

CHINESE WOMEN STUDY HEALTH

Three Doctors Return From America to Begin Active Health Campaign Among Women.

ALL AGENCIES COMBINE.

American Y. W. C. A. Will Support Women's Part of Chinese Health Campaign as Part of World Service Program.

As a result of the Y. W. C. A. International Conference of Women Physicians, held during September and October, Chinese women are to have a far-reaching health program.

Dr. Ida Kahn, Dr. Li Bi-Cu and Dr. Dau, three of China's half hundred women physicians, who attended this



DR. IDA KAHN URGES CHINESE WOMEN TO WORK.

conference, are to take an active part in promoting this health program for women which will be the share of the Y. W. C. A. in the big health movement in China.

The funds for establishing these health centers, for demonstrations of how to care for babies, for health lectures for the women, for babies' dispensaries and for a general educational campaign, will be raised by the American Y. W. C. A. as part of its program of world service for women and girls in 1920.

Dr. Ida Kahn, in a recent appeal to modern Chinese women said, "Let our women of education in Peking and elsewhere gather themselves together to work for the schools, Red Cross and Y. W. C. A., and everything else which bespeaks the betterment of the country. Instead of staying at home to play poker and 'sparrow,' and going out to attend endless dinners, tea parties and dances."

"Let us rally our forces and help the ship of state to move safely. One person cannot accomplish much, but one or two hundred millions of women can work wonders. Let us go back to a more Spartan-like simplicity of living and let us build up social service until every city in China is sanitary, every section of the town has its proper schools, and every child, whether boy or girl, is sent to such schools. True social service brings democracy in its train, and we who are citizens of a new republic can help to make it truly great by preaching and living democracy all the time. Why not learn to do our household duties, deeming it effeminate to be waited upon by maids and slave girls all the time?"

"The status of women in China, while leaving much to be desired, still is quite hopeful when we consider that she is just emerging into the sisterhood of the nations. Our men can depend upon us to bear the burdens of the day, for nowhere is there a more industrious, diligent and persevering womanhood than in China."

Dr. Kahn is lecturing in this country on the needs of her fellow country women, in the interests of the Y. W. C. A. Educational Campaign which plans to acquaint people with all phases of Y. W. C. A. work in the United States, South America, China, Japan, India and Europe. This educational campaign will be followed by an active effort to raise the \$3,000,000 needed for service for women throughout the world.

CHINESE WOMEN HAVE FINANCIAL ABILITY.

They Carried Y. W. C. A. Campaign "Over the Top."

Much has been said about the honesty and skill of the Chinese business man. The world has neglected to mention the financial ability of Chinese women. They proved this ability in the last financial campaign of the Y. W. C. A. in Tientsin.

Ordinarily three weeks are allowed in which to raise the budget by subscription after the finance committee has decided upon the sum necessary to carry on the work of the coming year. The Tientsin campaign was carried on entirely by Chinese women and broke all records by going over the top in ten days with a large surplus over the budget.

WANDER FROM STRICT TEXT

Matter of Marvel That Phrases From the Bible Are So Frequently Misquoted.

No book has contributed more to the general stock of misquotations than the Bible. No book exists in such a multitude of forms, which may account for some of the popular departures from the wording of the King James version. But it is not easy to supply reasons for most people's habit of saying: "In the sweat of thy brow," when the text reads "in the sweat of thy face shalt thou eat bread." Why "the parting of the ways?" Instead of the "parting of the ways?" "Bone of my bone," instead of "bone of my bones and flesh of my flesh" may be due to the desire for perfect parallelism. And the same explanation may hold for "Thus far shalt thou come, but no further," instead of "Hitherto shalt thou come." But why the general preference for "better part," when we are expressly told that "Mary hath chosen that good part?" The Vulgate, for whatever reason, says "the best part"—optimum partem—often cited in the middle ages in proof of the superiority of the contemplative life, as represented by Mary, over the active life, symbolized by Martha. But apparently no such contrast was originally intended. Why, again, "a multitude of sins," when it is said of charity that it "shall cover the multitude of sins?" Perhaps there is no other reason save that at least the world agrees in calling it, though the biblical text describes it as "an unprofitable evil."—Marv Ayres, in The Review.

DREAM BROUGHT HIM WEALTH

Peddler Had Laugh on Skeptical Shopkeeper Who Refused to Credit Truth of Vision.

In the time of Henry VII the story runs, so Edgar G. Goodspeed writes in the Atlantic Monthly, there lived in Swaffham Market, in Norfolk, a peddler named John Chapman. Having dreamed one night that, if he went up to London, on London bridge he would meet a man who would bring him good news, and being unable to get this dream out of his mind, he presently betook himself to London, and all day long walked to and fro on London bridge. At length a shopkeeper, noting his strange behavior, asked him the meaning of it, and the honest peddler told him his dream.

"Ah!" said the shopkeeper, "had I taken account of dreams I might have secured as much a fool as you; for only the other night I dreamed that in a place called Swaffham Market, in Norfolk, there lives a peddler named John Chapman who has a tree in his back yard, under which is buried a pot of gold."

The peddler humbly acknowledged the folly of such behavior and forthwith returned home. There he lost no time in digging under the tree in his back yard, and in very truth found just such a pot of gold as the shopkeeper had dreamed of, whereby he lived in plenty the rest of his days.

WHEN ANSWERING classified ads kindly mention The Democrat.

FEW FOLKS HAVE GRAY HAIR NOW

Druggist Says Ladies are Using Recipe of Sage Tea and Sulphur.

Hair that loses its color and lustre, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of women and men who value that even color, that beautiful dark shade of hair which is so attractive, use only this old-time recipe. Nowadays we get this famous mixture improved by the addition of other ingredients by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound," which darkens the hair so naturally, so evenly, that nobody can possibly tell it has been applied. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning the gray hair disappears; but what delights the ladies with Wyeth's Sage and Sulphur Compound is that, besides beautifully darkening the hair after a few applications, it also brings back the gloss and lustre and gives an appearance of abundance.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite to impart color and a youthful appearance to the hair. It is not intended for the cure, mitigation or prevention of disease.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hawking, sneezing, mucous discharge, headache, dryness—struggling for breath at night, your cold or catarrh is gone.

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid.

INDIAN FIGHTER IS ARTIST MODEL

A Choctaw Indian of Calvin, Oklahoma, who was in that company of United States soldiers which fired the first shots at the Germans, and who was near the fighting lines when the last gun was heard, has been chosen by Dewaroux, the French artist, as the model for his painting of the true American fighter. The picture is to hang in the French Federal Building at Paris with those of other Allied Soldiers.

Otis W. Leader trained with the famous Blue Devils when he first went to France, and was almost continuously under fire while he served overseas. At Chateau Thierry, Metz, St. Mihiel, Verdun and Argonne he made a splendid record of bravery, and was cited for his action at Chateau Thierry when for three days he fought with the infantry after the entire gun crew with which he was fighting had been killed, and the gun destroyed. At this time he captured two machine guns and eighteen prisoners.

Today Leader's body is covered with mustard gas burns for which he still has to have medical treatment. He isn't sitting down for the rest of his life telling war stories to his children and friends. Not much!

The man who was chosen as the type of true American fighter is still in action. At Oklahoma City he is taking training under the direction of the Federal Board for Vocational Education in mechanical and electrical engineering. After completing the course there he is to continue in advanced work along the same lines in Kansas City Missouri.

Frank G. Will

JEWELER
High class Jewelry, Silver, Cut Glass and Hand Painted China

AN OLD RECIPE TO DARKEN HAIR

Sage Tea and Sulphur Turns Gray, Faded Hair Dark and Glossy.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old-time recipe improved by the addition of other ingredients, at very little cost. Everybody uses this preparation now, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.



Gift Suggestions that Appeal to Men

Practical gifts like wearing apparel meet the approval of even those most critical. Every man is interested in wearing something that will improve his personal appearance.

In the list we have carefully selected at the right you will find many worth while suggestions to make your Christmas shopping a pleasure.

The Blain Clothing Company

"Value First" Store, Open Till 9 This Evening and Wednesday

FULLY PROTECTED

We have just installed an Electrical Burglar Alarm System, which places The ALBANY STATE BANK in the front rank for safety and protection. Every inch of the vault surface is electrified, as well as the vault door. This means the combination, the bolt throw, or the vault itself cannot be touched without turning in an alarm that can be heard for blocks.

Proof of the efficiency of the alarm systems is the fact that during twenty years that such alarms have been in use in the United States, not a single vault or safe protected by them have been broken into or robbed of a single dollar. This is SOME record when you consider the thousands of leading BANKS that have this protection.

Further, the big insurance companies writing burglary insurance fully realize the safety of the alarms for they automatically reduce the premiums fifty per cent on all banks thus protected.

Further, Uncle Sam has the best modern alarm appliances he can obtain for the protection of money and valuables in his charge.

We feel that we cannot make our vaults too strong for our customers. We feel that they are entitled to the best protection we can give them.

We still have a limited number of safety deposit boxes for rent at reasonable prices. CALL AND INVESTIGATE.

Albany State Bank

"ALWAYS AT YOUR SERVICE"

Irresistible!

Nothing cements friendship, and ripens it into such mellow warmth and understanding as a box of

CIGARS

Not "Just" Cigars, understand,—but

McALPIN'S CIGARS

There's a distinction; just as one book differs from another. Just as you differ from your neighbor.

CANDIES



Send her a box of Candy. We carry the finest lines—packed in fancy boxes to please her eye as well as her taste.

Smokers Supplies



Give him a fine briar pipe. Our line is complete in all sizes, shapes, and sizes. Also a full line of Cigarettes, Tobaccos in Humidors, etc.

CIGARS
CANDIES

M. McALPIN

TOBACCOS
BILLIARDS

Suggestions for Men

- Bath Robes
- Sweaters
- Slippers
- Pajamas
- Neckties
- Scarfs
- Collar Bags
- Shirts
- Suit Case or Hand Bag
- Hat or Cap
- Shoes
- Wool Gloves
- Dress Gloves
- Collars