

To Cascadia—
Mrs. Fred Fortmiller, Miss Annie Lee Fortmiller and Mrs. Mary Bilyeu left this morning for Cascadia where they expect to spend the week.

In Corvallis Yesterday—
Hugh Hammerly visited friends in Corvallis yesterday.

French Flag Displayed—
According to orders from Washington Postmaster C. H. Stewart yesterday displayed a French flag on the postoffice in observance of a French national holiday.

CITY NEWS

Auto Accident—
A party of Albany people were badly shaken up in an automobile accident last Saturday on the road to Dover. The car in which they were driving was somewhat damaged, and those in the car were bruised, but no serious injuries resulted.

Pealed Chittum Bark—
Will Jones, Jewell Jones and Floyd Painter returned to Albany yesterday. They have been peeling chittum bark at a camp above Corvallis.

Here From Decad—
Mrs. E. R. Fellers of Donald, Oreg., is here visiting Miss Katherine Donahue.

Went to Salem—
Judge P. R. Kelly went to Salem this morning.

Weather Report—
Yesterday's temperature ranged from 62 to 89 degrees. The river is 1.2 feet.

Visited Sister—
Miss Kathryn Donahue spent yesterday in Corvallis visiting her sister, Mrs. Ernest Kyle.

SHEDD NEWS NOTES

SHEDD, July 15.—(Special)—B. S. Boneaky, better known as "Custy," arrived Saturday noon from Fort Stevens. He expects to spend a few weeks' furlough in the harvest field. He is now working for E. W. Shedd.

Richard Anderson has moved from Shedd to his mother-in-law's farm, Mrs. Cooper's, near Plainview.

Al Nelson has sold his harness shop to Mr. Hill and two sons of Harrisburg who will move to Shedd this week. They also bought the house of Mr. Anderson.

Robb Fromm, a sailor boy from Mare Island, Cal., arrived at his home in Albany early Friday morning to visit his mother, Mrs. Fromm. He also called on his uncles, Robert and Chas. Arnold near Shedd, and Fred Arnold near Corvallis. He returned Saturday noon.

R. V. Crayford, H. J. Farwell, W. W. Poland, H. C. Poland, C. C. Arnold, E. W. Shedd and Chas. Gregory were visitors of the Tangent Odd Fellows' lodge last Saturday evening.

Farmers are quite busy hauling hay and binding fall grain this week. The U. P. Sunday school held a picnic on the Fourth of July last week. Albany and Oakville U. P. Sunday Schools were invited. About 100 people attended and all had a good time visiting friends and acquaintances.

A large number of Shedd folks attended the Ambassador Gerard show in Albany Thursday and Friday evenings.

The Christian Endeavor society held a live social and business meeting at the home of Mr. and Mrs. Harold Couey last Wednesday evening. About 30 were present. Ice cream and cake were served as refreshments. Everybody enjoyed themselves fine. Officers were elected which were C. C. Arnold, president; Harold Hamilton, vice-president; Mary McConnell, secretary; Mrs. Edith Couey, treasurer; Ethel McCormick, organist.

W. M. Beals went to Eugene Friday on a business trip.

H. J. and Ed Farwell have their hay baled now.

People here were severely shocked when news of the death of Charles Gregory was sounded over the phones. Everyone will miss him at the Hazelwood cream station where he has been employed for a number of years. The time for the funeral is not yet set.

CUSS WORDS WERE ALL MARINES' VOCABULARY

SALT LAKE, July 15.—(Special)—When the marines march into Berlin there is going to be one Salt Lake representative peculiarly fitted to tell one William Hohenzollern just what Zion thinks of him.

For Cavendish W. Cannon of this city has enlisted in the marine corps. For several months prior to his enlistment, Cannon was studying German—but he insisted that his teacher school him in only one branch of the German language—profanity.

"I want to learn how to cuss fluently in German," said Cannon when questioned concerning his peculiar studies, "so that I can tell Kaiser Bill and the rest of his gang just what I think of them. If I didn't know all the words in the German cuss dictionary, how could I do it?"

Weigh the Babies.

If you have babies to weigh prepare to weigh them now. This is the babies' year. It began April 6, the first anniversary of our entrance into the war. The first step is to weigh all the children under five years of age. The idea is to begin with the children, to build up the nation of tomorrow.

Many of the physical defects which caused the rejection of applicants for enlistment in the army and navy are believed to have had their beginning in infancy and the committee believes a higher standard of physical efficiency in the rising generation will result from these tests. Height, weight and reach are considered a rough index of a child's health.



Olive Thomas in Scene From Triangle Play, "Limousine Life."

At the Rolfe Tuesday

Clear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Says an inside bath, before breakfast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and "peevishness," we should see a virile optimistic throng of rosy-checked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening, and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds, and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance, awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.



SHE KNOWS

Where to get the best ice cream and confectionery. SATISFACTION IS OUR TRADE-MARK South Side of First Street

LESLIE

Eastburn Bros. THE GROCERS

Headquarters for All Kinds of Fancy Groceries and Produce
CHERRIES, STRAWBERRIES, CANTALOPE, GRAPEFRUIT, ORANGES, LEMONS, PEAS, ASPARAGUS, LETTUCE, CABBAGE, ONIONS, TOMATOES, RHUBARB, GREEN PEPPERS, CARROTS, in fact, everything the market affords.

COME AND SEE



Purity Is Our Slogan

LET US DEMONSTRATE

Albany Pure Milk & Cheese Co.

Both Phones

5th and Jackson

PAINT

IVOROID READY MIXED PAINT, 85c quart, \$2.85 gallon
FLOOR PAINT that will not turn white when scrubbed with hot water and will not mar or break with hard usage. 95c quart, \$2.95 gal.

Woodworth Drug Co.

WE INVITE YOU

to inspect our Packing House; then you will know why your neighbor buys meat from us.

D. E. Nebergall Meat Co.

Both Phones 47

Second and Lyon Sts.

This Electric Range Will Save Coal for Uncle Sam and Time and Labor for You



Careful tests have shown that 262.7 pounds of coal are required by a central station to supply a family with cooking current equivalent to 800 pounds of coal consumed in a solid fuel range. An electric range will do your cooking better and save on your food bill.

The elimination of the fuel and ash problem saves a world of time and labor.

Arrange to install an electric range in your home today.

A WHOLE YEAR TO PAY

Telephone 15 for particulars.

OREGON POWER CO.

Both Phones 15

306 W. 2d St.

HAMILTON'S

July Clearance Sales

The First Bargain Day of the Week Is Past with a High Record

Each of the five coming days will be lively ones, judging from the increasing interest and buying of our patrons.

Read the Following Items, They Are Money-Savers

LADIES' COATS— Spring styles \$25.00 values \$13.95 (—Second Floor)	MEN'S BALBRIGGAN SHIRTS and DRAWERS, each 69c (—Main Floor)
LADIES' SUITS— A large variety, to close out \$9.95 (—Second Floor)	Gauze Weight MEN'S SHIRTS and DRAWERS, each 35c (—Main Floor)

A big quantity of 40c and 50c VOILES at the extraordinary price of
29c
 (—Main Floor)

About 150 pair of WOMEN'S PATENT KID and DULL CALF, WHITE BUCK and CANVAS PUMPS. Values \$3.50 to \$4.00
\$2.98
 (—Main Floor)

DON'T MISS THE BOILING POT

Cash Values Worth While

HAMILTON'S

at Everybody's Store

HOW SHE BECAME A STAR—SIMPLE MATTER FOR PEGGY

Why, a London photographer told me I would screen well and I went and told a producer what I could do, and I did it. That's all. Simple, wasn't it? Peggy Hyland smiled archly behind her makeup. She was resting between scenes in her latest William Fox photoplay, "The Debt of Honor," which will be shown at the Rolfe for the last time tonight.

BARGAINS—Furnish you names and addresses free. Farms, unimproved lands, business, any kind, anywhere. Western Sales Agency, Minneapolis, Minn. 3633

WHEN ANSWERING classified ads, kindly mention The Democrat.

Returned From Portland—

Miss Gladys Gilbert returned home last night from a week's visit in Portland at the home of Mr. and Mrs. Geo. Blake.

HUN JUNK ACCUMULATES

PARIS, July 15.—(Special)—A new problem faces Y. M. C. A. secretaries at the front. Soldiers who have stormed the German trenches, grateful for the hot chocolate and unselfish service rendered by Y. M. C. A. men, have fairly swamped the workers with trophies, iron crosses, Hun helmets and war souvenirs. These have accumulated until now they present a problem as to their disposal.

COUNTRY GIRL CLIPS

VULTURE'S WINGS

In Triangle's new photoplay, "Limousine Life," which will be shown at the Rolfe Theater on Tuesday, Olive Thomas e...ts the part of an apparently innocent young country girl who mulets a rich young culture of a large sum of money. "Limousine Life" is an adaptation of the story by Ida M. Evans which made such a hit in the Red Book, and gives pretty Olive a decidedly charming character lead. Miss Thomas equals if not surpasses her clever work in "Betty Takes a Hand," and "Indiscreet Corinne." She is most ably supported by Lee Phelps recent addition to Triangle forces.

READ OUR WANT ADS

Advertising Momentum

Many institutions expect advertising to perform miracles, to rehabilitate a depleted list of customers in a few weeks or harvest a golden crop of dollars. Advertising is not based on wizardry any more than on quackery. Its results are cumulative.

There are no miracles in advertising, but money so invested, if invested properly and the opportunities thus created properly followed, will yield handsome returns.

An inquiry from a prospect who has never transacted business with your organization is the most vital and the most potent factor in the success of your business. That inquiry represents growth, development new business, —and new inquiries are worth attention, study and care—the full measure of your service. The aggressive and consistent advertiser whose educational publicity attracts, will find that the business has acquired a new momentum, the effect of which will be apparent in succeeding years.

—THE FINANCIAL WORLD