



A Suggestion to the Business Man

Make up a list of possible buyers of your wares in the surrounding country and conduct an economical selling campaign by telephone.

Many profitable sales have resulted through the use of "Long Distance," and this method of attracting trade has proven so satisfactory that many wide-awake business men have adopted it.

Why Not Try It In Your Own Business?



**THE PACIFIC TELEPHONE
& TELEGRAPH COMPANY**

QUIT MEAT IF YOUR KIDNEYS ACT BADLY

Take tablespoonful of Salts if Back
hurts or Bladder bothers—Drink
lots of water.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys clog and feel like lumps of lead, and you have aching pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jod Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithine, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in uric acid, to soothe urinary and bladder disorders.

Jod Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.

Daily Democrat by Courier, 34 Year.

TWO ARRESTED AND TRIED IN JUDGE SWAN'S COURT

Crawfordsville Man Faces
Charge of Stealing Calf;
Hurlbert Has Whisky

Alfred Matlock of Crawfordsville, was arrested yesterday by Deputy Sheriff H. C. Moran upon a charge of larceny of a calf from Samuel Chilson, also of Crawfordsville. He was brought to this city and given a preliminary hearing before Justice of the Peace Swan. He waived examination and was bound over to the Grand Jury under \$250 bonds.

Harlan F. Hulbert was caught with a bottle of whiskey this morning and pleaded guilty in Judge Swan's court to the charge of having liquor unlawfully in his possession. He was seen to hide a bottle back of the Russ House and Deputy Sheriff Joe Frum and Chief of Police Catlin laid in wait. When he took it away Frum ordered him to stop and took the goods as evidence. He was given 60 days in jail and a fine of \$200.

"GARDEN OF ALLAH" COMING TO THE GLOBE

When William N. Selig concluded to film Robert Hichen's great love romance of the Sahara desert, as a Selig spectacular special, he sent three special artists and architects to the Sahara in order to study true Arabian effects. These artists made sketches on the ground and these sketches were reproduced at a cost of hundreds of thousands of dollars for the Selig film spectacle. "The Garden of Allah," which presents the noted actress, Helen Ware, in her latest and most gripping role will be seen on Monday and Tuesday at the Globe theatre. There are thousands of horsemen, caravans of camels, beautiful effects, clearcut photography, a strictly all-star cast and no detail overlooked to make "The Garden of Allah" the world's greatest love romance.

Elks Donate \$100—

At a meeting of the Elks lodge last night a donation of \$100 was made to the Red Cross.

DISTRICT FORESTER LISTING MEN FOR FORESTRY REGIMENT

Good Pay for Men Experienced
in Portable Mill Work and
Logging Behind Lines

The forms for listing men for the Forestry regiment, the 10th Reserve Engineers, have just been received by the local office of the Forest Service. Qualified persons desiring to join the regiment for service overseas should at once communicate, preferably in person, with District Forester George H. Cecil, Beck Building, Portland, Oregon, or with Forest Supervisor C. R. Seitz, Eugene, Oregon.

This regiment will consist of six companies of 164 men each who must have had much experience incident to the operation of small sawmills of the portable type, and experience in small logging, teaming, motor trucking, blacksmithing, cooking, tie hewing, etc. In short, the men are to be actual experienced workers who can set up a small mill and proceed at once with all work necessary from felling trees to shipping the milled product. Men with only technical training, slight experience, or experience only in heavy steam logging can not be used. Relatively few men will be enlisted in Oregon and Washington.

Men desiring to be considered for this regiment must be white, between the ages of 18 and 40 years, must be able to pass the regular army physical test, and each will be required to furnish two letters of recommendation stating his experience.

From the applicants now offering their names selection and enlistment of the required number will be made and the men assembled late this month or early in July at some training camp where they will undergo instruction. The rates of pay have been fixed between \$30 and \$30 monthly at home, and \$36 and \$97.50 abroad.

Attend Round-Up—

Among the Albany people who attended the Round-Up at Philomath, yesterday were D. O. Woodworth, Frank Horskey, Fred Weatherford, John Scott and wife, Van and Will Crowder.

To Attend Funeral—

Mayor Curl went to Portland last night to attend the funeral of Judge Bradshaw which will be held today.

HAMILTONS' SPECIALS for SATURDAY MILLINERY DEPT.

Forty trimmed Hats, mostly small, Your choice for
ONE DOLLAR

Grocery Department

Tooth picks—Select White Birch Wood
large packages, 3 for10c

Cleanser—(Sunbrite)
per can4c

Cocoa—Best Grade,
guaranteed pure
1-2 pound pkge.....13c
1 pound package25c

Crab—per can contain—
ing 7 1-2 ounces net
weight can.....20c

Butter—Best Creamery,
roll75c

Germeal—(Wheat Hearts)—regular 35c pack-
age. Special price, per package.....25c

Domestic Department

19c wash goods for 15c
15c wash goods for 10c
wash goods, value
to 50c, for22c

Men's Department

Dress Straw Hats
just a few left,
choice for75c

Cash Values—

—Worth While

HAMILTONS'

HELP END THE WAR
Make your subscription to the Liberty
Loan thru this company or your bank.
Do it Now!

COOK BY WIRE



YOU CAN SET THE CLOCK

When you are leaving for an afternoon's shopping, knowing that the current will be turned on and off at the proper time and that dinner will be ready to serve when you return. Telephone for our representative to call and explain our special cash and easy payment range proposition and new rate.

OREGON POWER CO.

Both Phone 15

306 W. Second St.

Go East Through California

Costs Little More

ROUND TRIP SUMMER EXCURSION FARES

Will be on sale to eastern destinations on many dates in June,
July, August and September

Liberal Stopovers—Limit 3 Months

Enjoy your journey every mile

See

Crater Lake, Mt. Shasta, Sacramento Canyon, San Francisco
Yosemite, Lake Tahoe, Del Monte, Los Angeles, Orange Empire
Salton Sea, Apache Trail, El Paso, and many other points.

For accurate information and booklets, phone, call local agent or write

JOHN M. SCOTT, General Passenger Agent

Portland, Oregon

Southern Pacific Lines

Red Cross Musical

Prof. E. L. Wilson and Mrs. Frances M. Wilson take great pleasure in announcing a "Musical Evening" to be given for the benefit of the "Red Cross Society" next Thursday, June 28th, at 7:45 p. m., at the Albany Armory.

Prof. and Mrs. Wilson assure a very enjoyable entertainment to all present, and are proud to especially emphasize that there will be no expense to the organization whatever, the entire proceeds going to the Red Cross to help save our brave boys, wounded on the honor-field of battle.

Admission 15 cents

Children, 10 cents



Your friends are proud of you, the
cause you serve, and the uniform
you wear. They want your photo-
graph.

**Clifford
Studio**

The Photographer in your town

"MYSTERY LIES COILED IN THE SHINING HEART OF THE EAST"

The Sand Diviner Told of Destiny's
Doings in Spirals of Sand and the
Man and Woman could not under-
stand. Later, there in the Heart of
the Sahara came a Woman's Sacri-
fice—came Renunciation!

GLOBE THEATRE
ANNOUNCES

HELEN WARE
America's Most Popular And
Talented Stage Star in

WM. N. SELIG'S
WONDERFUL DRAMA

**"The GARDEN
of ALLAH"**

A Pulsating, Pulsating Love Romance
of the Boundless Sahara. A Tale of En-
during Love Amid The Sand Dunes.

Prices 25c and 15c

COMING — Monday—Tuesday