

The Great Combination REDUCTION SALE!

Began today with a crowded house, with a universal expression of appreciation of the bargains offered

The Reduction of Prices Is All Over the Store

HERE ARE SOME:

\$1.50 Cluett Monarch Shirts 59c
Other Shirts from \$1.50 to 98c
\$3 Men's Hats reduced to 99c
Women's \$2.50 Creighton made shoes \$1.98

Men's Work Shirts only 38c
10c Canvas Gloves, only 5c
25c Shawntt Socks for only 19c
These are samples to get you interested

Even the Grocery Department offers good bargains, such as Creamery Butter for 59c a roll

Young's Department Store

L. E. & H. J. HAMILTON, Successors

ANNUAL MEETING OF THE UNITED PRESBYTERIAN CHURCH

The annual business meeting of the U. P. church was held last night in the church parlors, with a large attendance. The report showed the financial affairs in good condition, with a small deficit. The following officers were elected: C. E. Sox, president of the congregation; E. C. Fisher, secretary; J. H. Rolston, treasurer; J. C. Irvine, choirmaster; Mrs. S. C. Worrell, organist. For the Sunday school: L. E. Hamilton, superintendent; F. P. Nutting, secretary; Mrs. Gaff, treasurer; Hattie Hamilton, librarian; Mrs. Braden, superintendent of the junior department; Miss Leha McCullough of the primary department; Mrs. Blain of the beginners, and Mrs. E. F. Sox of the cradle roll, with W. P. White, Mrs. C. H. Stewart, C. E. Sox, Mrs. Henrietta Brown, Mrs. L. E. Hamilton, L. E. Blain, Mrs. Eva Patterson, Mrs. Gaff, Mrs. Garrett, Miss Main, Miss Sue Breckenridge, Miss Kate Stewart, Miss Mable Schulz, Miss Margaret Gibson, and Mrs. W. H. Rhodes, as the teachers. A lunch was served and a social time had.

AMERICANS TO FIGHT PLAGUE IN SERBIA

New York, April 1.—To conquer typhoid and cholera in Serbia and possibly "clean up" the entire country, an American sanitary commission under auspices of the Red Cross and Rockefeller foundation sails from here today. Surgeon General Gorgas pronounces it to be the "most remarkable" commission which ever tried to aid in foreign plague suppression.

Reports that Serbia is overwhelmed with typhoid and cholera which may sweep Europe caused the launching of the sanitary commission. The Rockefeller Foundation and Red Cross each subscribed \$200,000 for the campaign. Miss Mabel Boardman of the Red Cross says the entire nation of Serbia will be disinfected, at a cost of hundreds of thousands of dollars.

Dr. Richard P. Strong, professor of tropical diseases at Harvard and foremost plague expert, sailed from here two weeks ago to prepare the campaign, which will be centered at

Planting Time



The Albany Nurseries with offices at the First National Bank Building has just received a carload of choice nursery stock.

This is planting time and they are able to give you first-class trees or shrubs at a very reasonable figure.

They make a specialty of Roses and Walnuts, which is the ideal tree for curb planting, being a fast, thrifty, and sure grower. Everything bought of them is guaranteed in the full meaning of the word.

The Albany Nurseries

Call at Rooms 406-410, First National Bank Bldg. or phone 472-J and 57, or 454 on the home.

Bucharest.

Dr. Thomas W. Jackson of Philadelphia, Dr. Hans Zinsner of Columbia University, Dr. Andrew W. Sellards, of Harvard medical school, and Panama canal zone physicians are other members of the commission.

Duping Land Hungry, is Charged.

Portland, Or., April 1.—Charged with defrauding several thousand eastern people on a scheme to secure homesteads under the federal laws in Oregon, John Keefe, alias York B. Conway, alias J. C. Dearway, was scheduled to go on trial in the United States district court here today.

It is alleged that Keefe advertised extensively in eastern newspapers, representing himself to be a former government surveyor and saying there were 200,000 acres of land about

to be thrown open to entry and that for a fee of \$3.40 he would mail a map and instructions telling how one might secure a homestead in Oregon.

GRAFT BLACK WALNUTS WITH ENGLISH WALNUTS.

Will bear second year, giving you a fine marketable nut. One man got two bushels the third year. Great opportunity to make a useless nut tree a paying tree. For particulars see personally, or call up, both phones, W. A. Leadbetter, Albany, Or. m22ti

Daily Democrat by Carrier, \$4 Year.

Al M. Stringer—House and sign painter. Glazing. Tinting. Paper Hanging. Estimates furnished. 229 Broadalbin St., Albany, Or. Bell phone 134-R. Home phone 506. m29a29

A PAPER ON NON- ALCOHOLIC MEDICATION

Presented By Mrs. Robnett, of
This City to the Albany
W. C. T. U.

Below is a paper presented by Mrs. Robnett this week at the regular meeting of the W. C. T. U. It was considered so good by those who heard it the Democrat has been asked to give it to the readers of this paper:

In these times when prohibitory laws are being enacted; there is naturally much discussion as to just how essential the alcoholic stimulants are in the field of medicine.

Alcohol was formerly considered a heart stimulant because the taking of small quantities into the system causes a more rapid and apparently more vigorous heart action. Investigation has demonstrated, however, that this increase in the circulation, is due to the dilation of the capillaries which gives less resistance to the circulation, rather than to any added impulses give the heart's action.

This, together with the fact that

alcohol taken in sufficient quantities to increase the circulation, is always followed by a marked reaction, with more or less depression and loss of power, which is not true of the genuine heart stimulants, has caused it to be removed from this class of medication.

Alcohol has long been considered as a food, because persons taking large quantities of malt beverages or other intoxicating liquors, were known to go for days with but little food and without marked loss of weight.

Some recent investigations in Europe as well as in this country, has shown that the alcohol in the circulation interferes with the proper assimilation of the food elements; so that a smaller amount satisfies, while at the same time the muscles and other tissues degenerate and are replaced by fatty deposits which tends to keep up the plumpness of the body, and often the weight is even increased, but these tissues are lacking in strength and contractile force, so that alcohol is no longer considered as a food in the true sense of the word.

Much stress has formerly been laid on the effect of alcohol in overcoming the toxins and poisons of some of the acute infections and other in-

toxicants, such as pneumonia, snake bite, etc. Since these conditions have become better understood this theory has been disproven, in fact, it is now well established that alcohol inhibits the action of Leucocytes in the blood, whose functions are to destroy any infectious material that may enter the blood, so that in infections or toxic conditions the circulation is less able to throw off the poisons, when large quantities of alcohol in any form is taken into the system.

Persons will often take alcoholic stimulants or even become intoxicated when exposing themselves to contagious diseases, with the idea that they are less apt to contract the disease, this is in no way true.

Alcohol has then been proven not to be a true stimulant, but only an exhilarator of the circulation by removing the resistance in the capillaries, this action has been compared to a whip to a tired horse, which goes to greater action without removing the fatigue, and is followed by a marked depressing after effect.

It is not a true food in that it does not build up the tissues nor impart energy, but encourages the replacement of the vital tissues with an unnatural fatty deposit.

Nor does it overcome toxins or infectious materials in the circulation but rather interferes in nature's effort to get rid of these things. So that the three principal arguments in favor of alcohol as an essential in medicine has been successfully met by science and it is now considered only vital as a preservative agent.

At present alcohol is the best and most available preservative agent, and is used largely in tinctures and fluid extracts for that purpose. But when you consider that these contain only 5 to 12 per cent alcohol, and the average dose from 5 to 30 drops, one would get no alcoholic effect from either.

It is very different, however, in the average patent medicine, as these contain from 10 to 45 per cent alcohol, which is in excess of the requirements for preservation, being equal in alcoholic strength to the heavier wines and lighter liquors, and when one considers that the average dose is from one to two tablespoonfuls, it is easy to understand that one usually gets the exhilarating and often intoxicating effect in these doses of many of the patent medicines, and the makers have learned to rely on this effect for the sale of their wares.

The present fight on certain pat-

ent medicines is due to the fact alcohol and other habit-forming drugs are prescribed in sufficient doses to give the exhilarating effect, patients being ignorant of the contents, mistake this effect for real relief from the condition for which the medicine is taken.

A Siamese Story.

Marshfield Record: Editor Hornbrook's selection as minister to Siam has been discussed at great length among Marshfield people and the general idea is that it is a post of most attractive and interesting nature the Albany man will have in the Orient. It is the unknown and Oriental features which imply the place will be of interest.

In line with the appointment, Captain John Maxon, of this city, was relating an incident about a former king of Siam of which he had personal knowledge. His brother Peter Maxon, was captain of the English barque, Menam which was launched in England in 1847 on the day Sir John Franklin's ill-fated expedition sail for the north pole discovery. Captain Peter Maxon had the Menam at Bangkok in 1852 and became acquainted with the king while there. The result of the acquaintance was a request from the king that he teach some of Siam's subjects the English language and an arrangement was made a man selected by the king should accompany the Menam as steward. The man chosen was termed "Tuan," which is an appellation of respect among the Siamese but John Maxon never knew any other name for him. The man stayed with Captain Peter Maxon on the Menam for nine years during which time he learned to read and write English and became a navigator. He quit the Menam in 1861 but in 1862, he came to London with the Siamese embassy and the first thing he did on reaching England was to look up the Maxon family on the river Clyde and pay his respects. He had some fine presents from the king to the Maxons, one of which was a native wood table for Mrs. Maxon, inlaid with ivory. Tuan remained in the diplomatic service a number of years, according to Mr. Maxon's remembrance.

Automobile owners should provide themselves with a pair of those new goggles at F. M. French & Son Jewellery store. m18ti

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E A S T E R



Personal Pride

All people pride themselves on having a new Suit for Easter---that's only natural.

But---isn't it just a mite better to pride yourself on having purchased a suit that's "all the go,"—and on your excellent judgment, evidenced by the fact that the suit that you chose outwore even your own expectations?

We take a similar pride in our merchandise, because it has proven satisfactory to the greatest extent—let us serve you the best—CLOTHCRAFT.

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the same every day, 365 days in the year and that from 25 to 33 1-3 percent lower than any one store can sell you.

* Our combination of 83 stores buying as one for spot cash and selling for cash, low overhead expenser, no delivery, makes our prices possible.

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\$3 Silk Petticoats \$1.98
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Flowered crepe gowns 49c
Corset covers 25c, 49c
Best Calico 5c
Hope Muslin 6 1/2c
Red Seal Gingham 9c
Worth's Cheviot 10c
Men's Work Shirts, 25c, 45c

Men's Dress Shirts 49c, 79c, and 98c
Men's 25c Sox 2 for 25c
Men's Silk Sox 25c
Underhill overalls 75c
Boys' Underhill Ovr's 49c
Dress Sox, blk and tan 10c
Men's Work Shoes \$2.98, \$3.50
Men's Dress Shoes \$1.98, \$2.98, \$3.50
Boys' Shoes \$1.25, \$1.39, \$1.49, \$1.98
Boys' Waists 25c
Boys' Rib Hose 10c

The Golden Rule

83 Busy Stores—J. C. Penney Co.—Always Something New