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WEDNESDAY, OCTOBER 23, 1918.

STRONG CANDIDATES

The democrats of Linn county this year present the names of only two candidates for the three legislative seats to which the county is entitled. They have placed in nomination C. C. Jackson of Halsey and W. P. Elmore of Brownsville.

Mr. Jackson needs no introduction to the voters of Linn county. He was elected sheriff in 1892 and served with credit to himself and his county. Two years ago he was elected by a majority of some 4,000 votes as a delegate to the democratic national convention. That he obtained the largest vote cast for any candidate from this congressional district is an indication of his standing and popularity. Mr. Jackson is one of the pioneers of the county, has always been identified with every movement having for its purpose the betterment of the community in which he lives, and is a high type of citizen who would reflect credit upon his constituents if sent to Salem.

Like Mr. Jackson, W. P. Elmore is not a stranger to the voters of Linn county. He has served the county with credit in the state legislature for several terms and has consented to continue to serve in the same capacity. A businessman of more than ordinary ability, Mr. Elmore is the type of man who should be drafted and kept in legislative service.

Leaving aside all questions of political affiliation, it may be stated without fear of successful contradiction that the two candidates for legislative honors who stand head and shoulders above their opponents are Jackson and Elmore. They would make a good team at Salem and can be depended upon to nail to the cross some of the silly and vicious legislation which is certain to be proposed at the state capital during the next session.

ZONES FOR DOCTORS

Philadelphia was described recently by a visitor as "a regular morgue." The most common sight on the street was a motor-truck load of coffins. There were literally, at the height of the "flu" epidemic, not enough coffins available to bury the dead.

In that distressing situation the city health director made a suggestion which is beginning to receive respectful attention there and elsewhere. There would not have been so many coffins needed, he declared, if it were not for the absurd practice of doctors rushing all over the city to attend patients in widely scattered localities, instead of attending the patients right at hand. If the work were properly organized, he said, every physician might be able to take care of twice as many people, and the attention given them would be far more prompt and regular.

He therefore proposed a zoning system, assigning each doctor a definite district and restricting his work to that district.

It would be difficult to inaugurate any such method except in the most desperate crisis, because it would go against tradition, prejudice and selfishness. The present system is of old standing. Families generally want the physician to whom they have been accustomed. And the physician likes to keep his old patients. Nevertheless, some such plan may yet be adopted generally, as public health service develops more businesslike methods. It would be only doing for civilians, anyway, what is done now for the army. And it would only be applying to the distribution of medical attention

HALLOWEEN

We have Bogie Books on suggestions for Halloween Parties and Decorations of all kinds; Crepe Paper, Garlands, Favors, Tablecloths, Napkins, Dollies, Plates, Hats and Caps, Bon Bon Boxes, Festoons, Aprons, Lamp Shades, Lanterns, Cut Outs, Seals, Place Cards, Invitation Cards and Score Cards. These will all be sold at less than cost—got your selection early—see window display.

C. G. RAWLINGS
17630* 121 Broadalbin St.

the principle we are learning to apply to the distribution of milk and other commodities.

In the meantime, any person who lives the idea may adopt it for himself, in case of influenza or any other emergency, by calling a doctor in his own neighborhood instead of one at the other end of town.

Do your Xmas shopping early for the boys Over There.

"CONDITIONS PRECEDENT"

That is a fine, mouthfilling phrase—"conditions precedent to an armistice." It has a pleasant savor as we roll it under our tongues. By the same token, it tastes bitter to Germany. For as explained in Washington dispatches, the "conditions precedent" will probably include the following:

Germany will have to withdraw from all invaded territory everywhere.

She will also have to withdraw from Alsace-Lorraine.

She will have to let the allies occupy certain strategic positions on German territory, such as the fortified cities of Straßburg, Coblenz and Metz.

She will have to surrender all the German war material now on allied soil.

She will have to dismantle the Krupp gun works.

She will have to agree to the surrender of her fleet.

After that, the allies will consent to stop fighting and talk peace terms.

WORKMAN HAS FOOT**INJURED IN SAWMILL**

Carroll Metzger, an employee of the Albany Lumber company, received a painful injury yesterday when a heavy lumber truck was pushed over his left foot, crushing three toes severely.

Dr. Rollett, however, believes that the members will be saved.

Clear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Says an inside bath, before breakfast helps us look and feel clean, sweet, fresh.

Sparkling and vinaceous—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls, with puffy or muddy complexions; instead of the multitude of "nervous wrecks," "run-downs," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations, and poisons, thus cleansing, sweetening, and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds, and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance, awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.

TO LINN COUNTY**SCHOOL BOARDS**

This is to announce that I am making Albany my headquarters and will be pleased to call on you at any time regarding school furniture and supplies.

E. P. SHOEMAKER
Care Hotel Albany. Agent for
Northwest School Furniture Co.
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OUR DRUGS and CHEMICALS are the BEST

that Money Can Buy—We sell them to you at fair prices, with good service.

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Call on

AUTO & MACHINE WORKS

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Ben E. Ridders, Prop.

FISHER-BRADEN

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Auto Service Lady Assistant

Cash Paid for Junk

Bring in all kinds of metal, iron, scrap, sacks, rags, etc. Help the Government conserve its metal.

FOR SALE—Several thousand grain and potato sacks. Also 5-passenger Ford.

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Call Home phone 3526. 22624

FOR SALE—2 Shorthorn bulls, six months old, Bell phone 1063. W. C. Obermeyer. 17623

FOR SALE—Used car bargains. One 1913 Ford newly painted, \$350; one 1917 Ford \$500. One 1918 Ford \$675. C. H. Murphy, at Irvin's Garage. 6197

FOR SALE—1 19-20 new International Titan Gas Tractor at a bargain. Also 1 Bull Tractor with 2 14-inch Tractor Plows used but short time. Murphy & Harold at Irvin's Garage. 6197

TO SELL OR TRADE—Timberlands worth \$8,000. Will take real property in exchange. Box 43, Brownsville. 6197

For Rent

FOR RENT—7-room house and 6 acres, 1 mile from courthouse, Albany, Ore. Fish & Hodges.

FOR RENT—1 large furnished room. Modern. 416R. 16622

PASTURE FOR RENT—For 4 spring calves. Good shelter, plenty of straw and separate from other stock. Price \$1 per month. James McCourt, 806 North Oak St. or Bell phone 424R.

Miscellaneous

CHURCH—I will make cider for the last time this season on the 29th of October. Call C. R. Widmer, Home phone 2538. 22624*

CARRIER BOYS WANTED—Boys wanted to carry Evening Telegrams. See Albert Senders. 22624

PIANO LESSONS—Progressive Series. Mrs. Winifred Worrell. Bell phone 472R. 636 W. 3d St. 6117

FOUND—Pair of glasses in case. Can be had by identifying and paying for this ad. Call at Democrat Office.

WANTED—An "Oriole" baby basket at the Red Cross Store.

WANTED—200 acres of land to plow with caterpillar tractor. Address A. W. Room, Box 95, Albany, Oregon. 6176

MAN WANTED—for farm work. Call at 201 1st Nat. Bank Bldg. 17623*

WANTED—Man with team or tractor to plow 10 acres of land. Bell phone 516L. W. E. Hunt, Sunrise. 16625

LOST—Cap off of a gasoline tank of car. Call 378J. 21623*

WANTED—To hear from owner of good ranch for sale. State cash price, full description. D. F. Bush, Minneapolis, Minn. 61926n9234728*

FOR SALE—1 8-18 Case gas tractor with 2 14-inch plows, power lift, John Deere make, at a bargain. Murphy & Harold, Irvin's Garage, Albany, Oregon. 6197

CASH paid for USED FURNITURE

See us at 215 Lyon Street

E. L. STIFF & SON

WANTED

Three teams to haul piling at once

O. V. GAMBLE, Jefferson, Oregon.

WRIST WATCHES—For ladies and gents, we have the Elgin and Waltham, but make a specialty of the "Lady Green," the little wonder for the ladies and the non-breakable "trench" watch for the soldier boys. See your magazines for a description of these wonderful little watches. F. M. French & Son, Jewelers & Engravers, Albany. 6117

PIANO LESSONS—Mrs. Winifred Worrell, authorized teacher of the Progressive Series of Piano Lessons, will begin Oct. 1st. Bell phone 473-R. 636 W. 3d St. 6117

FURNITURE bought and sold. Call E. Rogoway, 2nd and Baker Sts., Bell phone 345-R. Home phone 2227. 6117

UMBRELLAS—We are showing our summer line of "Hull" Detachable handle and suitcase Umbrellas in black and white and colors. The "Hull" quality is always dependable. Your initial engraved free of charge. F. M. French & Son, Jewelers and Engravers. 6117

WOODSAWING—Call S. H. Hsinger, Home phone 3118, Bell 393Y. Residence 1112 Elm and 11th. 6117

BUSINESS DIRECTORY

HEMSTITCHING—12½¢ per yard, thread furnished. Bell phone 452R. Sue Breckenridge, 333 W. 2d St.

HARRY G. HOY

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