

### HARVEST HATS

25c and 35c values ..... 15c  
40c and 50c values ..... 25c

### PICNIC PACKAGES 10c

a package, containing one fine crepe paper table cloth 42in. by 56 in. Twelve sterilized plain white crepe paper napkins.

These above articles as well as the following lists are always on sale in our large

### BARGAIN BASEMENT

5c 10c 15c

- Wire door springs
- Fruit funnels
- Straps
- Potato masher
- Pkg. of Mandets
- Pie Pans
- Pancake Turners
- Paring Knives
- Chimney Hole Covers
- Forks
- Strainers
- Hair Nets
- Chain Pan Cleaners
- Metal Spoons
- Clothes Sprinklers
- Tin Cups
- Cake Pans
- Handles
- Drinking Cups
- Anti-Splash Faucets
- Traps
- Wrench
- Chisels
- Scissors
- Wire Egg Beaters
- Can Openers
- Draw Pulls
- Asbestos Plates
- Aluminum Milk Bottle Spout
- Cake Pans
- Anti-Splash Faucet
- Iron Holders
- Dust Pans
- Locks
- Spoons
- Ice Picks
- Gem Pans
- Barrel Hoops
- Clothes Hooks
- Files
- Trays
- Jar Wrenches
- Potato Slicers
- Egg Beaters
- Hammock Hooks
- Towel Racks
- Strainers
- Door Catches
- Drinking Cups
- Freeballs
- Can Openers
- Comb Cases
- Stove Lifters
- Clothes Lines
- Skirt Hangers
- Locks
- Trays
- Clothes Line
- Levels
- Colander
- Sleeve Boards
- Scrub Brushes
- Paring Knives
- Chisels
- Frying Pans
- Bottle Cleaners
- Stocking Forms
- Screw Drivers
- Pliers
- Sickles
- Casters
- Rug Beaters
- Corn Poppers
- Crainers
- Asbestos Nets
- Mail Boxes
- Toasters
- Curtain Rods
- Dust Pans
- Soap Holders
- Rolling Pins



CASH VALUES WORTH WHILE

### FAMOUS MOVIE ARTIST GIVES SWIMMING LESSON

Annetta Kellerman a Lesson That Doesn't Require Water to Start With.

I wish to have thousands of pupils take swimming lessons from me without any cost or fee whatever during the present summer. As many swimming as millions of Americans have seen me perform, I have learned still more and you will see them in Mr. William Fox's \$1,000,000 picture, "A Daughter of the Gods," in which I have both the honor and pleasure to be his featured star.

Mr. Fox suggested to me that thousands of boys and girls, and men and women, as well, when they see these feats will have a desire to attempt them. His natural inquiry was: Why should they merely attempt them? Why should I not teach them to actually do them?

Perhaps you do not know that swimming lessons can be taught on dry land. I have taught hundreds of pupils to swim in parks and miles away from the water, and then seen them make trips to the water and swim from the very outset.

You can learn to swim in six lessons learned in a newspaper.

You will require no other equipment than the arms and legs provided by nature.

You will have a bathing suit, of course, and that will be all you will need.

You can lie on the floor, across a chair, on the sand or grass in a park near home, or in your front yard, and practice the strokes I will outline and if I were in the habit of making bets I would wager that nine out of every ten of the newspaper pupils could, if pushed into a pool or lake or river swim instantly, without hesitation or fright.

Lie down in warm, shallow water; place your hands on the bottom; open your eyes and hold your breath for a short time; open your mouth and roll your tongue around for a minute in the water; then expel the breath through your nose, making bubbles. After doing this for a time learn to take your hands off the bottom.

Then you may go into a little deeper water. Grasp a rail or other support if the water is more than four feet deep; if not, bend your knees and submerge your head and learn rhythmic breathing in the perpendicular position.

You should proceed in this manner: Open your mouth a very little; open your jaws wide; open throat and windpipe; open the bottom of the lungs to capacity, not by drawing the stomach in but by pushing it out, then take in a great gulp of air. Next close your mouth, submerge your head, either by bending your knees if standing on the bottom or by lowering the body if supported by your arms. Expel every particle of air from your lungs through the nose, after which come to the surface promptly. Repeat this exercise twelve times. After you have done this a dozen times you can safely bob up and down in deeper water until you are chilled or greatly exhausted, but you cannot strangle.

Thousands of parents and hundreds of swimming teachers have done one great wrong in trying to teach children to swim. The old-fashioned method, still practiced by the unthinking, of teaching children to swim by throwing them into deep water, with the idea that they will learn to swim, is cruel, tremendously dangerous and utterly futile. Mankind, without special instruction or individual practice, is not amphibious. Man learns swimming easily, but instruction is vitally necessary.

How different girls are now from what they were in my childhood. How different they are from what I myself was as a child. I was the fallest child you ever saw. It did not seem possible I could live. My health was poor, my frame was slight and no one dreamed that I could ever be made to amount to anything in a physical sense.

All that I am in form and figure, all that I have become and all that I have made for myself as a success and as an artist, I owe first of all to swimming. I owe it my very life.

From White Salmon—Mr. and Mrs. A. Merisse, of White Salmon, where Mr. Merisse is the editor of the local newspaper, arrived in Albany this morning in their runabout. They remained until this afternoon, while here being the guests of Mrs. Merisse's parents, Mr. and Mrs. Worth Huston. They will go from here to McMinnville for a short visit with Mr. Merisse's brother, and then to Seaside before returning to White Salmon.

### A PUBLIC BATHING PLACE.

Considered from Standpoint of Location, Funds, Architecture and Conduct.

Editor Democrat.—I believe the people of Albany realize the necessity of a clean safe public bathing place and few cities the size of Albany are so deficient in this civic improvement that adds so much to the health and happiness of its young people. I have paid particular attention to places of recreation and amusement in my travels. An adequate open pool could be quickly and cheaply supplied it appears to me and the question resolves into about four propositions: Location, funds, architecture and conduct.

Location: If open pool is decided on, wouldn't it be possible to establish it just east of Lyon street along the ditch? This would be about centrally located between East and West Albany and the water easily supplied.

Funds: If the city council cannot or will not supply funds, why not make it a cooperative endeavor, calling on those who can donate money, lumber, teams and labor and use tools and equipment of street department? I have seen people in other communities cooperate in some civic improvement. There must be a number of young men who would assist rather than depend on places in the river to swim and all families who have children should be interested. Would suggest that the local militia company be invited to assist as it would give them practical experience in trench digging and their labor would be lasting in usefulness and pleasure.

Architecture: An open pool could be quickly excavated the full length and width of the street, shallow to gradual depth and it would not be necessary to wall or concrete bottom for this season as time is limited; necessary dressing rooms should be provided and perhaps ground adjoining pool could be secured for this purpose.

Conduct: If pool is enclosed by board fence it will be too easy for someone to slip a lock on a gate and have certain persons and a lot of fool regulations. Leave it so anyone at their convenience can bathe or be spectators with only necessary regulations for the health and rights of all patrons. Sufficient suits could be supplied and perhaps someone would volunteer to be in attendance if they were allowed a small fee that could be charged for rental of suits, but suits should be supplied free as many cities do.

HARLAN TALBERT.

ADDITIONAL CLASSIFIED FOR SALE—New model 9 Olivetter typewriter, demonstrator, \$97.50 machine, \$70.00. Call at Democrat. a8f

FOR SALE—4 Room modern house located on W. 10th St. Easy terms. Call at Fortmiller Furn. Co. or 1086 W. 7th St. a7f

CARS FOR HIRE—Coast, country and mountain trips a specialty. Call Tyler-George garage. Both phones. Bell 168-R; Home 1335. a7-12

FOR SALE—Agate beach lot, \$250. Near hotel on same street, facing ocean. Cash or terms. Between Bowersox house and fir grove. Answer No. ? ? care Albany Democrat. a7-9

WANTED—Second hand bicycle. Call Democrat office. a7-10

WEAVING—Carpets and rugs. Will furnish material and make carpets at 40 cents a yard. Satisfaction guaranteed. Minnie Smith, phone 339-Y.

WANTED—Place where a boy can do farm work and attend college. Also place for ambitious girl who wants to work while attending college. a5-11

WANTED—First class store clerk, general merchandise. Address Box A Z, Democrat office. a5f

Daily Democrat by Carrier. \$4 Year

### Uniting Learning and Labor THE OREGON AGRICULTURAL COLLEGE

In its Six Schools and Forty-eight Departments is engaged in the great work of uniting Learning and Labor. Forty-eighth School Year Opens SEPTEMBER 18, 1916.

Degree Courses requiring a four-year high school preparation, are offered in the following:

AGRICULTURE, 16 Departments; COMMERCE, 4 Departments; ENGINEERING, 6 Departments; MINES, 3 Departments; FORESTRY, 2 Departments; HOME ECONOMICS, 4 Departments; and PHARMACY.

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SCHOOL OF MUSIC.—Piano, String, Band and Voice Culture. Catalogue and beautiful illustrated booklet free.

Address THE REGISTRAR, CORVALLIS, OREGON 1-7-15-16 to 9-7-16

### DRY FACTS FROM MULT-NOMAH COUNTY AND OR.

Since the state went dry, the total arrests in Portland have decreased 41 per cent; drug arrests 77 per cent; disorderly conduct, 36 per cent; vagrancy, 56 per cent. Admissions to the Oregon penitentiary decreased 42 per cent. There have been 44 less admissions to the Multnomah county poor farm. In Portland, fire alarms were cut in two, and Pisgah Home Rescue Mission has closed because not an inmate was left nor an application pending. Thirty-five policemen of Portland were dropped and more could be, though the city has been increased 25 per cent in area. The 5 cent eating houses have quit business because the "bos" are patronizing the 25c restaurants, and they have moved from the five and ten cent bed houses, demanding steam heated rooms.

Oregon bank deposits increased \$12,000,000; Portland bank deposits \$4,200,000, of which \$2,200,000 was in the savings banks, representing dry prosperity for the poor. Portland bank clearings gained \$12,000,000; \$6,000,000 of it last month. All this in spite of the consolidation of banks which would operate to cut down the amount of clearings.

Of 335 saloons in Portland in 1915, only 21 are vacant. Many saloon shacks and shanties have been replaced by substantial buildings rented at increased rents.

The average annual consumption of liquor in America is 28.68 gallons, of 90 quarts per capita yearly. In Multnomah county this has been cut to about 3 quarts.

The inter-federal revenue office says that Oregon imported 70,000 barrels of beer last year, or more than ten times as much as we are now importing of all kinds of liquors put together.

### CORVALLISITES IN THE EAST.

Horners, Mrs. Callahan and Mrs. Huston on a Tour, of Sight Seeing and Education.

Corvallis G. T. Prof. and Mrs. J. B. Horner are at home from their eastern trip, arriving in Corvallis last night. With their daughters, Misses Vera and Pearl Horner, Mrs. Ida Callahan and Mrs. R. H. Huston, the Horners spent several weeks in New York City, the members of the party engaging in educational pursuits at the University, while Prof. Horner devoted his time to the historic points in the U. S. metropolis, a number of which will probably be shown later on the screen during the professor's illustrated lecture trips. Misses Vera and Pearl Horner are "doing" Yellowstone Park, Mrs. Callahan is in Chicago and Mrs. Huston is with her daughter, Mrs. Elmer Thompson, in the east. The entire party will return to Corvallis within a week or so. A week or more in historic Boston was one of the pleasant features of the trip.

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### A Little Vacation Talk

THE time for a vacation is now here. Vacations to many mean more work and less comfort than any other time of the year. Let this year's vacation be different. Secure a real rest. Down at Newport you can rent a comfortable bungalow near the ocean and within sound of the roaring breakers. You will be agreeably surprised at the low cost and the real benefit to be derived from this kind of a vacation. Write for booklet "Newport" or ask your local agent for copy also information regarding low round trip fares.

John M. Scott, Gen. Pass. Agt. SOUTHERN PACIFIC Portland, Oregon

### COURT HOUSE NOTES.

#### Warranty Deeds.

N. F. Nelson to John W. Malloy and wife, Aug. 4, 1916. Lands in town of Amelias, \$350.

F. H. Stickley and wife to H. A. Renninger, Aug. 5, 1916. Lands in Tp. 14, S. R. 4 west, \$10.

F. H. Stickley and wife to H. A. Renninger, Aug. 5, 1916. Lands in block 55, City of Albany, \$10.

H. A. Renninger and wife to F. H. Stickley, Aug. 1st, 1916. Lands in Tp. 14, S. R. 1 west, \$10.

G. A. Waggoner to Wilhelmina Waggoner, May 9, 1916. Lands in Mountain View Add. Lebanon, \$1.

Fabien Soriol to A. W. Martin and wife, Aug. 3, 1916. Lands in Tp. 10, 2 west, 8.44 acres, \$10.

#### Subscribers.

If the boys fail to deliver the paper each evening kindly phone to the office. The management invites complaints from its patrons and will do its best to correct faulty service.

CHRONIC DISEASES a Specialty. Cancer, Rheumatism, etc. Service reasonable. Consultation free. Electrical and medical treatment. Call I want to make your acquaintance. Office 405 E. 5th St. and R. R. St. Hours 8 to 11 a. m. and 1 to 6 p. m. D. M. Jones, M. D., Albany, Oregon. j26-a d&w

Dr. Stone's Heave Drops cures heaves. Price \$1; for sale by all druggists. a2f



### EASTWARD

—Thru the Inland Empire —Grand Canyon of Columbia —American Wonderlands —Glacier and Yellowstone Parks Round Trips at Low Fares Daily via the North Bank Road. Stopover where you like.

NORTH BANK RAIL and 26 HOURS SAIL on the ships of DeLuxe Service. S. S. Northern Pacific and Great Northern, for SAN FRANCISCO \$32 Round Trip From any Oregon Electric Ry. Point.

Tickets includes meals and berth. This route saves Time and Money and is a Delightful Trip

HOMESEEKERS' FARES. Sept. 24 to Oct. 8 From Middle West to Willamette Valley I sell prepaid tickets.

H. S. LOGAN, Agent Albany, Oregon.

### JUNK WANTED

at Oregon Junk Co.

We pay highest prices for hides and junk of all kinds. 10 H. P. steam engine for sale. Grain and Potato sacks, tents and Wagon Covers at low prices.

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### EXTRA