

A Suggestion for Christmas Gifts—

BATH ROBE BLANKETS

They make appropriate and useful gifts, when made into bath robes for Men, Women or Children.

Conventional and Indian patterns. The better ones have cords, tassels and frogs to match.

Our selection of patterns and colorings are so varied that you can surely be pleased if you make an early choice.

Good, heavy wool-finished blankets ranging in price from—

\$2.95 to \$4.50

Flood's Store

334 West First St.

ENGRAVED CHRISTMAS CARDS To Attend Funeral—

Our Christmas Samples are now ready and you should place your orders early. C. G. RAWLINGS, 22028* 121 Broadaloin St.

Mr. and Mrs. Nevin McCormick of Fayetteville came in this morning to spend the day and to attend the funeral of Miles E. Kidder.

Eastburn Bros. THE GROCERS

HEADQUARTERS FOR FRUIT JARS

BALL MASONS—Pints, Quarts and Half Gallons; KERR S. S. MASON—Pints, Quarts and Half Gallons; ECONOMY S. S.—Pints, Quarts and Half Gallons. Plenty of EXTRA LIDS of all kinds. JELLY GLASSES—Squats and Talls.

SAME PRICE EVERY DAY—COME AND SEE

EASTBURN BROS.

Hot Water Bottles

Guaranteed \$2 and Up

FRED DAWSON'S DRUG STORE

How Language Grows. "Cud" and "ind" were at first only localisms, strictly of existence and getting slowly into use sporadically in England, until at last they achieved a peaceful penetration into the United States; then they ceased to be more Britishisms; they were recognized into standard English. A like fate has befallen "less" and "soon," the first a localism of New York (descended from the days when the Empire city was New Amsterdam), and the second spontaneous creation of the lumber camps of Michigan. In time these two words were in common use all over the United States; they were then merely Americanisms; and after a while they made their way into the British empire, until now they bid fair to be lifted into standard English.

Best Method of Memorizing. In committing a text to memory by consecutive readings better results can be obtained by allowing a fair period of time between readings. If a text be read a number of times on a given day, and another the same number of times on consecutive days, much more of the latter will have been memorized.

An English reservist, who was living near Sudbury, Ont., before the war, writes to his old neighbors from the Pool of Bethesda, Palestine: "I tasted the water—not too clean—and in order to do it had to descend first of steps, as the well is deep down in the ground. At the entrance one may, if one wishes, read in 77 different languages the account of the healing described in the fifth chapter of John—a quite sufficient choice, one would imagine, but 'Tuffy' thought differently, and not feeling his mother tongue represented, promptly wrote it all out in Welsh from his own Testament. So now there are 78 different versions for visitors to choose from."

Rhetorical Emphasis. "Don't you think there is too much tendency to profanity in conversation?" "Yes. And it's going to be worse. I understand the government is going to open up more canals. And that means more muds."

CAUSE AND CURE OF CRAMPS

In this article we shall discuss only the local muscular spasms that affect most commonly the calves of the legs, but that sometimes occur in the thighs, the arms or the neck of the abdomen. Internal cramps, or colic, sometimes cramp and writer's cramp are affections of an entirely different nature. A cramp, in this restricted sense, is a sudden, painful and very strong contraction of a small part of a muscle; it does not usually cause any movement in the affected limb, for to do that a contraction of nearly the entire muscle is necessary, and then we have what is called a spasm, or a convulsion.

The contraction is involuntary, although persons who are subject to cramps sometimes bring them on by a voluntary movement, such as stretching. The early morning cramp is often brought on by the stretching to which one is prone on awaking. Very commonly the cramp occurs on arising sleep, and the intense pain awakens the sufferer with a start. The affected part of the muscle forms a hard knot, and if a large part of the muscle is involved the limb may be drawn up.

Children and the aged suffer more often with cramps than do persons in middle life. In children the cause is usually violent exercise, such as running and jumping, but in the elderly a tendency to cramps is often caused by impudent hardening of the arteries. When the blood pressure is high, cramps often occur, but they cease to trouble if the pressure is reduced. Persons who are rheumatic and gouty are especially liable to be attacked by cramps—very likely because hardening of the arteries accompanies their constitutional disposition.

The treatment of a single cramp of the calf is very simple: stand on tip-toe in such a way as to stretch the calf muscle and at the same time rub the place where the contraction has occurred. That will put an end to the attack promptly. If the attacks recur frequently, there is probably some constitutional fault that needs correction, and the sufferer should consult his physician.—Youth's Companion.

DIRECT ANCESTOR OF HEN

From the Jungle Fowl Are Descended the Feathered Creatures of the Barnyard of Today.

Although there were no houses within half a mile of the camp, we were surprised on our first night to hear cocks crowing in the jungle (Yunnan province, tropical China). Roy Chapman Andrews writes in Harper's Magazine. The note was like that of the ordinary barnyard fowl, except that it ended somewhat more abruptly. The next morning we discovered Chantrelle and all his harem in a deserted rice field, and he flew toward the jungle in a flash of red and gold.

I dropped him and one of his hens with a right and left of "sexes" and found that they were jungle fowl (Gallus gallus) in full plumage. The cock was a splendid bird. The long neck feathers (hackles) spread over his back and wings like a shimmering golden mantle but were hardly more beautiful than the black of his under parts and green glossed tail. Picture to yourself a "black-breasted red game cock," and you will have him in all his glory except that his tail is drooping and he is more pleasantlike in his general bearing. The female was a tiny little bird, with a lilac sheen to her brown feathers, and looked exactly like a well-kept "game bantam" hen.

The jungle fowl is the direct ancestor of our barnyard hens and roosters, which were probably first domesticated in Burma and adjacent countries long before the dawn of authentic history. According to tradition, the Chinese received their poultry from the West about 1400 B. C., and they are figured in Babylon cylinders between the sixth and seventh centuries B. C. Although they were probably introduced in Greece through Persia, there is no direct evidence as to how and when they reached Europe.

BUILT FOR SHALLOW WATER

Peculiar Marine Institution on New England Coast Was Known in 1842 as the Camel.

In the year 1842 a queer marine institution made its appearance in Nantucket and bore the name of camel. These camels were really huge floating dry docks for carrying ships over the bar, where the depth of water had been gradually decreasing since 1830. Being flat-bottomed the camels could float in water very much shallower than a loaded ship required. They were like two long, large boxes floating side by side and held together at the ends by large iron chains.

The outer sides were almost straight up and down, but the inner sides were curved, making when the two sections were drawn together, an interior basin just the shape of the bottom of a ship.

The plan was for the camels to be separated far enough to allow the ships to be hauled into the basin between the two sections, then to be drawn and held fastened together by the chains, holding the ship between them, so that the camels and the ship could then be towed over the shallow places in the channel to the wharf.

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Cherish Your Friends.

Have you a good friend? Of course you have, every one has friends, but every one does not hold the friendships they make. Friendship is too rare and sacred a treasure lightly to be thrown away. And yet many people are not careful to retain their friends. Some lose them through inattention, failing to maintain those little attentions, courtesies and kindnesses which cost so little, and yet are hooks of steel to grapple and hold our friends. Some drop old friends for new ones. Some take offense easily at imagined slights, or neglects and ruthlessly cut the most sacred ties. Some become impatient of little faults, and discard even truest friendships. Some are incapable of any deep or permanent affection, and fly from friendship to friendship like birds from bough to bough, but make no nest for their hearts in any. There are a great many ways of losing friends. But when we have once taken them into our lives we should cherish them as rarest jewels. If slights are given, let them be overlooked. If misunderstandings arise, let them be quickly set right.

Returns to Seattle—

Bert Stevens returned to Seattle today, where he is stationed at the University training camp with the marine band, after a furlough spent in Albany visiting his family.

Buys New Maxwell— Mr. and Mrs. Wm. Van Narden have purchased a new Maxwell car.

Trench Caps

Another shipment in today. Khaki color, all sizes. For boys, girls and women.

98c, \$1.39, \$1.49, \$1.69

You know what you'll have to pay at other stores.



The Sample Store's Tri-Weekly Reminder

MEN! Buy Union Suits NOW!

Varieties and styles are most complete at this time. Cotton rib \$1.45, \$1.75 Part wool \$2.25, \$2.98 Wright's Woolen \$4.50 Bristol Woolen \$4.50

MEN'S FINE RAINCOATS

\$10.00, \$10.98, \$11.50

MEN'S HIGH TOP

Shoes, 8- to 16-inch, from \$4.95 to \$10 a pair

These are Chippewa, Weinbrenner and Hunkidori makes.

MACKINAW WEATHER

Is here. Our stock is large and prices lower than you'll find elsewhere. They come in various plait combinations. Norfolk double-breasted models, at \$7.95, \$8.50, \$8.85, \$9.50 to \$10.50.

Men's Khaki Shirts \$2.45

Jersey Sweaters \$1.25, \$1.45

Coat Style Sweaters \$3.00, \$4.50, \$5

Men's Caps 69c, 79c, 85c, 98c

C. J. BREIER CO.

YOU DO BETTER HERE FOR LESS

THE NERVE THAT COUNTS

AN AMERICAN HOSPITAL, Oct. 25.—The worse they are hurt, the better their spirit, the doctors say. Doughboy philosophy is great. Three of them were discussing their missing legs.

Said one, "I didn't need that left leg, anyway. I'm a lawyer, and what good's two legs in a law office. If I lost any, I wanted it to be the left one. I got my wish."

Said a second: "Well, my right's gone, but if I had it I'd just have to wash it all by life, so I saved a lot of work."

The third got enthusiastic: "Say, I've got it all over you guys. I lost

both legs."

Another doughboy came out of either just as they were finishing his operation. "Say, doctor, can I smoke?" he asked. The doctor gave him a cigaret, and the doughboy smoked calmly on the operating table as they bandaged him. He now claims he put one over on the doctors by smoking while they operated on him.

Subscribers: If the boys fail to deliver the paper each evening kindly phone to the office. The management invites complaints from its patrons and will do its best to correct faulty service.

Here to Serve

ALBANY STATE BANK

Watch this Paper and Our Bargain Counter for

SATURDAY SPECIALS

Last Saturday, you got our GOAT. Tomorrow we want you to come and get our—

Baby Beef

Choice Boil, Roasts, Steaks, Stews

SEE OUR COUNTER DISPLAY

D.E. Nebergall Meat Co

CORNER 2ND and LYON STS. ALBANY, OREGON

We Kill Inspected Meats

Pathé The PATHEPHONE IS DIFFERENT

It is the only Phonograph equipped with the Pathe Sapphire Ball



—which has made the Pathephone internationally famous for Tone Quality and reproducing smoothness; which has made it THE premier phonograph of Europe; which is fast making it THE instrument of reproduction for people of artistic discernment in THIS country.

It's plain as daylight that a BALL of sapphire, jewel-polished under the microscope and fitting perfectly in the half-circle of the sound-groove along which it smoothly, beautifully, glides, is going to produce a TONE of purer quality than a sharp steel needle that becomes a jagged chisel before the record has revolved three times. And no mechanical task of changing needles is going to intrude into your enjoyment of that glorious, vital, living flow of music.

THERE ARE—

NO NEEDLES TO CHANGE

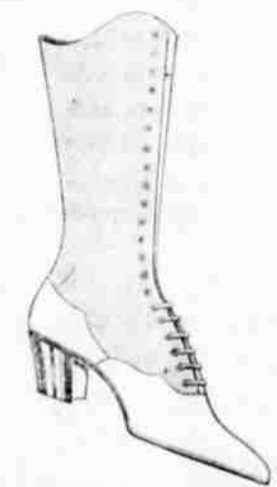
—in the Pathephone. Undisturbed enjoyment, no needle expense, no lack of music because needles have run out—and no danger of ruining a fine record by a slip. You can play the Pathephone even in the dark (in pleasure impossible with needle-played machines) because the smooth, polished surface of the Pathe Sapphire Ball CANNOT in any way injure the record.

COME IN AND LET US SHOW YOU

J. A. HOWARD

WEST FIRST STREET

THE SMARTEST IN TOWN



Mindease

Is the big dominant factor both in success and happiness. It matters not on which you are bent, the comfort and appearance of your feet go a mighty long way toward the attainment of your goal. Smart Boots—Smart in pattern, in clean cut elegance—in fit. In the new Dark Brown Shade of Kid. Made on a last that is designed to give ample ball room and yet fit neatly and closely in the instep and heel. 14-8 military heel, having both beauty and comfort. It may be called "Mind Ease."

Priced at \$7.50 We also have smart styles and quality in Gray Kid at \$7.50 All Black Kid, imitation tip \$8.00

Other Shoes similar in design in Black and Brown \$5.50 to \$9 Price Tickets on all shoes at all times.

McDowell Shoe Co.