For
Milk and Cream
Phone 17
Two Daily Deliveries

Albany Pure Milk & Cheese Co.

Corner Fifth and Jackson Sts.

Eastburn Bros.
THE GROCERS

GENUINE BUTTERNUT BREAD FRESH EVERY DAY

A FEW GOOD REGULAR PRICES, —"NO BAIT"

Best Grade GOLDEN ROD ROLLED OATS, 12 pounds ... $1.00
Best Grade ROLLED OATS, 10 pound sacks 80c
New York Buckwheat Flour, "LORROWE BRAND" 8-lb. sack 1.15
Fancy DRIED WAXEN APPLES, home made, 9 pounds ... $1.00
White SOUP BEANS, 10c pound, 11 pounds $1.00
Fancy DRY ONIONS, good keepers, 3c pound, 35 lbs $1.00

Highest Market Price paid for Eggs, CASH OR TRADE.

TROCO, looks like Butter, tastes like Butter, lb. 45c
Made from Cocoanut meat, churned in milk, absolutely pure. You will like it on hot biscuit. TRY IT ONCE

"How Do You Do" And "Good Bye"

You Use Those Words when friends come to your home. You are glad to see them, and sorry that they are leaving.

IT IS THE WAY OF THE MULTNOMAH HOTEL at Portland. Cordiality of Greeting, nice service, garage for your use if you are driving a car, and close proximity to all places of interest, are making The Multnomah

PORTLAND'S LEADING HOTEL

COAL
THAT ROCK SPRING LUMP

Give Us Your Order

E. R. Cummings

You'll Want Them Some Day

HAIR BRUSHES

A complete line of the best that money can buy. Prices are Very Low.

HAND MADE RAZORS

Our razors are all guaranteed by us to give perfect satisfaction.
Safety Razors, Razor Strops
The biggest line in Albany.

FOUNTAIN PENS

We believe Conklin's Fountain Pen is the best pen on earth. Every one guaranteed to write and to please you.

LEATHER GOODS

Men's Purses of every description.
Coin Purses Bill Books Currency Folders Card Cases Etc.

Burkhart & Lee

RHEUMATISM

If you have Rheumatism in any form or stage, procure a Package of TRUSLER'S RHEUMATIC TABLETS of our Agent in Albany, Ore.,

Mrs. N. E. Olin,
130 East Third Street.

She can supply you. We ship in large quantities to agents in the West. Remember, we guarantee every package satisfactory or money back. Trusler's Rheumatic Tablets are purely vegetable, chocolate-coated, easy to take. A trial will prove their worth.

TRUSLER REMEDY CO.
Huntington, Indiana

PRESBYOPIA is "age" of the eye. It comes before or after forty years, according to eye care and health conditions.

When you realize this condition remember that nothing will save you tissue breaking and nerve fatigue in fruitless effort except properly fitted lenses.

E. C. MEADE
Optometrist

BUHL MILK CANS

Sanitary milking pails, strainers, etc., are standard with Northwest Dairymen. Buhl Milkers does the work of 10 men—will save enough in 1 year to pay for its cost.

We carry a full line of Dairy Supplies, Barn Equipment, Silos, etc. Write us for large catalog containing one of the finest assortments of Dairy Supplies in the N.W.

MONROE & CRISSELL,
91 Front St. Portland.

CREAM FOR CATARRH OPENS UP NOSTRILS

Tells How To Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at night, your cold or catarrh will be gone.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh—Relief comes so quickly.

PUT STOMACH IN FINE CONDITION

Says Indigestion Results from an Excess of Hydrochloric Acid.

Undigested food delayed in the stomach decays, or rather, ferments the same as food left in the open air, says a noted authority. He also tells us that Indigestion is caused by Hyper-acidity, meaning, there is an excess of hydrochloric acid in the stomach which prevents complete digestion and starts food fermentation. Thus everything eaten sours in the stomach much like garbage sours in a can, forming acrid fluids and gases which inflate the stomach like a toy balloon. Then we feel a heavy, lumpy misery in the chest, we belch up gas, we eructate sour food or have heartburn, flatulence, water-brash or nausea.

He tells us to lay aside all digestive aids and instead, get from any pharmacy four ounces of Jad Salts and take a tablespoonful in a glass of water before breakfast and drink while it is effervescing and furthermore, to continue this for a week. While relief follows the first dose, it is important to neutralize the acidity, remove the gas-making mass, start the liver, stimulate the kidneys and thus promote a free flow of pure digestive juices.

Jad Salts is inexpensive and is made from the acid of grapes and lemon juice, combined with lithia and sodium phosphate. This harmless salts is used by thousands of people for stomach trouble with excellent results.

FINLAND TO CALL ELECTIONS FOR DIET

LONDON, Jan. 20.—In preparation for the adoption of a constitutional form of government, Finland is preparing for general elections soon.

Gen. Mannerheim, dictator of Finland and former White Guard leader, did not know whether Finland would become a republic or constitutional monarchy. "That will be decided by the people," he said.

"Within a month we shall call a general election to form a new diet in which all classes will be represented," he explained.

"We are especially bound to the United States," he said, "by the blood ties formed by thousands of our people who have emigrated to America.

"Thirty thousand Finns have fought under allied flags during the war—in American, British, French and Russian armies.

"What Finland needs from the United States now is food, not troops. We are on top of the situation in Finland. The law-abiding elements have gained control and order has been restored throughout Finland. We have adequate troops for police purposes."

Charm and Distinction.

Though the Hopi Indians are rated by Powell as of the same linguistic stock as the Shoshone, Ute and Comanche, it is known definitely that they are a composite people, with a language in which are found Tanoan, Piman and Keresan words. The Snake clan came from the North, possibly from the same stock as that which once peopled the great Mesa Verde rock houses. The Bear clan came from the eastward, undoubtedly of the people from which came the later-day settlements of the upper Rio Grande valley in New Mexico. Most interesting from a local point of view is the determination that the Water House (Patki) and Squash (Patun) clans came from the southward, from "the cactus country."

Sea Caterpillars.

The caterpillars you war against when whitewashing your fruit trees are not the only caterpillars. Caterpillars populate the ocean in billions, and grow into crabs if the Greenland whale does not eat them first.

They are minute little things, about the size of salt grains. As children roll before they walk, so crab-caterpillars begin by literally looping the loop from one spot to another.

Greenland whales like them on account of their diminutive size. Having no teeth and very small throats, the whales find them the most convenient form of diet. They with their mouth open, squirt out the water, and then swallow.

MACEDONIAN CART IS COMING BACK

SALONICA, Jan. 20.—The primitive wooden wheeled Macedonian oxwain has come again into its own after four years of war competition with the modern auto truck.

Thousands of the carts are being used in Serbia for transport of materials and food over rough mountain roads where automobiles cannot make their way. The rapid advance of the French and Serbs in October taxed to the limit rail and auto transportation, the more so because the Austro-Bulgars systematically destroyed all railroads and roads. Heavy rains in the valleys and snow on the mountain passes further impeded automobile service and at this juncture the creaking oxcarts were called into service.

These ponderous vehicles, conveyed by even more ponderous water buffaloes and oxen, make but a few kilometers a day, but their progress is indomitably certain. They travel in convoys and the drivers sleep beneath the carts on the roadside at night. The animals are attached to the carts only by a wooden yoke fastened to the cart tongue and fitted around the beasts' necks like a nawkward collar. The oxwain is exceedingly ancient.

PRESIDENT'S PROGRAM IS ACCEPTED IN ITALY

The meeting of the various committees appointed to organize the national convention, in order to obtain from the Italian government full acceptance of Pres. Wilson's principles of the League of Nations, was held in Milan Nov. 3 and had immense success.

Representatives of all classes of Milan were present, while most celebrated authorities in the field of science, art and politics sent their adhesions.

Prof. Arcangelo Ghisleri presided at the meeting. He reminded the audience that the initiative of the congress is due to the "Action Committee Among Mutilated, Disabled and Wounded in the War," stating that they only had the merit of having kept the agitation alive in Italy in favor of Wilson's program, the realization of which—and nothing else—may cause the war now ended to be actually the last war of wars.

WHEN ANSWERING classifieds ads. kindly mention The Democrat.

HAMILTONS'

Underwear on Sale

MEN'S WOMEN'S CHILDREN'S

Men's—Union Suits of heavy cotton ribbed. Our regular price $1.89. SALE $1.48

Heavy cotton ribbed Shirts and Drawers. Our regular price 98c each. SALE ..... 79c each

Heavy Wool Fleeced Shirts and Drawers. Our regular price $1.75 each. SALE ..... $1.48 ea

Women's—Union Suits, medium weight. Three styles—Dutch neck, elbow sleeves; ankle length; Dutch neck, sleeveless and ankle length; high neck, long sleeves, ankle length.

SIZES 4, 5, 6 **$1.69** SIZES 7, 8, 9 **$1.89**

Light-weight UNION SUITS in the same three styles.
Sizes 4, 5, 6 **$1.29** Sizes 7, 8, 9 **$1.49**

Children's—Vests and Drawers (wool), grey and white. Values to $1.50 a garment. . 85c ea. garment

WAISTS

Sixteen sample waists in Crepe de Chine and Georgette, slightly soiled from salesmen carrying them around. Sizes 36, 38 and 40. Colors white, yellow, flesh, grey and blue. Waists that retailed from $5.25 to $7.50. FOR TUESDAY ..... $3.95 to $5.48

A Good Shoe at a
Sale Price

Women's Black Kid Button, 8-inch cloth Utz & Dun Shoe with Cuban heels.

$3.95

Other shoes also at this price, as well as many more at
$4.95 and $6.45

Buy Umbrellas N-O-W
at ... Sale Prices
It will RAIN till June

MILLINERY

Every HAT left in the store now markedwith sacrificial prices.

FOUR LOTS

LOT 1—Values to $5.00 ..... $1.48
LOT 2—Values to $6.00 ..... $2.48
LOT 3—Values to $8.50 ..... $3.98
LOT 4—Values to $16.50 ..... $5.48

HAMILTONS'

Keep Right on With Your Food Economizing

Using a thrift and quality product such as

Columbia Brand OLEOMARGARINE

"The Thrift Spread"

means pleasant economy—a substantial saving without sacrificing taste, appearance or energy value.

Excellent on bread, splendid for frying and baking.

A wholesome product, made from fine selected materials under government supervision.

Columbia Brand Oleomargarine is churned fresh daily in a sanitary Pacific Northwest factory, and comes to you in a waxed, odorproof carton.

Your Grocer Can Supply You

Union Meat Co.
Portland, Oregon