

Did You Attend Our Notion and Toilet Goods Sale Today?

This department has been crowded and busy all day, customers taking advantage of the special prices. Sale continues tomorrow and Friday. Look over last night's advertisement in the daily papers. Make out your list for it means a great saving to you. Shop in the morning if possible.

WORTH'S DEP'T STORE
"THE QUALITY STORE"

GREENBACK RED CROSS AUXILIARY IS INDUSTRIOUS

SHELD, Feb. 19.—(Special to the Democrat)—The Greenback auxiliary meets every Wednesday at the Red Cross rooms at the home of C. J. Lawson.

The ladies take their lunch and have hot tea, so they enjoy the noon hour by discussing, exchanging recipes and sampling war breads, cookies and cakes. They spend a very pleasant as well as profitable day.

A Junior Red Cross was organized at the home of Mrs. I. M. Saxton February 2d now having 20 members. They will take up the work of sewing for the babies of Belgium, cutting snips for ambulance pillows, jumpers, and have three boys and four little girls knitting little scarfs.

The officers of the juniors are: chairman, Olive Adams; secretary, Ethel McCormick; treasurer, Grace Miller; general overseer, Mrs. I. M. Saxton.

The knife, fork and spoon are the most powerful implements of war just now.

FOR SALE!! At the Auction Block by Rex Beach.
500 seats in the ROLFE THEATRE Friday-Sat'day.

"If you know how to spend less than you get, you have the philosopher's stone."—Franklin.

Lantern on Broadway.

The dimming of the white lights in New York has brought the jokers to the fore. Recently after the current had been turned off a man walked up the big street with a lighted lantern. He wended his way across Broadway, and after swinging the lantern about his head much after the fashion of trapeze artists, he continued up the street. He had seen seeds that began to sprout in many directions and a few minutes later rival humorists appeared with lanterns, electric flashlights, and one optometrist tried to keep a candle going as he walked down toward Times Square.

Boche Had Sense of Humor.

Boche had fallen steadily for three days and nights and the trenches were in frightful condition. The German trenches, a few yards distant, were in an even worse state. Suddenly a plaintive voice cried out:

"Are you there, Jack? Hat you whiskey? We had plenty water!"

Not bad for a boche, the platoon decided.—From "All in It," by Ian Hay.

Newlyweds Here—

Mr. and Mrs. W. R. Githens (nee Fay King) of Halsey, spent the day in Albany.

RED CROSS DANCE

At Troutman's Hall, two and one-half miles east of Sheld, Friday, Feb. 22d. Heister's Orchestra. Everybody come. 1921.

EUROPE NEEDS FOOD

Food Administration Declares It is an Absolute Sin to Waste Food—Food Has Become Sacred.

Europe is still sending an insistent call for more food. We must send it if the war is to go on efficiently. If we eat it all we cannot ship it, and the food administration has already tried to picture how much that wheat is needed by people who will starve if they do not get it, the food administration states.

"For the least bit of heedlessness on your part in food conservation some one somewhere in the world must suffer privation," an official statement declares. "The food administration has mastered the problem of America's food in such a way that every ounce of food conserved and kept in the currents of trade goes to an empty stomach in Europe.

"It is an absolute sin to waste food. Food has become sacred.

"Food means life; it means somebody's life, and you cannot escape responsibility.

"There is no waste of food among the allied nations."

WAR BREAD COSTLY TO BRITISH GOVERNMENT

Every year the British government pays \$200,000,000 toward the cost of that nation's war bread. That is the principal reason why English bread prices are lower today to the consumer than in America. Incidentally the British bread is much poorer than the American.

Great Britain has taken over all home grown grain, bought at an arbitrary price, and all imported wheat bought in markets of the world at prevailing prices. This is turned over to the mills by the government at a price that allows the adulterated war bread loaf of four pounds to sell at 15 cents. The two pound loaf costs 8 cents, and the one pound loaf sells for 5 cents.

In milling, however, 14 per cent more flour is extracted from the wheat than in America. And there is a compulsory adulteration of 20 per cent, and an allowable adulteration of 50 per cent.

Compared with American bread, the British product is only about 65 per cent pure at its best.

In France, under conditions somewhat similar, but with a larger extraction, the four pound loaf sells for 16 cents.

AMERICAN SAVINGS WILL MEASURE WHEAT EXPORTS

"We have already exported the whole of the surplus of the 1917 wheat harvest, over and above the normal demands of our own population. It is necessary, therefore, for the food administration to restrict export of wheat so as to retain in the United States sufficient supplies to carry our own people until the next harvest.

"Therefore all exports of wheat from now forward are limited entirely to volume of saving made by the American people in their consumption of wheat and wheat products.

"We continued wheat shipments for December as far as our situation allowed, but even with all the conservation made we were still unable to load several hundred thousand tons of foodstuffs urgently required by the allied nations during the month of December alone."

HERBERT HOOVER.

Do a bit at every bite!

Get the Habit of Drinking Hot Water Before Breakfast

Says we can't look or feel right with the system full of poisons.

Millions of folks bathe internally now instead of loading their system with drugs. "What's an inside bath?" you say. Well, it is guaranteed to perform miracles if you could believe these hot water enthusiasts.

There are vast numbers of men and women who, immediately upon arising in the morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This is a very excellent health measure. It is intended to flush the stomach, liver, kidneys and the thirty feet of intestines of the previous day's waste, sour bile and indigestible material left over in the body which if not eliminated every day, become food for the millions of bacteria which infest the bowels, the quick result is poisons and toxins which are then absorbed into the blood causing headache, bilious attacks, foul breath, bad taste, colds, stomach trouble, kidney misery, sleeplessness, impure blood and all sorts of ailments.

People who feel good one day and badly the next, but who simply can not get feeling right are urged to obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to make anyone a real crank on the subject of internal sanitation.

Just as soap and hot water act on the skin, cleansing, sweetening and freshening, so limestone phosphate and hot water act on the stomach, liver, kidneys and bowels. It is vastly more important to bathe on the inside than on the outside, because the skin pores do not absorb impurities into the blood, while the bowel pores do.

MISFITS By F. P. Nutting

The annual meeting and election of officers of the Albany Association, held at the public library building Thursday evening of this week, was an event that will be of interest to readers of the Democrat at Albany.

It brought together a good crowd of former Albany people who spent a couple of hours in a very pleasant manner, renewing old acquaintanceship and participating in an informal program of short talks.

S. N. Steels, the president, presided in his usual genial manner, among other things announcing a 100 per cent grand child at the home of his son Horace. Not to be outdone, Fred Newton declared that he had a 110 per cent kid at his home down in a houseboat on the Willamette, and invited all to come down and drop in.

The writer was the first speaker called upon and presented a few Misfits.

He was followed by George Caldwell, attorney at law, one of 17 children, born just beyond the Calapooia, who slashed the Kaiser until he looked like a dish of hash.

Then a good many others spoke reminiscently. Election of officers resulted in the choice of Mrs. E. U. Will as president for the coming year, F. P. Nutting vice president, former Miss Myre Abett secretary, and Mrs. D. C. Schell treasurer.

Among others present were Mrs. F. M. Westfall, the first president of the Albany association, wife of a

Pure Drugs and Chemicals

Look the list over—
Quality guaranteed
by us

- 3-oz. Pure Glycerin—25c
- 3-oz. Pure Extract Vanilla—25c
- 3-oz. Pure Extract Lemon—25c
- 3-oz. Spirits Camphor—25c
- 6-oz. Electric Oil Liniment—50c
- 3-oz. Pure White Pine Cough—25c
- 8-oz. Pure White Pine Cough—50c

- 1 pint Household Ammonia—15c
- 1 pint Pure Turpentine—16c
- 1 pint Denatured Alcohol—20c
- 1 pint Pure Olive Oil—65c
- 1 pint Pure Witch Hazel—25c
- 1 pound Epsom Salts—15c

- Powdered Borax, package—15c
- Pure Alum—15c
- Lux Washing Powder—10c
- Palm Olive Soap—10c
- Glycerin Soap—10c
- Shaving Soap—10c

- AND A THOUSAND OTHER ARTICLES—PRICES REASONABLE

Burkhart & Lee

HAMILTONS'

Thursday Remnant Day

On the Main Floor, Domestic Section

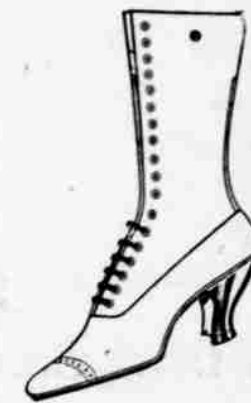
1 1-2 to 6 yds. in the piece

All new and clean, Gingham, Percale, Renfrew Devonshire, Ripplette, Muslins, and other white goods

The Prices Are Greatly Reduced

Shoes

Women's 8 in. Lace Boot, black kid vamps, grey or brown cloth tops, welt soles, Louis or military heels.



\$6.50
and
\$6.75

Lee
Union
Alls

Men's sizes
36 to 50

\$3.50

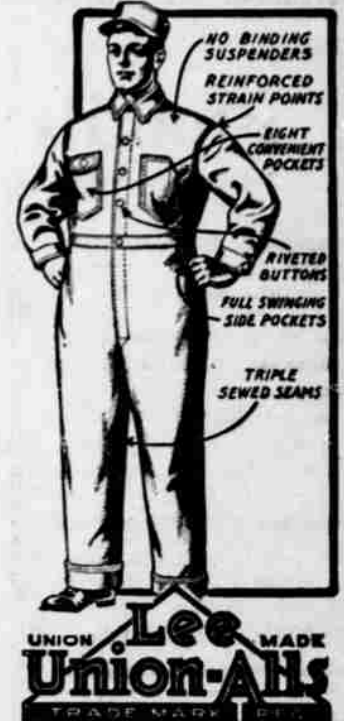
Ages 12 to 17

\$2.75

Ages 9 to 11

\$2.25

These prices
will soon be
advanced



Cash Values Worth While

HAMILTONS'

former marshal and street superintendent—whose hair is now as black as a child's though she has been a grandmother for a good many years; Mr. and Mrs. Harry Day, who are also grandparents; Mr. and Mrs. R. W. Williams, Mr. and Mrs. Geo. S. Acheson, Mr. and Mrs. Smith (nee Miss Sina Montgomery), Mr. and Mrs. Robert Crosby and daughter, Mrs. N. J. Henton and daughter, Mrs. Robert Ashby and her four children; Mrs. Ollie Jackson Stephens and husband, Mrs. Tedrow, Mrs. Kate McBride, Mrs. Bloom, Dr. Cynthia Ramsey, Mrs. Emma Sox Newton, E. U. Will, Mr. and Mrs. Jas. McHargue and daughter, Mrs. Angus Shaw, Mrs. Jennie Clayton King, Rev. and Mrs. Mm. McLeod and their guest, Miss Sue Breckenridge; Hon. Geo. M. Piper of Seattle, E. T. Price, and Mr. and Mrs. E. E. Aldrich, Tom Wandel, Dick Conn, Joe Rickard, Mr. and Mrs. D. T. Wyman—names I am giving from memory.

The next meeting will be the annual picnic at the Oaks next summer.

Farm Machinery is the artillery of agriculture. In what condition will your "field pieces" be for the spring drive?

FOR SALE!! At the Auction Block by Rex Beach.
500 seats in the ROLFE THEATRE Friday-Sat'day.

ELECTRICITY America's Ally

Have you stopped to think what Electricity means to America in this war?

It turns the wheels of nearly a million factories; lightens labor in ten million homes, brings ease and comfort into the daily lives of a hundred million people. In the pursuits of peace it is man's ally; but when war appears it becomes a veritable brother to Mars.

In helping to carry on the great war the Electric industry is "doing its bit." Tireless, day in and day out, the Electrical men of this nation are marshaling the forces of heat, light and power for your greater efficiency and benefit.

We are doing our utmost to cut out waste and make our service as efficient as possible for your use and the nation's.

Whatever your part in this great cause, remember your own personal responsibility. Remember Electricity. Make the best use of this greatest of all helps.

Oregon Power Co.

BOTH PHONES 15 306 W. SECOND



LOOK FOR THE PROTECTION SEAL
IT IS NOT REAL GRAVELY WITHOUT
THIS SEAL

Indian Day
Feb. 22-

EVERY motorcyclist and prospective rider in town knows what this day means—the formal opening of the 1918 Indian riding season—the biggest event of the year.

Spend all the time you can that day at our showroom getting acquainted, examining the 1918 Indians, picking out your new mount, swapping experiences. Bring your friends, your wife, sweetheart, sister.

You can't afford to miss this gala treat—every enthusiast of two-wheel sports in our town will be on deck. Demonstrations, instruction, souvenirs, entertainment.

BALTIMORE
GUN & BICYCLE WORKS