstrel's Good Story of Joke President Taft, who admires all hugratulating Lew Dockstader, the ne gro minstrel, on his genius, and fame.
Then Lew told Mr. Taft a story. Jean Then Lew told Mr. Taft a story. Jean
Havez was once Dockstader's press agent and general manager. One eve
ning, as the two alighted from a
train in a middlesized town in the west, Dockstader reproached Havez with this: "Jean, Id like to know
what you have ever done for me. Here I am paying you a princely salary,
and you don't give me any returns for it." "Why, Lew," objected Havez,
greatly grieved, "how can you say that, arter all Ive done for you?" "All you
have done, said Dockstader, "has been to write a good song for me occasion-
ally, or give me a little advertising in the newspapers, or dig me up a more
or less bum joke. That isn't enough." you the most famous man in the coun-



Cood Spring Tonic








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[^0]204 Market
Portland, Oregon
I Guarantee All My Work. DENTIST




Hands Full with Simple Branches. have hands more than full beating in reading, writing, spelling, grammar and seography in eigla yoars may wasting sol shel han man a model school really learn the above
simple branches? Teaching these free is enough for any city to do. Do an do It? Princlpals and teachers are good enough; it is the system that

## Alcohol <br> not needed

Ayer's Sarsaparilla is not strong drink. As now made, there is not a drop of alcohol in it. It is a non-alcohelictonic and alleralive. Ask your own doctor about your taking this medicine for thin, impure blood. Follow his advi every time. He knows
Ayer's
Ask your doctor, "What is the first great
rule of health $p$ ". Nine doctors out of rule of health?", Nine doctors out of
ten will guickly reply, "Keep the bowels regular." Then ask him another ques
tion, "What do you think of Ayer's tion, "What do you th
Pills for constipation?"


[^0]:    Skylights Tanks Gutters Down Spouts Steel Ceiling J. C. BAYER

