

The Democrat.

AS WE SUPPOSE.

Some time ago the DEMOCRAT said:

"The Times-Mountaineer continues to call the Democrats 'free traders.' The DEMOCRAT has quite frequently called upon that paper to explain what it means by the term 'free trade.' This is a perfectly legitimate and fair question, and one no candid man should refuse to answer, but the Mountaineer studiously avoids the matter and refuses in toto to answer. Now why this refusal? Simply because its answer would prove its own party to be 'free-traders,' or it would prove its charge against Democrats to be false. This, and this alone, is the reason that that paper dodges. It is not candid about the matter."

To show how literally true the above allegations are we give below the answer which the Mountaineer made:

"We will call the democratic party 'protectionists' if it will suit our esteemed contemporary better. Times without number we have proved democracy to be free trade in all its tendencies, and it is not necessary to repeat the arguments. The party disclaim against the policy of Republicans and call it the robber tariff, and say it is answerable for all the evils which have befallen the country; and it is reasonable and logical to suppose that Bourbons are free traders—the opposite to the economical policy of protection. Gentlemen, don't be punctilious about the matter; but honestly and frankly acknowledge that you favor the national policy of England in preference to the American."

Could dodging and vacillation be more complete? Let every reader judge for himself. The Mountaineer dare not particularize and specify the reasons which it would give to show that Democrats are 'free traders,' for, in so doing, it well knows that exactly similar and equally cogent reasons could be adduced to show that its party are 'free traders.' Let us point out, the awkward attitude into which it would place itself if it were to attempt to give its reasons for charging Democrats with being 'free traders.' It would say that because the Democrats put wool on the free list, therefore, they are free traders. Well, the Republicans in their senate bill put cotton on the free list, therefore they, likewise, are free traders. The Democrats put glycerine and the Republicans put oil on the free list, therefore both are free traders. The Democrats put salt on the free list, but the Republicans put musk, crude opium and lemon peel on the free list, hence if the Democrats are free traders, logic's iron rule will measure up the Republicans as free traders also. The Democrats reduced the duty on sugar 20 per cent and the Republicans 50 per cent, hence the latter are more radical free traders than Democrats. The Republicans put sauer kraut and Bologna sausage on the free list and the Democrats put shingles and lumber, and thus we might continue to adduce facts that would prove the Republicans to be free traders by the same logic as Democrats are shown to be such, and it is this awkward dilemma that our esteemed contemporary seeks to evade by utterly refusing to answer a very fair question. The Mountaineer, though usually very candid, is not so in this matter.

PERILS OF OVERFEEDING.

Excessive eating is not the most striking or the most widely prevalent fault of the present generation. On the contrary, moderation, and even sometimes undue limitation, in diet is the prevailing fashion. There is still, however, a considerable number of persons who habitually overeat at meals, and to such a few physiological hints may not be without their value. Dr. Reardon has been at the pains to make some careful investigations on the subject, and his results have recently been published. According to this observer, a not uncommon consequence of overfeeding is the development of a series of symptoms in many respects similar to those of typhoid fever. The temperature rises, there is a feeling of serious illness, the sleep is disturbed, the brain is incapacitated, and in severe cases the disability is complete. The cause of these symptoms is insufficient elimination and an alteration in the blood brought about by the impregnation of the organism with accumulated waste products. In addition to these typhoid symptoms thromboses occur in the vessels, and what is known as spontaneous gangrene, or mortification of parts, without any obvious or sufficient cause. Now, these are conditions of very marked danger, particularly the thromboses and the spontaneous gangrene. There is danger to life here. The obvious remedy for such a series of evils is, of course, rest for the overworked digesting and eliminating organs. Both the quantity and the quality of the food must be so changed as to admit of the performance of easy digestion, perfect assimilation and adequate elimination of waste. Lemonades and lemon juice are said to be of great service in diminishing the extreme craving for food; and this, from a limited experience, we can, to some extent, confirm. Milk, also, in moderate quantities is useful, and in certain cases skim milk would probably be best. It is not always found that the resting of the organs is sufficient. The fever may persist for a long time, and with it the feeling of very decided illness. Drugs of different kinds are then urgently demanded, and a competent physician should be consulted without delay.

A SHARP ITEM. The finest line of cutlery and shears in the city at Stewart & Sox's. Their goods are the very best and will stand the test.

President Harrison again signified his choice of the "frank and bold if brutal method of turning men and women out simply for political opinion," which he once prayed for as an alternative to the Cleveland type of reform, by removing twenty presidential postmasters on Friday last simply because they were Democrats. And this is how he redeems the pledge to "extend the reform" of the civil service.

Ex United States Senator John F. Lewis, of Virginia, has re-estimated Mahone as a gubernatorial candidate, and joined the long line of Republican kickers against the impudent assumption of the would-be boss of the Old Dominion. Mr. Lewis's reasons for opposition are largely personal, of course, but he hits point blank the general sentiment of Virginians in regard to Mahone. As has already been remarked, the indications are multiplying that salt-petre won't save Mahone next November. The decent men of his party are ringing his political knell.

If any one doubts the remarkable growth which Albany is now making let him keep an eye on the real estate sales as reported in the columns of the DEMOCRAT. This and many other evidences which are daily reported make the list of doubting "Thomases" extremely small. Albany stands perpendicularly on her feet acknowledging dependence on no one. The pluck and courage of her business men and capitalists are placing her in line with the progressive cities of the day. Her future is electrically bright.

NOTICE.—All persons indebted to the late firm of Barlow & Robertson will please call at the above and settle their accounts without delay, and greatly oblige.
J. M. BARLOW,
Successor to Barlow & Robertson.

FOR SALE.—Four yoke and a half of good work Oxen, together with yokes and chains; are well broke cattle, and will be sold at a bargain for cash, being a part of the estate of John Robinson, deceased. Apply to John W. Pugh, Administrator of the Estate at Shedd, Oregon.

KINDERGARTEN.—Mrs. Wait Mead recently from New York, will open a select school and kindergarten, in the W. C. T. U. Hall, Monday, Sept. 9th, 1889. Terms liberal, patronage solicited. Satisfaction guaranteed.
MRS. WAIT MEAD,
Albany, Or.

NOTICE OF DISSOLUTION OF PARTNERSHIP.—The partnership heretofore existing under the firm name of Wallace, Thompson & Co., wherein T. L. Wallace, W. S. Thompson & E. LaForest, of the city of Albany, Linn county, Oregon, were general partners, is this 7th day of August, A. D. 1889, dissolved by mutual consent, T. L. Wallace, retiring. The business will be conducted at the same place by W. S. Thompson and E. LaForest, under the firm name, LaForest & Thompson, who will assume all liabilities and collect all accounts due the firm.

Dated this 7th day of August, 1889.
T. L. WALLACE,
W. S. THOMPSON,
E. LAFOREST.

DR. C. A. WHITNEY,
Physician and Surgeon.

Graduate of Bellevue Hospital Medical College New York City.
Diseases of woman a specialty.
220 Office, Froman's Brick, Albany, Or.

A reliable U. S. Standard 3-ton scale, only \$37. Delivered at your nearest railroad station free of freight on thirty days trial. Larger scales at proportionately low prices. Warranted 5 years.
Address,
F. C. HOFFMAN
Albany, Oregon

J. J. DORRIS,
Abstractor and Conveyancer,
220 Office at the Court House.

Z. T. WRIGHT,
Foot of Morrison St., Portland, Or.,
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The Advance Threshing Machinery

The best and fastest thrasher in America, and a machine that stands without a rival. The ADVANCE thrasher has NEVER been REPLACED by any other machine on the Coast, but has replaced several others that HAVE FAILED to fill WARRANTEES. The ENGINE is guaranteed to pull more than any other, and will outtravel all others on the road. If you hear any loud boasts, please tell the parties the ADVANCE THRESHER and ENGINE are sold on their merits entirely. And I am willing to prove all I claim in my field at any time. Do not be humbugged by buying any machine until you see the ADVANCE. I also handle steam flitting goods, iron pipe, pumps, mowers, seeders, springtooth harrows, blacksmith's forges, drills, church, farm and school bells, and many other specialties.
Albany Branch House one block below Russ House.

JAS. E. KNOX,
Manager.

These Goods will be sold at the lowest prices by Blain.

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No
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Ties
Pins
Hats
Caps
Suits
Shoes
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Chains
Charms
Shirts
Collars
Hosiery
Rubbers
Mittens
Trunks
Valises
Suitings
Half Hose
Overalls
Silk Hats
Clothing
Oil Goods
Slippers
Kid Gloves
Umbrellas
Overcoats
Overshoes
Undershirts
Suspenders
Silk Shirts
Trousers
Pea Jackets
Windsor Ties
Woolen Drawers
Rubber Coats
Rubber Boots
Leather Coats
Handkerchiefs
Mackintosh Coats
Cardigan Jackets
Engineer Jackets
Furnishing Goods
Tailor Made Suits and many other things too numerous to mention.

L. E. BLAIN
THE LEADING
CLOTHIER.

Stick a Pin

in the fact that I am offering better bargains than any one else in Albany
Bought at bankrupt sales I can sell

First-Class Goods:

at or below COST.

FOR

General merchandise of all kinds call on me. Particular bargains in a sample of shoes.

Cash for Goods or Country produce

G. W. SIMPSON

Albany, Oregon.

FOR THE BEST FURNITURE

—CALL ON THE—

Albany Furniture Company

OPPOSITE STEWART & SOX'S,

BED ROOM SETS, TABLES, CHAIRS, UPHOLSTERED
GOODS, WALL PA
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HAWKINS & FARRELL

At Cost At Cost

TO MAKE ROOM FOR MY LARGE STOCK OF FALL AND WINTER GOODS
I WILL SELL MY ENTIRE STOCK OF

BOOTS AND SHOES

AT COST. THIS WILL BE A CLOSING OUT
SALE, AND THEY MUST GO. COME EARLY AND GET

Real Bargains.

AT THE SAME TIME DO NOT FORGET THAT I HAVE A COMPLETE
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DRY GOODS

Notions, Furnishing Goods, etc.

WOULD ESPECIALLY CALL YOUR ATTENTION TO THE FOLLOWING
LINES:

Dress Goods, Trimmings, Silk,
Table Linen, Gloves, Hosiery,
Fancy Goods, etc

ALL AT LOWEST CASH PRICE.

RESPECTFULLY,

W. F. READ

The Leading Cash Dry Goods Store

HOPKINS & SALTMARSH

—DEALERS IN—

STOVES; TIN WARE, SHEET IRON, COPPER WARE,
ETC., ETC.

Agents for "On Time" Heating and cooking Stoves. Job work, plumbing,
etc., promptly attended to.

CHEAPEST AND BEST PLACE IN THE CITY

MATTHEWS & WASHBURN

Carry a first-class stock of

Stoves, Tinware, Hardware, Etc.

Which they are selling at remarkably low prices.

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PURE DRUGS,

Paints, Oils, Stationary, Etc., And Prompt attention

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