

The Ideal Beverage with hot or cold Dishes

Lobster Pickles Sardines
Oysters Spaghetti
Swiss Cheese
Goulash Ravioli
Chile-Con-Carne

These make up the usual Dutch lunch—but what will you serve to drink?

For years the host and hostess have been asking themselves that same question—especially whenever the occasion happens to be one of those cozy little after-theatre or "in-between-times" parties. Now, there is a ready answer—

Bever

A BEVERAGE

This distinctive new creation in soft drinks is sparkling—snappy—delicious. It is healthful with the wholesomeness of the choicest cereals—appealing with the bouquet and agreeable bitter tang which only choice hops can impart. It is sure to "hit the spot"—sure to encounter no prejudices. Bever—the all-year-round soft drink.

Guard Against Substitutes

Have the bottle opened in your presence, first seeing that the seal has not been broken, and that the crown top bears the Bever name. Bever is sold in bottles only—and is bottled exclusively by

AMHEUSER-BUSCH ST. LOUIS

BLUMAUER & HOCH
Wholesale Dealers PORTLAND, ORE.
Families supplied by dealers

KODAK ALBUMS 15c to \$2.00

Everything from the paper covers to soft leather bindings. "FITALI" TOILET CASES \$1.50 to \$2.25

Made of water-proof material, lined with rubberized cloth and fitted to hold securely and toilet articles.

POCKET PICTURE FRAMES

Made of leather, in convenient sizes, the picture shielded, but no glass to break.

JAPANESE DOUBLE TASSELS
JAPANESE "JADE" RINGS
AN ASSORTMENT OF WONDERFUL BASKETS

The Albany Art Craft

ALBANY NATIONAL BANK

ST NATIONAL BANK

SERVE BY SAVING

Every dollar put into the bank will shorten the war and save life and suffering. It is to the everyday citizen that the government is looking in this crisis and it ought not to appeal in vain. Save for the government that has done so much for you.

ST SAVINGS BANK

MAZOLA

for the best results in deep frying, sautéing, shortening and salad dressings.

MAZOLA is the pure, delicious oil produced from American corn which enables the housewife to serve the best of food—and at the same time save the country's butter, lard, suet, in accordance with the plan of Food Administrator Hoover.

Mazola reaches cooking heat long before it smokes, prevents fried foods from becoming greasy, makes them more digestible and is more economical than the old cooking mediums.

Mazola does not transmit taste or odor from one food to another—can be used over and over again.

It comes in pint, quart, half-gallon and gallon tins—for greatest economy buy in the large sizes. Ask your grocer for a copy of the free Mazola Book of Recipes—or write us direct.

Your money refunded if Mazola does not give entire satisfaction.

Corn Products Refining Co.
17 Battery Place, New York

Selling Representatives
Johnson, Lieber Company
Portland, Oregon

HAMILTONS' ATTENTION GIRLS

A CONTEST

For the best 12 letters giving reasons why the people of Albany and surrounding country should trade at Hamiltons (Three disinterested people will judge the letters) ...

Twelve Dolls Will Be Given Away

The Conditions of the Contest

1. It is only for girls under 12 years of age.
2. You must write your letter on our letterhead with a number on it (Come in and get one.)
3. You must not sign your name.
4. Your letter must be brought to the store not later than December 15th.
5. Letters must be written in your own handwriting.
6. Letters must not contain more than one hundred words.

The Results

1. The twelve best letters will earn for the writers one of the big 28 1-2 inch dolls free.
2. The winning numbers will appear on the Dolls in the window on and after December 20th.
3. Should you see your number, come in and get your prize.

Cash Values—Worth While

SOCIETY

Miss Corintha Hart
Society Editor
Bell Phone 538-R

The football game between our two state colleges attracted a great many Albany people to Portland this week, many going down for a visit of several days with friends or relatives. Family dinners were also the order of the week, a number of these delightful affairs having been given on Thanksgiving day at private homes, and at the hotels.

A most attractive home wedding was solemnized Tuesday at the home of Mr. and Mrs. F. G. Davis, near Fayetteville, when their daughter, Miss Gladys Nan, became the bride of Hiram Warner Torbet. The rooms were artistically transformed with huge white chrysanthemums and greenery, and darkened to make more effective the burning candles on the improvised altar. About 30 relatives and close friends were present for the ceremony which was preceded by a song, "When You Are Truly Mine," by Mrs. Conrad Meyer, who also rendered Mendelssohn's Wedding march. Rev. D. H. Leech of Corvallis performed the ceremony, the long ring service being used. In the bridal party were two dainty maids, the little Misses Virginia Montague and Katherine Meyer, as flower girl and ring bearer. The bride was beautiful in a gown of white Georgette crepe over tulle, with a veil of tulle. She carried a lovely shower bouquet of bride's roses.

An elaborate wedding dinner was later served to the guests in the dining room, which was decorated prettily with yellow chrysanthemums. Mrs. Wren Cruz and Miss Anna Rodich assisted in serving.

The happy couple left for Portland and northern points where they will spend a brief honeymoon. Returning home to Albany, they will be at home to their friends at their bungalow on South Elm street. The bride wore an attractive going away costume of tulle, with hat to match. Both Mr. and Mrs. Torbet are young people of splendid character and are popular socially.

The out-of-town guests were Mrs. George Montague and daughter Virginia, of Portland, formerly of Albany, and Mrs. Mary Dunn of Portland.

One of the most enjoyable meetings of the Monday club was held this week when Mr. and Mrs. H. H. Hewitt were hosts at their home on Ferry street. A feature of the evening's entertainment was the reading

of his original short stories, by Rev. G. H. Young, which were greatly appreciated.

The following new members were initiated at this time: Rev. and Mrs. O. B. Pershing, Rev. and Mrs. Melvin Williams, Mr. and Mrs. William Hornibrook, Mr. and Mrs. McNeil and Rev. and Mrs. G. H. Young. A light supper brought the pleasant evening to a close.

For the pleasure of their house guests, Dr. and Mrs. Logan H. Geary of Portland, Mr. and Mrs. P. A. Young entertained a number of friends with a charming dinner on Thursday evening. Later in the evening a large number of guests called to meet the visitors.

Mrs. Gustav Abraham was a charming hostess on Tuesday afternoon, when she entertained the Entre Nous Bridge club at her home. During the afternoon a vacancy in the club membership was filled. Mrs. Leonard Hurst being voted in as a new member. The personnel of the club now includes Mrs. L. L. Swan, president; Mrs. Gustav Abraham, secretary and treasurer, and Mesdames U. G. Smith, S. S. Train, L. E. Tracy, J. K. Weatherford, O. D. Austin, Leonard Hurst, C. E. Brandeberry, J. L. White, W. W. Crawford, Katherine Barrett, P. R. Kelly, H. R. Worth and Bert Veal. The club will meet the second Wednesday in December, for Red Cross work, at the Hotel Albany parlors, with Mrs. W. W. Crawford as hostess.

One of the week's most delightful functions was the Thanksgiving dinner for which Mr. and Mrs. Owen Beam were hosts, entertaining the families of some of their closest friends. Circling the well-appointed tables were Mr. and Mrs. Charles Stewart and family, Mr. and Mrs. J. H. Ralston and family, Mr. and Mrs. Stanley Stewart and family of Lebanon, Mr. and Mrs. Clem Irvine, Miss Elizabeth Irvine, Mr. Harold Irvine, and the hosts.

A pleasant affair of Thursday evening was the meeting of the Covered Dish club at the home of Mr. and Mrs. F. C. Pate. The table, well laden, was centered with yellow chrysanthemums. As complimented guests, Miss Minnie Merrill, Mr. and Mrs. T. J. Stiles and Mr. Woods were present at this time.

The Monday Bridge club met this week at the hospitable home of Mrs. A. Austin. After spending the pleasant afternoon with bridge, the ladies were bidden to the dining room where lunch was served around the table decorated with yellow chrysanthemums. Mrs. F. C. Pate substituted for an absent member.

The Neos Nymphs club passed a delightful afternoon on Friday at the home of Mrs. John Bryant. The rooms were prettily adorned with yellow chrysanthemums, and the afternoon was spent with needlework and conversation, followed by a light lunch. The invited guests were Miss Vena McCullough (Engene), Miss Mary Bryant, Mrs. Frank Skipton and Mrs. Andrew Scott.

An affair of last Saturday evening which was attended by several Albany people was the banquet of the State Bar association, which was given at the Hotel Marion in Salem. Judge P. R. Kelly presided as toastmaster, and those from Albany who made responses were L. L. Swan, whose subject was "Antecedents of the Greatest Law Giver," and H. H. Hewitt, on "Lawyers in Khaki." Others attending from here were Attys. J. K. Weatherford, Gale Hill, Wilford Marks, Carl Sox, Wm. S. Ristey and Mayor L. M. Carl.

An enjoyable affair in every way was the Thanksgiving dance given at the Elks' Hall on Wednesday evening by the finance committee of the Red Cross. Good music was furnished by Hiesters orchestra, and refreshments were served during the evening. A good crowd was in attendance.

Miss Mae Lewis delightfully entertained on Tuesday evening with a 7 o'clock dinner at the St. Francis Hotel, in compliment to her sister, Mrs. George L. Moody of San Antonio, Texas. The place cards, decorations, etc., were carried out effectively in pink and white.

The guests included Misses Arelia Burch, Edna Converse, Maudie Miller, Madeline Rogers, Jesse Paynter, Lulu Heist, Gertrude Beuler, Winnifred Patterson, the honor guest, and the hostess.

The charming tea was given by the girls of the Honor Guard on Wednesday afternoon at the home of Miss Marcelle Austin, as a compliment to Miss Lucille Danforth of Portland, state leader of the organization. Roses and greenery artistically arranged in bowls about the rooms made attractive decorations. Knitting, conversation and a talk by Miss Danforth made the time pass pleasantly.

Rev. G. H. Young also spoke to the girls about selling Red Cross stamps for the Christmas season, and it was decided to take up this work. Light refreshments were later served. About 30 were present to meet the

honor guest, who is an exceptionally interesting young woman.

A Thanksgiving reunion was held on Thursday at the home of Mr. and Mrs. N. D. Conn. A sumptuous dinner was the main feature, about 30 being present to enjoy it.

Miss Edith Duncan gave pleasure to a number of her friends when she entertained with a matinee party on Wednesday at the Globe Theatre. After seeing the Billie Burke photo-play, the crowd visited the Elite, where refreshments were served in the banquet room, and dancing was later enjoyed. The guests were the Misses Ruth Nebergall, Louise Mason, Josephine Ralston, Elizabeth Beam, Katie Hanke, Margaret Daley, Naomi School, Dorris Dowlin, Reva Morgan, Mary Waller, May Sears, Genevieve Young, Marion White, Mamie Wood, Eudora McAlpin, Elizabeth and Marion Stewart of Lebanon, and Vernita Devaney.

A theatre party was given on Tuesday evening honoring Miss Margaret Tallman of Corvallis. Miss Elga Pettibone was hostess for this affair, and the guests included the members of the Beta Gamma club.

Mr. and Mrs. B. M. Sloan entertained with a Thanksgiving dinner, on Thursday noon. Yellow candles and other decorations decked the table, around which were seated Mr. and Mrs. Leo Sloan (Portland), Mrs. Sarah Sloan, Mrs. Emily Sloan, Mr. and Mrs. Elmer Venable, Mr. and Mrs. George W. Hughes and Miss Eva Hughes.

At the meeting of the Modern Travelers this afternoon with Mrs. J. C. Irvine as hostess, the members enjoyed "A Day With Scott," the numbers on the program carrying out this idea. Mrs. Henrietta Brown gave an interesting biographical sketch, and "The Scott County and Literary Associations" was given by Mrs. J. K. Weatherford. A social hour and light refreshments followed.

Occupying the attention of the ladies of the First Presbyterian church at the present time, is the bazaar and rummage sale which have been planned to take place on the 11th of December. Mrs. T. G. Hopkins is the general supervisor of the work and there will be booths with fancy-work, art and other attractions.

One of the jolliest parties of the week was given on Friday evening, a complete surprise to the honoree, Miss Maizie Teeters. Gathering at her home in the early evening, music and games kept the crowd amused until dainty refreshments were served. Enjoying this were the Misses Violet Pearce, Elizabeth Carson, Mary

HEALTH HINTS

"All our possessions are as nothing compared to health, strength and a clear conscience."

"Good health is the foundation of personal usefulness either in peace or in war."

It is an exceptional case of insomnia that osteopathic relaxation and adjustment will not cure.

He is the best physician who knows the worthlessness of most drugs.
— Benjamin Franklin

Too Busy—

He who is too busy to care for his health may have to take time to cure disease.

Ten Years—

Osteopathic treatment is worth ten years of added life to the average person of advanced age. The stiffness, aches and sluggish functions of old age always show more improvement under this method of treatment.

Eat whole meat bread instead of white. It will help your country and also yourself.

"Feed the mind as well as the body—get a new idea every day."

Smile—

"Smile—assume the attitude of health. Have a large wastebasket for your imaginary ills and a small locked drawer for your real ones."

Important—

Standards—

"Jealousy, worry, anger, hatred—are grave diggers."

Osteopathic colleges main a minimum course of four years, of eight months' each actual attendance. Their students are thoroly trained in all methods of healing that have ever shown any real value, but more important than this they are trained in thoro diagnosis and in the osteopathic treatment of disease which has proved itself superior to all other methods of treatment. These colleges also give as many hours in surgery as any standard medical school. The osteopathic physician and surgeon is taught and believes that there is a place for surgery, but he is also taught not to wildly rush in and cut the patient up before a diagnosis is carefully made.

Osteopathic Physicians and Surgeons

Dr. A. P. Howells
Dr. Mary Howells
First Savings Bank Building.

Numerous—

The counterfeiters of osteopathy are numerous in the land. They pose under different names. They are all efforts to avoid the thoro training which osteopathic colleges demand of their students. These counterfeiters impose on and deceive the public, impose on and deceive the public, offering them a thoroly inferior article, and often have the effrontery to call it spinal adjustment. Spinal adjustment originated with the osteopathic profession and has been brought to its present state of development by them. None but osteopathic physicians and surgeons are competent to practice it.

Sleep with the windows open.
Don't fear. It kills.
Drink plenty of water.
Eat more fruit and vegetables and less meat.
Read the "Osteopathic Magazine," for sale on city news stands.

Breathe Deep—

"Does discouragement assail you,
And the tongue of Gossip flail you?
Breathe deep!
Draw your belt and armor tighter,
Let your foes see you're a fighter!
Breathe deep!"

Breathe Deep—

Osteopathic practice is safe, sane and successful because it is based upon intimate knowledge of the human body and renders strict accountability to the laws of Nature.

(Continued on page 4)