

Daily Democrat

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THURSDAY, MAY 2, 1918

"FIRST COURAGE"

German veterans still fight well.
That is, they fight with dogged deter-
mination, backed by the skill that ex-
perience has given them. But they
have lost what military men call "first
courage." They are tired of war, tired
body and soul. And so they do not
fight as they once did.

But what of the German recruits?
They, too, have deteriorated. Accord-
ing to a British correspondent, the
doctors and intelligence officers who
examine the prisoners captured, and
thus keep in touch with the makeup
and morale of the foe's army, find
that the younger classes of 1918 and
1919 are as much as two years behind
in bodily development, due to hard-
ships at home. For two years they
have heard their women folk talk of
little but hunger, wounds, death and
the hope of peace. Ill-nourished as
they have been and influenced by this
morbid atmosphere, they are naturally
low-spirited. And so they are not
good soldiers. They are sulky and re-
bellious, and have to be continually
court-martialed.

The French recruits on the contrary
are almost without exception well-
nourished, well developed, cheerful and
confident. They have the "first cour-
age," the warrior spirit, the free
will to fight.

"There is no courage like this first
courage," remarked the correspondent
to Lloyd-George. Whereupon the pre-
mier replied:

"Ah! That is yet another reason
why we are sure to win." For the
American army now pouring into
France for the last, decisive round of
the great duel, is composed altogether
of men imbued with this precious
"first courage." And when they have
learned the technique of the game
from the weary veterans, they will
smash through to victory.

FOR SALE—7-room house, 2 lots
with garage and other outbuildings.
Abundance of fruit, fine water, at
a bargain. Also 2 lots on corner of
Water and Denver St. For terms
apply to I. N. Hewes, 407 Geary St.
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NOTICE OF SALE OF GOVERNMENT TIMBER

Notice is hereby given that subject to
the conditions and limitations of the
Act of June 9, 1916 (39 Stat., 218)
and the instructions of the Secretary
of the Interior of September 15, 1917,
the timber on the following lands will
be sold May 15, 1918, at 10 o'clock a.
m., at public auction at the United
States land office at Portland, Ore-
gon, to the highest bidder at not less
than the appraised value as shown by
this notice, sale to be subject to the
approval of the Secretary of the In-
terior. The purchase price, with an
additional sum of one-fifth of one per
cent thereof, being commissions al-
lowed, must be deposited at time of
sale, money to be returned if sale is
not approved, otherwise patent will
issue for the timber which must be
removed within ten years. Bids will
be received from citizens of the United
States, associations of such citi-
zens and corporations organized un-
der the laws of the United States or
any state, territory or district thereof
only. Upon application of a qualified
purchaser, the timber on any legal
subdivision will be offered separately
before being included in any offer of
a larger unit. T. 9 S., R. 2 E., Sec.
36; NE 1/4 NW 1/4, yellow fir 250 M.,
red fir 50 M.; NW 1/4 NE 1/4, yellow
fir 600 M., red fir 800 M.; hemlock
10 M.; SW 1/4 NE 1/4, yellow fir 700 M.,
red fir 250 M.; SE 1/4 NE 1/4, yellow fir
350 M., red fir 450 M.; NE 1/4 NW 1/4,
yellow fir 750 M., red fir 250 M.; hem-
lock 10 M.; SE 1/4 NW 1/4, yellow fir
100 M., red fir 1200 M.; NE 1/4 SW 1/4,
yellow fir 200 M., red fir 800 M.; S
1/4 SW 1/4, yellow fir 850 M., red fir
850 M.; NE 1/4 SE 1/4, yellow fir 450
M., red fir 600 M.; NW 1/4 SE 1/4, yellow
fir 500 M., red fir 600 M.; SW 1/4
SE 1/4, yellow fir 50 M., red fir 1800
M.; SE 1/4 SE 1/4, red fir 1850 M., none
of the fir to be sold at less than \$1.75
per M., and none of the hemlock to be
sold at less than \$.50 per M. CLAY
TALLMAN, Commissioner, General
Land Office. da8m10

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GOLD HILL, OREGON

GROCERS HELP
IN 50-50 PLAN

SIGN PLEDGE TO CARRY OUT
FOOD ADMINISTRATION
PROGRAM.

POST CARDS IN STORES.

Explain New Wheat Ruling to
Thousands of Customers—In-
sures Greater Food Saving.

Grocers of the nation have accepted

enthusiastically the 50-50 basis for the
purchase of wheat flour and are doing
their utmost to explain the new regu-
lation to the housewife. This ruling by
the U. S. Food Administration requires
each purchaser of wheat flour to buy
one pound of cereal substitute, one
kind or assorted, for every pound of
wheat flour. It was necessary to re-
strict the use of wheat flour in order
that the allies and our fighting forces
abroad might be assured of an ade-
quate supply of wheat to meet their
vital needs. This supply must come
from our savings because we have al-
ready sent our normal surplus.

Wheat saving pledge cards were for-
warded by the Food Administration to
all retail food merchants, and these
are being signed and posted in stores
throughout the country. This card
states, "We pledge ourselves loyally to
carry out the Food Administration pro-
gram. In accordance with this order
we will not sell any wheat flour except

where the purchaser buys an equal
weight of one or more of the following,
a greater use of which in the home
will save wheat:

"Cornmeal, corn flour, edible corn
starch, hominy, corn grits, barley flour,
potato flour, sweet potato flour, soy
bean flour, feterita flour and meal,
rice, rice flour, oatmeal, rolled oats and
buckwheat flour."

Some confusion has resulted on the
part of the consumer in construing
this "50-50" ruling to mean that an
equal amount in value of substitutes
must be purchased with wheat flour.
This is a mistaken idea. The ruling
states that the consumer in purchasing
flour shall "buy at the same time an
equal weight of other cereals."

One exception to this ruling is con-
cerning graham flour and whole wheat
flour, which may be sold at the ratio
of three pounds to five pounds of
wheat flour. This provision is made
because approximately 25 per cent.
more of the wheat berry is used in the
manufacture of these flours than stand-
ard wheat flour.

Another exception is that concern-
ing mixed flours containing less than
50 per cent. of wheat flour, which may
be sold without substitutes. Retailers,
however, are forbidden to sell these
flours containing more than 50 per
cent. of wheat flour to any person un-
less the amount of wheat flour sub-
stitutes sold is sufficient to make the to-
tal amount of substitutes, including
those mixed in flours, equal to the to-
tal amount in wheat flour in the mixed
flour. For instance, if any mixed flour
is purchased containing 60 per cent.
wheat flour and 40 per cent. sub-
stitutes it is necessary that an additional
20 per cent. of substitutes be pur-
chased. This brings it to the basis of
one pound of substitutes for each
pound of wheat flour.

A special exemption may be granted
upon application in the case of special-
ly prepared infants' and invalids' food
containing flour where the necessity is
shown.

Some misunderstanding seems to ex-
ist on the part of consumers in assum-
ing that with the purchase of wheat
flour one must confine the additional
50 per cent. purchase to one of the
substitutes. This is not the case. One
may select from the entire range of
substitutes a sufficient amount of each
to bring the total weight of all sub-
stitutes equal to the weight of the wheat
flour purchased. For instance, if a
purchase of 24 pounds of wheat flour
is made a range of substitutes may be
selected as follows:

Cornmeal, 8 pounds; corn grits, 4
pounds; rice, 4 pounds; buckwheat, 2
pounds; corn starch, 1 pound; hominy,
2 pounds; rolled oats, 3 pounds.

These substitutes may be used in
the following manner:

Cornmeal, 8 Pounds.—Corn bread, no
flour; corn muffins or spoon bread,
one-fourth flour or one-third rice or
one-third hominy; 20 per cent. sub-
stitutes in whole bread.

Corn Starch, 1 Pound.—Thickening
gravy, making custard, one-third sub-
stitute in cake.

Corn Grits, 4 Pounds.—Fried like
mush, used with meal in making corn
bread.

Rolled Oats, 3 Pounds.—One-fourth
to one-third substitutes in bread, one-
half substitute in muffins; breakfast
porridge, use freely; oatmeal cookies,
oatmeal soup.

Buckwheat Flour, 2 Pounds.—One-
fourth substitute in bread, buckwheat
cakes.

Hominy, 2 Pounds.—Boiled for din-
ner, baked for dinner, with cheese
sauce.

Rice, 4 Pounds.—One-fourth sub-
stitute in wheat bread, one-third sub-
stitute in corn bread, boiled for dinner (a
bread cut), as a breakfast food, to
thicken soups, rice pudding instead of
cake or pie, rice batter cakes.

Several grocers have stated that
their customers who strictly observe
the 11 wheatless meals each week find
it necessary to buy substitutes in ad-
dition to those ordered under the 50-
50 plan.

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Purify Your
Blood

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CLASSIFIED

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Maxwell \$595, truck \$550. Waldo
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FOR SALE—One of best lots on
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ner lot. Terms if desired. Daven-
port Music house.

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Albany. a22m4

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1P5. m1j

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WANTED—Girl for general house-
work. 426 W. 7th St., or call Bell
phone 456R. a30m2

WANTED—Tray girl at St. Mary's
hospital. 3t

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land in North Albany. Splendid for
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West 7th or call Bell 376J. a29m1

FOR RENT—Furnished 6-room house
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FOR RENT—Apartment and rooms,
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Come along. Work assured. Board
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Beck's Hotel, Oregon City. a25m6

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lable; 6 acres in orchard. No rocks
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your personal charm more than your
clothing. We have every style and
quality of eyewear on the optical mar-
ket.

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