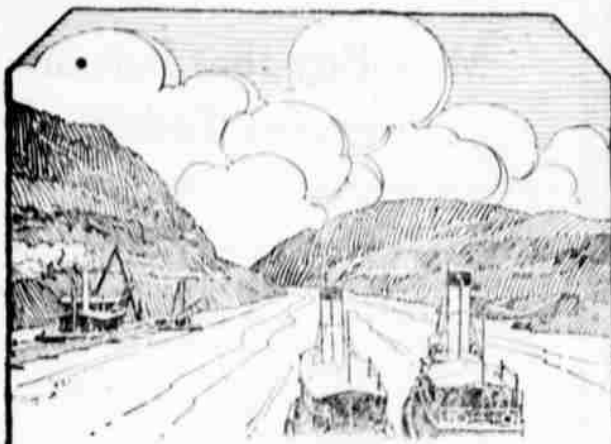




How Is Your "Culebra Cut"?

The Panama Canal is a clear passageway as far as the Culebra Cut. But Gold Hill has a way of slipping into the cut. And until dredges can clear the channel, the industrial schedule of the world is out of gear.

How about your own canal? The intestinal canal is a clear passageway as far as the large intestine. There, if you become constipated, waste matter is allowed to stagnate. It becomes unhealthily dry and undergoes abnormal fermentation and putrefaction. Germ activity is increased. Your whole system is out of gear. Really, the production of irritating and poisonous substances, which are absorbed into your blood and carried all over your body, liable to produce disease anywhere. The longer such stagnation is allowed to exist, the harder it is to clean out the canal. 90% of human disease originates in the "Culebra Cut."

If engineers tried to blast out the slide from Culebra Cut they would have more slides to cope with. If you try to blast out accumulated waste from your Culebra Cut with pills, salts or purges, you will increase your constipation—and next time you will have to take stronger medicine in a larger dose.

You can't dredge your canal.

You can clean it out with Nujol.

Nujol softens the mass, and supplies the intestinal canal with sufficient moisture to replace deficient mucus. It causes the obstructive waste matter to pass gently out of your system at a regular hour, absorbing and removing the poisons as it goes. Nujol regularly keeps the traffic of your mind and body operating on schedule.

You admire the Panama Canal system. Why not safeguard your own? Your druggist has Nujol.

Warning:

NUJOL is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

Nujol Laboratories

STANDARD OIL CO. (NEW JERSEY)
50 Broadway, New York



CITY NEWS

Returned Home—

Mrs. Maggie Sullivan and son Conie returned home yesterday from a visit in Portland.

Here From Jefferson—

Mr. and Mrs. Roscoe Thomas and children of Jefferson spent Thanksgiving with Mrs. Thomas' parents. Mr. and Mrs. D. S. Smith.

Here From Monmouth—

Miss Gertrude Blyeu, who is attending normal school at Monmouth, came home yesterday for a visit.

Went to Portland—

Mr. and Mrs. Chas. Carter went to Portland yesterday to spend the week with relatives.

Baby Boy Born—

A baby boy was born yesterday to Mr. and Mrs. Paul Dawson. Mrs. Dawson was formerly Miss Lena Sawyer, and the father is in France.

Returned Home—

Mr. and Mrs. Chas. Kirk of Portland returned home this morning after visiting Mrs. Kirk's mother, Mrs. O. P. Dunnala, and other relatives.

Will Return Today—

Mr. and Mrs. Edward N. Fehler will return home this evening from Portland, where they went yesterday to visit relatives.

Weather Report—

Yesterday's temperature ranged from 24 to 28 degrees. The rainfall was .31 inches and the river is 2.5 feet.

On Inspection Trip—

F. M. French went to Mill City this afternoon on a watch-inspection trip.

Spent Day—

Miss Anna Wallace spent yesterday in Salem with friends.

STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Balm at any drug store. Apply a little of this fragrant, antiseptic cream into your nostrils and let it penetrate through every air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant relief.

Al! how good it feels. Your nostrils are open, your head is clear, no more hacking, snuffling, blowing, no more headache, dryness or struggling for breath. Ely's Cream Balm is just what sufferers from head colds and catarrh need. It's a delight.



Comfortable, convenient, essential! Whether your employment is mental, manual, or a combination of both, it is good eyesight which enables you to protect yourself physically, and allows you to forge ahead in class room or business. Take warning and conserve your eyesight!

E. G. MEADE
Optometrist

SALTS IF BACKACHE AND KIDNEYS HURT

Drink lots of water and stop eating meat for a while if your bladder troubles you.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels: removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness.

Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink.

NOTICE OF SALE OF GOVERNMENT TIMBER

General Land Office, Washington, D. C., November 14, 1918.

Notice is hereby given that subject to the conditions and limitations of the Act of June 9, 1916 (39 Stat., 219), and the instructions of the Secretary of the Interior of September 15, 1917, the timber on the following lands will be sold Jan. 2, 1919, at 10 o'clock a. m., at public auction at the United States land office at Roseburg, Oregon, to the highest bidder at not less than the appraised value as shown by this notice, sale to be subject to the approval of the Secretary of the Interior. The purchase price, with an additional sum of one-fifth of one percent thereof, being commissions allowed, must be deposited at time of sale, money to be returned if sale is not approved, otherwise, patent will issue for the timber which must be removed within ten years. Bids will be received from citizens of the United States, associations of such citizens and corporations organized under the laws of the United States or any state, territory or district thereof only. Upon application of a qualified purchaser, the timber on any legal subdivision will be offered separately before being included in any offer of a larger unit.

T. 35 S., R. 1 E., Sec. 1, SE 1/4, SW 1/4, yellow pine 19 M., red fir 430 M., white fir 20 M., none of the yellow pine to be sold for less than \$1.50 per M., and none of the fir to be sold for less than \$1.00 per M. T. 15 S., R. 2 W., Sec. 25, NE 1/4, SW 1/4, red fir 390 M., yellow fir 900 M., cedar 50 M., NW 1/4, SW 1/4, red fir 500 M., yellow fir 800 M., SW 1/4, red fir 1150 M., yellow fir 100 M., cedar 50 M., SE 1/4, SW 1/4, red fir 550 M., yellow fir 100 M., NE 1/4, SE 1/4, red fir 450 M., yellow fir 900 M., SW 1/4, SE 1/4, red fir 700 M., yellow fir 350 M., cedar 50 M., SE 1/4, SE 1/4, red fir 1025 M., yellow fir 300 M., none of the red fir, yellow fir or cedar to be sold for less than \$1.50 per M. T. 14 S., R. 6 W., Sec. 5, NE 1/4, NE 1/4, red fir 850 M., NW 1/4, NE 1/4, red fir 700 M., SW 1/4, NE 1/4, red fir 825 M., SE 1/4, NE 1/4, red fir 800 M., NE 1/4, NW 1/4, red fir 450 M., yellow fir 450 M., NW 1/4, red fir 100 M., yellow fir 850 M., cedar 70 M., SW 1/4, NW 1/4, red fir 225 M., yellow fir 2250 M., cedar 70 M., SE 1/4, NW 1/4, red fir 325 M., yellow fir 400 M., cedar 115 M., NE 1/4, SW 1/4, yellow fir 700 M., cedar 70 M., NW 1/4, SW 1/4, yellow fir 400 M., cedar 30 M., SW 1/4, SW 1/4, yellow fir 640 M., SE 1/4, SW 1/4, yellow fir 740 M., NE 1/4, SE 1/4, red fir 370 M., yellow fir 360 M., cedar 65 M., NW 1/4, SE 1/4, red fir 575 M., cedar 30 M., SW 1/4, SE 1/4, red fir 680 M., SE 1/4, SE 1/4, red fir 880 M., cedar 25 M., none of the red fir to be sold for less than \$1.00 per M., and none of the yellow fir or cedar to be sold for less than \$1.25 per M. T. 17 S., R. 6 W., Sec. 13, Lot 2, red fir 190 M., Lot 3, red fir 395 M., Sec. 35, NE 1/4, SW 1/4, red fir 525 M., SE 1/4, SW 1/4, red fir 415 M., NW 1/4, SE 1/4, red fir 480 M., SW 1/4, SE 1/4, red fir 620 M., SE 1/4, SE 1/4, red fir 335 M., none of the red fir to be sold for less than \$1.25 per M. Sec. 27, Lot 1, red fir 190 M., NW 1/4, NW 1/4, red fir 430 M., NW 1/4, NW 1/4, red fir 315 M., none of the red fir to be sold for less than \$1.45 per M.

CLAY TALMAN,
Commissioner, General Land Office,
dyn25430

TELEPHONE COMPANY TO
ELIMINATE COLLECTORS

The Government requires economy. We must conserve in every possible way. Collectors for telephone bills is a waste which must be stopped. All telephone bills will hereafter be payable at the telephone office, 2d and Broadway streets. We ask for the cooperation of the public in making this economy.

HOME TELEPHONE COMPANY
OF ALBANY. 19n2328

Naptha Soap, large bars, 5c. Hol-laway's Farmers' Store. n27tf

W. O. W. NOTICE

All members of the Woodmen of the World are requested to attend a meeting Friday evening, November 29. Come out and hear a report that will interest you. By Order of C. C. 27n29 M. L. TAYLOR.

Naptha Soap, large bars, 5c. Hol-laway's Farmers' Store. n27tf

PACIFIC EMPLOYMENT CO.
"ALWAYS AT YOUR SERVICE"

Help of all kinds Furnished Free to Employers

RESPONSIBLE, RELIABLE. PHONE, WIRE OR WRITE. J. F. CLARK, Manager. 212-216 Burnside Street. Portland, Oregon



HOME INDUSTRY FACTS

WHAT is there in community life that the payroll dollar doesn't do? It buys baby clothes—raises the children while they go to school—sustains them in turn when they reach the working age.

Thrift is a war time lesson. There can be no thrift without industry—no industry without industries. Whether the industries of Oregon grow rapidly or slowly depends on the people of Oregon. WILL YOU HELP? Will YOU "use home products"?

HOME INDUSTRY LEAGUE OF OREGON

HAMILTON'S



THE CHRISTMAS SPIRIT of the store is shown by our elaborate decorations, and we invite your participation in the pleasure afforded by them.

Our Christmas Offerings are abundant, for in every department Gift Suggestions are to be seen.

We desire to direct your thought to our—

December Bulletin

—which by this time you have

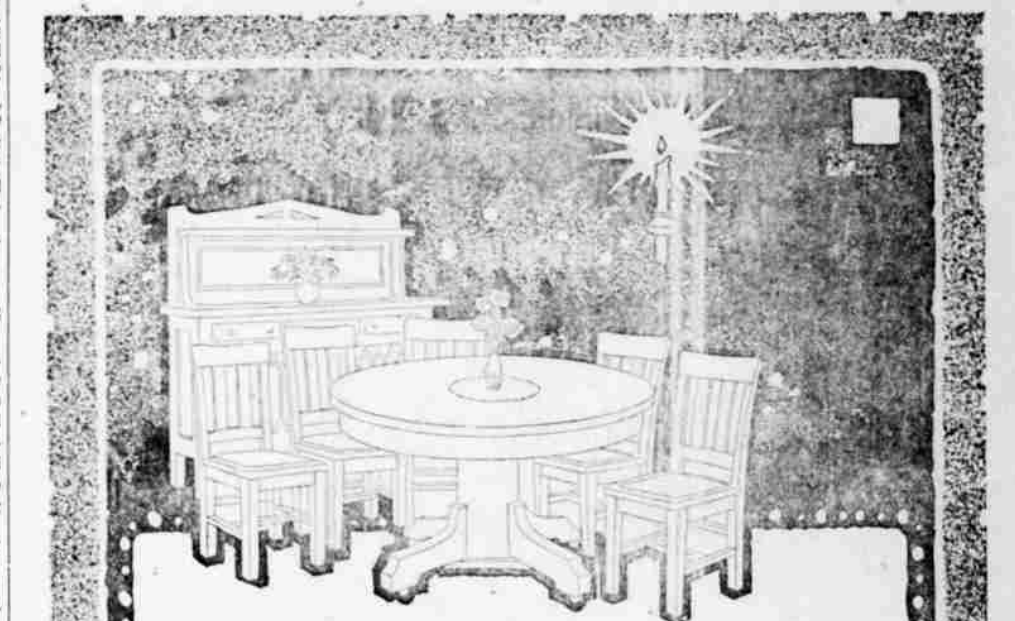
received. Of course it is not a complete catalog of articles appropriate as Gifts, but it will help you by its suggestions and facilitate your Christmas Problem.

Christmas Opening Saturday Nov. 30 At Santa Claus' Headquarters

Cash Values Worth While

at Everybody's Store

HAMILTON'S



Christmas

In thinking of this great event your joy is usually expressed by gifts to your loved ones and friends. A substantial gift of real usefulness is one that brings lasting pleasure to the recipient.

Furniture

Be it a Chair, a Table, a Bookcase, a Mattress, a Picture, a Rug, a Stove, a piece of Bedroom Furniture. Any one of them is a suggestion well worth your consideration. Come in, and look them over at—

Fisher-Braden Co.

The Store with a Welcome

"How Do You Do" And "Good Bye"

You Use Those Words when friends come to your home. You are glad to see them, and sorry that they are leaving.



IT IS THE WAY OF THE MULTNOMAH HOTEL at Portland. Cordiality of Greeting, nice service, garage for your use if you are driving a car, and close proximity to all places of interest, are making The Multnomah

PORTLAND'S LEADING HOTEL

Ford Owners Attention!

\$30.00 - - - \$30.00

A Standard Price - A Standard Job

\$30.00 will put your Cylinders in first class running condition. Price includes:

LABOR, REBORING, PISTONS, RINGS, CROSS HEAD PINS. All Standard Ford Parts.

Costs Nothing to Ask About It at—

Ridder's Machine Shop

First and Jackson Streets

\$30.00 - - - \$30.00