There is no gift more appreciated than a good Book. Read this list and then come in and look over the rest:

LEATHER - BOUND BOOKS-

"The Spell of the Yukon" — Robert Service.
"Ballads of Cheechako" — Robert Service.

"Rhymes of a Red Cross Man" - Robert Service. The Greatest Thing in the World' - Drummond.

· · Rubaiyat " Evangeline "

"When All Is Sun Within"

" Christmas Eve

"From Day to Day With Longfellow"

"Legend of Sleepy Hollow "The Vision of Sir Launfal"

BOOKS IN OTHER BEAUTIFUL BINDINGS comprise many of the Classics, collections of quotations from books you love, the copyright novels and reprint novels. Prices from 15c to \$3.00.

BASKETS

"FRENCH" BASKET VASES, Granite Hanging Baskets, Waste Paper Baskets

you time and money.

"SWEET GRASS" Baskets, and Filipino hand-woven Baskets. WINNING NUMBERS: Monday, 70; Tuesday, 78.

THE ALBANY ART CRAFT

LISTEN----IT MEANS \$8 TO YOU

Have you decided your Xmas problem? Do you have

a definite idea of just what gifts would be most suitable

for friends and relatives? Probably not. It's the mer-

chant's job to make the suggestions and for you to decide

as to whether or not he has used good judgment in mak-

ing out his list of Xmas hints. Every progressive business man in Albany who has Xmas goods that are worth while will tell you about them in the advertising columns of the Democrat. Watch the advertisements. They will save

CITY NEWS

W. M. Kelly of the Albany Junk shop went to Portland this morn

Shipped Car of Hogs-D. Nebergall shipped a carload of hogs to Portland last night.

To Spend Winter-

Miss Alice Lasley left today for Mintren, Colo., to spend the winter with her sister.

Traveling Auditor Here-Mr. and Mrs. P. H. Bringman of Portland returned home this mornspending has night in At bany. Mr. Bringman is traveling and-

here on business.

"lty Men Here-J. Stran of Mill City was in Albany sesterday on business.

California Man Visits Sister-Leonard Combs of San Francisco s here visiting his sister, Mrs. N. D. Conn, and will remain until after the

nd daughter May went to Portland this morning to vis-



PLEASE SHOP EARLY

Company

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

system before putting more food into stomach.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skin pores do not absorb impurities into the blood, causing liness, while the bowel pores do.

For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waste material is not eliminated day by day it quickly ferments and generates poisous, gases and toxins which are absorbed or sucked into the blood stream, through the lymph ducts which should suck only nourishment to sustain the body.

A splendid health measure is to drink, before breakfast each day, a glass of real hot water with a teaspoonful of limestone phosphate in it, which is a harmless way to wash these poisons, gases and toxins from the stomach, liver, hidneys and bowels; thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

A quarter pound of linestone phosphate or us but very little at the drur



THE McDOWELL PLAN

hundreds of our customers have used to advantage in past seasons; You buy a McDowell's

We will mail it directly to the lady in question. You have no further trouble. This certificate entitles the recipient to her size in any pair of shoes she may select to the value of vour order. It makes satisfaction all around. and you are assured that the gift will be "just what she wanted.'

McDowell Shoe

Wash the poisons and toxins from

Says Inside-bathing makes anyone look and feel clean, sweet and refreshed.

the stanach.

A quarter pound of limestone phosphate cuts but very little at the drugstore but is sufficient to make anyone an enth sdist a indide-bathing. Men and women who are accustomed to wake up with a dall, aching head or have furred tomuce, bad inste, martireath, sallow complexion, others who have billous attacks, acid stomach or constitution are assured of pronounced improvement in both health and appearance shortly. and appearance shortly.



Here is the plan which

Christmas Certificate. It is nicely designed in holiday colors.

George Walsh

Returns Prom Partlandas

Ben Kirk III-

shop in a day or so.

to Albany his his wife.

will be extended some three miles to few months, has resigned to accept

According to letters received here last night to take Mr. Barryman's

restorday, Henry Volstedt of the place temporarily until a new man is

ere and will remain several months. Do Your Christmas Shopping Early,

WEDNESDAY AND THURSDAY

You certainly will when you see Geo.

Walsh's latest picture brimming

with fun. When you stop smiling

O. E. Ticket Clerk Resigns-

GITY NEWS

has sold a section of land near Siletz

to Portland interests. The deaf in

cluded the purchase of a mill and log-

ging road near Toledo and the latter

irst National bank has reached Hon

trips of the year. He is enjoying life

old after one of the most stormy

Smile!!

you will laugh.

WILLIAM FOX presents

Timber Moves on Coast

the new timber holdings,

Reaches Honolulu-

Miss Adda George returned yes-

Ben Kirk has been confined to his

some the past two days with an ab-

resume his work in the Bruce Barber

H. S. Barrymon, the ticket clerk

at the Oregon Electric depot the past

a position in the S. P. freight office,

Walter J. Page of Portland arrived

secured. Mr. Page was accompanied

"The Book Agent" HIS BOMB POLICY '

With "Charles Conklin," a grouchdestroyer from the word Go!!

"ROLFE WORLD LIBRARY"

"THE WHIP" Monday and Tuesday



table for the bite you've prepared for the guests of the evening. As a suggestion for a dainty lunch: Cream cheese and chopped olive sandwiches (on brown bread), Dill pickles, Shrimp salad, Ice cold

Bevo-the all-year- round soft drink.





Your Friends Can Buy Anything You Can Give Them--Except Your Photograph

With the high cost of living and everything calling for economy, nothing will make as cheap or a more appreciated gift than a dozen nice photos of yourself. Pictures taken this week finished in time for Christmas. Studio equipped perfectly for evening portraiture. Open by appointment only. For Christmas—your photograph. The simple gift that lends the touch of friend-

ship without an obligation. A Dozen Photos ---- TWELVE PRESENTS FOR THE PRICE OF ONE

GROUND FLOOR STUDIO





The Ford is an honest car in the fullest sense of the term-built on an honest design with honest materials, sold at an honest price with the assurance of honest performance and an equally honest, efficient after-service. Besides, it has been proved beyond question that the Ford is most economical, both to operate and maintain. It is one of the utilities of daily life. Your order solicited. Efficient after-service is behind every Ford car. Runabout, \$345; Touring Car, \$360; Coupelet, \$505; Town Car, \$595; Sedan, \$645; One-Ton Truck Chassis, \$600. All f. o. W. W. CRAWFORD : : Albany, Oregon

