



What The Packers Do For You

Not very many years ago in the history of the world, the man that lived in America had to hunt for his food, or go without.

Now he sits down at a table and decides what he wants to eat; or his wife calls up the market and has it sent home for him. And what he gets is incomparably better.

Everyone of us has some part in the vast human machine, called society, that makes all this convenience possible.

The packer's part is to prepare meat and get it to every part of the country sweet and fresh—to obtain it from the stock raiser, to dress it, cool it, ship it many miles in special refrigerator cars, keep it cool at distributing points, and get it into the consumer's hands—your hands—through retailers, all within about two weeks.

For this service—so perfect and effective that you are scarcely aware that anything is being done for you—you pay the packers an average profit of only a fraction of a cent a pound above actual cost on every pound of meat you eat.

Swift & Company, U. S. A.



CITY NEWS

Find Baby's Shoe—

The night police picked up a baby's shoe last night on First street. The owner may obtain same by calling at Democrat and paying for advertisement.

Go to Portland—

Mrs. Brenner and Miss Fannie Brenner, Mr. and Mrs. Will Merrill and Mrs. Murphy, made up an auto party which left yesterday on a trip to Portland.

Brings Boy Back—

Sheriff D. H. Bodine brought back Herbert Johnson from Hillsboro last night. The boy is held on the charge of stealing a bicycle.

Vic Rose Here—

Deputy Sheriff Vic Rose of Sweet Home is attending to business matters in Albany today.

Candidate in Town—

W. J. Moore, candidate for sheriff on the democratic ticket, was here yesterday attending the Liberty Loan committee meeting.

SALTS IF BACKACHE AND KIDNEYS HURT

Drink lots of water and stop eating meat for a while if your bladder troubles you.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells, your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness.

Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, "after vescent lithia-water drink."

VIERECK'S BATHS

SHAVING HAIRCUTTING
RAZORS HONED AND SET

Open 7 a. m. to 7 p. m.; Saturday 10 p. m. Corner First and Ellsworth Streets.

HOLLEY BENNETT WRITES

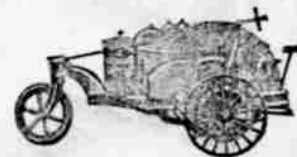
(Continued from Yesterday)

We have all been rather busy this past week, but never too busy to prevent my walking into town in the evening, after supper. There's not much to do in town. I go partly for the walk and partly to get out on the wall—there is a promenade on top—and look at the panorama of country that stretches away from out hill city. I told you, I presume, that the little city where we are is up rather high—high enough to have a cog-wheel railroad running from this railway station in the valley up to the town.

About now you are reading, I suppose, the Sunday Portland Oregonian, with the news of the continued success of the counter offensive. I get the same news, though in less detail, in the Paris edition of the Chicago Tribune, New York Herald, or London Mail. They are little four-page newspapers that cost 4 or 5 cents (20 or 25 centimes).

You have heard or read the gossip about the shortage of things over here, I suppose. A number of things can be bought at the Y. M. C. A. canteens and a much larger number at the Sales Commissary, Quartermaster Corps—and at the latter much more cheaply. Candies are not on these lists, chocolate is, however, at about the ordinary price. Jams in cans about the size of the ordinary can for apas, corn, etc.—costs 35c at the QM; raisins, 11c per pound; dates about 8c. Tobacco, about which there has been much wailing and gnashing of teeth, can be bought at the QM, in large variety, at prices ranging from 1-2 to 3-4 what the same articles cost in the States. At our first camp almost all kinds of canned fruits, etc. could be bought at the QM—but they are not so well supplied here just now.

The principal inconvenience I've experienced is the lack of the abundant supply of water which almost all American towns have. Where I've been so far, such a thing as water-works system has either been wanting or truly medieval, certainly not good enough to furnish what an American town of equal size would consider as absolutely necessary. Bathing facilities are negligible, shower baths almost unknown. At the army camps there has been improvement in these matters, of course. We have showers here, but unfortunately the pumping station is out of commission—so we're lucky to get enough to drink and shave.



THE BIG BULL TRACTOR

"WITH THE PULL."
12 H P. on Drawbar, 24 H P. on the Belt
Land Wheel Drive—Self-Steering Device.

A perfected light tractor for general farm use. Over 15,000 now in operation. Latest model now in stock for immediate delivery. Write for catalogue D.
WESTERN FARM TRACTOR CO.,
200 E. WATER STREET, PORTLAND, ORE.

Gets German Hat—

Captain Knox has sent home what is believed to be the first war trophy

sent back from France by any member of the Coast Artillery company. It is a German hat which was taken from the head of a soldier who was killed by a French infantryman and by him presented to Captain Knox.

Clerking at Abby—

Billy Eagles is now clerking at the Abbey Hotel at Newport.

Four Boys Escape—

Chief of Police John Catlin received a message today stating that four

boys had escaped from the reform school. A Ford car bearing the number 2000 was stolen the same night in Salem and it is possible that they may be headed this way in the car.

Send Business College

Fall Term Opens Tuesday, September 3rd
Enroll now and save money. Many already enrolled. Write today for rates and terms.
A. T. LIND, Principal, 500 Third St., Portland, Ore.

ADVERTISEMENT FOR SEWER CONSTRUCTION

Sealed bids will be received by the Council of the City of Albany, Oregon, until 7:30 o'clock P. M., August 28, 1918, for the construction of an eight-inch lateral sewer beginning at the manhole in the Oak Street Trunk Sewer between First and Second Streets and running thence westerly into Block 7 in Hackleman's 3rd Addition to the City of Albany, Oregon, a distance of 272 feet.

Said sewer construction to be made in accordance with the Charter and Ordinances of said City of Albany and the plans, specifications and estimates of the City Engineer now on file in the office of the Recorder of said City, where the plans may be seen and specifications and estimates obtained.

Bids will be opened at 7:30 o'clock P. M., August 28, 1918.
No proposal or bid will be considered unless accompanied by a certified check payable to the City of Albany in an amount equal to five per cent of the aggregate bid to be forfeited as fixed and liquidated damages in case the bidder neglects or refuses to enter into a contract and provide an approved bond in a sum equal to 50 per cent of the amount to be paid under such contract for the faithful performance thereof, and within ten days after notification of awarding of such contract to such bidder.

All bids must be made with a view of completing the construction of said sewer prior to the 1st day of October, 1918, under a liquidated penalty of \$10.00 per day for each day of delay beyond that period.

All bids should be addressed to "Recorder of City of Albany, Oregon," marked "Proposal for the construction of lateral sewer."
By Order of the Council.
L. G. LEWELLING,
Recorder of the City of Albany, Oregon.
d15a27

UNIVERSITY of OREGON Training for Efficiency in Peace or in War
Fully equipped liberal culture and scientific departments. Special training in Commerce, Journalism, Architecture, Law, Medicine, Teaching, Library Work, Music, Household Arts, Physical Training and Fine Arts. Military Science in charge of American and British officers. Drill, lectures and field work all up-to-date, based on experience in present war. Complete system of trenches, bridges, etc. Students recommended for Commission. Official Government U. S. T. C. Tuition FREE. Library of 50,000 volumes. Dormitories for men and women. Expense lowest, such opportunity for working one's way.
Write Registrar, Eugene, Oregon, for illustrated booklet.

Slab Wood

Can make IMMEDIATE DELIVERIES E. R. CUMMINGS

Auto Vacuum Freezer

A CRANKLESS ICE CREAM FREEZER that will freeze Perfect Ice Cream in 30 minutes WITHOUT TURNING A CRANK:

Six-Dish size Freezer \$2.95
12-Dish size Freezer \$4.00 and \$4.50

Woodworth Drug Co.



CECIL B. DeMILLE'S "Old Wives For New"

GLOBE tonight AND tomorrow



IT IS THE WAY OF THE MULTNOMAH HOTEL at Portland. Cordiality of Greeting, nice service, garage for your use if you are driving a car, and close proximity to all places of interest, are making The Multnomah
PORTLAND'S LEADING HOTEL

"How Do
You Do"
And
"Good Bye"

You Use Those Words when friends come to your home. You are glad to see them, and sorry that they are leaving.

Plums and Prunes Wanted

We will pay one cent a pound for any variety of plum except Damsons for which we will pay two cents. Any quantity taken, pound up PETIT PRUNES—we offer one and one-half cents.

ITALIAN PRUNES we offer two cents a pound.

REMEMBER, WE PAY CASH ON DELIVERY and furnish all boxes to pick and ship in.

Plums must be firm and unbruised. Overripe or soft refused.

WE ALSO WANT ALL YOUR BLACKBERRIES.

Linn & Benton Fruit Assn.
W. R. Scott, Mgr.

Announcement Extraordinary

The
FORDSON TRACTOR
Can be seen at the
FORD GARAGE

Arrange for a demonstration with W. W. CRAWFORD, 9th and Baker Streets, opposite S. P. Depot, Albany, Oregon.

Price, including plows \$1125.00