

Daily Democrat

F. P. NUTT'NG,
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TUESDAY, JANUARY 2, 1917.

BEING HAPPY

Benton Courier—
Take Worry, Fear and Hate and chuck them in the garbage can back of the house. Keep them out there during 1917 and you will have a happy new year.

Worry brings wrinkles and the undertaker and it never helps anything. By worry I don't mean thinking. It is your business to think, plan and execute. That's what your head is for. But when you have done the best your brains will permit, then drop it.

Worry never helped anything but nervous prostration. Take it home with you and it becomes a habit. It will fasten onto anything. It will keep the doctor calling. It will fix you so you won't be half a man or woman.

Fear is a son of worry and a sister to disease. Let it once get a good stand in and it will shorten your life by many years.

Fear of sickness, business failure, or death is a new year's invitation to them. It gets the best of your business sense and makes you quit on an undertaking that you could make go.

It breeds sickness through dread of it; it disorganizes your insides and makes a bellyache a bad case of appendicitis. And driven double with worry it will take you to sad music and tube roses a lot quicker than you care to ride.

And late, not quite so bad as the other two because you don't ride it so hard, but it will poison you like arsenic and put you on the bum.

I have a friend who is a traveling salesman. I have known him for many years, both in New York and on the Pacific coast.

He used to be a nervous, worrying man to whom his work was a dread. If he didn't sell enough goods today he worried and feared he wouldn't next week.

Today he weighs over 200 pounds and is as happy and contented as any man can be who is a traveling salesman.

Here is his cure.
He told me he saw a picture of a kid printed as a title page, on the Saturday Evening Post.

No doubt many of you readers recall this picture. It was the picture of one of God's real happy kids. He had a laugh that ran all over his face and only stopped at his ears. His face was freckled, two front teeth gone; a torn straw hat on the back of his head; one suspended summer trousers. This picture would make a chronic grouch smile in self-defense.

"I put that picture in my grip," said my friend, "and every night when I went to bed I put it where I would see it the first thing when I opened my eyes in the morning. And I got up with a smile—I couldn't help it. I went to the breakfast table with one on and my eggs tasted better. Every day the influence of that smile stuck longer until now it lasts all day and I do not have to look at the smile any more. I do my work so much easier. I do more of it and life is a lot happier."

That's the dope. Try it.
You get up in the morning feeling bum, and you know you are going to have a perfectly rotten day of it. You bark at the kids at breakfast and jaw at your wife.
She catches the scran feeling and comes back at you and a day is spoiled.
Try coming to the breakfast table with a smile on—even if it makes your face ache. It will spread like measles and the whole family will catch it, and that day will be like the boy's happy mug.
Try thinking good thoughts for 1917. They will banish fear, worry and hate and a lot of other things.

When you think good thoughts you just can't help but live good ones.

KNOCKING DID IT

It would have been gratifying to Oregon had Portland been selected as a location for a farm loan bank. Possibly the board wished to give the bank to Portland but was discouraged by reading of the manner in which Western Oregon had been ruined by Canadian lumber and Chinese eggs. Men are naturally somewhat particular where they place banks.—Ex.

MISFITS

How are you getting along makin' 7's?

Did you ever notice how the power of habit grips one.

The man who has kept his n. y. res. this long has done well.

Some one says 1917 is up to me, which also means you.

Every man is an architect, and has much to do with what he builds during the year.

After all the fellow who makes it easier for the other chap to do right and harder for him to do wrong is playing a pretty good part in the great program of events.

Leap year as such was a failure. The women as a rule are displaying their rights along other lines, and in a very effective manner.

Some one says that life is a funny proposition; but it isn't, it is a mighty serious affair.

There are funny things in it, almost on every corner; but down at the bottom life is a big thing full of granite.

Nearly all the papers have had editorials on the N. Y. Just have to write them, whether they like to or not. Seems to be expected whether

one has anything to say or not.

The Marshal

(By G. Whillikins in Ex.)
Who roams the town, both late and early,
And scares you, he's so big and burly,
Who's really mild, though he looks so surly?

—The Marshal!

Who's got his "eye skinned," day and night,
Watching for all the guys who fight,
And who "knocks 'em stiff" to show his might?

—The Marshal!

Who roams the streets and looks for dogs,
And watches out for all stray dogs,
And helps all antos out of boes?

—The Marshal!

Who tries your door most every night
And puts the sneaking thief to flight,
And shoots, to scare him out of sight?

—The Marshal!

Who "raises Ned" when there's a fire
Who hops around like a real live wire;
Who works overtime, nor seems to tire?

—The Marshal!

Who quickly spots each passing bum,
And makes him wish he'd never come,
And starts him spinning with a hum?

—The Marshal!

Who does all this, and then some more,
For mighty small pay, when you think it o'er,
And who never, never makes a roar?

—The Marshal!

READ OUR WANT ADS.

NEW FEED STORE

Hay, grain, chop, mill feed, flour, stock and poultry foods, chopping and cleaning. Buy and sell. Also have gasoline and oils. HAYNE & REED, Third and Main streets. Bell phone 389-R, Home 2278.

Mortgage Loans.
Have plenty of local money to loan on farms in amounts from \$1000 to \$2500; also have Eastern money, and can make loans in amounts ranging from \$300 to \$10,000 on good cultivated farms in Linn or Benton counties for long time. No delays in obtaining the loan. See
J. V. PIPE,
203 West First St.

WANTED—Woman capable to take entire charge of house. Prof. E. L. Wilson, 323 Ferry St.

MISS ARMSTRONG'S ART CLASS
—Class days Friday afternoon and Saturday morning at residence E. C. Viereck. Orders taken for Christmas cards, pictures in oil and water colors. Leave orders at Art Craft, o26tf

Your Opportunity.
To make good money selling our splendid line of Fruit, Ornamental and Nut Trees, Small Fruits and Roses. Choice territory and prospects for heavy sales.
ALBANY NURSERIES,
1st National Bank Bldg., Albany, Ore. n16tf.

NOTICE TO STOCKHOLDERS
The annual meeting of the stockholders of the Albany Creamery Assn. will be held in the office of the Creamery on the 11th day of Jan., 1917, at the hour of 1 o'clock p. m., for the purpose of transaction of any business that may come before the meeting.
C. L. SHAW,
Dec 8 Jan 10 17 President.

Williamette Lodge
No. 859 L. O. O. M. meets every Wednesday evening Moose Hall cor. 2nd and Lyon Sts. J. F. Kennedy, Sect. Visiting members welcome.

Every nickle or dime spent for Hand Made or an Albany Special Cigar means a bigger industry for Albany.

Have Moved
to 201-205 East First St.
—where we will continue to buy hides, pelts, wool, furs, metals, rubber, machinery, etc., at highest market price.
OREGON HIDE & JUNK CO.

Real Estate for Sale
Bargains in farm lands, city property; money to loan, insurance written in the strongest old line companies. Call on J. V. Pipe, 203 W. 2nd St.

COFFEE With the Flavor
Best on Earth
Chase & Sandborns
SEARS GROCERY and BAKERY
1st Ferry

Real Estate Loans & Insurance
Collins & Taylor
Albany Hotel Building

A. STARK,
Physician and Surgeon
Both phones 60
330 W. First St. Albany, Ore.

For Rent FINE STORE ROOM
First Street
All ready, with fixtures, furnace heated, Well located. See
Dr. A. STARK

FOR RENT—Piano for one year, cheap to responsible parties. Enquire 528 West Second St. Dec 28-30

Having disposed of the Ideal Grocery to the Eastburn Bros., I wish to thank my many patrons for their kind and liberal patronage during my three years in business; and hope you will be as liberal to my successors.
H. A. Stearns

P. B. PHIPPS
Graduate of the Welton Institute
Drugs, Lung and Female Diseases.
734 Lyon St. Albany, Or.
Home phone 2185. Bell 364-R.

Fisher-Braden Undertakers
Lady assistant

Large and Small Checking Accounts
Are invited by this bank which has for its recommendation a banking system that is SAFE and PROGRESSIVE—a system which safeguards the interests of every depositor alike.
On this basis we cordially invite your account.

CAPITAL AND SURPLUS \$90,000.
J. W. CUSICK & CO., Bankers
Albany, Oregon

VIERECK'S BATHS
First-class Workmen Only
Open from 7:30 a. m. to 7 p. m., Saturday 10 p. m.
Cor. First and Ellsworth Streets

UNION PACIFIC SYSTEM
DWARREN
Go East Union Pacific System

OREGON-WASHINGTON LIMITED
Leaves Portland Union Station 10 A. M. Daily via the Famous Columbia River Route
The only Through-to-Chicago train—electrically lighted, automatically protected.
WM. McMURRAY
General Passenger Agent
PORTLAND

Real Estate, Loans, Fire Insurance.
First National Bank Building
M. P. HERRILL
Insurance, Loans, Surety Bonds
Special attention given to care of property belonging to non-residents.
Room No. 1, Second Floor, First Savings Bank Building, Albany, Oregon.

MISCELLANEOUS.
HEMSTITCHING—10c a yard. Sue Breckenridge, 333 Second St. Bell 96. Home 182.
FOR SALE—Fresh cows on easy terms. H. Bryant. D4tf

FOR RENT—5-room, modern house, 115 Madison St. Call Hub Dye Works, or 904 E. First St. n29tf

THOROUGHBRED HOLSTEIN
Bull for sale or trade for good cows. Write or phone C. R. Widmer, R. D. 4, Home 2538. d4wk n6tf

WANTED—Woman wants washing to do at home. Will go away to work on Saturdays. Home phone 3372. n13tf
FOR RENT—Furnished room, light and heat, 413 Washington St. Bell 292-J. Dec2tf
WANTED—A housekeeper. Inquire at 417 E. 6th or Bell Phone 401-J. Dec28J3

ALBANY OREGON
ST NATIONAL BANK
To Our Customers and Friends:
With best wishes for your prosperity and success for the coming year, we extend to you the GREETINGS OF THIS HOLIDAY SEASON.
ST SAVINGS BANK

THE BEST BAKED GOODS GROCERIES, PRODUCE and FRUITS
at
PARKER'S
"The Sign of Quality"
136 Lyon St. Both Phones

THE HOME OF GOOD MEATS AND FISH
Including LINNORE HAMS AND BACON
D. E. NEBERGALL MEAT COMPANY
Both Phones 47
SECOND AND LYON STS.

STETTER'S FOR GROCERIES AND CROCKERY

ALBANY PLANING MILL
All Kinds of Mill Work
Glass and Wind Shields.

Fortmiller Bros. Funeral Directors
Masonic Building, Albany, Or.
Both phones. Lady Assistant

Golden Rule Dairy MILK and CREAM
2 Daily Deliveries. Both phones
H. M. PALMER, Prop.

Dr. Stone's Heave Drops cures heaves. Price \$1; for sale by all druggists. a2tf
Patronize Home Industry—Smoke Albany Specials and Hand Made Cigars.

A QUALITY STORE
We sell the best at lowest prices
Watch Repairing
F. G. Will

BUSINESS DIRECTORY CLASSIFIED WANT ADS

BUSINESS DIRECTORY
CHIROPRACTOR
ELMER C. GIPE
Chiropactor.
Rooms 5, 7, 9, 10, Cusick Bank Bldg. Nature cannot cure a disease unless the cause is removed. Chiropactic adjustments remove the cause.

FOUND—On Cottage St., package, insoles and ribbons. Democrat office.

Dr. Geo. J. Kenagy
Suite 401-2 National Bank Bldg.

HOUSEKEEPER WANTED—By widower living on a 30-acre farm. Preferably woman of from 40 to 45. Address H. S., care Democrat. D18-30

LAWYERS.
WEATHERFORD & WEATHERFORD.
Lawyers, Albany, Ore.
C. C. BRYANT
Attorney at Law
201-2 New First National Bank building, Albany, Oregon.

FOR SALE OR EXCHANGE—A 10 million timber claim in Douglas county for city property or good farm land. Home 1143. r16tf

REAL ESTATE & INSURANCE
B. M. PAYNE—Farm lands and city property for sale. Real estate loans Fire insurance. Surety Bonds. Rooms 19-21, Cusick Block, Albany, Oregon.

FOR SALE or TRADE—Entry given and stool good bargain, easy terms, call Bell phone 411, address 238 West Fifth St. d15 13 a w

REAL ESTATE & INSURANCE
E. F. SOX
Real Estate, Loans, Fire Insurance.
First National Bank Building

WANTED—Lighthouse lens not more than yearlings. E. E. Clem, Home phone 8315, or call at Hulbert-Ohlins. D27J3

MISCELLANEOUS.
HEMSTITCHING—10c a yard. Sue Breckenridge, 333 Second St. Bell 96. Home 182.

BOARD AND ROOM—Tremont Hall offers board and room to young women after Jan. 1. Make arrangements now. D15tf

FOR SALE—Five passenger Ford, first class condition, \$260 complete or \$215 without body. Home phone 2143. J1-3

WEAVING—Carpets and rugs. Satisfaction guaranteed. Minnie Smith Mills, 426 Denver Street. Bell phone 479-Y.

FOR SALE—Fresh cows on easy terms. H. Bryant. D4tf

WANTED—Place to work for board during the winter. In city or near town preferred, by man. Phone Bell 28F2. D28J3

FOR RENT—5-room, modern house, 115 Madison St. Call Hub Dye Works, or 904 E. First St. n29tf

Smoke Albany Specials, best 10-cent cigars.

THOROUGHBRED HOLSTEIN
Bull for sale or trade for good cows. Write or phone C. R. Widmer, R. D. 4, Home 2538. d4wk n6tf

ARE YOU GOING TO LET THE NEW YEAR PASS
without attending to your eyes? You neglected them the past year, but remember, delays are dangerous. There comes a time when it is too late. Let us examine your eyes at once—we are registered optometrists—and advise you. Our service is invaluable, our prices moderate.
E. C. MEADE, Optometrist

Bell Phone 198-J SHAVING 15c
FOR FIRST-CLASS UP-TO-DATE WORK TRY THE
Hotel Albany Barber Shop
Three of the best barbers in the State—Stratton, Worley, Huston—their service can't be beat.
SPECIAL CARE GIVEN TO CHILDREN
110 West Second Street Near Lyon

We Embrace the Opportunity
to draw attention to our WHITE QUEEN flour. At all the high grade flour the WHITE QUEEN is the best as is evidenced by its increasing use among those who have tried other brands. Order a sack in time for the next baking. It costs a little more per sack but less per LOAF than the lowest priced flour and the bread is so much better.
MURPHY'S SEED STORE

I've Got The Goods— Why Don't I Get The Trade?
Why don't you make the goods look inviting by lighting up your store? Of course you can hardly expect customers to see the quality of your merchandise, unless you make it easy to see and good to look at.
THROW THE SPOTLIGHT ON YOUR MERCHANDISE
Follow the lead of hundreds of other store-owners who used to find it hard to get business. They have installed brilliant Mazda C lamps and fixtures. Their stores are brighter and more attractive. Their sales are big and their profits are increasing. Call us on the 'phone and let us explain the advantages of this new type lamp—Mazda C.
Oregon Power Co.
"Reliable Service"
Telephones 15 306 West Second St.

UNION PACIFIC SYSTEM
DWARREN
Go East Union Pacific System
OREGON-WASHINGTON LIMITED
Leaves Portland Union Station 10 A. M. Daily via the Famous Columbia River Route
The only Through-to-Chicago train—electrically lighted, automatically protected.
WM. McMURRAY
General Passenger Agent
PORTLAND

