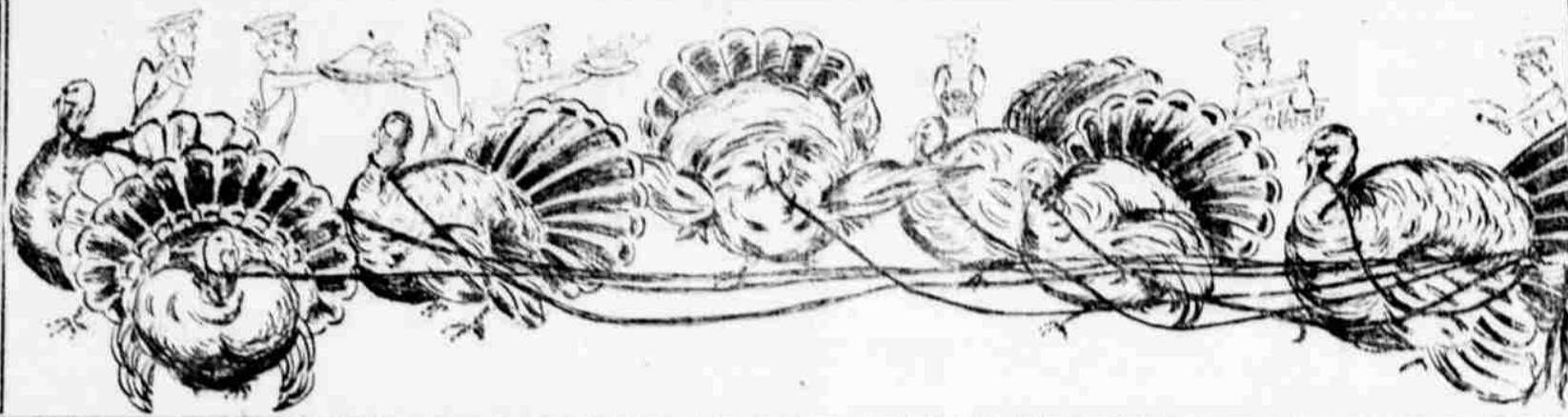


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- Roasts**
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Domestic Duck au Garrandy
Home Goose with Chestnut Dressing
Spring Chicken on Toast
- Vegetables**
Creamed Mashed Potatoes
Green Peas in Cream
- Salads**
Fruit Floating Island
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Raspberry Sudaie Boston Cream Pie Hot Mince Pie
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Throughout the year you can depend upon this market for the best of meats,
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- | | |
|---------------------------------------|----------------------------------|
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| California Olives | Salted Almonds |
| Young Celery | |
| Roasted Young Turkey, French Dressing | |
| Cranberry Jelly | |
| Browned Sweet Potato | Sugar Corn |
| Walnut Salad | |
| Home-Made Pumpkin or Hot Mince Pie | |
| Maplenut Pudding | |
| Tea | Coffee or Individual Bottle Milk |
| After Dinner Mints | |
| SPECIAL MUSIC | |

Imperial Cafe

Special Turkey Christmas Dinner 50c

Oregon Grill

CAMP FIRE GIRLS IS NATIONAL ORGANIZATION

History and Description of the Well Known Society for De- veloping Girls

Historical Sketch of the Camp Fire Girls

Taken from the manual of the Camp Fire Girls—The initial step looking to the formation of a national organization for girls were taken by Mrs. Clara H. Farnsworth, the name of the Camp Fire Girls and the ranks were suggested by Mrs. Chauncey Langdon.

The work and ideals of Camp Fire Girls had its direct origin in the home, and later in the private camp of Mrs. Luther Halsey Gulick, on Lake Sebago, Maine. Here, for a number of years Mrs. Gulick, with the desire to meet the needs of her own daughters and their friends worked out the beginnings of what was later, with some modifications, accepted as the ritual and form of the

Gulick's camp, "Wohelo"—which she had formed from the first two letters of each of the three words, work, worth and love, became the watchword of the new organization. Preliminary work was done during the summer and fall of 1911. During the following winter a manual was prepared, funds secured, and an organization created and offices opened. On March 17, 1912, it was given to the public. The following persons are giving financial support, acting on boards, and officers: Mr. John D. Rockefeller, Mrs. Russell Sage, Mrs. Finley J. Shepard, Mr. and Mrs. Ernest Thompson Seton, Miss Liza Beard, Miss Jane Adams, Judge Ben B. Lindsey, Mrs. Ella Flaz Young, Miss Ila Tarbell, and many others. Honorary president, Hon. Woodrow Wilson, honorary vice-president, Hon. Wm. H. Taft.

Camp Fire Girls in General

Camp Fire is an organized effort to find romance, beauty and adventure in every-day life. It seeks to make the homely task contribute to the joy of every-day living. Camp Fire girls learn to share—to work together. Mothers and daughters are helped to a better understanding of each other through the sharing, not only of the task, but of the interest

by working together. Boys and girls find wholesome, interesting things to do together, and girls learn the spirit of teamwork and fellowship with each other.

Camp Fire seeks to develop the same spirit, and make it dominate the life of the entire community. For this reason its ranks should be recruited from those who have the ability to do and to help, rather than from those who need help. It is an organized band of girls, rather than a mission to them.

Camp Fire presents many phases. To some it represents the social life, to others the life of the great outdoors. Then again, there are those in whom the ritual and ceremony

make the strongest appeal. Some consider it a channel for personal and community service. Yet, all the girls find through Camp Fire the romance and adventure of the life in the home in obeying the law of the Camp Fire, a girl develops in her spiritual life as well as in her body and mind. The ideals of the Camp Fire are beautiful because they are unselfish.

Perhaps it can all be summed up by saying that Camp Fire Girls is an organization made up of groups of girls who want to make life just as splendid as possible. They are seeking to develop the spirit of the home so that it will influence the entire community. It is an army of girls who do things.

Organization

Each group of girls, from 12 to 20 years old, is called a Camp Fire. There must be six girls and not more than 20, with an older woman as guardian.

A charter is granted and guardian appointed by the National Headquarters in New York City. Dues are 50 cents a year for each girl.

The Camp Fire Girls have three ranks: Woodgatherer, Fire Maker, and Torch Bearer. Honors are awarded to Camp Fire Girls in recognition of attainment. They are symbolized by distinctively colored beads which have been selected by the National Board.

When we try to put our deepest

thoughts into words, somehow the spirit seems to vanish; for words are too inadequate. For this reason, Camp Fire Girls use poetry, music, ceremony and ritual, color, and drama in which to express their hopes, purposes and visions. Their manual is built around poetic ideas and forms of art. Many ideas and ideals are ever growing. To express these so that they may not be cramped by words, they use symbols. Symbols are more elusive and less susceptible to the cramping effect of words.

Fire is the symbol of the organization, for around it the first homes were built. Camp Fire stands not only for the home, but also for the genuineness and simplicity of the best of hours. The sun is used as a general symbol for fire. A symbol of membership is the standing pine. It means simplicity and strength.

"Wohelo" is the watchword of Camp Fire Girls. Wohelo is the name of the official publication, an illustrated monthly magazine. All supplies may be secured from the Camp Fire Store company, New York City. The Camp Fire Girls' Manual and the Magazine "Wohelo" may be had at the public library of Albany.

What Camp Fire Girls Do



Camp Fire Girls keep healthy. They walk 35 miles a week.

Camp Fire Girls save food in the kitchen.

Camp Fire Girls refrain from candy between meals, sodas, or chewing gum—they save the money.

Camp Fire Girls raise vegetables for family use.

Camp Fire Girls can fruit and vegetables for use.

Camp Fire Girls care for little children.

Camp Fire Girls have a uniform for the same reason that soldiers have their uniforms.

Camp Fire Girls learn what to do in common emergencies.

Camp Fire Girls sing "America," "Dixie," and "The Star Spangled Banner."

(Continued on Page Seven)