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THRIVING NEW DEMOCRACIES

"Self-determination" is really doing pretty well at present. The new republics set up by several of the long-oppressed races of Russia and Austria-Hungary are getting on their feet. Reports received by the American Relief Administration are said to be surprisingly favorable.

There is high praise for the strength and ability revealed by the Polish government. Poland has been beating the Russian bolsheviks with one hand and holding off Prussia with the other, and at the same time getting her own affairs established on a sound, orderly basis. Finland, which for a little while showed a disposition to fraternize with Germany, has established complete independence, won recognition from the United States and the allies, and is standing as another bulwark against Bolshevism. The Russian republic whose government is established at Omsk gains strength steadily, and seems to deserve the recognition accorded it as the foremost representative of the old Russian Empire. Ukraine is making fair progress, too. Rumania is said to remain stable beyond anticipation, resisting the Red peril, reorganizing her own political and economic life and providing a strong, disciplined army to keep Hungary subdued.

There are some 'weak sisters' in that continental family of democracies, to whom the allies will be obliged to extend a helping hand for some time yet. There are regions that will need policing for years. But on the whole, the situation is cheering. The 'white man's burden' assumed by the victors of this war may not be so heavy, after all.

Drove to Roseburg.
Mrs. E. Davis and daughter Velma left this morning in their automobile for Roseburg where they will attend the annual Strawberry Carnival and visit at the home of their son and brother.

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WITH ROOSEVELT IN AFRICA

Hunting Companion Tells of Incident That Demonstrated the Colonel's Complete Fearlessness.

R. J. Cunningham, the famous African hunter, who was in charge of Colonel Roosevelt's hunting expedition in East Africa, said he had never found "any other so easy to get along with, and no other man who, by his character, made every man in his service so anxious to do the best possible for him." He tells the following story of "One very near squeak" the colonel had. Said he:

"The colonel was determined to get an elephant and a tusker at that. I told him what that meant and how much risk there was, but he said that he was willing to face it. That was the colonel all over."

"We found an elephant in a forest on Kenya mountains. We had been hunting for three days, and it was hard work for a man of the colonel's bulk in that heat and at that altitude, 11,000 feet. At last I caught sight, through a thick bush, of elephant hide and a tusk, about thirty-five feet away, just near enough to tell me it was a fine specimen. I pointed it out to the colonel. He fired with complete coolness, got the elephant in the ear and dropped him."

"As the shot went off the forest all around roared along with trumpeting. We were in the midst of a herd of cows and young bulls, and one of the latter thrust his head through the bushes right over the colonel's head. I was right behind him, fired at once and howled him over."

"Then I rushed up to the colonel and said, 'Are you all right, sir?' But I could see he was before I spoke. He hadn't turned a hair. At any moment the cows might have blundered through the bush over us, but he never thought of that. He went up to the old chap he had killed and gave it the coup de grace and then let himself loose. I never saw a man so boyishly jubilant."

Found Her Theory Wrong.
Jealousy has no place in the psychology of Mrs. George Lamb of Chicago.

"Vamp love is not true love," she says. "It's only temporary. Men do not love women they cannot respect." Mrs. Lamb does not think a real man can respect "a rag, a bone and a hunk of hair."

"I studied this psychology even before I knew that George was living with another woman," Mrs. Lamb said. "I was so positive it would work that I invited the 'other woman' to come and live in my house. If I could not win back the love of my husband over the wife of a vampire—then I will be ready to admit my theories are all wrong."

Her husband refused to accept the test, she says, and left her, giving her \$10 a week for the support of their son.

"Think of it," she says. "I forgave him after his blonde went back to her husband and he returned to me. Later his blonde beckoned and he left. My theory was all wrong—all wrong."—St. Louis Republic.

A Guest at His Wedding.

The beautifully engraved wedding invitation had hidden us to the wedding of a girl friend. The guests felt a certain anxiety at the girl marrying a man who was such a stranger to her and to all our townpeople. We wished she had married a man who had been her suitor for years.

When the ceremony had begun and the bride marched in to meet the bridegroom, a detective laid his hand upon the bridegroom's shoulder and asked him to watch the ceremony, then come with him. The former suitor stepped to the place and the wedding proceeded.

It seemed that the bride had discovered the bridegroom of the invitations to have committed a serious crime. Her knowledge came a few hours previous to the ceremony. Her old lover was sent for and she "showed" the culprit. —Chicago Tribune.

Where It Couldn't Be Lost.

When I was asked to be the best man at a friend's wedding I thought right away of the many stories that I had heard of losing the ring and not being able to find it at the right moment. As I walked to the altar on the wedding day my fear grew, so I reached in my vest pocket, found the ring, and slipped it on my finger. I felt relieved, but after the last "I do" had been said and the ring was asked for I found that I could not get it off. My hands got cold and perspiration came out on my forehead. I twisted and pulled—moments stretched into ages. At last, in desperation, I put my finger in my mouth and sucked the ring off.—Exchange.

Literal Obedience.

My little nephew, who was continually saying that he was mad at one of his playmates, had been told by his mother to say "provoked" instead of "mad." One day he came running into the room where I was sitting and in gasps told me he had just seen a provoked dog running down the street.—Exchange.

Alaska's Government.

Alaska is an unorganized territory, controlled by the laws passed by the United States congress and its administrative and judicial officers, including the governor, are appointed by the president of the United States. There is no general legislative body, but the larger towns are allowed to incorporate and elect governing officials.

MRS. POTTER DIES AT MILL CITY, OR.

MILL CITY, May 22.—Special.—Mrs. Lizale Griffith Potter, a resident of Mill City for several years, passed away Tuesday, May 20. She was the daughter of Eli Walker Griffith and Amanda J. Griffith and was born at Council Bluffs, Ia., Aug. 1, 1865. She was married to Harrison R. Potter at Topeka, Kas., July 28, 1884. To this union were born two sons and five daughters. One of these, Mrs. Joe Peravia, has passed away. The six surviving children are Victor Potter of Honolulu, H. I., in the hospital service of the U. S. A.; Harry Potter of Burns, Mrs. J. H. Bowman of Salem, Mrs. W. H. Watson and Mrs. W. M. Pullis, both of Tacoma, Wash., and Mrs. C. F. Blyden of Mill City, with whom she made her home.

The funeral service was held at the Presbyterian church Wednesday afternoon, Rev. E. E. Clark officiating. Interment was in Kings Prairie cemetery, near Gates.

METHODISTS NEAR CENTENARY GOAL

Portland May 23.—With the three days remaining before the close of the \$1,000,000 Methodist Centenary drive for the rebuilding and Christianizing of the world, the national total tonight was \$165,293,000 while the northwest reported at headquarters here \$1,649,564 at a great mass meeting of the Methodists in Portland the Portland district figure was placed within \$3,000 of its quota.

"If the Lord Jesus Christ does not lead the hosts of Christianity to the conquest of Christianity to four hundred million people in China and the eight millions in Japan there will be another war, that with pagans armed with all modern armaments of war will make the great war just ended look like a Sunday school picnic," declared Bishop Matt Hughes addressing the gathering.

Noted to Chitwood.
Dr. Earl Fortmiller was called to Chitwood this morning on professional business. He was accompanied by his brother Edwin Fortmiller.

Ignorance may be Bliss

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some country Slaughter-
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HENRY McELMURRY
OREGON RESIDENT
FOR FIFTY YEARS

Fifty years ago Friday Henry W. McElmurry, former city councilman and pioneer Albany citizen, landed in Portland. On March 29, 1869, Isaac McElmurry, wife and six children left the old home near Batesville, Arkansas, and boarded a river boat at Jacksonport. They steamed down the White river into the Mississippi and down to New Orleans.

There they changed to an ocean vessel and sailed out of the Gulf of Mexico across to the Isthmus. After the 30-mile overland journey the party again boarded an ocean vessel and sailed up the west coast and into the Columbia river, landing in Portland May 23. Mr. McElmurry was asleep when the steamer arrived in port. The family soon moved up the valley and has continued to reside here and at other points nearby for half a century.

Mr. McElmurry's mother, who is more than 90 years old, is still living, residing with her son in this city.

Here from Shelburn.
Miss Margaret Brown of Shelburn spent the day in Albany visiting friends and transacting business.

ENGINEERING UNIT ORDERED FOR O.A.C. TRAINING CORPS

O. A. C., Corvallis, May 24.—Special.—The government has arranged with the college to organize an engineering unit of the R. O. T. C. to develop officer material for the engineering reserve corps and to emphasize the military side of engineering by means of special courses in the junior senior year. Competent army officers will be detailed for the work and much valuable equipment will be provided. This unit is an addition to the infantry field artillery and motor transports already authorized.

Military Work Developed.
Oregon Agricultural College, Corvallis May 24.—The military work at the college is developing so rapidly that many officers are being detailed for duty. Major Alfred M. Jones now at the Presidio has received orders to report at the college to take charge of the infantry unit. Colonel Joseph K. Partello professor of military science and tactics, expects an enrollment of several hundred men in this unit next fall.

Leave on Long Trip.
Mr. and Mrs. Fred Dawson, Mr. and Mrs. Stowell Dawson, and Miss Janet Dawson left this morning by automobile for a tour in the northwest. Their primary object is the annual convention of Rexall druggists of the Northwest which will be held in Spokane next week. They will visit other cities and places of interest while gone.

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The Meat of the Cocoanut

IN GOOD ENGLISH this time-honored phrase has meant the REAL SUBSTANTIAL PART of anything, after getting rid of all the useless parts. KAOLA MEAL is the meat of the cocoanut in this sense as well as literally.

KAOLA MEAL

-- is the meat of the cocoanut after the cocoanut oil, which is used for edible and other purposes, has been extracted. It is not possible to get all the oil out of the meat of the cocoanut and just enough remains to fit ideal requirements for --

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The latest digestible analysis of Kaola Meal shows the following proportions:

Protein	16.3 per cent
Carbohydrates	63.5 per cent
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It can be used with other feeds containing less nourishment. While advantageous balancing of rations may suggest its use in that manner, it is so wholesome that it may be fed in any quantities with perfect safety and satisfaction.

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