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# RHEUMATISM

DISTORTS MUSCLES  
SHATTERS NERVES  
STIFFENS JOINTS



**I**S DUE to an acid poison which gains access to the blood through failure of the proper organs to carry off and keep the system clear of all morbid, effete matter. This poison through the general circulation is deposited in the joints, muscles and nerves, causing the most intense pain.

Rheumatism may attack with such suddenness and severity as to make within a few days a healthy, active person helpless and bedridden, with distorted limbs and shattered nerves; or it may be slow in developing, with slight, wandering pains, just severe enough to make one feel uncomfortable; the tendency in such cases is to grow worse, and finally become chronic.

Like other blood diseases, Rheumatism is often inherited, and exposure to damp and cold, want of proper food, insufficient clothing, or anything calculated to impair the health, will frequently cause it to develop in early life, but more often not until middle age or later. In whatever form, whether acute or chronic, acquired or inherited,

## Rheumatism is Strictly a Blood Disease

and no liniment or other external drug treatment can reach the trouble. Neither do the preparations of potash and mercury, and the various mineral salts, which the doctors always prescribe, cure Rheumatism, but ruin the digestion and break down the constitution.

A remedy which builds up the general health and at the same time rids the system of the poison is the only safe and certain cure for Rheumatism. Nature has provided Galvanic Electricity, that nerve-strengthening, blood-invigorating and health-restoring nerve remedy, which certainly and unfailingly cures this terrible disease if taken in time.

## Dr. Sanden's Electric Belt Cures Rheumatism

It will purify, vitalize and enrich the blood and system, open the clogged pores of the skin. New life is instilled into every organ of the body, the circulation is equalized. The Kidneys and Nerve Centers are strengthened, the Liver is renewed, the Nervous System soothed, causing good, sound sleep. Natural ingestion is restored, creating a sharpened appetite, toning, invigorating, strengthening the entire body, producing good health by NATURE'S MOST COMMON SENSE METHODS.

**DO NOT DELAY!** A treatment with electricity NOW will rid you of your Malaria, La Grippe, the pangs of Rheumatism, Gout, Sciatica or Neuralgia, prevent and cure Kidney and Liver Troubles, which are so prevalent in the spring, as well as Headaches, Bilious Attacks, Loss of Appetite, Coated Tongue, Lame Back, Tired Feeling, and many other disagreeable and painful symptoms. Write me today about your case, as consultation is free. You will also receive my booklet "Truth and Fiction," which will save you from being imposed upon by imposters with their shoddy so-called electric belts.

DR. A. T. SANDEN

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Portland, Ore.

## HISTORY OF THE COLUMBIA.

### Various Names Which the Majestic Stream Has Borne.

A reader asks for information as to the Indian name of the Columbia river. When the first white explorers came into the country the Indians dwelling along the stream had various names for the great waterway—Spokatilicum, or Friendly Water, Wahna, or Big river, and for the upper stream the melodious name Multnomah was sometimes used.

The earlier navigators and explorers found it difficult to unite upon a name for this majestic river. The older charts marked a considerable stream falling into the Pacific, and termed it the Rio de Aguilar, in honor of a Spanish lieutenant who is said to have sailed into these waters in the 16th century. It is the general belief of historians, however, that Aguilar paused before reaching so northern a point, and that the river he discovered was one of the smaller streams flowing down from the mountains of southern Oregon.

Other charts indicated the River of the West, the River Thegays, and later the River Oregon. The origin of the latter name is lost in mystery. Jonathan Carver, who penetrated the wilds west of the Mississippi river during the 18th century, is thought to have been the first to employ it. In his quaint and interesting book he stated that the Indians he encountered in the Rocky mountains told him of a great river rolling far to the westward, and this river he called the Oregon.

The most plausible theory of the origin of this name is that it was bestowed by early Spanish navigators in honor of the province of Aragon in their native land. The name Columbia, it is hardly necessary to add, was bestowed by the river's discoverer, Captain Gray, of Boston, who sailed in over the bar in May, 1792, in the sloop Columbia.

A few other points in connection with the history of this river may be of interest. The trading post at Astoria was not the first white settlement upon the river's banks. In 1810 Captain Winship attempted a settlement and built the first house at a point forty miles above the mouth. The Astor enterprise came in 1811. The first white woman to come into this country was Miss Jane Barnes, who arrived at Astoria in 1814, coming from England in the ship Isaac Todd.

Prior to the advent of the whites the Indians had large villages along the river. Among them Wishram, at the cascades, peopled by a villainous lot of thieves and cut-throats, whose descendants, half a century later, became so troublesome to Lieutenant Sheridan. The Indians along the lower stream were more peaceably inclined. They dwelt in rude plenty, and were fairly prosperous and happy until one of the sailing vessels dropping into the river brought the deadly seeds of smallpox. The pestilence spread among them, and the losses were appalling. So thoroughly were the natives cowed by this disaster that for forty years thereafter, when they became turbulent, to bring them to terms it was only necessary to bring forth an empty bottle, securely corked, and threaten to let loose the smallpox.—Spokesman-Review.

### Through the Yellowstone.

The new route via the Oregon Short Line Railroad and Monida, Mont., enables you to make a delightful trip through the Yellowstone National Park, entering via Monida and coming out via Cinnabar, making it unnecessary to cover any portion of the route twice. For beautiful descriptive booklet, write or call at Oregon Short Line Ticket Office, 142 Third street, Portland, Oregon.

Only the best of Wines, Liquors, Ice Cold Beer and temperance drinks at Barnard's Halfway House.

## COLLECTED \$80,000 IN TAXES.

### Largest Amount for Half Year in the History of Baker County.

The Baker City Democrat states that the sheriff collected taxes amounting to \$70,458.21 from March 1 to October 1, giving the collections in detail. Continuing it says:

The amount collected and paid to the treasurer since October 1st is \$8313, making the total since March 1st, \$78,801.21. The amount collected and still in the hands of the sheriff will swell the amount in round numbers to \$80,000.

This is the largest amount ever collected in the same length of time in the history of the county. It has been paid in without any undue pressure from the sheriff and is an index to the financial condition of our taxpayers—an indication that the people generally are prosperous in Baker county.

While there are some who are delinquent, yet the percentage is smaller than for years past.

It will be noted that \$32,006.11 in outstanding warrants have been redeemed in payment of taxes. This represents about \$10,000 more than the amount of warrants issued in payment of the expenses for the year.

Baker county is slowly but gradually reducing her enormous debt. The taxable property in the country is almost double what it was 10 years ago, while the expenses of government is a great deal less. With these facts and figures before them those who have charge of county finances begin to see a bright light in the distance.

### Lessons in Lace.

Mrs. Marsh, next door to MINER office, will give practical instructions in lace work. Materials and hundreds of patterns to select from.

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