



HELP!

You may be able to defend yourself from a frontal attack, but how about it if you are held up from the rear?

Your body has to fight constantly against disease. It isn't always a fair fight, because constipation is a treacherous enemy that you usually don't recognize until too late.

Stagnating, poison-forming food waste in your large intestines, helps disease to attack you and hinders you from defending yourself. Such self-poisoning causes over 90% of human illness.

You may be held fast for months in the grip of constipation, trying vainly to free yourself by taking castor oil, pills, salts, mineral waters, etc., in order to force the bowels to move. Not only will the constipation grow worse with the continuance of such remedies but you will be less able to defend yourself against the attack when it comes.

On the other hand, Nujol overcomes constipation and brings about the habit of easy, thorough bowel evacuation at regular intervals. It acts gently and harmlessly, at all ages under any conditions.

Take Nujol and constipation can't sneak up on you and cripple you when you least expect it.

Get a bottle of Nujol from your druggist today and write for free booklet "Thirty Feet of Danger."

Warning: Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. All druggists. Insist on Nujol. You may suffer from substitutes.

Nujol Laboratories
STANDARD OIL CO. (NEW JERSEY)
50 Broadway, New York



Regular as Clockwork

Nujol Laboratories, Standard Oil Co. (New Jersey)
50 Broadway, New York. Please send me free booklet "Thirty Feet of Danger"—constipation and auto-intoxication in adults.

Name _____
Address _____

AGRICULTURAL FAIR BEING CONSIDERED AT HARRISBURG

Harrisburg, Ore., April 1.—The Harrisburg Chamber of Commerce held a meeting for the transaction of business Monday evening and taking in some new members. The meeting adjourned until Monday evening next week when a committee will report and the matter of a school and agricultural fair at Harrisburg, in the fall will be arranged for.

Mrs. G. J. Wilhelm is in Albany today attending a meeting of the executive committee of the Linn County W.C.T.U.

Thurston lodge No. 28, A.F. and A. M., held a called meeting Tuesday evening conferring four degrees to new members, followed by a banquet.

A delegation from here attended the Elks lodge in Eugene Wednesday evening.

Farmers are very busy with their spring work, particularly the hop growers.

Weather Report—

Yesterday's temperature ranged from 68 to 42 degrees. The river fell to 6.3 feet.

At McDowell's—
Archie Metzgar has accepted a position with the McDowell Shoe Store and began his new duties this morning.

Leaves for Tacoma—
Mrs. Emily Byrnes left today for Tacoma on a business trip.

LYONS MAN LOSES EYE IN ACCIDENT

Lyons, Ore., April 1.—Miss Albee, of Mill City, visited at Mrs. E. E. Traska Friday afternoon.

Mrs. H. F. Bodeker and Miss Ella Johnson spent Wednesday afternoon with Mrs. Helen Vaughan.

Wm. Donning and son were Stayton visitors Thursday of last week.

B. N. White and family of Salem, were Sunday visitors at GGrandpa Pattersons, Mr. White's father.

Mr. and Mrs. C. D. Wilson have received word that their son, Claude, lumber mill at Mill City, last Thursday. It was necessary to have one eye removed and his head and face were badly bruised.

Paul Johnson spent Sunday night at the Roy Crabtree home in Jordan.

Wm. Embler, of Fern Ridge, spent Sunday at the Hadley Hobson home.

Warranty Deeds

Albert Glenn and wife to S. W. Jordan, Meh. 13, lands in Tp. 12-S.R. 4-W.

G. W. Jordan and wife to Oliver Wicks, March 14. Lands in Tp. 12-S. R. 4-W.

Lumberman's National Bank, of Portland, to J. R. Davis and wife, Sept. 7, 1918, lands in Tp. 12, sec. 9-S.R.-1-W.

A. S. Smith and wife to H. H. Hewitt, June 29, lands in Sec. 2 Tp. 14-S.R. 4-W.

H. H. Hewitt and wife to A. D. Smith, Meh. 10, lands in Tp. 14 S.R. 4 W.



One of the Joys

OF GETTING OUT of uniforms is the getting into Regular Clothes again; and not the least of it is the putting aside of the helmet or caps and putting on a hat; not the old one you left on the hall-tree when you went away, but a new, stylish, this season's Hat. We suggest that you wear one of our new—

Mallory Hats

Mallory Hats

—because you can't get more style or better quality or greater satisfaction in any other make. Everybody knows the name MALLORY means HATS, and GOOD HATS, too. The new models and Spring shades are here now.



The Blain Clothing Co.

"Value First"

NOTICE TO CONTRACTORS

Sealed bids will be received up to Saturday, April 5th, for excavating and concrete work for warehouse base-

ment. Right reserved to reject any or all bids. ALBANY TANNING CO. m27a4

READ OUR WANT ADS

WE CATER

TO THE PUBLIC TASTE with the Season's Best Offerings—FISH, OYSTERS, POULTRY and INSPECTED MEATS

D. E. Nebergall Meat Co.
Both Phones 47

Vulcanizing Casings and Tubes

All Work Guaranteed

Tire Department
Irvin's Garage

324 Broadalbin

M. Sternberg & Co.



Useful Wraps With a Note of Spring

THE WRAP-COAT is a joy in every woman's wardrobe—it's smart, it's comfortable and so useful.

Miss Manhattan presents it in its most practicable and becoming form. New Miss Manhattan styles are coming in at the time—keeping our store in close touch with the latest and best of the New York fashions. Let us show them to you.

More New Hats

FOR SATURDAY

A new assortment of Spring Hats in by express today.

BARBARA CASTLETON WINS STARDOM IN A YEAR

The story of Barbara Castleton, who plays the leading feminine role in Herbert Brenon's 'Empty Pockets,' which opens at the Globe today, is that of many a progressive maiden, who, at the age of 14, finds herself incurably stage struck. Miss Castleton was not content to while away the time with idle sighs, so, suiting the action to the word, she ran away with a theatrical company as understudy, only to be ignominiously escorted home.

Undaunted by the failure of her first adventure, a year later she secretly played in an Eclair Film production in Ft. Lee. When she confessed, her mother took her to Canada, away from theatrical temptations, where she studied for four years and sighed for the studio.

Home from Portland—

Mrs. M. Long returned Monday from Portland after spending a week at the home of her niece, Mrs. George Wall.

Realty

Canadian Lands
LOANS AND INSURANCE

Geo. Taylor

Corner of Second and Broadalbin
Bell 52J; Home 2075

Minnie E. Porter et al. to T.H.C. Brosfield and wife, lands in sec. 12, Tp. 13, S.R. 4-W.

Minnie E. Porter et al. to Alfred Dale and wife, Meh. 17, lands in sec. 11, Tp. 13-4-W.

Minnie E. Porter to Frank Porter Meh. 6, lands in sec. 11, Tp. 13-4-W.

Minnie E. Porter et al. to W. D. Porter, Meh. 8, lands in sec. 12, Tp. 13-S. R. 4-W.

T. H. C. Brosfield et al. to Minnie E. Porter, Meh. 8, lands in Tp. 13-S. R. 4-W.

♦♦♦♦♦ WILL BUY POTATOES—I PAY CASH ♦♦♦♦♦
 ♦ at loading point F. O. B. car. I also handle Number One Hay ♦
 ♦ or Second Grade Hay. ALSO WOOL AND MOHAIR ♦
 ♦♦♦♦♦ M. G. REED ♦♦♦♦♦ Both Phones ♦
 ♦♦♦♦♦ Office Over State Bank ♦♦♦♦♦

DR. G. T. NORMAN
VETERINARIAN
 All Domestic Animals treated, including Dogs, Cats and Rabbits. Only Veterinarian in Albany authorized by State to test stock for shipment to other states or sales, etc. Office at Farmers' Feed Shed.
 Bell Phone 22

TIS TIME TO CLEAN HOUSE
 When you have done the rough and heavy work you will find that a—
Bissell's Carpet Sweeper
 The BISSELLS is a genuinely good sweeper (known in every quarter of the globe). They are light and easy to run, will really keep your rugs clean and will wear a long time.
 \$4.00 - \$4.75 - \$5.00 - \$5.25
 EVERY KIND of Cleaning and Polishing Oils and Mops you can obtain here.
Fisher-Braden FURNITURE CO.
 "The Store with a Welcome"

Hamilton's Lower Price Downstairs Store

Flowers
 Many more new and exceptionally pretty flowers for trimmings. 19c.
HOT WATER Bottles: 98c
Syringes
 Complete with tube and 3 pipes. 98c

Canvas
 Now is the time to fix your tent or make a hammock and we have the canvas in all weights.
SPECIAL
 8 ounce, 29 inches wide
35c yd.
FLOWER POTS
 5 inch 10c
 6 inch 15c
 7 inch 17c
 8 inch 25c
 9 inch 42c

Shoes For Ladies and Girls
 New white shoes that are of the latest styles—

 Shoes \$2.48
 Pumps 1.98
 Oxfords 2.19
GRAY ENAMEL DISH PANS
 14 quart 69 cents

Aprons
 One lot of \$1.98 aprons, best quality percales, short sleeves in light and dark colors.
\$1.69
Vases
 Bud vases 25c
 Large vases in pretty colors 8 in. 39c
 12 inch 59c
 14 inch 79c

Hamilton's Lower Price Downstairs Store