

The Meat of the Cocoanut

IN GOOD ENGLISH this time-honored phrase has meant the REAL SUBSTANTIAL PART of anything, after getting rid of all the useless parts. KAOLA MEAL is the meat of the cocoanut in this sense as well as literally.

KAOLA MEAL

--is the meat of the cocoanut after the cocoanut oil, which is used for edible and other purposes, has been extracted.

It is not possible to get all the oil out of the meat of the cocoanut and just enough remains to fit ideal requirements for --

Feeding Cows Pigs, Poultry, Etc.

The latest digestible analysis of Kaola Meal shows the following proportions: Protein 16.3 per cent Carbohydrates 63.5 per cent Fat 7.8 per cent Ash 5 per cent

It's A Rich Food

It can be used with other feeds containing less nourishment. While advantageous balancing of rations may suggest its use in that manner, it is so wholesome that it may be fed in any quantities with perfect safety and satisfaction.

EXCLUSIVE DISTRIBUTORS IN ALBANY

M. SENDERS & CO

Phone 48

435 West 1st St.



Fascination of a Helmet.

The Hun helmet possesses a strong fascination for the American soldier. Apparently he is not able to resist the temptation to capture one whenever or wherever he sees it. A news story from the Rhine country tells us that German policemen of the towns occupied by the American troops have given up wearing helmets. Many of the policemen gave them up because they had none to wear. Others discontinued their use because the American officers made the discontinuance a request. The American soldiers, it is explained, couldn't resist the impulse to capture them. The German policemen were rushed all along the Rhine and deftly unbuckled. It all shows that the primitive instinct that urges a victor to take from the conquered some symbol of his submission continues strong in the warrior breast. —Cleveland Plain Dealer.

Old Mexican God Unearthed.

A statue of "Xochipilli," Aztec god of flowers, has been discovered by William Nivon, an American archeologist who has been in Mexico recently. The statue, the representation of the god known to have been discovered in virtually a perfect state of preservation in modern times, was dug up at Atzacotalco, a suburb of the capital, and which, prior to the coming of Cortez, was the seat of a powerful Indian nation, but which, at the time of the conquest, was the great slave mart of the inhabitants of Tenochtitlan, home of the Aztecs and the site of the modern city of Mexico. In addition to its slave trade, Atzacotalco was noted for its expert jewelers and wonderfully cultivated gardens. "Xochipilli" is supposed to have presided over one of these ancient gardens.

WHEN ANSWERING classified ads, kindly mention The Democrat.

SMALL CHURCH HAS HISTORY

Many Reasons Why Little North Devonshire Edifice Appeals to the Tourist of Leisure.

It has an odd sound, "Brent Tor," hasn't it? And it is just as odd as it sounds. Brent Tor is a little bit of a stone church built high on the frowning cliffs of the wild North Devonshire coast in England. The church is so little that a Devonshire yokel with a keen sense of humor is said to have inscribed this cryptic warning, which puzzled many a simple-minded Devonshire farmer: "If you got into the second aisle of Brent Tor, you will never get out again." There is no second aisle in the wee church at all.

Brent Tor was built centuries ago by a man who was lost among the steep cliffs and rushing waters of the wild North Devon coast. The fog mists enveloped him. In his anguish as the roar and spray of the cold Atlantic assailed him he vowed solemnly that if he ever came safely out of the fog without pitching into the growling ocean he would build a church where he landed. Brent Tor was the result.

The good folk 'round about Devonshire tell how the devil tried to hamper the building of the little church. At last St. Michael de la Rupe, to whom it was dedicated, grew weary of having the devil interfere with the proceedings and heaved a great mass of cliff at his satanic majesty. There was no further trouble.

A peculiarity of Brent Tor is the fact that it can be seen from all directions—it is a veritable landmark. Before it toss the restless waves of the Atlantic ocean and behind it slope the undulating Devonshire moors.



Take a Tumble and inspect our stock of Auto, Motorcycle or Bicycle Tires for your boy. The most complete line in the City and prices are Right. And don't forget that NOW is the time to have your bicycle overhauled and put in shape for the season. We do it.

U. S. Tire Service Station

L. B. HIXON Jr.

Both Phones

129 Lyon Street, Albany

ARE YOU FIT?

The reconstruction period is at hand. The most vital period in the history of the United States.

It will take Men and Women who have Perfect Health to gain the hilltop of Success.

Are you fit for the struggle?

CHIROPRACTIC will help You to the top.

Why not get a spinal analysis today?

We are equipt to prove our analysis by X-Ray.

Dr. Robert H. Harris, Dr. Elmer C. Gipe

Cusick Bank Bldg., Albany, Oregon

CLEARING Auction Sale

EIGHT-ROOMED HOUSE, FOUR FINE LOTS, PIANO AND FURNITURE—936 COTTAGE ST.

Friday, June 13---10:30 a. m.

Consisting of

Two-story 8-roomed house with large barn and other outbuildings, including 4 fine lots. This home is situated on a corner lot facing the north and is a fine property, so if you are looking for a home don't miss this sale. Speculators get your money working. Terms \$1,000 cash, balance arranged to suit purchaser. This property will be sold at 2:30 p. m. sharp.

TEN-THIRTY A. M.

Upright Piano
1 large Oak Dresser and Commode.
3 Beds, Springs and Wool Mattresses.
1 Oak Extension Table,
6 Oak Dinets, 3 Oak Rockers
1 green Velour Lounge
1 Queen City 4-hole Range
1 Box Heater, 1 Oil Stove
1 Clock, 1 Stand Table
1 large Linoleum
1 Combination Writing Desk
1 good Refrigerator
1 Axminster Rug, 9x12, like new

1 Wool Rug, 9x12, 6 small Rugs
2 Portieres, Floor Matting
75-ft. Garden Hose, like new
1 Wash Machine
2 cords good dry Wood
Lace Curtains, Comforts, Sheets,
Towels, Glass Ware, Kitchen
Utensils, Meat Choppers, Garden
Tools, Wheelbarrow, Sad
Irons, Pictures, Wringer, Garden
Plow, 50 qts. home-canned
Fruit, Fruit Jars, Baskets,
long Ladders, Kitchen Tables,
Stands and many other things.

TERMS—Furniture and Piano—CASH

J. B. McDOWELL
Owner, 936 Cottage St.

F. N. WOODRY,
The Auctioneer, Salem, Or.

BE ON TIME

You can't cover blackheads, pimples, red spots on the face with powder; they're bound to be seen—don't worry or spoil your temper, take Hollister's Rocky Mountain Tea each week—'twill banish them thru the blood, the only sure way. 35c. Dawson's Drug store, Albany, Oregon.

There is nothing worse than bad, foul smelling breath; get rid of it for your friend's sake anyway. Hollis-

WANTED

Parties or firm financially and otherwise able to give proper representation in Albany and other towns in Oregon for a moderately priced automobile tire of unquestionable and proven merit. Want live wires and to such will make good retail proposition, give exclusive and opportunity to make money. Address 522 Alder Street, Portland, Oregon.

Daily Market Report Local Yards

Grain
Wheat—\$2.10.
Oats—70c to 72c.
Hay—Cheat, \$23; clover, \$25.
Cabbages—7c.
Onions—4c.
Turnips—2 1/2c.
Paranips—3c.
Potatoes—2c trade.
Hens—24c; roosters, 11c.
Carrots—3c.
Milfeed, ton—\$43.00.
Mohair—40c.
Wool—45 to 58c.
Butterfat
Butterfat—54c.
Creamery Butter—52-61c.
Dairy Butter—50c.
Pork, Veal and Mutton
Hogs—18 1/4c.
Steers—7 to 11c.
Cows—4 to 8c.
Veal—8 to 12c.
Mutton—4 to 6c.

Lambs—10 1/2 to 11 1/2c.
Eggs and Poultry
Broilers—23c.
Eggs—37c.

War and Roller Skates.

It is a far cry from the world war to a child's roller skates, but according to the fashion expert of Popular Mechanics Magazine, roller skates of the latest approved model are after the style of British fighting tanks. Novelty always being uppermost in the juvenile heart, it matters not that the new skates are a bit snowshoelike in size. The new skates are like all others except that they are surrounded by tanklike bodies made of light sheet metal.

Swallow Is Enemy of Mosquito.

If you want to free the neighborhood of mosquitoes encourage swallows to make themselves at home, says the American Forestry association. These birds feed almost entirely upon obnoxious insects and they will do much toward protecting orchards and other trees from insect pests. No better investment can be made, therefore, than some houses set out for martins or other swallows. Of the blue swallows the purple martin is the largest, the male being entirely blue above with a gray breast. Swallows are highly migratory, most of them spending the winter in South America.

Bevo

THE BEVERAGE

The all-year-round soft drink.

Leadership, once established, is strengthened and confirmed by its followers and imitators. Bevo's leadership is proclaimed by the largest rear guard that ever followed a leader.

Sold everywhere—Families supplied by grocer, druggist and dealer. Visitors are cordially invited to inspect our plant.

ANHEUSER-BUSCH

ST. LOUIS.

Blumauer & Hoch,
Wholesale Distributors
Star Transfer Co.,
Delivery Agent

FORTLAND, ORE.
ALBANY, ORE.

Any Store-keeper can say Always here for less

or We Save You Money on Every Purchase.

These are Meaningless Phrases and are Always used by Mail-Order houses and stores carrying the Poorer grades of merchandise.

We save you Cost of Clerk's Salary
We save you cost of buyer's salary
We save you cost of manager's salary
Compare these prices with what stores doing business in the Old way must charge you:

Men's Work Shoes with solid leather heels, outer and inner soles \$1.85
Men's so-called Elkskin split cow-hide) with leather soles \$2.50
Men's Work-Shu \$2.45
Men's Tan Army Shoes \$3.85
Children's smoked horse with leather soles, 5 1/2 to 8 \$2.25
8 1/2 to 11 \$2.50 11 1/2 to 2 \$2.75
4-4 black flat laces, 3 pair 10c
54 or 63 in. laces, all colors, round or flat 5c
10c Polishes 2 for 15c
All 25c Polishes 20c

SELF SERVICE SHOE TORE

117 Broadalbin Street

BABY'S NEEDS



NURSING BOTTLES
BATHING Necessities
and EVERYDAY
NEEDS

Careful Attention to Little Things makes us all the better able to serve you in Greater Things.

BABY FOODS - STORK GOODS - SANITARY
NURSING BOTTLES - NIPPLES - Everything
for the Baby.



Burkhart
& Lee
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A Home Bank for Home People
with Every Convenience at
Your Command

We Solicit Your Business