



After the day's grind, a rest and a chew of Real Gravelly. This is solid tobacco comfort, and to think—Six sent it, too!

His Best Friend Sent Him a pouch of Real GRAVELLY Chewing Plug

You will be sending your friend more tobacco comfort and satisfaction in a pouch of Real Gravelly Plug than in a half a dozen plugs of ordinary tobacco. Real Gravelly is worth sending a long way. It is condensed quality.

Give any man a chew of Real Gravelly Plug, and he will tell you that's the kind to send. Send the best! Ordinary plug is false economy. It costs less per week to chew Real Gravelly, because a small chew of it lasts a long while.

If you smoke a pipe, slice Gravelly with your knife and add a little to your smoking tobacco. It will give flavor—improve your smoke.

SEND YOUR FRIEND IN THE U. S. SERVICE
A POUCH OF GRAVELLY

Dealers all around here carry it in 10c pouches. A 3c stamp will put it into his hands in any Training Camp or Hospital of the U. S. Army. Even "over there" a 3c stamp will take it to him. Your dealer will supply envelope and give you official directions how to address it.

P. B. GRAVELLY TOBACCO COMPANY, Danville, Va.

The Patent Pouch keeps it Fresh and Clean and Good

—It is not Real Gravelly without this Protection Seal

Established 1831



Joint Institute—

On Tuesday, March 26, the Woman's Christian Temperance Union of Benton and Linn counties will hold an institute in Albany. There will be an afternoon session when interesting and up-to-date topics will be discussed by capable speakers. In the evening a patriotic address will be given by Mrs. Lottie Harrison, who has had several years of experience in public work and is a forceful speaker. A full program of the institute will be published on Saturday.

Wanted at Once.

Men between 18 and 45 years of age to qualify for both Conductors and Motormen. Wages: 38 cents per hour; first year; 40 cents second year, and 42 cents thereafter. Eight hour day, time and half for all work over eight hours and thirty minutes in any 24-hour period. Apply Room 310 Electric Building, Portland, Oregon. Portland Railway, Light & Power Company. M. 18123.

SEE CLASSIFIED AD—Men!
Men! Men!

Subscribe for The Democrat.

COOPERATIVE SPRAYING

DEMONSTRATIONS, 1918

Extension Specialist Will Aid Fruit Growers in Making Their Spraying Effective

A series of spraying demonstrations with fruitgrowers in several counties of the state will be held by W. S. Brown, extension specialist, during the coming season. He will be assisted by the county agents and county fruit inspectors of the territory in which he is working. The idea is to help fruit growers increase the efficiency of their spraying and where practicable, to cut down the cost of operation.

The fruit growers who cooperate will furnish spray materials and make the applications needed under the direction of Mr. Brown or of his assistants.

Oregon is a large state and has many different climatic conditions. Consequently any spray calendar, no matter how carefully prepared, must be modified to suit local conditions. A careful study of these conditions will be made during the season and such changes in the spray calendar will be suggested as seem necessary.

Many orchardists of long experience are not using the most up-to-

date and economical spraying nozzles, cut-offs, and other accessories. Where this condition is found, such changes as seem advisable will be made.

Great emphasis will be placed on the careful preparation and thorough application of spraying materials.

Here is where many fruitgrowers fall down. In endeavoring to save money by rapid work they lose much more by doing a poor job. Spraying

SAGE TEA KEEPS YOUR HAIR DARK

When Mixed with Sulphur It Brings Back Its Beautiful Lustre at Once.

Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks streaked, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold.

Don't stay gray! Look young! Either prepare the recipe at home or get from any drug store a bottle of "Wyeth's Sage and Sulphur Compound," which is merely the old-time recipe improved by the addition of other ingredients. Thousands of folks recommend this ready-to-use preparation, because it darkens the hair beautifully, besides, no one can possibly tell as it darkens so naturally and evenly. You moisten a sponge or soft brush with it, drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application or two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.

Not a Bite of Breakfast Until You Drink Water

Says a glass of hot water and phosphate prevents illness and keeps us fit.

Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated from the system each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste, toxins and poison-like poisons are formed and wicked into the blood.

Men and women who can't get feeling right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poisons and toxins and to keep the entire alimentary canal clean, pure and fresh.

Those who are subject to sick headache, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from the drug store, and begin practicing internal sanitation. This will cost very little, but is sufficient to make anyone an enthusiast on the subject.

Remember inside bathing is more important than outside bathing, because the skin pores do not absorb impurities into the blood, causing poor health while the bowel pores do. Just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the stomach, liver, kidneys and bowels.

HAMILTONS

Millinery Week



This Is the Time to Buy Your Hat HAMILTONS' Is the Place---Why?

EASTER is only a little over a week away. Hamilton's have the largest selection from which to choose. Five different makes of pattern hats, and the hats from our own workshop, are more chic than ever, which means a great deal.

BUY THIS WEEK

Remnant Day on Main Floor Thursday

Also, see the new Percaloes, light and dark patterns, good quality, 36 inches wide, at 19c
And the new Galatea Cloth, in plain and stripe 25c a yard

Cash Values Worth While

Everybody's Store

HAMILTONS'

HAMILTONS'

Go to Portland—Raymond Talbert and Ralph Bilyeu of our company at Fort Canby, who have been visiting their parents in Albany, went to Portland this morning. They will return to the fort tomorrow.

NOTICE!

Regular meeting Pythian Sisters, Tuesday, March 19, 1918. Initiation and Public lunch. All members urged to be present.

Beside Cameron Simpson, M. of R. and C.—Mar 18-19.

An Editorial by Edward Cookingham, Vice-President, Ladd & Tilton Bank, Portland, Oregon.

Our Bank is making every effort to so order its affairs that it may be able to take its share of the \$5,000,000,000 of Treasury certificates which the Secretary of the Treasury has asked the banks of the nation to purchase at frequent intervals in anticipation of the next issue of Liberty Bonds. We have also urged all interior bank clients, who have asked our advice, to comply as far as possible with the Secretary's request. The vast operations of the war are calling for a veritable flood of money, and the weather and transportation conditions are wholly inopportune for a large bond issue just at this time. It is therefore altogether fitting that the banks of the country should place at the disposal of the Government sufficient of their resources to bridge over the period when a permanent financial program must for the time being be anticipated by temporary loans. The situation is comparable to that which would confront the banks of a community in which is located a very large industrial concern of undoubted financial stability upon whose successful and continuous operation the

prosperity and development of that community depended. If such a concern were suddenly confronted with a demand for temporary funds in order that it might continue to operate pending the completion of arrangements to bond its property and thus permanently finance its requirements, no bank in that vicinity would hesitate to contribute even at considerable sacrifice its share of the amount needed by the industrial concern to maintain its operations at full strength during the interim when its permanent financial arrangements were being consummated. How much more essential is it that the banks of the country now fighting for its very existence, should respond, even at great sacrifice if need be, to the call which has been made upon them? They are not asked to incur even the smallest fraction of hazard in making an investment, the proceeds of which will be used to protect the families and property of themselves and their depositors quite as much as it will aid in supporting the men whose lives are the stakes of the great war game in which we are vital participants.

Eastburn Bros. THE GROCERS

REGULAR EVERY-DAY PRICES TO EVERYONE

Fancy DRIED PRUNES		Pound 10c
Good ONION SETS—buy early		2 pounds 25c
Good DRY ONIONS, any amount		per pound 2 1/2c
RUTA BAGAS, CARROTS and TURNIPS		per pound 2c
Simons BROCCOLI now arriving		5, 10, 15 and 20c

WE BUY EGGS FOR CASH OR TRADE.

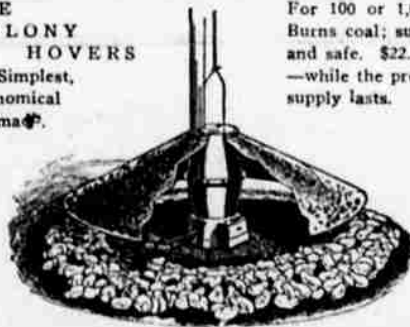
GOOD BURBANK POTATOES..... 60c BUSHEL
GENUINE PORTLAND BUTTERNUT BREAD—Fresh every day.

Advice to the housewife on Hooverizing—List the amount of substitutes you can use, corn meal, rolled oats, oats flour, rice, rice flour, corn starch, buckwheat flour, hominy and take the same amount of flour in bulk. Easy—Try it.

Bevo
Put on the Bevo Glasses when you set the table for the bite you've prepared for the guests of the evening. As a suggestion for a dainty lunch: Cream cheese and chopped olive sandwiches (on brown bread), Dill pickles, Shrimp salad, Ice cold Bevo.
Itself a nutritive drink, Bevo makes an appetizing and delightful addition to any meal—hot or cold, light or heavy.
Bevo—the all-year-round soft drink.
Sold in bottles only and bottled exclusively by
ANHEUSER-BUSCH—ST. LOUIS

BABY CHICKS MUST BE KEPT WARM

BUCKEYE COLONY HOVERS
—are the Simplest, most Economical Brooders made.
For 100 or 1,000 chicks. Burns coal; substantial and safe. \$22.50 complete—while the present supply lasts.



Call and see them and get our prices on Poultry Supplies.

MURPHY'S SEED STORE

New Popular Sheet Music

Khaki Bill		15c
When a Boy Says Goodbye to His Mother		15c
Sweet Little Buttercup		15c
When the Boys Come Home		35c
They Go Wild, Simply Wild, Over Me		15c
I'm Going to Follow the Boys		15c
Laddie in Khaki		35c
My Sweetheart Is Somewhere in France		15c
Say a Prayer for the Boys Over There		15c
The Bluebird—Waltz Song		35c

AND MANY OTHER NEW POPULAR HITS

Woodworth Drug Co.



DOUG FAIRBANKS at the Globe in thrilling Western pictures.

Buy Seed at a Seed Store

When you want Garden Seed buy them at a Seed Store where selling seed is their business

Our Seed is carefully tested for fertility—carefully handled so that it will not become mixed.

We can give cultural directions and suggest the best varieties.

You will get MORE Seed and BETTER Seed for your money at

Murphy's Seed Store

Phone us if you haven't received our Price List

Phone us if you haven't received our Price List